

Health newsletters

Monthly newsletter

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If you have a comment about our newsletter or if you would like to write an article, email: mcgregorn@ealing.gov.uk

Stepping Up To Health newsletters

New issue: [Stepping up to health - edition 50 autumn 2023](#)

Included in the latest edition:

- 'Brand' damage
- Circle Time at St Raphael's
- PSHE Scheme of work
- Web filtering for education
- Online workshop for parents and carers
- Avoid a school asthma attack
- The Alfie programme
- Free school meals
- The FGM community project
- 10 Day active travel
- Emotional based school avoidance.

Contact the [HIT team](#) if you need an accessible version of the newsletter.

Previous issues available to download below:

- [Stepping up to health - edition 49 summer 2023](#)
- [Stepping up to health - edition 48 spring 2023](#)
- [Stepping up to health - edition 46 spring 2022](#)

Related services

[Health improvement 2023/24](#)

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