

HIT training resources

Health improvement training evaluation

After attending any health improvement training, please complete our one minute [training evaluation](#) and receive 1 healthy schools point.

Health improvement training

Take a look at the [Health improvement training brochure 2024/25](#) (pdf)

Health Improvement Training Programme

For primary, high & special schools
2024/25

The team

The Ealing health improvement team are a trusted and qualified team of experts, providing support and training in **safeguarding prevention, nutrition and exercise, mental health and emotional wellbeing, Relationships, Sex & Health Education (RSHE) and PSHE** to help improve your pupils' health and achievement.

<p>Karen Gibson Safeguarding Health Improvement Team Manager</p>	<p>Nicole McGregor Nutrition and Exercise Senior Health Improvement</p>	<p>Liz Ainsworth Mental Health Health Improvement Officer</p>	<p>Faye Jones PSHE & RSHE Health Improvement Officer</p>	<p>Emily Callard Mentors in Violence Prevention Coordinator</p>
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Book onto training

You can view all training events available and book via [Ealing CPD online](#).

Choose from the following

- [HSL awards training resources](#)
- [PSHE training resources](#)
- [RSE training resources](#)
- [Safeguarding prevention training resources](#)

Contact:

- **Nicole McGregor**, Health improvement: mcgregorn@ealing.gov.uk 020 8825 5484

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- [Yes](#)
- [Neutral](#)
- [No](#)

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