

Stepping up to health newsletter

[Stepping up to health - edition 39 spring 2020](#)

Included in the latest edition:

- Inside, we look to the results from the 2019 Health Related Behaviour Survey (HRBS) and reveal how pupils' health in Ealing has changed since the first ever HRBS in 2001
- Villiers High School discuss how they became a Green Flag Eco School through the creation of the Villiers Eco-Warriors, and Woodlands Academy provide a case study on their wellbeing activities such as their innovative 'wellbeing wall'
- Read about the exciting new Sugar Smart school launch and find out how you can score £500 by achieving Sugar Smart school status
- We give an update about the new trailbrazer programme and an overview of Operation Encompass, a new notification system that was piloted last academic year in eleven Ealing schools
- Finally, find out about the free FGM conference available to Ealing schools on 18 June.

If you have a comment about our newsletter or if you would like to write an article, email me at: mgregorn@ealing.gov.uk

Previous issues available to download below:

- [Stepping up to health - edition 38 autumn 2019](#)
- [Stepping up to health - edition 37 summer 2019](#)
- [Stepping up to health - edition 36 spring 2019](#)
- [Stepping up to health - edition 35 autumn 2018](#)
- [Stepping up to health - edition 34 summer 2018](#)
- [Stepping up to health - edition 33 spring 2018](#)

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