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## Staff wellbeing and occupational health

The most important investment a school can make is an investment in its people.

Staff wellbeing is key to school success. A school with a culture and ethos of supporting wellbeing will enable all staff as individuals and groups, to manage successfully the pressures they face.

For more information see the whole school approach section which highlights school practices to support health and wellbeing of all staff.

The occupational health service offers advice and support on the health, safety and welfare of staff, provided by an appropriately qualified team.

Occupational health works closely with corporate health and safety, schools health and safety advisors and human resources to help the council meet its duty of care and to comply with legislative requirements and best practice.

### Choose from the following

[Frequently asked questions OHU](#)  
Occupational health FAQ.

[Employee support](#)  
Free confidential advice for personnel of schools that buy into the Workplace Options service.

[Health surveillance and checks](#)  
Information about health checks, vaccinations, physiotherapy and eye tests.

[Management referral to occupational health](#)  
Guidance for managers wishing to refer an employee to occupational health.

[Mental health support services](#)  
Information on Access to Work - supporting mental health in the work place.

[Pre-employment screening](#)  
Details on the medical questionnaire to be completed by all prospective employees.

[Support for staff with a disability](#)  
Guidance for managers and employees.

[Wellbeing - a whole school approach](#)  
Information to support all staff health and wellbeing practice in schools.

#### Related services

[Occupational health service 2022/23](#)

#### Was this page useful?

- [Yes](#)
- [Neutral](#)
- [No](#)

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