
Wellbeing - a whole school approach

As employers, schools have responsibility for the health and safety of their employees and pupils. They are also responsible for any visitors to their premises such as suppliers and the general public.

The Health and Safety at Work etc Act 1974 is the primary piece of legislation covering work-related health and safety in the United Kingdom. It sets out a lot of your employer's responsibilities for your health and safety at work.

All staff

- Agency workers
- Volunteers
- The headteacher and
- Governing body

should take an interest in and ownership of wellbeing in their school. It may be appropriate to have a named governor with responsibility in school for wellbeing and a champion or /focus group to promote it within the school. Strong leadership of wellbeing is essential to its success.

The most important investment a school can make is an investment in its people. Staff wellbeing is key to school success. A school with a culture and ethos of supporting wellbeing will enable all staff, as individuals and groups, to manage successfully the pressures they face. There should be a mechanism for regular review of wellbeing in your school and for all staff suggestions to be considered so that staff continue to feel involved and valued.

Wellbeing guidance (word)

Model guidance for schools and governing bodies to adapt/adopt

Schools that buy in to the school workforce development support can have access to an online wellbeing survey. This can be used to survey staff opinion on wellbeing and is anonymous. For more information contact Alison Bennett in the school workforce and governance team.

Related services

School workforce development support 2021/22

Occupational health service 2021/22

Was this page useful?

- Yes
- Neutral
- No

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