



## Health related behaviour survey (HRBS) 2019-20

16 May 2019

Schools will undertake the ninth biennial health related behaviour survey (HRBS) in October 2019.

### Action for schools

As we begin to plan for the administration and analysis of the HRBS, we need to know the number of schools who wish to partake in the survey.

If your school plans to administer the HRBS, please email Claire Meade (see contacts) with the following details by **Friday, 28 June, 2019**:

- Name of person leading the administration of HRBS (usually PSHE lead)
- Contact details for the lead.

The HRBS is for pupils in year 4, 6, 8 and 10, to complete online.

### Online survey benefits

By completing the survey online, schools will:

- Partake in the survey for free
- Get immediate access to their results
- Be able to compare their results from the 2017 survey directly to the 2019 survey
- Gain quicker access to the comparative results across the borough.

## Background

The HRBS remains free for all Ealing schools to participate in.

The HRBS data is extremely helpful in supporting schools write a needs analysis for healthy Schools London Silver Award.

The HRBS is an extremely useful tool for all schools to:

- Get a picture of health and wellbeing in their schools
- Identify areas of strength and areas for development
- Track progress since the survey was last administered.

In 2017, over 97% of schools and over 11,000 pupils took part in the survey and the results have been used strategically as well as practically within schools, the local authority and public health teams.

## HRBS briefing

There will be a briefing in September 2019 to support schools in understanding how best to administer the HRBS, details will be provided in due course.

### Related content

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[Health related behaviour survey \(HRBS\)](#)

[Health improvement in schools](#)

### Related Services

[Health improvement 2019/20](#)

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## Contacts

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