



## Home-Start Ealing

13 Sep 2024

**Action:** Please print flyer and display for families or add to social media.

Home-Start Ealing has been supporting families in the borough for more than 25 years.

Being a parent, whatever your situation, can be incredibly challenging, especially when children are young. Many parents feel exhausted by the stresses of family life, add to that issues such as post-natal illness, poor mental health, isolation, disability, or multiple birth and it can all become overwhelming.

Home-Start volunteers work alongside families to give compassionate and confidential support. By visiting families at home weekly and helping with practical tasks, offering advice, sharing parenting experiences and supporting through emotional difficulties, we can help rebuild confidence and improve day to day life.

### Further information

See flyer or visit:

[Home-Start Ealing | We're there for parents when they need us the most, because childhood can't wait. \(homestartealing.org\)](https://homestartealing.org)

Contact: [admin@homestartealing.org](mailto:admin@homestartealing.org) or Tel: 020 8842 1617



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[Home start Ealing Volunteer flyer.pdf \(pdf\)](#)

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- [Neutral](#)
- [No](#)

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