



## Mental health support for children

09 Sep 2024

Ealing Mental Health Support Team (MHST) supports the wellbeing of children and young people in Ealing schools.

Schools are asked to shared the MHST September newsletter with their parents and school community.

In Primary schools, we offer 1:1 support to parent's whose children feel worried and present with behaviours that challenge

In Secondary Schools, we offer 1:1 support to young people who sometimes feel anxious or low in mood

We also support children and young people with learning disabilities and/or autism, their families and school staff.

If you have any questions about the above, please speak with your schools mental health link worker.



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[Ealing mental health support for parents Sept 2024 newsletter.pdf \(pdf\)](#)

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### Contacts

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