



Summer holiday cycle training courses for children

26 Jun 2025

Our cycle training provider, Cycling Instructor, have organised children's cycle training courses this summer holiday. Please share the information with parents.

Learn to Ride (LTR), this course is 90 minutes for 2 consecutive days. It's for children that **cannot ride a bike** and would like to learn how to. For children from Reception and above

Level 1, this course is 90 minutes for 2 consecutive days. It's for children that can ride a bike, but need more practice before cycling on the road, such as not being able to cycle with one hand (i.e. to signal left or right). For children from Year 3 and above

Level 2, course lasts 2 consecutive days and the trainee must attend all days to achieve a Bikeability certificate and badge. For children in School Year 5 and above, that are comfortable riding a bike with one hand. The course is an introduction to cycling on quiet roads. The course syllabus is sequential, therefore, participants must attend the first lesson, in order to continue onto the following lessons.

They can view dates and book sessions using the [Cycling Instructor booking form](#).

Was this page useful?

- [Yes](#)
- [Neutral](#)
- [No](#)

Contacts

Nicky Batkin
BatkinN@ealing.gov.uk
 0208 825 9648

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