



Therapeutic thinking training for schools

01 Sep 2025

Therapeutic Thinking is a way of thinking. This session will focus on relationships, groups, our educational approach, and the quality of support, through effective leadership.

Introduced in Ealing, this whole-school approach supports senior leaders to strengthen relationships, reflect on practice, and design strategies for children and young people (CYP) with social, emotional and mental health (SEMH) needs and special educational needs (SEN) through systemic work. It involves reflecting on and designing a whole school approach.

Key dates for your diary

Therapeutic Thinking Network Meeting

Thursday 18 September 2025, 3.30–5.30pm

At this meeting:

- Update from Therapeutic Thinking Ltd on new research evidence and impact in schools and local authorities
- Focus on 'belonging' as a theme, with signposting to Educational Psychology resources
- Update from Sarah Thompson on race equality training opportunities
- Introduction to UNICEF's Rights Respecting Schools Award (RRSA) and how schools can gain accreditation
- Presentation from MCR Pathways mentoring service
- Sharing success stories from 2025 and planning ahead for 2026

[Book via Ealing CPD Online](#)

Tutor Training

25, 26, 27 November 2025 (3-day course)

[Book here](#)

Refresher Training

Monday 23 March 2026

[Book here](#)

Please contact **Dee Higgins** dhiggins001@ealing.gov.uk (Therapeutic Thinking Lead and SEMH Outreach manager) if you require further information.

Available for behaviour and therapeutic thinking consultations and outreach SEMH support.

Related content

[Therapeutic thinking](#)

Was this page useful?

- [Yes](#)
- [Neutral](#)
- [No](#)

Contacts

Dee Higgins
dhiggins001@ealing.gov.uk
0208 825 9797
Last updated: 02 Sep 2025