

## Circle - Crisis intervention for children and young people

Circle is a hub space and café that offers support for young people in Ealing and Hounslow who are near, or at crisis point with their mental health. A mental health crisis is when you feel at breaking point and need urgent help.

### Aims

- To reduce the number of young people going to A&E for mental health where they may not be able to receive specialised care
- To provide a safe space where clinically trained staff can help young people in a mentally overwhelmed state to lower their heightened level of distress, preventing them from going into a crisis state requiring emergency intervention or support at a hospital
- To provide a space where young people and parents can be supported and guided to access appropriate services

The service is run by Mind – Hammersmith, Fulham, Ealing and Hounslow

### Opening times

Appointments by referrals:

Monday to Friday - 6.30pm to 10pm

Saturday and Sunday - 3.30pm to 7pm

Drop in hours:

Monday to Friday - 3.30pm to 6pm

Saturday and Sunday - 12.30pm to 3pm

### Contact

Tel: 0203 475 0060

Email: [circle referrals@hfehmind.org.uk](mailto:circle referrals@hfehmind.org.uk)

Website: [www.hfehmind.org.uk](http://www.hfehmind.org.uk)

**Was this page useful?**

- [Yes](#)
- [Neutral](#)
- [No](#)

Last updated: 31 Aug 2023