

## Building my future (BMF) programme

Ealing Council has been funded for an additional year, to March 2021, by the Department of Education Children's Social care Innovation Programme, to continue to develop the building my future (BMF) programme.

BMF is developing a new approach in working with young people with complex additional needs, their families and school/college, where there may be difficulties accessing the curriculum or in attendance.

The BMF team offers intensive support, working with young people:

- Aged 5 to 25 years
- Residents in Ealing
- Who have learning difficulties, specific or general and/or Autism/Asperger's
- Who may not have a formal diagnosis.

The young person might also:

- Present behaviours that challenge
- Be missing out on education/employment
- Have mental health needs
- Or might be at risk of offending.

A dedicated multi-disciplinary BMF team of clinical and educational psychologists, social workers, occupational and speech and language therapists, youth workers and Connexions careers advisors, work collectively to improve the well-being, participation and attainment of young people in mainstream education.

In addition our BMF Youth Workers work with young people and the wider integrated youth service, to develop the BMF life skills programme, focused on supporting social skills, building confidence and independence, where young people can meet weekly to socialise and have the opportunity to gain the Duke of Edinburgh's award and additional AQA qualifications.

Ealing parent carer forum and parents and young people supported by the team, play an important role in the development of the BMF programme, participating and co-producing the BMF approach.

The BMF team is resolved to explicitly and publicly affirm our identity as an anti-racist service and team. Our anti-racism commitment is reflected in the life and culture of the team, through our programmes and practices as we continue to learn about and implement strategies to dismantle racism.

## Accessing the building my future team and process for referrals

We strongly advise, that in the first instance you contact the team by telephone or email to discuss if the young person may be eligible for BMF support.

The team will give advice regarding your query and clarify and support you in the referral process.

### Contact details

BMF enquiries

Monday – Friday 9am – 5pm

Tel: 020 8825 8241

Email: [BMFTeam@ealing.gov.uk](mailto:BMFTeam@ealing.gov.uk)

### What happens next?

Once a referral is received, it is forwarded to the BMF team.

- A decision whether to accept the referral is made at the weekly BMF referral meeting
- The BMF Team will contact the family within five working days
- The duration of time the BMF Team will work with the young person and family is determined by their situation and need.
- Support is usually offered between three and six months

If the BMF service is not the right service to support you, they will advise you on where you may get the help you need.

### Downloads

 [BMF leaflet 20-21 Sept20.pdf \(pdf\)](#)

 [The BMF Practice Handbook.pdf \(pdf\)](#)

 [BMF Top Tips returning and settling into school.pdf \(pdf\)](#)

### Was this page useful?

- Yes
- Neutral
- No

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