

**This service is available for Academies and Maintained schools**

#### Description:

This package ensures a cohesive school-wide approach to RSHE, promoting compliance with statutory guidelines. Invest in this package for effective RSHE curriculum delivery aligned with the Ofsted Framework on personal development.



**Year** Academic year 2025/26

#### Benefits

This package will:

- Ensure your school is compliant with the statutory relationships, sex and health education guidance.
- Drive a whole school approach to effective and consistent relationships, sex and health education.
- Support your school in proactively addressing harmful sexual behaviour and peer to peer abuse.
- Provide direction on how RSHE fits into the wider PSHE and personal development judgement as part of the Ofsted Framework
- Reduce withdrawals and parental concerns about relationships, sex and health education.
- Directly assist you in achieving your Healthy Schools London Bronze, Silver, Gold and Platinum awards with a focus on RSHE.
- Provide you with access to a wide range of pre-prepared lesson plans, parent letters, policies and baseline surveys.
- Provide you with expert guidance from a health improvement officer to stay on track and make an impact.
- Model all aspects of the whole school approach to ensure that this project is sustainable in your school.

This package includes implementation of all initiatives, training, policies, toolkits and resources.

#### Additional / buy back services

- [Health improvement 3 day bespoke package](#)
- [Healthy schools awards and training package](#)
- Specialist packages of support:
  - [Eco initiatives and awards](#)
  - [Healthy staff, thriving schools](#)
  - [Mental health and wellbeing package](#)
  - [Sugar smart](#)
  - [Personal, social, health and economics \(PSHE\) mastery package](#)
  - [Safeguarding and inclusion \(New\)](#)

#### Office hours:

- Monday to Friday, 8.30am to 5pm
- Twilight sessions and out of office hours work by negotiation.

#### Service directors:

Julie Lewis

#### More detailed information:

This package comprises of 14 hours of RSHE support in your school. Activities can include:

- An update and review of your current relationships, sex and health education policy with consultation from staff, governors, parents and pupils
- Staff training focused on delivering high quality relationships, sex and health education lessons
- Bespoke staff training in relation to harmful sexual behaviour, safeguarding and inclusion
- Parent workshops focused on the importance of relationships, sex and health education
- Student assemblies and workshops on themes related to RSHE including consent, contraception and puberty.
- Modelled RSHE lessons, delivered by an experienced member of the team. These sessions will support staff in delivering high quality effective RSHE.
- Baseline and endline surveys with pupils and staff to measure impact.
- All lesson plans and support materials for RSHE lessons.

This package also includes:

- Free access to five central trainings for all staff on RSHE

- Two tickets to the health improvement annual conference
- Two drop-in days to help you achieve your Healthy Schools London awards
- Three primary or high school PSHE network meetings

**Provider:**

Health improvement team, children and families, Ealing Learning Partnership

**Contact:**

- **Nicole McGregor**, Health improvement: [mcgregorn@ealing.gov.uk](mailto:mcgregorn@ealing.gov.uk) 020 8825 5484
- **Faye Jones**, Health improvement: [jonesf@ealing.gov.uk](mailto:jonesf@ealing.gov.uk) 079 2965 2351

**Further details:**

You are currently not logged in. [Login here](#) for further details.

**Was this page useful?**

- [Yes](#)
- [Neutral](#)
- [No](#)

Last updated: 17 Feb 2025

---