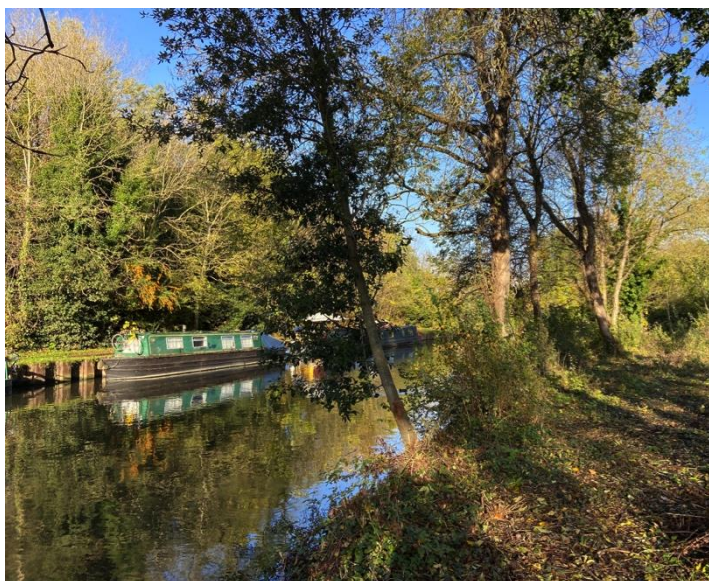


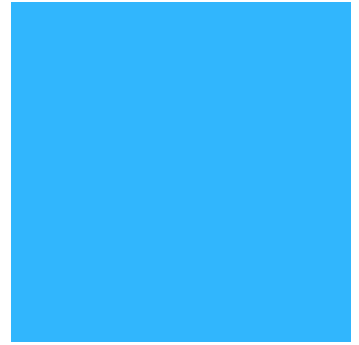
SEND Group Workshop Programme



Boston Manor Park SEND Outdoor Activities Programme

from September 2023

Specific Programme developed for children with SEND needs
KS1-KS4 (educational) and 16-25 year olds (work experience)



SEND School/ Group Activities: Concept

- All activities have been developed to make use of the full range of the Park's facilities and habitats.
- Schools /groups can pick up to 3 educational activities (15 minutes each) to do during their park visit. (Average session time 1hr 15mins)
- Activity sessions have a central theme with opportunities to engage and participate in 'hands on' learning tasks and experiences.
- Accessible learning and activity resources to support whole group inclusion and participation. (*SEND Code of Practice, Jan 2015*).
- Programme of activities designed to complement current Education and Health Care Plan (EHCP) areas of focus (Communication & Interaction; Sensory & Physical; Cognition & Learning; Social, Emotional & Mental Health.)
- 16+ Work Experience Programme focussing on skill building to support employability prospects and community involvement.
- Access to indoor and outdoor lunch and learning areas.
- Session cost £5 per child.

Boston Manor Park SEND outdoor activities:



Educators and students can select 3 activities from the list below* to create a bespoke timetable of fun learning and outdoor exploration.

Activities can be supported with visual resources to build confidence through accessible and inclusive learning experiences.

- **Nature Treasure hunts**
 - fruit and veg themed- using soft toys, importance of eating lots of different colours of fruit and vegetables.
 - mini beasts- using giant plastic bugs and finding real bugs with bug hunting pots.
 - bird themed- using singing soft RSPB birds.
 - wildlife woodland creatures- using soft/plastic toys.
- **Tree activities**
 - hug and squeeze tree trunks and look up at tree canopy from lying down on ground.
 - slack line balancing.
 - hammock swinging.
 - tree trail.
 - blindfold game.
 - assault course over logs.
 - log climbing.
- **Being Active in the Park**
 - making a den to hide in.
 - make a giant bird's nest.
 - parachute fun.
 - climbing through a tarp tent.
 - climbing through a play tunnel.
- **Musical activities**
 - owl/duck call game.
 - rice/bean shaker.
 - music in the woods.
- **Art and craft activities**
 - making clay creatures (e.g. hedgehog, insects, birds).
 - tree cookie decorating.
 - making mandalas (natural art)
 - making beeswax candles.

**This list of activities is not exhaustive and may vary according to seasonal changes and park obligations. BMP reserve the right to amend/substitute activities on offer.*

Work Experience at Boston Manor Park

16+ Work Experience Programme*



This programme aims to develop and consolidate skills to support employability prospects and community involvement, (SEND Code of Practice, January 2015). Activities are selected in consultation with the volunteer to reflect their interests and strengths.

A Certificate of Skills Achievement will be awarded to participants by the Boston Manor Park Education Hub to evidence skills and experience gained during their learning programme.

Day and time: Thursday mornings, 10:00-12:00

Programme length: 3 weeks/visits (min) - 6 weeks/visits (max)

Gardening skills

- Understanding safe and appropriate use of tools, and equipment.
- Sowing seeds and food growing: e.g. sunflowers, pea shoots, grass, wildflowers, vegetables (kitchen garden/planters/raised beds).
- Weeding using a variety of hand tools and manual equipment.
- Tree pruning with suitable equipment/gloves.



Nature and Conservation skills

- Wildflower seed ball making (using clay, soil, seeds, water): lovely but messy activity.
- Bee/Bug hotel making using pots, sticks/bamboo canes/pieces of wood.
- Wormery creation/observation.
- Creation of hibernation homes/log piles for wildlife.

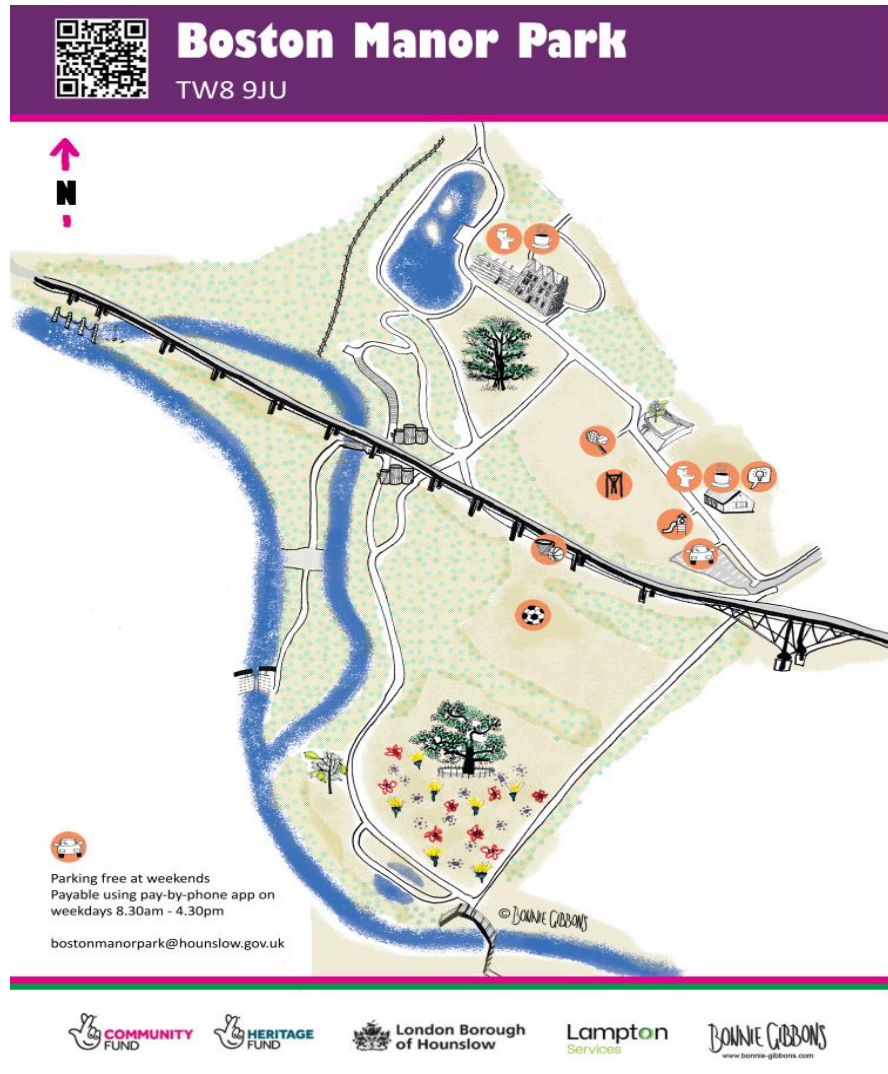


Outdoor maintenance and management

- Clearing lawns/paths and removing to compost bins.
- Watering and hosepipe usage.
- Compost management.
- Safe and clean equipment storage.
- Litter picking with pickers.
- Building a dead hedge by collecting suitable materials and hedge laying.
- Bark chipping spreading and mulching.

**This list of activities is not exhaustive and may vary according to seasonal changes and park obligations. BMP reserve the right to amend/substitute activities on offer.*

Boston Manor Park Outdoor activities: Map



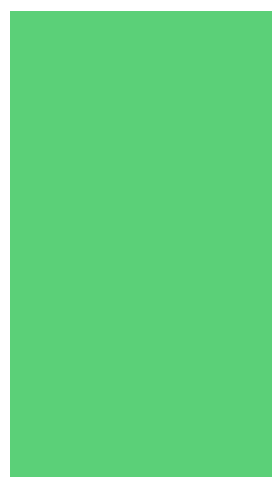
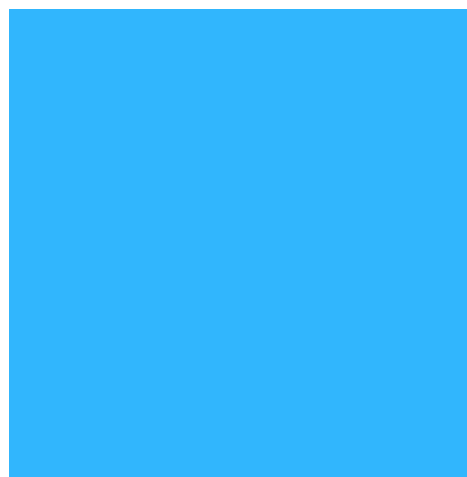
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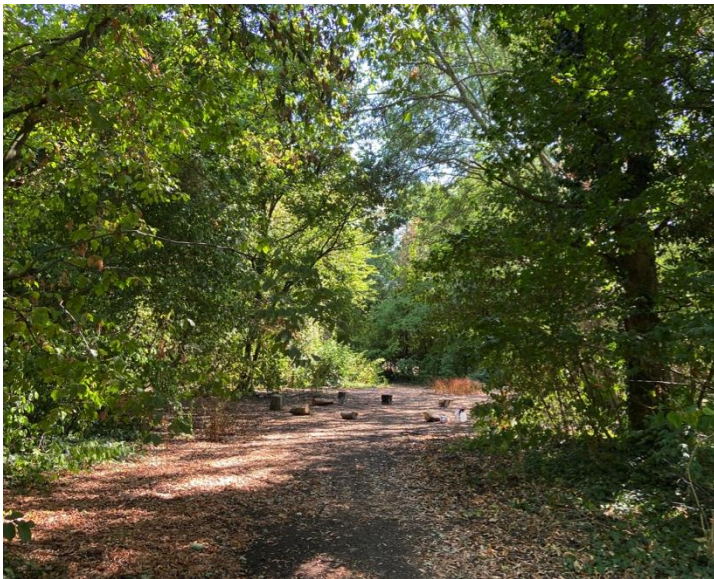
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 Parking free at weekends
Payable using pay-by-phone app on weekdays 8.30am - 4.30pm
bostonmanorpark@hounslow.gov.uk

COMMUNITY FUND HERITAGE FUND London Borough of Hounslow Lampton Services BONNIE GIBBONS
www.bonnie-gibbons.com





“Projects at Boston Manor Park can help schools and their pupils to meet careers objectives in line with the ‘Gatsby Benchmarks’ framework. For example; learning from the local labour market, gaining experiences of workplaces and interacting with employers and employees within their local community.”

Daniel McNamara,
John Chilton School



Boston Manor Park Hub

Boston Manor Road, TW8 9JU

bostonmanorpark@hounslow.gov.uk



London Borough
of Hounslow



Lampton
Services
Greenspace

SEND School Group Booking Form

Part 1/2

Which activities are you interested in booking? (Please pick up to 3 educational activities per session):

- 1.
- 2.
- 3.

Preferred date(s) of group visit (please give at least two options-**Thursday mornings ONLY**):

Approximate duration of visit

Contact name:

Contact Number:

Contact email address:

School Name and address:

Date of planning pre-visit (if required):

Contact number on the day of visit:

Group Details

Group age/Year group:

Number of students (max 10 per group):

Number of Teachers/assistants:

Number of additional adults (parents/helpers):

Any allergies?

Number of wheelchair users or visitors with mobility requirements. Please provide details:

Any other useful information to support our planning of your visit?

Access

- Would you like to have packed lunches in the park? (Indoor or Outdoor preference?)
- Has your school visited BMP before?
- What method of transport will you be using to get to us?

Pay by Phone app location code and parking machine located in carpark.

Permitted parking is 4 hrs max on weekdays.

If you require a FREE parking space, please advise Natasha at the time of booking.

The Park is walking distance from Boston Manor Underground station (10 minutes)

Brentford mainline station (10 minutes walk)

Buses 195, E8, H91 have stops within walking distance.

If on foot, which entrance will you be arriving at? There are 3.

Payment

Once your booking is confirmed we will advise of payment process.

Charges for 2023/24 are £5 per child per session.

SEND School Group Booking Form

Part 2/2

Health and Safety considerations

Please do follow guidelines set by your local Authority or parent organisation with regard to taking groups on trips and carrying out field work. Schools/organisations have overall responsibility for the safety and well-being of children during their visit, including during park staff-led activities.

Risk Assessments

Schools/organisations are responsible for carrying out their own independent risk assessments for their visit, however, we can provide our own risk assessments as guidance.

Please ensure you have sent Natasha a copy of your Risk Assessment before your visit.

First Aid Provision

It is the responsibility of the school/organisation to provide first aid kits and qualified first aiders appropriate to the size of the group. It is the responsibility of the teacher, leader or child's guardian to carry and administer any medication that may be required. Park staff are also qualified in outdoor first aid provision.

Suitable Clothing

Our sites are large open spaces with a limited amount of shelter in the park setting. It is the responsibility of the school or setting to ensure that children have the adequate clothing and appropriate footwear for the activity. Sun hats, sun cream and plenty of bottled water is advisable during the summer months. Long trousers are recommended to avoid grazes, scratches and insect bites. We can advise on additional appropriate clothing prior to your visit. In Autumn and winter the ground can be very wet so wellies are advisable.

Hand Washing

It is essential that children wash their hands after each activity, particularly after pond dipping and before eating, and do not put their fingers near their faces during the activities. Although rare, Weil's disease can be contracted through bodies of water (it is passed on through rat urine) and efficient hand washing is the best way to avoid it. We also have anti-bacterial gel available.

School lunches

The classroom is available for children to have lunch in if necessary, but we expect schools to use our numerous picnic tables to eat at during school visits if weather is fine. Please encourage children to take their rubbish home and recycle it properly as we do not have commercial recycling facilities in the park.

Please return this form to natasha.gavin@hounslow.gov.uk and contact her if you have any questions. Thank you.