

Cold Weather Alert

Tel: 0370 900 0100 www.metoffice.gov.uk



NHS (Ref: MO43)

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Forecast Issued on Friday, 01 February 2019 at 08:51

Cold Weather Alert

Level 3 - Cold Weather Action

<http://www.metoffice.gov.uk/public/weather/cold-weather-alert/#?tab=coldWeatherAlert>

There is a 90% probability of severe cold weather/icy conditions/heavy snow between 0900 on Friday 01 Feb and 0900 on Monday 04 Feb in parts of England. This weather could increase the health risks to vulnerable patients and disrupt the delivery of services.

Please refer to the national Cold Weather Plan and your Trust's emergency plan for appropriate preventive action.

An update will be issued when the alert level changes in any region. Alerts are issued once a day by 0900 if required and are not subject to amendment in between standard issue times. Note that the details of the forecast weather are valid at the time of issue but may change over the period that an alert remains in force. These details will not be updated here unless the alert level also changes, the latest forecast details can be obtained at the following link:

<http://www.metoffice.gov.uk/public/weather/forecast/#?tab=map>

Regional Risk Assessments for occurrence of Cold Weather conditions between 0900 Local Time on Friday 01 Feb and 0900 Local Time on Monday 04 Feb.

The areas that are likely to be affected are:

Region	Risk	Comments
North East England	90 %	Cold conditions persisting with snow showers bringing slight accumulations in places, with widespread overnight ice likely.
North West England	90 %	Cold conditions persisting with snow showers bringing slight accumulations in places, with widespread overnight ice possible.
Yorkshire and the Humber	90 %	Cold conditions persisting with snow showers bringing slight accumulations in places, with widespread overnight ice likely.
West Midlands	80 %	Cold conditions persisting, with only isolated wintry showers, but with widespread overnight ice possible.
East Midlands	80 %	Areas of mainly light snow across southern areas, giving slight accumulations today, with wintry showers further north. Remaining cold until late Sunday, with widespread ice likely overnight tonight and tomorrow.
East of England	70 %	Areas of mainly light snow, especially across the west, leading to slight accumulations today. The snow gradually clears east tomorrow, with isolated wintry showers following for eastern areas. Remaining cold, with widespread ice overnight, especially Saturday night into Sunday. Becoming less cold Sunday night.

Southeast England	90 %	Areas of locally heavy snow this morning will give further accumulations of snow, before becoming light and patchy later today and overnight, then becoming limited to eastern areas tomorrow before finally clearing away. Icy stretches are likely each night. Staying cold until Sunday night, then becoming less cold.
London	70 %	Outbreaks of sleet and snow persisting until Saturday afternoon, then fading away to allow widespread ice to form overnight. Icy stretches are also likely Sunday night. Remaining cold until late Sunday, then becoming less cold.
Southwest England	90 %	Staying cold with patchy sleet or snow today, then a few wintry showers Saturday and at first Sunday. Widespread ice is tonight, with icy stretches Saturday night. Becoming less cold through Sunday.

General Comments:- Nil

For winter health surveillance bulletins from Public Health England, please use the following link:
<http://www.gov.uk/government/collections/winter-health-watch>

The PHE Cold Weather Plan can be accessed at the following link:
<http://www.gov.uk/government/collections/cold-weather-plan-for-england>

A range of free resources from the Stay Well This Winter campaign can be downloaded or ordered here <https://campaignresources.phe.gov.uk/resources/campaigns/34-stay-well-this-winter->

To aid local planning, listed below are the Local resilience Forum (LRFs) matched against their regions.

NHS Region	NSWW Region	Local Resilience Forum
North	North East England	Durham and Darlington Northumbria Cleveland
	Yorkshire and the Humber	Humber North Yorkshire West Yorkshire South Yorkshire
	North West England	Cheshire Cumbria Greater Manchester Lancashire Merseyside
Midlands	West Midlands	Staffordshire Warwickshire West Mercia West Midlands
	East Midlands	Derbyshire Leicestershire Lincolnshire Northamptonshire Nottinghamshire
	East of England	Bedfordshire Cambridgeshire Essex Hertfordshire Norfolk Suffolk
South	South East England	Sussex Kent Surrey Thames Valley Hampshire and Isle of Wight
	South West England	Avon & Somerset Devon, Cornwall & Isle of Scilly Dorset Gloucestershire Wiltshire and Swindon
London	London	London