

## LIST OF USEFUL ORGANISATIONS

<p><b>Child Bereavement Trust</b> This charity offers training and support for professionals coping with grieving children. It also offers courses for teenagers in grief. This is not an emergency service and if does not offer counselling.</p> <p>Brindley House 4 Burkes Road Beaconsfield Bucks HP9 1PB</p> <p>Tel: 0845 357 1000</p>	<p><b>Childline</b> They offer a 24 hour free phone help line for children who need someone to talk to in confidence.</p> <p>Tel: 0800 11 11</p>
<p><b>Child Death Help line</b> This telephone support service is offered by adults who have themselves experienced the loss of child. They offer a befriending service to anyone of any age who has lost a child, grandchild or sibling.</p> <p>Tel: 0800 282 986 Every evening and 10am – 1pm. Monday, Wednesday, Friday.</p>	<p><b>MIND in (Hammersmith, Fulham, Ealing and Hounslow).</b> They listen, support recovery, fight stigma, and work with partners to take action on mental health. They provide services for adults, children and young people, and training and consultancy for employers.</p> <p>St Andrew's Church, Mount Park Road, Ealing, W5 2RS Tel: 0208 571 7454 Email: <a href="mailto:enquiries@hfehmind.org.uk">enquiries@hfehmind.org.uk</a></p>
<p><b>CRUSE Bereavement Care</b> They provide 1 to 1 counselling for bereaved adults and children. They also run a drop-in centre once a week at which people can receive support and information.</p> <p>126 Sheen Road Richmond Surrey TW1 1UR</p> <p>Tel: 0870 1671 677 Fax: 020 8940 7638 Email: <a href="mailto:helpline@crusebereavementcare.org.uk">helpline@crusebereavementcare.org.uk</a></p>	<p><b>National Association of Bereavement Services</b> They offer a telephone support service, which can provide information about other relevant agencies. They can also offer a limited amount of telephone support from a trained counsellor.</p> <p>20 Nortonfolgate London E1 6DB Tel:</p> <p><i>Open 10.am to 4.pm Monday-Friday. Administration office for information on training and materials – Tel: 020 7247 0617.</i></p>

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<p><b>Young Minds Parents Information Service</b></p> <p>They provide advice and information for any adult, parent, carer or professional who is concerned about the emotional welfare of a child or young person. Initial support is offered and a follow-up call from a specific professional can be arranged when necessary.</p> <p>Free line: 0800 018 2138</p>	<p><b>The Survivors of Bereavement by Suicide (SOBS)</b></p> <p>They offer a telephone advice/support service for anyone who has had to deal with a suicide. They also try, when necessary, to offer a home visiting service to families who are dealing with suicide. This organisation helps to co-ordinate self help groups so that people can share their experiences and therefore support each other.</p> <p>Tel: 0870 241 3337</p>
<p><b>Sudden Death Support Association</b></p> <p>This organisation puts newly bereaved young people and adults in contact with someone who has, in the past, suffered a similar sudden loss. These volunteers have undertaken training following their own bereavement.</p> <p>Tel: 01189 889 797</p>	<p><b>Traumatic Stress Clinic</b></p> <p>The provide 1:1 counselling sessions or group/family work if a trauma is specific to a group of people.</p> <p>Tel: 020 7530 3666</p>
<p><b>The Samaritans</b></p> <p>A telephone service 24 hours a day for adults and children who need to speak to someone in confidence about their problems.</p> <p>26 Junction Road Ealing London W5</p> <p>Tel: 020 8560 2345 Email: <a href="mailto:jo@samaritans.org">jo@samaritans.org</a></p>	<p><b>Winston's Wish</b></p> <p>They provide children and families with the opportunity to meet others who have experienced a similar loss. This can take the form of residential week-ends for 4-18 year olds and parents. They also offer support programmes for schools, individual work when grief is complicated, telephone advice supported by books and leaflets, social activities for parents and support for children where a close member of the family is dying.</p> <p>Gloucestershire Royal Hospital Great Western Road Gloucester GL1 3NN</p> <p>Tel: 01242 515 157 (office) Tel: 0845 203 0345 (help line) Website: <a href="http://www.winstoneswish.org.uk">www.winstoneswish.org.uk</a> Email: <a href="mailto:info@winstoneswish.org.uk">info@winstoneswish.org.uk</a></p>