

## GROWN UPS INFO

The **FREE** flu nasal spray is the best defence children have against flu. Here are five great reasons why your child should join the Flu Fighters and help defeat Chilly, Achy and Snotty...

- The vaccine will help project your child against flu and serious complications like bronchitis and pneumonia.
- Vaccinating your child will help protect more vulnerable family members and your friends, too.
- There's no nasty needles! The nasal spray is a quick squirt up the Z nose, nothing more – it's easy and painless.
- - It's better than having flu! The nasal spray helps project against flu, has been given to millions of children worldwide and has an excellent safety record.
  - It can also save you money, because if your child gets flu, you might end up having to take time off work or arrange alternative childcare. 5



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They came from the planet Bogey, a cold and lonely place Full of bugs and grubs and germs and worms, far away in Space. They landed on Earth in their rocket ship Snotsil And began their search for kids that they could make ill.

The aliens were named Chilly, Achy and Snotty And their mission was to make humans feel grotty. "Ah ha!" they cried, "we've come to spread disease "And make Wolverhampton's children cough, splutter and sneeze!"





"We came last winter and we had great fun "Taking over Amy and Raj and little Daniel's mum. "They missed their free vaccine; they hadn't been protected "And by the time we left, they were horribly infected!" And they sneezed and they spluttered and they felt really bad And they shook and they shivered and they were very sad. "Oh no," they cried, "it must be the flu!" "No wonder we are all feeling so terribly blue!"



In the control room our fearless flu nurse Is watching for invaders from across the universe. Suddenly, alarms sound and warning lights flash red "Aliens are coming, there's danger ahead!"

Outside the school the aliens spy on their prey They laugh out loud: "Infecting these lot will be child's play!" The nurse is alert and spots the three foes And grabbing her equipment off she goes.



The nurse lands at the school where the kids are playing ball And shouts out: "Quick, come here, I must save you all! "These hideous aliens want to give you the flu "But a quick squirt up your nose will stop them, it's true!"

Shields form around our three heroes Through which nothing can sneak. Amy, Raj and Daniel have become Flu Fighters, With powers at their peak!



Now Chilly, Achy and Snotty make their move, the aliens attack But the kids are protected and so they fight back. "Curses," cry the invaders, "She's saved those little mites "But we still have the rest of the school in our sights...!" "Not so fast," cry our heroes to the villians at the gates And they team up with the nurse to save their school mates. Giving every child a squirt of power up their nose Protecting them from flu, from their heads to their toes.



The children fight back, becoming crusaders And turn their spray on the horrible invaders. The aliens are stunned, the spray does the trick Shrivelling them up quickity quick! Faced with an army hundreds strong The aliens soon realise they have done wrong. Try as they might, they can't get through "They've defeated us, what can we do?"



The battle is over, the job is done The Flu Fighters are safe and the aliens are gone. One task remains before our heroes can win ...to wipe up the aliens and put them in the bin!

The spray has saved them kept the germs at bay. A quick squirt up the nose has saved the day! 15

The aliens have lost, their mission an epic fail But wait, what's this? A twist in the tale! Coming from the bin, what can we hear? A gargled threat:



we'll be back Next yearill

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The Fluenz nasal spray is offered to all school children in school nursery, Reception, Year 1, Year 2, Year 3, Year 4 and Year 5.

It is also available to all children aged two and three, and some children with some long-term health conditions, through their GP.

Most children will receive the free Fluenz spray at their school. If your child misses this, they can receive their free Fluenz spray at special catch-up clinics.

For more information, including details of catch-up clinics, please visit www.wolverhampton.gov.uk/flufighters

For more information about the flu vaccine, please visit www.nhs.uk/child-flu

Getting the flu is horrible, it can cause:

- a fever
- a blocked nose
- sore throat
- aches
- and tiredness.

In the most serious cases, it can cause bronchitis and pneumonia.

The Fluenz nasal spray is the best defence children have against the flu. It's free, safe and painless too!

## Get the vaccine and become a Flu Fighter like us!

www.wolverhampton.gov.uk/flufighters

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