

Supporting the Health of Young People in Ealing

A summary report of the Health Related Behaviour Survey 2013

These results are the compilation of data collected from a sample of primary pupils aged 8 to 11 and secondary pupils aged 12 to 15 in Ealing during the Autumn term 2013. This work was commissioned by Ealing Council, as a way of collecting robust information via a Young People's Lifestyle Survey.

Teachers were briefed on how to collect the best data and then pupils in Years 4 and 6 in the primary and Years 8 and 10 in the secondary schools anonymously completed the

questionnaire. A total of 10665 pupils took part in 14 secondary and 54 primary schools.

These were then returned to the Schools Health Education Unit in Exeter for processing.

Cross-phase links

Many of the questions in the primary and secondary versions of the questionnaire are identical or very similar. Some of these questions are presented on page 6 of this

document so that behaviour can be seen across the age ranges.

Trend data

This survey was also conducted in 2005, 2007, 2009 and 2011, some of the changes in the data can be seen on page 7.

In 2013, 10665 young people were involved in the survey:

School Year	Year 4	Year 6	Year 8	Year 10	Total
Age	8-9	10-11	13-14	15-16	
Boys	1580	1552	1186	1135	5453
Girls	1517	1409	1176	1110	5212
Total	3097	2961	2362	2245	10665

Reference sample

Ealing data has been compared with a compilation of survey areas that have completed same version of the questionnaire. These areas include Bromley, Cambridgeshire, Cumbria, Essex, Gateshead, Greenwich, Hertfordshire, Lambeth, N. Yorkshire, Richmond, Sunderland and Wakefield.

A selection of some of the statistically significant differences, where the level seen in the Ealing data is either 5% above or below that in the wider reference data, is indicated by the symbol ↗

For more details please contact The Schools Health Education Unit
Tel. 01392 667272.

Survey topics include:

Citizenship

Drugs, Alcohol and Tobacco

Emotional Health and Well-being

Healthy Eating

Physical Activity

Relationships and Sexual Health

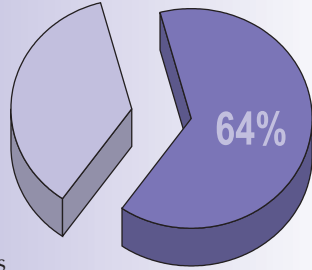
Safety

Ealing Primary school pupils in Years 4 and 6 (ages 8-9 and 10-11)

CITIZENSHIP

Local Issues - Year 6 only

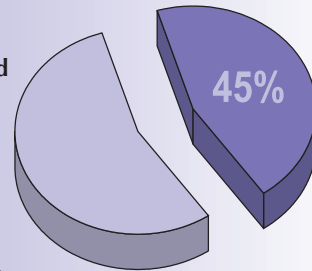
- 30% of Year 6 said that they would like their views to be heard via the school council; **64% said via their teacher.**
- 45% said that they would like their views to be heard via a survey or questionnaire; 23% said via a young people's representative.
- 57% of pupils said that they felt like they belonged 'very strongly' to their school; 49% said this about Britain.



DRUGS, ALCOHOL AND TOBACCO

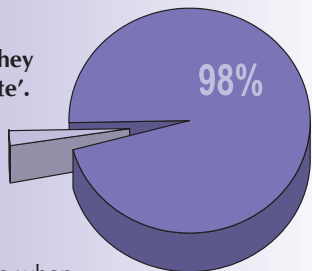
Drugs - Year 6 only

- 45% of Year 6 pupils reported that their parents had talked to them about drugs.**
- 49% of Year 6 pupils said their teachers had talked to them about drugs.
- 12% said they had talked with visitors in school lessons about drugs.
- 22% said they had talked about drugs with their friends.
- 8% of Year 6 pupils say they are 'fairly sure' or 'certain' they know a user of drugs (not medicines).



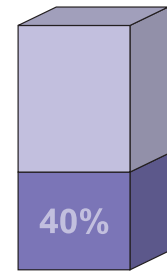
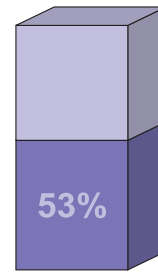
Tobacco - Year 6 only

- 25% of Year 6 pupils said that their parents/carers smoke.
- 8% said that someone smokes in a car when they are in it.
- 72% of pupils said that no-one ever smokes at home.
- 21% said that smoking only happens outside at home, 5% said that smokers at home only smoked in certain rooms but 2% said that smokers could smoke anywhere in their home.
- 98% of pupils reported that they have 'never smoked a cigarette'.**
- 1% smoked at least one cigarette during the last seven days.
- 89% said they wouldn't smoke when older, 10% said maybe and 1% think they will smoke when they are older.



EMOTIONAL HEALTH & WELL-BEING

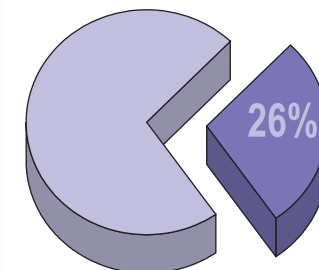
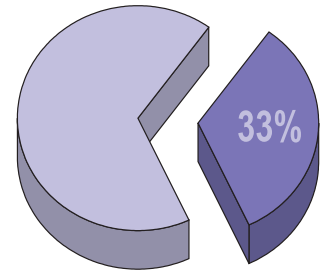
- 53% of Year 6 boys and 40% of Year 6 girls have high self-esteem scores.**



- 35% of boys and 28% of girls in Year 4 have high self-esteem scores
- 4% of all pupils have low self-esteem scores, 17% of pupils have medium-low self-esteem scores (more girls than boys).
- 42% of pupils reported that they worried about SATs.
- 29% said that they worried about moving on to secondary school; 21% said that they worried about crime.

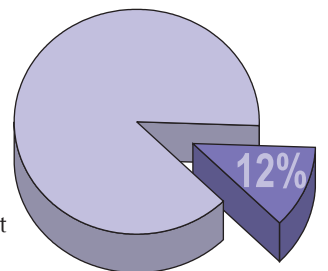
BULLYING

- 33% of pupils reported that they felt afraid to go to school because of bullying, at least sometimes.**



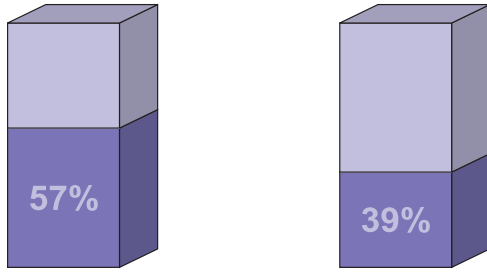
- 26% said that they had been bullied at or near school in the past 12 months.**

- Behaviour widely reported as causing distress included: being pushed or hit for no reason, being called nasty names and being teased or made fun of.
- 16% of those who were bullied often reported that they thought they were bullied because of the way they looked, 13% for being different.
- 12% thought they were bullied because of their race, colour or religion.**
- 14% who had said that they had been bullied recently kept it to themselves.
- 51% of pupils said that their school deals with bullying 'quite' or 'very well' 13% said it wasn't a problem in their school. 21% said they didn't know but 15% 'badly' or 'not very well'.
- 30% of pupils said that they have been to see their school counsellor 'sometimes' or 'often'; 17% said their school doesn't have one.

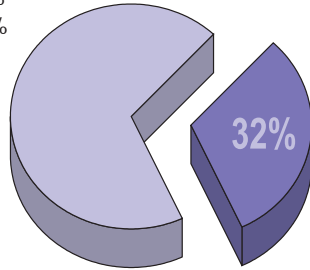


HEALTHY EATING

- 57% eat fresh fruit and 39% vegetables 'on most days'.

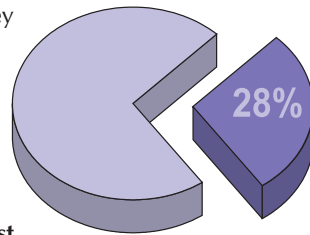


- 2% of pupils had nothing to eat for breakfast on the morning of the survey. 53% had cereal, 39% had toast or bread, and 8% had biscuits.
- 15% of pupils have crisps, 17% sweets and chocolates and 12% energy/sports drinks 'on most days'.
- 32% said that they had five or more portions of fruit and vegetables the day before.
- 18% said they 'rarely or never' eat salads.
- 73% drink water 'on most days'.
- 45% of pupils said that they had cooked during lesson time in the last 12 months; 6% said they had cooked in an after-school club.
- 33% of pupils said that they 'never or hardly ever' get a take away meal in a week. 55% said once or twice a week but 12% said three or more times a week.
- 13% of primary pupils said they were 'too heavy', 10% said they were 'too light'.
- 10% said that they go on a diet to lose weight at least 'quite often'.



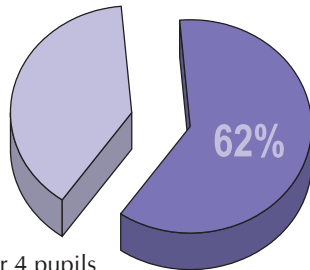
Dental Care

- 89% of pupils reported that they cleaned their teeth at least twice a day (the recommended frequency).
- 84% had visited the dentist within the last 12 months. 28% of pupils had a filling the last time they visited the dentist.



Puberty and Growing up

- 62% of pupils said their parents had talked to them about how their body changes as they grow up (75% of Year 6 girls).
- 60% of Year 6 and 34% of Year 4 pupils said their teachers had talked to them about how their body changes as they grow up.
- 9% of the boys and 15% of the girls reported that they worried about the way they looked.
- 13% of the boys and 21% of the girls worried about how their body changes as they grow up.

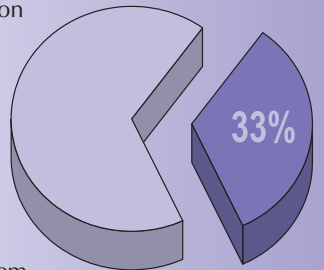
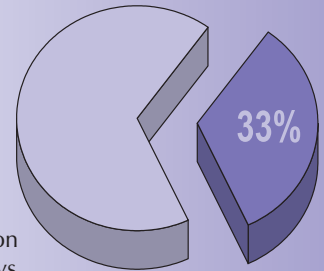


SAFETY

- 10% of pupils said that there had been violence at home in the last month.
- 40% of pupils said that when a friend asked them to do something they didn't want to do, they could 'usually or always say no'; 25% said that they could 'rarely' or 'never' say no.
- 50% said that when they want a friend to do something they 'usually or always know what to say'.
- 25% of pupils said that they never/hardly ever/sometimes wear a cycle helmet when they cycle. 16% said that when they cycle in the dark or in poor weather they never/hardly ever/sometimes use bike lights.
- 89% said that they wash their hands after visiting the toilet 'whenever possible/always'.

PHYSICAL ACTIVITY

- 33% of pupils said that they did some physical activity on at least 5 days in the last 7 days.
- 11% of pupils said that they got out of breath and sweaty on at least 5 days in the last 7 days.
- 45% of pupils said that they go for walks at least once a week. 48% said that they run or jog and 43% said they ride their bike at least once a week.
- 19% of pupils (more boys than girls) play in a school team at least once a week (not including lesson time).
- 24% play for a local sports club (more boys than girls) at least once a week.
- When given a list and asked what additional activities they would like to do. 69% said swimming and 44% said basketball. 70% of boys said football, 64% of girls said trampolining.
- Other activities children do that compete with their time for physical activity include watching TV/DVD/computer games, 57%, reading a book for pleasure, 64% and music lesson or practice 32%.
- 33% of pupils said that they go to a before or after-school club at least once a week.
- Ealing pupils were also asked if there were anything that would help and encourage them to be more active and play more sport. The following were the top responses for Year 4 pupils:



	Boys		Girls
More free time	67%	More free time	69%
More free activities in the parks	57%	More activities during school holidays	67%
More activities during school holidays	57%	If someone would go with me	60%
A wider range of activities	53%	A wider range of activities	56%

Ealing Secondary school pupils in Years 8 and 10 (ages 12-13 and 14-15)

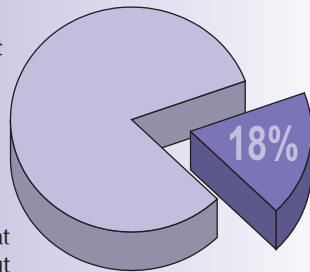
CITIZENSHIP

Background

- 43% of pupils said that they get most of their information about careers and FE opportunities from their parents.
- 65% want to stay in full time education after Year 11, 27% want to find a job as soon as they can.
- When asked how strongly they felt that they belonged to their local and wider communities, for both year groups and genders, they felt that they belonged most strongly to their school, then their neighbourhood, then Britain and lastly the London Borough of Ealing.

Moving schools

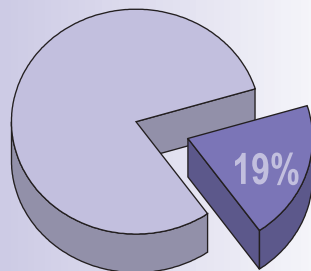
- 18% of Year 8 pupils said that when they were in Year 6 they were 'quite' or 'very' worried about moving to high schools.
- 31% said they were not at all worried. Another 48% said that they were a little worried about moving to high school.
- 20% said that they worried most about making friends, 14% said they worried most about fitting in and 7% said they worried about bullying.



DRUGS, ALCOHOL & TOBACCO

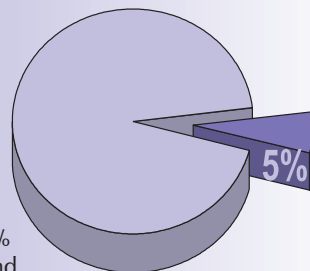
Drugs

- 19% of pupils are 'fairly sure' or 'certain' that they know someone who takes drugs.
- 17% of Year 10 boys and 13% of Year 10 girls have been offered drugs.
- 1% of pupils reported that they had taken an illegal drug in the last month.
- 6% of Year 10 pupils said they had taken at least one of the drugs listed in the questionnaire at some point.



Alcohol

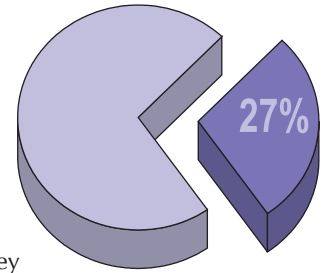
- 5% of pupils had at least one alcoholic drink in the week before the survey.
- 4% of Year 10 boys pupils drank alcohol at home in the week before the survey and 5% of Year 10 girls drank at a friend or relation's home.
- 3% of Year 10 pupils said they had drunk alcohol outside in a public place.



- 82% said that they do not drink alcohol at all. 10% of pupils said their parents always knew if they drank alcohol at home. 4% said they don't drink alcohol at home and 4% said their parents never or only sometimes know if they drink at home.

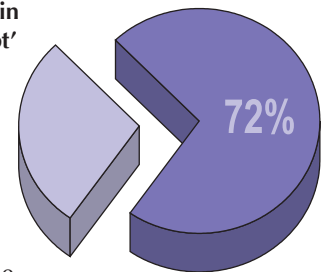
Tobacco

- 27% of pupils reported that parents/carers smoked.
- 14% said someone smokes inside their home
- 2% of pupils reported that they smoke occasionally or regularly.
- 2% of Year 10 girls bought cigarettes from a shop in the week before the survey and 3% got them from friends.
- 18% of pupils said they have ever smoked Shisha. 3% said they smoke it often/very often; 18% said 'sometimes'.



EMOTIONAL HEALTH & WELL-BEING

- 72% of pupils reported that, in general, they were 'quite a lot' or 'a lot' satisfied with their life.
- 89% agreed that they had a good relationship with their parents.
- 62% of pupils reported that they worried about at least one problem 'quite a lot' or 'a lot'.



The top four worries for Year 8 pupils were:

	Boys		Girls
Their future	31%	Their future	41%
Exams & tests	25%	Exams & tests	39%
Family problems	11%	Their looks	24%
Terrorism	10%	Puberty	17%

The top four worries for Year 10 pupils were:

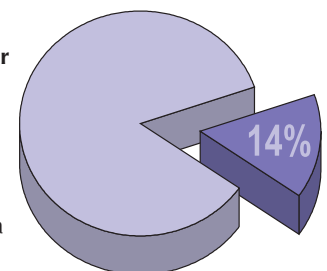
	Boys		Girls
Their future	41%	Exams & tests	65%
Exams & tests	40%	Their future	61%
School work problems	18%	School work problems	40%
Money problems	11%	Their looks	36%

SELF-ESTEEM

- 51% of pupil had high self-esteem scores (more boys than girls).
- 2% of pupils had very low self-esteem scores.

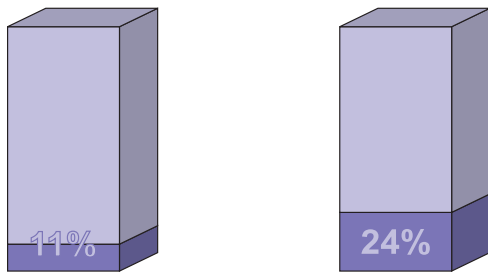
BULLYING

- 14% of pupils reported a fear of going to school at least sometimes because of bullying.
- 6% said they worried 'quite a lot' or 'a lot' about bullying. 4% worried about cyber-bullying.

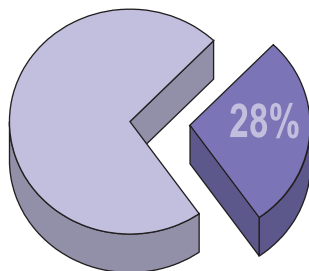


HEALTHY EATING

- When choosing what they eat, 11% of pupils said that they 'never' consider their health, 24% said 'very often' or 'always'.

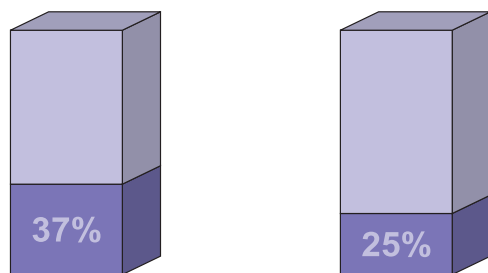


- 52% of the Year 10 girls and 28% of the Year 10 boys said that they diet to lose weight at least sometimes.
- 68% of pupils said that they had tried to do more exercise to lose weight. 12% said that they were always exercising to lose weight.
- 43% of pupils said they and their family never or hardly ever have a takeaway meal in a week. 51% said once or twice a week, 6% said three or more times.
- 17% of pupils said they drank non-diet fizzy drinks 'on most days'. 15% ate crisps and 19% ate sweets 'on most days'.
- 6% of pupils said they 'rarely or never' ate any fresh fruit.
- 28% of pupils said that they had 5 or more portions of fruit and vegetables the day before.



RELATIONSHIPS & SEXUAL HEALTH

- Pupils were asked to identify from a list in the questionnaire what their main source of information about sex was. 37% said school lessons and 25% said parents.

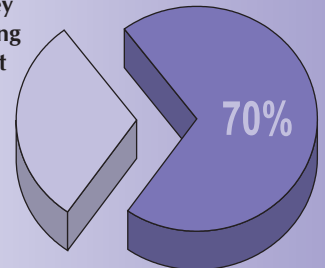


- 35% of Year 10 boys and 34% of Year 10 girls were able to name somewhere they could get condoms free of charge.
- 63% of Year 10 boys and 59% of Year 10 girls believed condoms were reliable methods of contraception to stop pregnancy.
- 39% of boys and 40% of girls in Year 10 also thought that condoms were reliable at stopping infections.
- 23% of Year 10 pupils thought young people would like to be able to access condoms or emergency contraception on school sites.
- 9% of Year 10 pupils said that they had been in a relationship with someone who was angry or jealous when they wanted to spend time with friends.

- 5% of Year 10 pupils said their boy/girlfriend had asked them to send pictures/videos to them of a sexual nature.
- 3% of Year 10 pupils said their boy/girlfriend had put pressure on them to have sex or do other sexual things.
- 56% of pupils said that if any of these things happened to them, they would know where to go to get help.
- 76% of pupils had visited the dentist within the six months prior to the survey.

SAFETY

- 70% of pupils said that if they were worried about something they know an adult they trust that they can talk to about this.
- 25% said they were treated for a serious accident by a doctor or at a hospital within the year before the survey.



Internet safety

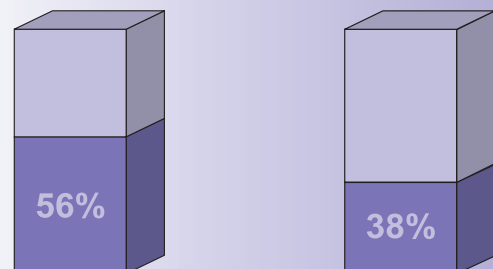
- 61% of pupils said that they chat online. 11% of pupils said that they chat with people they don't know.
- 8% have received a chat message or picture that scared them or made them upset.
- 6% of pupils said they have sent personal information or pictures to someone which they wished they hadn't done or thought more about.

Local Area

- 19% of pupils rated the safety of their area, when going out after dark, as 'poor' or 'very poor'. 4% said this about going out during the day.
- 3% of pupils reported that they carried weapons for protection when going out.
- 6% of pupils said that they had been the victim of violence in the past 12 months.

PHYSICAL ACTIVITY

- 56% of the Year 8 boys consider themselves 'fit' or 'very fit' compared with 38% of the Year 8 girls.



- 30% of pupils reported that they had exercised hard enough to get out of breath and sweaty on at least three days in the last week.
- 76% of pupils said that they enjoyed physical activity 'quite a lot' or 'a lot'.
- When asked what would encourage them to be more active and play more sport 54% said 'more free facilities in the parks such as parkour, multi-games areas, etc.'
- 49% said more activities in school holidays would encourage them to be more active.

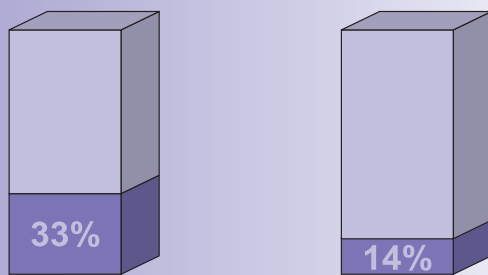
Questions included in both the primary and secondary versions of the questionnaire

Cross-phase data

BULLYING

Are you ever afraid of going to school because of bullying?

- 33% of primary pupils and 14% of secondary pupils say that they feel afraid of going to school because of bullying at least sometimes.



- Our surveys show that the figure for girls is consistently higher than for boys.

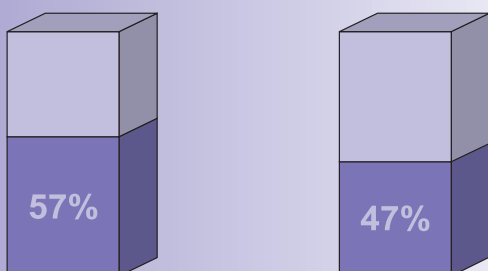
SELF-ESTEEM

- Self esteem generally also increases with age. 53% of Year 6 boys recorded levels of high self-esteem; the girls 40%. In Year 10 the levels for high self-esteem are boys 65% but the girls were also seen at 40% in 2013.
- 26% of Year 6 pupils said they were 'quite' or 'very worried' about moving to high school. 42% of primary pupils worried about SATs/tests. 42% of secondary pupils worried about exams and tests, 43% of secondary pupils worried about their future.

HEALTHY EATING

How often do you eat or drink the following... 'on most days'?

- There is a downward trend in the number of pupils who report eating fresh fruit 'on most days': primary 57%, secondary 47%.



- There is an upward trend in the number of boys who report drinking energy/sports drinks 'on most days': primary 14% secondary 16%.
- There is also a clear difference in the boys and girls data with more girls choosing the healthy options except for sweets where girls report having more than boys do.

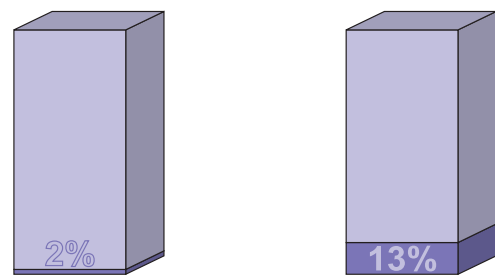
DRUGS, ALCOHOL AND TOBACCO

Did you drink alcohol in the last week?

- 3% of Year 8 pupils had at least one alcoholic drink in the last week, this increased to 8% for Year 10 pupils.

Have you smoked in the past?

- 2% of Year 6 pupils said they had smoked at least once or twice, this rose to 13% for secondary pupils.



- 11% of Year 6 pupils said they may, or would smoke when older.

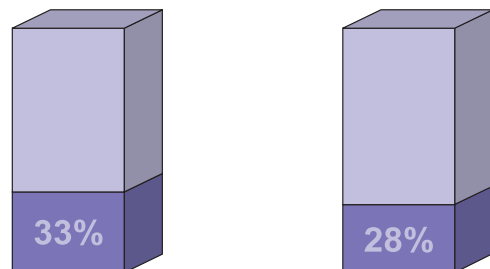
Do you know anybody who uses drugs that are not medicines? Have you been offered drugs?

- 8% of Year 6 pupils and 19% of secondary pupils are 'fairly' sure or 'certain' that they know someone who uses drugs that are not medicines.
- 15% of Year 10 pupils have been offered illegal drugs.

PHYSICAL ACTIVITIES

How much do you enjoy physical activities?

- 33% of primary school pupils said that they did physical activity on at least 5 days in the last 7 days'. The secondary school data reveal that this figure has dropped to 28%.



- The proportion of pupils who reported that they exercised at least three days or more in the last week, enough to get out of breath and/or sweaty, was similar among primary compared with secondary pupils (28% compared with 30% respectively).

Trend data

DIFFERENCES IN EALING 2005 - 2013

SECONDARY

- ↗ There is an upward trend for pupils saying that they were generally 'a lot' satisfied with their lives. 21% said this in 2005, 28% in 2007, 29% in 2009, 30% in 2011 and 36% in 2013.
- ↗ 33% of pupils in 2005 said that they get most of their information about careers and further education from their parents. This rose to 38% in 2007 and 2009 and again to 41% in 2011. In 2013 43% said the same.
- ↗ There is an increasing trend for pupils saying that they are 'in charge of their health'. 65% said this in 2005, 67% in 2007, 70% in 2009 and 71% in 2011 and 2013.
- ↘ 22% of pupils said they had nothing for breakfast in 2005, this fell to 11% in 2007. It rose to 13% in 2009 and is at 12% in 2011 and 2013.
- ↗ There is an increasing trend for pupils saying they have 'never smoked at all' In 2005 75% said this, 77% in 2007 and 79% in 2009. This had risen again in 2011 to 82% and again to 87% in 2013.
- ↗ Pupils in 2011 were more likely to say that heroin was 'always unsafe' compared with previous years. 43% said this in 2005 compared with 45% in 2007 and 49% in 2009 and 2011. In 2013 this has fallen back slightly to 45% who said this.
- ↗ 58% of pupils said that they didn't know anyone personally who used drugs not as medicines in 2005. In 2007 this dropped slightly to 56% but it has risen again in 2009 and 2011 to 63%. In 2013 69% of pupils said this.
- ↗ There was an increasing trend for pupils saying that they have had no accidents in the past 12 months. 76% said this in 2005, 77% in 2007, 80% in 2009 and 83% in 2011. In 2013 however, this has fallen to 75%.

PRIMARY

- ↗ There is an overall upward trend for pupils who reported eating cereal for breakfast. In 2005, 46% of Ealing primary pupils said that they had cereal for breakfast that morning. In 2007, 52% said this and in 2009 the figure was 56%. In 2011 this has fell slightly to 54% and again in 2013 to 53%.
- ↗ There is an overall upward trend for pupils reporting having 5 or more portions of fruit and vegetables the day before. 29% said this in 2005, it rose to 30% in 2007 and again to 34% in 2009. In 2011 it fell back to 30% but is at 32% in 2013.
- ↘ The proportion of primary pupils saying that they have crisps 'on most days' remains low when compared with 2005. 29% said this in 2005, 21% in 2007. It was still 21% in 2009 but fell to 17% in 2011 and again to 15% in 2013. Similarly the figure for sweets and chocolate were 29% in 2005 falling to 22% in 2007 and 2009 and to 19% in 2011. In 2013 this figure is now 17%.
- ↗ There was an increasing trend for pupils saying that other people aren't frightened that they might bully them. 65% said this in 2005, 70% in 2007 and 71% in 2009. This fell slightly to 69% in 2011 but is up to 71% in 2013.
- ↘ There is a decreasing trend for pupils reporting worrying about a range of issues. Particularly crime: 48% worried in 2005, 42% in 2007, 27% in 2009, 23% in 2011 and 21% in 2013. Worries around family problems has also fallen from 40% in 2005, 30% in 2007 to 24% in 2009, 19% in 2011 and 18% in 2013. Worries around friendships have fallen from 29% in 2005 to 26% in 2007, 20% in 2009 and 18% in 2011. It has fallen slightly to 17% in 2013.
- ↗ 64% of pupils said that they didn't know anyone personally who used drugs not as medicines in 2005. In 2007 this rose to 70% and again in 2009 to 72%. In 2011, 75% said this. The question was only asked of Year 6 pupils in 2013 but the figure is 80%.

DIFFERENCES BETWEEN EALING AND THE REFERENCE SAMPLE

SECONDARY

- ↗ 72% of Ealing pupils said that they are satisfied with their lives at the moment. This compares with only 67% saying the same in the wider reference sample.
- ↗ 53% of Ealing pupils said that they enjoy most or all of their lessons compared with 41% of the wider sample.
- ↗ 51% of Ealing secondary pupils scored in the high self-esteem category, in the reference sample the figure was 40%.
- ↗ 82% of Ealing pupils said that 'If I take care of myself, I'll stay healthy' this compared with 76% of the wider sample.
- ↘ 40% of Ealing pupils said that they would like to lose weight. This is lower than the 45% of pupils saying the same in the wider sample.
- ↘ 5% of Ealing pupils said there was a special contraception and advice centre available locally for young people. 27% said the same in the wider sample.
- ↘ 19% of Ealing pupils said that they know someone personally who takes drugs. 39% of pupils said the same in the wider sample.
- ↗ 87% of Ealing pupils said that they have never smoked at all. This compared with 73% saying the same in the wider sample.
- ↗ 95% of Ealing pupils said that they drank no alcohol in the previous week. This compared with 81% of the wider sample.
- ↘ 14% of Ealing pupils said that they are at least 'sometimes' afraid to go to school because of bullying. This compared with 22% saying the same in the wider sample.
- ↘ 15% of Ealing pupils said that they eat crisps 'on most days'. This compared with 27% saying this in the wider sample.
- ↗ 65% of Ealing pupils said they would like to stay on in full-time education after Year 11, compared with 51% of the wider sample.

PRIMARY

- ↗ Ealing Year 6 pupils were more likely to have cereal and/or toast for breakfast when compared with pupils in the reference sample. 2% said they have nothing to eat compared with 7% of the wider sample.
- ↘ Ealing pupils were less likely to say that they have crisps and sweets 'on most days'. 15% of Year 6 pupils in Ealing had crisps compared with 22% in the wider sample.
- ↗ Ealing primary pupils were more likely to record 'high' self-esteem than pupils in the wider sample. 53% of Year 6 boys compared with 47% in the wider sample
- ↗ Ealing pupils were more likely to worry about school work problems but less likely to worry about family problems or their looks compared with pupils in the wider sample. 16% of Year 6 pupils worried about bullying compared with 5% of the wider sample.
- ↗ 65% of Year 6 pupils in Ealing said they hadn't been bullied during the last 12 months (14% said they didn't know if they had). 61% said they hadn't been bullied in the wider sample.
- ↘ Ealing Year 6 pupils were less likely to have said they have talked with their parents, the school nurse or visitors in lessons about drugs. They were more likely to have talked to their friends about drugs however than were pupils in the wider sample. 80% of Ealing Year 6 pupils said 'No' they didn't know anyone who uses drugs compared with 86% of the wider sample.
- ↗ 78% of Ealing Year 6 pupils said that their school encourages everyone to take part in decisions. This is higher than the 62% of the wider sample.
- ↗ Ealing Year 6 pupils were more likely to say that they clean their teeth three times of more the previous day; 19% vs. 9%. They were also more likely to have had a filling the last time they visited the dentist however; 26% vs 20%.

The Way Forward - over to you

Thank you to all the Headteachers, staff and young people for their time and contributions to this survey. The Health Related Behaviour Survey has been an integral piece of work in Ealing since 2005 and the data helps provides important information on children & young people's health & well-being needs. This year the data will be analysed & used to inform each Extended Services Locality Health Improvement Plan. Each plan outlines the key health & well-being priorities for each locality and sets out how schools, the local authority & the PCT can address these through key actions.

It will also act as a resource to help schools establish appropriate curriculum development opportunities particularly in PSHE and provide data to support aspects of school self-evaluation in preparation for an Ofsted Inspection. Finally, the findings will also be shared with other departments within the local authority, and will inform the annual Joint Strategic Needs Assessment.

Our thanks go to the staff and pupils of the schools that took part:

Alec Reed Academy, Allenby Primary School, Beaconsfield Primary and Nursery School, Berrymede Junior School, Blair Peach Primary School, Brentside Primary School, Clifton Primary School, Coston Primary School, Dairy Meadow Primary School, Derwentwater Primary School, Downe Manor Primary School, Drayton Manor Primary School, Durdans Park Primary School, East Acton Primary School, Edward Betham CE Primary School, Featherstone Primary and Nursery School, Fielding Primary School, Gifford Primary School, Grange Primary School, Greenwood Primary School, Hambrough Primary School, Havelock Primary School, Hobbayne Primary School, Horsenden Primary School, John Perryn Primary School, Lady Margaret Primary School, Little Ealing Primary School, Mayfield Primary School, Montpelier Primary School, Mount Carmel Catholic Primary School, North Ealing Primary School, North Primary School, Oaklands Primary School, Oldfield Primary School, Our Lady of the Visitation Catholic Primary School, Perivale Primary School, Petts Hill Primary School, Ravenor Primary School, Selborne Primary School, Southfield Primary School, St. Anselm's Catholic Primary School, St. John's Primary School, St. Joseph's Catholic Primary School, St. Mark's Primary School, St. Raphael's Catholic Primary School, St. Vincent's Catholic Primary School, Stanhope Primary School, Three Bridges Primary School, Tudor Primary School, Vicar's Green Primary School, Viking Primary School, West Acton Primary School, West Twyford Primary School, Wolf Fields Primary School, Wood End Academy
Acton High School, Alec Reed Academy, Brentside High School, Dormers Wells High School, Drayton Manor High School, Elthorne Park High School, EOTAS Centre, Featherstone High School, Greenford High School, Northolt High School, The Cardinal Wiseman Catholic School, The Ellen Wilkinson School, for Girls, Twyford CE High School and Villiers High School.

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