

Guide to CAMHS tier 2 services and referral processes

1.1 Ealing Tier 2 Services

The following services are based within the wider community. Getting advice and/or making a referral is different for each of the services and therefore detailed below each entry.

1.2 Supportive Action for Families in Ealing (SAFE)

Supportive action for families in Ealing (SAFE) is an area-based, multi-disciplinary service bringing together professionals from social work, domestic violence, education, parenting and mental health backgrounds including West London NHS Trust CAMHS staff. The service offers a range of preventative interventions to ensure better long-term outcomes for families.

SAFE works with families to address problems as they arise, before they become bigger and harder to deal with.

Please note: **if CAMHS support within SAFE (Tier 2) is required**, then please make a referral by using the West London NHS Trust CAMHS Referral Form which can be found at:

<https://www.westlondon.nhs.uk/our-services/child-and-adolescent/camhs/referrals>

or downloaded from www.egfl.org.uk/CAMHS and once completed send via email to: wlm-tr.EalingCamhs@nhs.net

Please ensure that consent is gained from the parents/young person if 16 years or over and that the appropriate consent boxes are ticked on the form.

Cases that are referred (families must have an address in the borough of Ealing) into this service are assessed on duty for risk and urgency, there is then a discussion within the Single Point of Access (SPA), resulting in cases being allocated for an assessment if accepted. There are clear remits for certain teams that are well known within the staff groups. Cases are not only discussed at SPA at the point of referral, but also at any point a change of team or step up or down is required between Tiers.

For all other support, please contact Ealing Children's Integrated Response Service (ECIRS), based at Perceval House, 2nd Floor blue area, 4-16 Uxbridge Road, Ealing W5 2HL on 020 8825 8000 for advice.

If a referral is required, please complete the ECIRS referral form which can be found at

<https://www.egfl.org.uk/services-children/ealing-childrens-integrated-response-service-ecirs-referrals>

Once the form is completed, please send either by email or post.

- Email: ecirs@ealing.gov.uk (Emails to ecirs@ealing.gov.uk are only secure if sent via EGRESS. If you require a link to register EGRESS free of charge, please email ECIRS).
- Post: Ealing Children's Integrated Response Service (ECIRS), Perceval House, 2nd Floor blue area, 14-16 Uxbridge Road, Ealing W5 2HL.

The ECIRS team, once having reviewed the initial referral form, will advise you if an Early Help Assessment Plan (EHAP) is needed and sign post you to both the interactive form, training and additional support to complete it.

For more information go to <https://www.egfl.org.uk/services-children/safe-service>

1.3 Brighter Futures (Lead: Dr Alicia Fairhurst)

Within Brighter Futures, Clinical Psychologists are embedded within Ealing Children's Social Care teams (listed below) alongside social work colleagues. The service offers a primarily consultation, training and indirect offer to social care workers, and also a limited direct work offer to children, families, parents and carers who are open to the social care teams below.

- Multi-Agency Support Teams (MAST) are responsible for assessments and for all children on Child-In-Need and Child Protection plans. There are 4 of these teams - Acton, Central, Greenford and MAST adolescent (for more high-risk/edge of care teenagers). There is one Clinical Psychologist based in each of the 4 broad teams.
- Connect - there are now 6 Connect teams to cover looked-after-children's services, including fostering support and care planning and court services. There are 4 x Clinical Psychologists supporting the Connect Teams.
- Leaving Care Service and Unaccompanied Young People- This service offers support to care leavers from 16 to 25 years old and unaccompanied young people. There are 2 x Clinical Psychologists supporting these teams.
 - Adopt London West- Adopt London West is a regional adoption agency hosted by London Borough of Ealing. There is 1 x Clinical Psychologist supporting this team.

If you would like to make a referral, please note that only children and families open to the above teams are eligible to receive a service from Brighter Futures and referrals come directly through the social work teams. If you would like to discuss a child or young person you believe is open to one of the social care teams please email BFClinicalPsychology@Ealing.gov.uk

1.4 Intensive Therapeutic and Short Breaks Service Ealing (ITSBS)

This service aims to prevent unnecessary residential care and enable children and young people with LD to remain in their family/local community. It provides intensive clinical psychology and social care input to the young person, family and frontline workers, including additional/intensive short breaks as needed.

1.5 Ealing CAMHS-LD Tier 2

This service sees young people who have an Ealing GP and are aged 0 -18 years. All young people must have a diagnosis of Learning Disability or Global Developmental Delay or Complex Physical Disabilities AND have mental health difficulties or significant challenging behaviour that cannot be supported by more universal services.

If you would like to discuss a child before deciding to refer, please contact any member of the CAMHS-LD team at Carmelita House on 020 8825 8700.

If you wish to make a referral please use the West London NHS Trust CAMHS Referral Form which can be found at: <https://www.westlondon.nhs.uk/our-services/child-and-adolescent/camhs/referrals> or downloaded from www.egfl.org.uk/CAMHS and once completed send via email to: wlm-tr.EalingCamhs@nhs.net

Please ensure that consent is gained from the parents/young person if 16 years or over and that the appropriate consent boxes are ticked on the form.

1.6 CLiPS and Clinical Psychology at Ealing Primary Centre

CLiPS

Clinical Psychology in Schools Service (CLiPS) refers to a small team of Clinical Psychologists working across a number of primary and secondary schools in Ealing.

Schools that request this service are provided with a Clinical Psychologist who can offer a range of input and support within their school setting. Over time this allows the Psychologist to build strong links with their school, the staff team and the wider school community to embed mental health support and wellbeing initiatives more effectively.

Offers:

- One to one therapeutic support to children, parents and families.
- Group work in schools such as building social skills, exploring and expressing emotions, specific presentations e.g. anxiety, multi family groups.
- Consultation to school staff about the children to support effective practice and also teacher wellbeing.
- Training workshops to staff on a range of topics related to mental health and wellbeing and whole school interventions such as resilience building/ supporting self-esteem.

The input they provide is evidence-based, drawing on a range of models including behavioural approaches, cognitive behavioural therapy, and systemic theory to support young people with the full range of mental health difficulties (within the mild to moderate range). All Clinical Psychologists have a minimum of seven years training and pre-qualification clinical experience.

Schools buy into this service and usually opt for a Clinical Psychologist based in their school one day a week.

For more information go to [https://www.egfl.org.uk/services-to-schools/clinical-psychology\[1\]schools-201920](https://www.egfl.org.uk/services-to-schools/clinical-psychology[1]schools-201920)

Ealing Primary Centre

Primary aged children attend the centre (on a part /full time placement) where they are at risk of school exclusion from mainstream school. The team works with specialist teachers as well as SALT and OT to assess and support children and their families who attend the centre. Schools buy into the outreach part of the service for Clinical Psychology assessment, interventions, consultation, and staff training. Trainings may be run jointly with a Clinical Psychologist and senior specialist teacher from the centre and can include both the teaching element as well as opportunities for reflection on practice and learning from peers.

ARPs should contact Ealing Primary Centre to allow discussion on a case-by-case basis, depending on the child's priority need. For more information go to <https://www.egfl.org.uk/services-children/primary-behaviour-service>. When considering making a referral to either service, please email jhicks@ealingprimarycentre.co.uk or nicolameechan@westlondon.nhs.uk or contact the Ealing Primary Centre on 0208 575 6067 directly.