

Guide to CAMHS tier 2 services and referral processes

1.0 Ealing Tier 2 Services

The following services are based within the wider community. Getting advice and/or making a referral is different for each of the services and therefore detailed below each entry.

1.1 Supportive Action for Families in Ealing (SAFE)

Supportive action for families in Ealing (SAFE) is an area-based, multi-disciplinary service bringing together professionals from social work, domestic violence, education, parenting and mental health backgrounds including West London NHS Trust CAMHS staff. The service offers a range of preventative interventions to ensure better long-term outcomes for families.

SAFE works with families to address problems as they arise, before they become bigger and harder to deal with.

Please note: **if CAMHS support within SAFE (Tier 2) is required**, then please make a referral using the West London NHS Trust CAMHS Referral Form which can be found at:

<https://www.westlondon.nhs.uk/service/camhs/> or downloaded from www.egfl.org.uk/CAMHS

Once completed send via email to: wlm-tr.EalingCamhs@nhs.net

Please ensure that consent is gained from the parents/young person if 16 years or over and that the appropriate consent boxes are ticked on the form.

Please note: West London NHS Trust no longer accepts FAX referrals.

Cases that are referred (must have an Ealing GP) into this service are assessed on duty for risk and urgency, there is then a discussion within the Single Point of Access (SPA), resulting in cases being allocated for an assessment if accepted. There are clear remits for certain teams that are well known within the staff groups. Cases are not only discussed at SPA at the point of referral, but also at any point a change of team or step up or down is required between Tiers.

For all other support, please contact Ealing Children's Integrated Response Service (ECIRS), based at Perceval House, 2nd Floor blue area, 4-16 Uxbridge Road, Ealing W5 2HL on 020 8825 8000 for advice.

If a referral is required, please complete the ECIRS referral form which can be found at <https://www.egfl.org.uk/services-to-schools/ealing-children's-integrated-response-service-ecirs-201920>

Once the form is completed, please send either by email or post.

- Email: ecirs@ealing.gov.uk (Emails to ecirs@ealing.gov.uk are only secure if sent via EGRESS. If you require a link to register EGRESS free of charge, please email ECIRS).
- Post: Ealing Children's Integrated Response Service (ECIRS), Perceval House, 2nd Floor blue area, 14-16 Uxbridge Road, Ealing W5 2HL.

The ECIRS team, once having reviewed the initial referral form, will advise you if an Early Help Assessment Plan (EHAP) is needed and sign post you to both the interactive form, training and additional support to complete it.

For more information go to <https://www.egfl.org.uk/services-children/safe-service>

1.2 Brighter Futures (Lead: Dr Alicia Fairhurst)

This service uses a consultation model that is offered by Clinical Psychology, in conjunction with social care to children who are looked after.

- Multi-Agency Support Teams (MAST) have replaced the old 'locality' teams and covers new social care assessment cases and all children on Child-In-Need and Child Protection plans. There are 4 of these teams - Acton, Central, Greenford and MAST adolescent (for more high-risk/edge of care teenagers). There is one Clinical Psychologist based in each of the 4 broad teams
- Connect - there are now 4 Connect teams to cover looked-after-children's services, including fostering support and long-term LAC. There is a Clinical Psychologist based in each of the 4 pods
- Care Planning Service - includes the court team, kinship, family finding and adoption services. No dedicated Clinical Psychologist, but Connect Clinical Psychologists do offer some consultation and support to the teams
- Leaving Care Service

If you wish to make a referral, please contact ECIRS, based at Perceval House, 2nd Floor blue area, 4-16 Uxbridge Road, Ealing W5 2HL on 020 8825 8000 for advice and follow referral guidance detailed in Section 1.1.

1.3 Building My Future (BMF) (Oliver Francis, BMF Team Manager)

This is Multi-agency project (OT, SLT, Ed Psych, Social Care, Clinical Psych, youth workers, connexions) working with young people aged 10-25 years with SEN at risk of school/college/employment breakdown – usually due to emotional or behavioural difficulties in addition to e.g. ASD, LD, specific LD, ADHD, etc. Referral accepted not based on diagnosis but on need from all professionals, parents and young people. Promotes inclusion for young people with SEN.

If you wish to make a referral, please contact Oliver Francis at FrancisO@ealing.gov.uk in the first instance to determine if the service is currently taking referrals.

1.4 Early Intervention Project (Chris Jones, Service Manager for children with disabilities)

Multi-agency project (OT, SLT, Ed Psych, Social Care, Clinical Psych) working with primary age children with SEN at risk of longer-term school/home breakdown.

If you wish to make a referral, please contact Chris Jones, at jonesc@ealing.gov.uk

1.5 Intensive Therapeutic and Short Breaks Service Ealing (ITSBS)

This service aims to prevent unnecessary residential care and enable children and young people with LD to remain in their family/local community. It provides intensive clinical psychology and social care input to the young person, family and frontline workers, including additional/intensive short breaks as needed.

For further details please email: Catherine.sholl@nhs.net (working days: Tuesday – Friday).

1.6 Ealing CAMHS-LD Tier 2 (Dr Catherine Sholl, Team Manager)

This service sees young people who have an Ealing GP and are aged 0 -18 years. All young people must have a diagnosis of Learning Disability or Global Developmental Delay or Complex Physical Disabilities AND have mental health difficulties or significant challenging behaviour that cannot be supported by more universal services.

If you would like to discuss a child before deciding to refer, please contact any member of the CAMHS-LD team at Carmelita House on 020 8825 8700.

If you wish to make a referral please use the West London NHS Trust CAMHS Referral Form which can be found at: <https://www.westlondon.nhs.uk/service/camhs/> or download the form from www.egfl.org.uk/CAMHS

Once completed send via email to: wlm-tr.EalingCamhs@nhs.net

Please ensure that consent is gained from the parents/young person if 16 years or over and that the appropriate consent boxes are ticked on the form.

Please note: West London NHS Trust no longer accepts FAX referrals.

1.7 CLiPS and Clinical Psychology at Ealing Primary Centre

CLiPS

The team can provide a Clinical Psychologist within your school to offer one to one therapeutic support to children, as well as parent and family work. They also provide group work in schools - social skills, anxiety, multi family groups and mindfulness amongst other group interventions. They can offer consultations to school staff at all levels and provide a wide variety of training workshops on mental health and neurodevelopmental issues. They can provide whole school interventions such as resilience building, supporting self-esteem, delivery of whole school assemblies on mental health and wellbeing. The input they provide is evidence-based including cognitive behavioural therapy, and systemic approaches to enable them to support young people with the full range of mental health difficulties (within the mild to moderate range). The team sit within the Tier 2 service of CAMHS within West London NHS Trust. All Clinical Psychologist have a minimum of seven years training and pre-qualification clinical experience. Schools buy into this service and usually opt for a Clinical Psychologist based in their school one day a week.

For more information go to <https://www.egfl.org.uk/services-to-schools/clinical-psychology-schools-201920>

Ealing Primary Centre

Primary aged children attend the centre (on a part /full time placement) who are at risk of school exclusion from mainstream school. The team works with specialist teachers as well as SALT and OT to assess and support children and their families. Schools buy into the outreach part of the service for Clinical Psychology assessment, interventions, consultation and training. ARPs should contact Ealing Primary Centre to allow discussion on a case by case basis, depending on the child's priority need.

For more information go to <https://www.egfl.org.uk/services-children/primary-behaviour-service>

When considering making a referral to either service, please email jhicks@ealingprimarycentre.co.uk or nicolameechan@westlondon.nhs.uk or contact the Ealing Primary Centre on 0208 575 6067 directly.