

Guide to CAMHS tier 3 services and referral processes

1.0. Ealing Tier 3 Services

The following services are based at Ealing CAMHS, 1 Armstrong Way, Southall, Middlesex, UB2 4SA. The mechanism for enquiries about possible new referrals is via the daily duty clinician system.

Please consult the Threshold Guide (See separate attachment) before contacting the teams via their duty system on 020 8354 8160, Monday to Friday 9-5pm.

If you wish to speak to an Eating Disorder Team Duty Clinician directly, please call 020 8354 8814, Monday to Friday 9-4pm.

1.1 Child and Family Team Service (CFT) (Consultant Team Lead: Dr Elizabeth Tullet from August 2021)

This service sees young people between 0-14 years and works with emotional distress of childhood, including anxiety, depression, obsessive compulsive disorder (OCD), emotional dysregulation and suicide risk.

1.2 Adolescent Team Service (AT) (Consultant Team Lead: Dr Krishna Madhusudhan (Locum))

This service sees young people between 14-18 years and works with presentations such as anxiety, depression, suicide risk, self-harm, psychosis, emotional dysregulation, OCD and Post-traumatic stress disorder (PTSD).

1.3 Neurodevelopmental Service (NDS) (Consultant Team Lead: Dr Mari Dominguez)

This service sees young people aged 6-17 years old for NDS assessments (ASD, ADHD, Tic disorder) who do not present with a learning disability/and does not attend a special needs school. Mental health co-morbidities that reach threshold for T3 will be seen within this team for treatment.

Please note: If a child is referred for an ASD assessment to CDT (SoCA pathway) as they are under 6 years of age, they will remain on the CDT SoCA pathway waiting list until seen.

1.4 Learning Disability (LD) Service (Consultant Team Lead: Dr Monica Quadir)

This service sees young people who have an Ealing GP and are aged 0 -18 years. All young people must have a diagnosis of Learning Disability or Global Developmental Delay or Complex Physical Disabilities (**see below) AND have mental health difficulties or significant challenging behaviour that cannot be supported by more universal services

**To decide on whether to refer to a Learning Disability Team, the Trust uses the WHO definition of a Learning Disability (IQ below 70, significant impairment in adaptive living skills, and difficulties present since childhood.

The team will also accept referrals for all children attending an Ealing LA Special School (i.e. Springhallow, Belvue, St Ann's, Castlebar, Mandeville and John Chilton special schools).

1.5 Tri-borough Eating Disorders Service (Consultant Team Lead: Dr Elizabeth Tullett until August 2021)

This service sees young people aged 0 -18 years and offers assessment and treatment (clinic and home if needed) for eating disorders (anorexia nervosa, bulimia nervosa, binge eating disorder) and treatment for confirmed eating disorders. Please ensure you have an accurate and recent weight and height and include in the referral.

Please note: The Eating Disorder Service is the ONLY service that accepts self-referrals via a telephone call.

All young people that are referred also need to see their GP for a physical health check so the service can ascertain how urgent the referral is and check there is not another cause for the weight loss.

2.0 Referrals into West London NHS Trust Tier 3 Services

Cases that are referred (must have an Ealing GP) into this service are assessed on duty for risk and urgency, there is then a discussion within the Single Point of Access (SPA), resulting in cases being allocated for an assessment if accepted. There are clear remits for certain teams that are well known within the staff groups. Cases are not only discussed at SPA at the point of referral, but also at any point a change of team or step up or down is required between Tiers. Referrals to some Tier 2 services (see individual services detailed in separate attachment) are also made via this route.

If you wish to make a referral please use the West London NHS Trust CAMHS Referral Form which can be found at: <https://www.westlondon.nhs.uk/our-services/child-and-adolescent/camhs/referrals> or downloaded from www.egfl.org.uk/CAMHS and once completed send via email to: wlm-tr.EalingCamhs@nhs.net

Please ensure that consent is gained from the parents/young person if 16 years or over and that the appropriate consent boxes are ticked on the form.