

# Health Improvement Training Programme

For primary, high & special schools

2023/24



# The team

The Ealing health improvement team are a trusted and qualified team of experts, providing support and training in **safeguarding prevention, nutrition and exercise, mental health and emotional wellbeing, Relationships, Sex & Health Education (RSHE) and PSHE** to help improve your pupils' health and achievement.



**Karen Gibson**  
**Safeguarding**  
Health Improvement  
Team Manager



**Nicole McGregor**  
**Nutrition and Exercise**  
Senior Health Improvement



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**Mental Health**  
Health Improvement  
Officer



**Faye Jones**  
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Health Improvement  
Officer



**Emily Callard**  
**Mentors in Violence  
Prevention**  
Coordinator

# Our services

All Ealing schools have access to our six buyback packages.

<b>4 Day Bespoke package</b>	Provides 4 days of practical support in any health area, pre and post surveys to measure impact and an impact report.
<b>Healthy Schools Awards &amp; Training</b>	Includes access to all trainings, 2 drop-in days and 4 sessions to help you achieve the Healthy Schools London awards.
<b>Nutrition and exercise package</b>	Includes nutrition and exercise initiatives, central trainings on nutrition and exercise, policy review, an assembly, surveys, staff INSET and a parent workshop.
<b>Relationships, Sex &amp; Health Education</b>	Includes central trainings on RSHE, policy review, staff INSETs, parent workshops, modelled RSHE lessons and surveys.
<b>Mental health package</b>	Includes central trainings on mental health, staff INSETs, policy review, staff wellbeing workshops, staff and pupil surveys, a parent workshop and pupil workshops or assemblies.
<b>PSHE package</b>	Includes central trainings on PSHE, PSHE audits, Ofsted preparation, staff training and 3 PSHE networks.

# Our training workshops

This brochure provides all the details you need about the content, target audience, date, time, venue and cost of our training.

## How much do the training workshops cost?

All training workshops are FREE to schools who have purchased the Healthy Schools Awards and Training (HAT) package. Schools who have bought a specialist package (mental health, PSHE, nutrition and exercise, or RSHE) get all training in the corresponding health area for free. All other schools pay as indicated in the 'cost' column.

## How do I book?

All trainings can be booked via Ealing CPD online at [www.ealingcpd.org.uk](http://www.ealingcpd.org.uk) unless otherwise stated.

## Terms and conditions

Workshops require a minimum of four people to run. If a delegate is unable to attend, we must receive a cancellation via [www.ealingcpd.org.uk](http://www.ealingcpd.org.uk) at least four days before the course or your school/organisation may be liable for full costs.

# Why attend our training?



**100%** OF  
PARTICIPANTS SAID OUR  
TRAINING WILL **HELP**  
**THEM IN THEIR ROLE.\***



**100%** OF  
PARTICIPANTS **AGREE**  
THAT OUR TRAINING  
IS **USEFUL.\***



**100%** OF  
PARTICIPANTS WOULD  
RECOMMEND OUR  
TRAINING.\*

\*Training evaluations 2022/23

## What schools say about our service\*

“Very supportive team, always on hand if you have a question or want to ask something.”

“The team help to support my passion for PSHE and without them I would feel alone.”

“The team’s support was invaluable in making sure our provision for pupils was up-to-date.”

“The team are a great centralised source for high-quality materials and training on PSHE.”

“The team have gone above and beyond. It’s so reassuring to know that at the end of an email there is advice, guidance and support.”

# PSHE

Title	What you will learn	Who for?	School	When?	Venue	Cost
Induction meeting for new PSHE coordinators	<ul style="list-style-type: none"> <li>How to implement and monitor a PSHE scheme of work</li> <li>How to gather evidence and assessment for PSHE</li> <li>How to achieve HSL awards.</li> </ul>	PSHE Leads	Primary, high & special schools	• 3:45 - 5pm: 16/10/2023	Virtual	Free to HAT & PSHE package members*
Anti bullying week resources and ideas	<ul style="list-style-type: none"> <li>How to plan for this year's anti-bullying week</li> <li>Resources and ideas for each year group based on the theme</li> <li>How to implement, monitor and assess Anti-bullying week.</li> </ul>	PSHE Leads	Primary, high & special schools	• 3:45 - 4:45pm: 01/11/2023	Virtual	Free to HAT members & PSHE package members*
<b>NEW</b> The new PSHE SOW Launch Event	<ul style="list-style-type: none"> <li>Gain access to the new Ealing SOW</li> <li>Find out about the changes made to the scheme based on suggestions from PSHE Leads</li> <li>Find out how harmful sexual behaviour and Racial Literacy are included.</li> <li>Receive resources to run your own staff CPD on the new scheme.</li> </ul>	PSHE Leads	Primary schools	• 12:30 - 3pm: 09/11/2023	EEC	Free to all schools
<b>NEW</b> The Ofsted focus on PSHE	<ul style="list-style-type: none"> <li>Understand the links between PSHE and Personal Development</li> <li>How to be OFSTED ready for PSHE</li> <li>What to expect in a deep dive</li> <li>Ofsted interview preparation.</li> </ul>	PSHE Leads	Primary, high & special schools	• 3:45 - 5:00pm: 06/12/2023	Virtual	Free to HAT, PSHE and RSHE package members*

*\*This workshop is free for HAT & PSHE package members and £106 for all other schools (or £99 for ELP PAYG schools).*

# PSHE Network Events

Title	What you will learn	Who for?	School	When?	Venue	Cost
The Primary and the High school PSHE networks will now run on the same days as all other curriculum network events.						
Primary school PSHE network	<ul style="list-style-type: none"> <li>Hear about the latest updates, resources and initiatives for PSHE</li> <li>Network, learn from, and share good practice with PSHE leads</li> <li>Hear from guest speakers</li> </ul>	PSHE Leads	Primary & special schools	4:00 - 5:30pm: <ul style="list-style-type: none"> <li>11/10/2023</li> <li>24/01/2024</li> <li>05/06/2024</li> </ul>	Brentside Primary School	Free to all schools
High school PSHE network	<ul style="list-style-type: none"> <li>Hear about the latest updates, resources and initiatives for PSHE</li> <li>Network, learn from, and share good practice with PSHE leads</li> <li>Hear from guest speakers.</li> </ul>	PSHE Leads	High & special schools	4:00 - 5:30pm: <ul style="list-style-type: none"> <li>07/11/2023</li> <li>05/03/2024</li> </ul> <p><b>Subject Network Conference:</b> 2– 5pm • 19/06/2024</p>	Ellen Wilkinson School for Girls	Free to all schools
Joint DSL & PSHE network: how to manage harmful sexual behaviour (HSB)	<ul style="list-style-type: none"> <li>Building relationships between DSLs and PSHE Leads</li> <li>What Ofsted expect—managing peer on peer abuse and HSB in your school</li> <li>Getting consensus around HSB language</li> <li>Know what is taught in PSHE</li> <li>Understand how to use the Beyond Referrals self assessment tool.</li> </ul>	DSL and PSHE Leads	Primary, high and special schools	12:00-1:30pm <ul style="list-style-type: none"> <li>13/03/2024</li> </ul>	EEC	Free to all schools

*\*This workshop is free for Healthy Schools Awards and Training & PSHE package members and £106 for all other schools (or £99 for ELP PAYG schools).*

# Relationships, Sex and Health Education

Title	What you will learn	Who for?	School	When?	Venue	Cost
<i>NEW</i> Tackling Harmful Sexual Behaviour and Misogyny through RSHE	<ul style="list-style-type: none"> <li>Understanding the statutory requirements of RSHE</li> <li>Considering how RSHE can be used to address to issues related to Harmful Sexual Behaviour</li> <li>Addressing misogyny in an age appropriate way.</li> </ul>	PSHE Leads, Senior Leaders	Primary, high & special schools	<ul style="list-style-type: none"> <li>3:45-5:15pm, 18/01/2024</li> </ul>	EEC	Free to HAT or RSHE package schools*
<i>NEW</i> Teaching FGM as part of the Ealing SOW	<p><b><i>This is a refresher course designed for schools that have previously completed the FGM project.</i></b></p> <ul style="list-style-type: none"> <li>Refresh your knowledge of FGM to support delivering staff CPD refreshers</li> <li>Receive guidance on how to plan and deliver an effective FGM parent workshop.</li> </ul>	PSHE Leads, DSLs	Primary schools & special schools	<ul style="list-style-type: none"> <li>3:30-5:30pm, 20/02/2024</li> </ul>	EEC	Free to all schools
Train the trainer - how to deliver an effective RSHE staff training	<ul style="list-style-type: none"> <li>How to run an effective staff training based on RSHE</li> <li>What to include in staff training</li> <li>How to engage and support staff</li> <li>How to increase staff confidence in delivering effective RSHE.</li> </ul>	PSHE Leads, Senior Leaders	Primary, high & special schools	<ul style="list-style-type: none"> <li>3:45-5:15pm, 06/03/2024</li> </ul>	EEC	Free to HAT or RSHE package schools*
Train the trainer - how to deliver an effective RSHE parent workshop	<ul style="list-style-type: none"> <li>What to include in an RSHE parent workshop</li> <li>How to answer difficult questions</li> <li>How to reduce withdrawals from sex education lessons.</li> </ul>	PSHE Leads, Senior Leaders	Primary & high schools	<ul style="list-style-type: none"> <li>3:45-5:00pm, 20/03/2024</li> </ul>	Virtual	Free to HAT or RSHE package schools*

*\*This workshop is free for HAT & RSHE package members and £106 for all other schools (or £99 for ELP PAYG schools).*



# Mental health & emotional wellbeing

Title	What you will learn	Who for?	School	When?	Venue	Cost
<b>Introduction to children and young people's mental health</b>	<ul style="list-style-type: none"> <li>• What is mental health and who does it affect?</li> <li>• How to identify mental health issues (anxiety, low mood, self-harm)</li> <li>• How to support children with mental health needs</li> <li>• Signposting to local support.</li> </ul>	All staff including middle and senior leaders and support staff	Primary, high & special schools	<ul style="list-style-type: none"> <li>• 3-5pm: 18/01/2024</li> </ul>	EEC	Free to HAT members & mental health package buyback schools*
<b>Youth Mental Health First Aid (2 days)</b>	<ul style="list-style-type: none"> <li>• Factors that affect young people's mental health</li> <li>• Practical skills to spot the triggers and signs of mental health issues</li> <li>• Interpersonal skills to help a young person recover.</li> </ul>	All staff including middle and senior leaders and support staff	Primary and high schools	<ul style="list-style-type: none"> <li>• 9:00am-4:30pm: 30/11/2023 to 01/23/2023</li> <li>• Spring and spring term dates TBC</li> </ul>	EEC	Free to all schools
<b>Mental health network</b>	<ul style="list-style-type: none"> <li>• Network, learn from and share best practice with other mental health leads</li> <li>• Discover new resources and local initiatives</li> <li>• Receive government updates</li> <li>• Hear from guest speakers</li> </ul>	Mental Health Leads	Primary, high & special schools	<ul style="list-style-type: none"> <li>• 3:30-5pm, 18/10/2023</li> <li>• 3:00-5pm, 07/02/2024</li> <li>• 3:30-5pm, 22/05/2024</li> </ul>	<ul style="list-style-type: none"> <li>• Virtual</li> <li>• EEC</li> <li>• Virtual</li> </ul>	Free to all schools

*\*This workshop is free for HAT and Mental Health package members and £106 for all other schools (or £99 for ELP PAYG schools).*

# Mental health & emotional wellbeing

Title	What you will learn	Who for?	School	When?	Venue	Cost
<b>Taking a mental health audit of your school</b>	<ul style="list-style-type: none"> <li>Learn how to take a mental health audit of your school</li> <li>Step-by-step guide through the process.</li> </ul>	Mental health leads	Primary, high & special schools	<ul style="list-style-type: none"> <li>3:30-5:00pm, 01/02/2024</li> </ul>	Virtual	Free to HAT members & mental health package schools*
<b>Parental mental health</b>	<p>OurTime charity to deliver:</p> <ul style="list-style-type: none"> <li>Techniques to support pupils who may have a parent with mental illness</li> <li>Parental mental health and it's impact and how to recognise those pupils at risk.</li> </ul>	All staff	Primary, high & special schools	<ul style="list-style-type: none"> <li>3:30-5:00pm, 20/03/2024</li> </ul>	Virtual	Free to HAT members & mental health package schools*
<b>Managing your own wellbeing</b>	<ul style="list-style-type: none"> <li>Understand stress and anxiety, and how they manifest in your body</li> <li>Practical techniques for managing emotional and physical symptoms.</li> </ul>	All staff	Primary, high & special schools	<ul style="list-style-type: none"> <li>3:30-5:00pm 09/05/2024</li> </ul>	Virtual	Free to HAT members & mental health package schools*

*\*This workshop is free for HAT and Mental Health package members.*

# Nutrition & Exercise

Title	What you will learn	Who for?	School	When?	Venue	Cost
<b>NEW</b> 'Nudging' pupils to eat healthier lunches.	<ul style="list-style-type: none"> <li>How to 'nudge' pupils to make healthier choices at lunchtime</li> <li>How to introduce a successful packed lunch policy</li> <li>How to use the packed lunch toolkit</li> <li>How to introduce token rewards and Lunchtime Champions programme</li> </ul>	Senior Leaders, PSHE Leads	Primary & high schools	3.30-5pm, • 30/11/2023	Virtual	Free to HAT members and Nutrition & Exercise package members.*
<b>NEW</b> How to achieve the Eco Schools award.	<ul style="list-style-type: none"> <li>How to achieve the Eco schools award</li> <li>How to reduce the cost of water, energy and waste in your school</li> <li>Discover the latest resources</li> <li>Get inspired through case studies</li> </ul>	PSHE Leads, Eco schools lead	Primary, high & special schools	3:30-5pm, • 17/01/2024	Virtual	Free to all schools.
<b>How to achieve Sugar Smart School award</b>	<ul style="list-style-type: none"> <li>Learn how to gain Sugar Smart School (SSS) status</li> <li>Learn how to complete the Sugar Smart template.</li> <li>Receive your resource pack.</li> </ul>	Senior Leaders, PSHE Leads	Primary, high & special schools	3:30- 4:30pm • 18/02/2024	Virtual	Free to HAT members and Nutrition & Exercise package members.*
<b>NEW</b> Dove's body image workshop: empowering students to embrace body positivity.	<ul style="list-style-type: none"> <li>Improve pupils' self esteem and emotional wellbeing</li> <li>Enhance staff confidence in using Dove Body image lesson plans</li> <li>How to empower students to navigate unrealistic beauty standards.</li> </ul>	Head teachers, PSHE Leads, PE Leads	Primary & high schools	3:30-4.30pm, • 22/02/2024	Virtual	Free to HAT, PSHE, and Nutrition & Exercise package members.*

*\*This workshop is free for HAT & Nutrition and exercise package members and £106 for all other schools (or £99 for ELP PAYG schools).*

# Nutrition & Exercise

Title	What you will learn	Who for?	School	When?	Venue	Cost
<b>NEW</b> How to create healthy classroom environments	<ul style="list-style-type: none"> <li>Practical techniques to optimise classroom layout, lighting, and air quality, fostering a space conducive to concentration and well-being.</li> <li>Strategies for promoting movement throughout the day.</li> <li>How to integrate mindfulness and relaxation into daily routines.</li> </ul>	Senior Leaders, PSHE Leads	Primary, high & special schools	3:45-4:45pm, • 15/05/2024	Virtual	Free to HAT members and schools that purchased the Nutrition & Exercise package.*
The Green School network	<ul style="list-style-type: none"> <li>To help schools create an eco-strategy and get your school 'climate change action plan' ready.</li> <li>How to become carbon neutral</li> <li>How to turn food waste into a fundraiser</li> <li>Best resources for teaching climate</li> </ul>	PSHE Leads, Eco schools lead	Primary, high & special schools	3:45-5pm, • 31/10/2023 • 23/01/2024 • 19/03/2024	Virtual	Free to all schools.
<b>NEW</b> How to deliver a Healthy Eating Week	<ul style="list-style-type: none"> <li>Effective ways to engage students in healthy eating conversations.</li> <li>Practical techniques for organising a successful Healthy Eating Week.</li> <li>Strategies to integrate healthy eating messages into various aspects of the school environment, including the classroom, cafeteria, and school events.</li> </ul>	PSHE Leads, PE Leads	Primary & high schools	3:45– 4:45pm, • 3/05/2024	Virtual	Free to HAT members and schools that purchased the Nutrition & Exercise, and PSHE package.*

*\*This workshop is free for HAT & Nutrition and exercise package members and £106 for all other schools (or £99 for ELP PAYG schools).*

# Healthy Schools London (HSL) awards

Title	What you will learn	Who for?	School	When?	Venue	Cost
Healthy Schools London awards — lightning trainings	<ul style="list-style-type: none"> <li>• How to achieve the Healthy Schools London awards</li> <li>• How to complete the Bronze template</li> <li>• How to complete the Silver template</li> <li>• How to complete the Gold template</li> <li>• How to complete the Platinum template</li> </ul>	PSHE Leads, healthy schools leads	Primary, high & special schools	3.30-5pm: • 7/12/2023	Virtual	Free to all schools
'Do-it-with-me' HSL award workshops (HAT members only)	<p>These 'do-it-with-me' sessions aim to help schools achieve their Healthy Schools London awards. Schools will complete either their Bronze, Silver or Gold award via Teams with a Health Improvement Officer. Together we will go through each section of the award and help you write the sections. By the end of the third workshop, you will have achieved your Healthy Schools London award.</p> <p><i>Please note this training is only applicable to the schools who have bought back the Healthy Schools Award and Training Package.</i></p>	HAT members only	Primary, high & special schools	1.30-3pm: • 19/10/2023 • 08/02/2024 • 09/05/2025	Virtual	Free to HAT members*

\*This workshop is free to HAT package members and £106 for all other schools (or £99 for ELP PAYG schools).

# Safeguarding: HSB & Online safety

Title	What you will learn	Who for?	School	When?	Venue	Cost
Safeguarding lightning briefings	<ul style="list-style-type: none"> <li>• Weekly safeguarding update for the week ahead</li> <li>• Access to documents, tools and resources</li> <li>• Links for booking on to training</li> <li>• Weekly 'top tip' from LGfL</li> </ul>	DSL	All	<ul style="list-style-type: none"> <li>• Every Friday 9.30-9.45am</li> </ul>	Virtual	Free to all schools
Parental engagement in online safety—grooming, gaming and social media	<ul style="list-style-type: none"> <li>• How to engage parents in online safety</li> <li>• How to make parents aware of the risks their children face online</li> <li>• How to safeguard young people against social gaming and problematic gambling</li> </ul>	Inclusion Managers, learning mentors, PSHE Leads, DSL, SLT	Primary & high schools	3:30-5pm, <ul style="list-style-type: none"> <li>• 7/03/2024</li> </ul>	Virtual	Free to HAT members*
Joint DSL & PSHE workshop: how to manage sexually harmful behaviour	<ul style="list-style-type: none"> <li>• Building relationships between DSLs and PSHE Leads</li> <li>• What Ofsted expect—managing peer on peer abuse and sexually harmful behaviour in your school</li> <li>• Getting consensus around HSB language</li> <li>• Learn what is taught in PSHE</li> <li>• Understand how to use the Beyond Referrals self assessment tool</li> </ul>	DSL and PSHE Leads	Primary, high and special schools	12:00-1:30pm <ul style="list-style-type: none"> <li>• 13/03/2024</li> </ul>	EEC	Free to all schools

*\*This workshop is free for Healthy Schools Awards and Training & PSHE package members and £106 for all other schools (or £99 for ELP PAYG schools).*

# Safeguarding: Radicalisation & Prevent

Title	What you will learn	Who for?	School	When?	Venue	Cost
<b>WRAP—online workshop</b>	<ul style="list-style-type: none"> <li>• What is the Prevent Duty?</li> <li>• Explore radicalisation, building on existing safeguarding processes</li> <li>• How to identify risk, respond and report appropriately.</li> </ul>	Staff who have not received basic WRAP training	Primary, high & special schools	Complete online: <a href="https://www.elearning.prevent.homeoffice.gov.uk/edu/screen1.html">https://www.elearning.prevent.homeoffice.gov.uk/edu/screen1.html</a>	Virtual	Free to all schools
<b>Advanced WRAP Workshop for DSLs</b>	<ul style="list-style-type: none"> <li>• Recent progress in Prevent</li> <li>• Understanding modern extremist narratives</li> <li>• Understand thresholds for Prevent</li> <li>• Explore support for those at risk of radicalisation</li> </ul>	DSL	Primary, high & special schools	Dates to be advertised via DSL Network	Virtual	Free to all schools
<b>15 min Prevent briefing for senior leaders</b>	<ul style="list-style-type: none"> <li>• Legal and statutory requirements for schools around Prevent</li> <li>• Equalities, safeguarding and the curriculum</li> <li>• Updates on the local threat picture</li> </ul>	Head teachers, Senior Leaders, Governors	Primary, high & special schools	By arrangement with Prevent team <a href="mailto:preventschoolsinfo@ealing.gov.uk">preventschoolsinfo@ealing.gov.uk</a>	In school	Free to all schools
<b>Consultancy for vulnerable young people</b>	<ul style="list-style-type: none"> <li>• Support young people with vulnerabilities which may not yet reach a threshold for a Prevent referral</li> <li>• Provide early help for the young person</li> </ul>	Young people who may need early help	High & special schools	By arrangement with Prevent team <a href="mailto:preventschoolsinfo@ealing.gov.uk">preventschoolsinfo@ealing.gov.uk</a>	In school	Free to all schools

# Safeguarding: Prevention

Title	What you will learn	Who?	School	When?	Venue	Cost
<b>Designated Safeguarding Lead's Network</b>	<ul style="list-style-type: none"> <li>Up to date safeguarding issues and areas of priority locally</li> <li>Policy developments</li> <li>Practical advice, guidance and support</li> <li>Share practice and collectively problem solve</li> </ul>	DSLs	Primary, high & special schools	<ul style="list-style-type: none"> <li>11 Oct, 10-11.15am</li> <li>13 Dec, 9.30-12pm</li> <li>31 Jan, 10-11.15am</li> <li>13 March, 10.30-1.30pm</li> <li>1 May, 10-11.15am</li> <li>26 June, 9.30-12pm</li> </ul>	<ul style="list-style-type: none"> <li>Virtual</li> <li>EEC</li> <li>Virtual</li> <li>EEC</li> <li>Virtual</li> <li>EEC</li> </ul>	Free to all schools
<b>Child Protection for new Designated Safeguarding Leads (DSL)</b>	<p>Day 1:</p> <ul style="list-style-type: none"> <li>DSL role and responsibilities</li> <li>Changes to legislation and guidance</li> <li>Know how to assess, refer, record and respond effectively.</li> </ul> <p>Day 2: Case Studies</p>	New DSLs	Primary & high schools	<p><b>Day 1: 9.30am-3.30pm</b></p> <ul style="list-style-type: none"> <li>20 September</li> <li>17 January</li> <li>24 April</li> </ul> <p><b>Day 2: 9.30am-3.30pm</b></p> <ul style="list-style-type: none"> <li>4 October</li> <li>20 February</li> <li>12 June</li> </ul>	Virtual and EEC (see Ealing CPD online for details)	Free to all CPD SLA schools *
<b>Child Protection update for experienced DSL</b>	<p>Day 1:</p> <ul style="list-style-type: none"> <li>Revisit the DSL role and responsibilities</li> <li>Changes to legislation and guidance</li> <li>Know how to assess, refer, record and respond effectively.</li> </ul> <p>Day 2: Case Studies</p>	Established DSLs	Primary & high schools	<p><b>Day 1: 9.30am-12.30pm</b></p> <ul style="list-style-type: none"> <li>10 Oct</li> <li>7 February</li> <li>15 May</li> </ul> <p><b>Day 2: 9.30-12.30pm</b></p> <ul style="list-style-type: none"> <li>8 Nov</li> <li>6 March</li> <li>25 June</li> </ul>	Virtual and EEC (see Ealing CPD online for details)	Free to all CPD SLA schools **

\*Free for schools who have bought into the CPD/ Training SLA or £172 for ELP PAYG schools. Other schools pay £189.

\*\*Free for schools who have bought into the CPD/ Training SLA or £119 for ELP PAYG schools. Other schools pay £131.



# Prosocial behaviour and wellbeing

Title	What you will learn	Who for?	School	When?	Venue	Cost
<b>NEW</b> Holding Difficult Conversations for DSLs	<ul style="list-style-type: none"> <li>Understand the importance of having difficult conversations</li> <li>New skills to support a proactive approach to having difficult conversations</li> <li>Appropriate actions to take after a difficult conversation.</li> </ul>	DSL, Pastoral leads, Heads of year	Primary, high & special schools	11am-4:00pm: <ul style="list-style-type: none"> <li>09/11/23:</li> <li>14/02/24:</li> </ul>	Perceval House	Free to all schools
Mentors in Violence Prevention (MVP)	<ul style="list-style-type: none"> <li>Know what MVP is and how to lead its implementation in your school</li> <li>Understand the approach and be confident in building an MVP 'team'</li> <li>Build a timeline and leave with a clear action plan to bring MVP to life.</li> </ul>	SLT Inclusion, Pastoral, Heads of year, DSL,	High schools	3:30-4.30pm: <i>(Attend all 3 sessions )</i>  Dates TBC	Virtual	Free to all schools
Therapeutic Thinking Tutor Training -  3 full days (one face-to-face and two virtually)	<ul style="list-style-type: none"> <li>Have a deeper understanding of this evidence-based therapeutic approach to behaviour</li> <li>Acquire tools and techniques to enable you to train your whole school</li> <li>Create a whole school inclusive ethos and an accessible learning environment</li> <li>Reduce and ultimately eliminate exclusions by considering more inclusive alternatives.</li> </ul>	Head teacher, SLT, Inclusion, Pastoral  *2 or 3 members of staff from each school	Primary, high & special schools	4 training options: <ul style="list-style-type: none"> <li>17th, 19th, 20th Oct</li> <li>21st, 22nd, 23rd Nov</li> <li>17th, 18th, 19th Jan</li> <li>13th, 14th, 15th March</li> </ul> <i>Attendance is required at all three days.</i>	(Day 1 is at the EEC.  Day 2 and 3 are virtual).	Free to all schools

Health Improvement Team  
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For more information see:  
[www.egfl.org.uk/healthy-schools](http://www.egfl.org.uk/healthy-schools)

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