

Supporting mental health at work

Do you have employees experiencing depression, stress, anxiety, low mood, an eating disorder, insomnia, or another mental health condition which is affecting their work?



**“They’re
not alone”**

**Remploy
can help, they
can call us on:**

0300 456 8114

jobcentreplus

Department for
Work and Pensions

Remploy in partnership
with MAXIMUS

A healthy and happy workforce is a more productive one

If you have employees who are experiencing mental health difficulties at work, Remploy in partnership with Access to Work, can help.

Our Workplace Mental Health Support Service* is free, and complements any existing occupational health service you have. It is delivered by trained professionals with expertise in mental health in the workplace.

Our advisors will help your employees with:

- Emotional and wellbeing support for six months
- Successful coping strategies
- A step-by-step support plan
- Workplace adjustments.

Your employees can qualify for this service** if they:

- Are in permanent or temporary employment (working or signed off sick)
- Have a mental health condition that has resulted in workplace absence, or making it difficult to remain in work.



At least one in four people in the UK are affected by a mental health condition* at some point in their life.**

Suggest they talk to us and we'll do the rest:



0300 456 8114



vocationalrehabilitation@remploy.co.uk



www.remploy.co.uk/mentalhealth



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"We're here to help"

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If you would like this information in a different format, please email communications@remploy.co.uk quoting ref. R22-March17

Source: * This service is 100% funded by the Government

** Applications subject to a decision by Access to Work

*** World Health Organization.