

School Partnerships and Enrichment Team

Enjoyed something or want to share an idea? Email us at Sjay@ealing.gov.uk

Let's Get Out & About Holiday Newsletter Easter 2018

SPOTLIGHT ON FREE Jungle survival skills 30 March 2018 - 15 April 2018

NATIONAL ARMY MUSEUM

Learn how to survive in the jungle at this free family-friendly workshop. Imagine you're in the jungle, surrounded by tall trees, with bugs, snakes and other animals all around. It's hot and humid and you need to build a shelter. How do you survive? Join us this Easter holiday for a family activity where

we'll be learning about the skills needed to survive in the jungle. Play our survival essentials game and then create your own model waterproof jungle shelter using the materials provided. Will it pass the test and keep out the water?



Sessions daily from 10.30am to 4.30pm. Pick up a free ticket from the Welcome Desk. <https://www.nam.ac.uk/whats-on/jungle-survival-skills> for more details.



Where is it and how do you get there? National Army Museum, Royal Hospital Road, London, SW3 4HT. By tube Sloane Square (Circle & District Line) is a 10-minute walk away Train: Victoria is a 20-minute walk away Bus: 170 (currently eastbound only) stops outside the Museum or 570 (temporary free shuttle bus service) stops outside the Museum. River Bus MBNA Thames Clippers services stop at Battersea Power Station Pier, a 15-minute walk away.

FREE Investigate for families @ Natural History Museum.



Available now until 15th April 2018. Get a feel for how scientists work by having a go yourself. Explore hundreds of real nature specimens that form the evidence Museum scientists use in their work. Science Educators are on hand

to help you look closely at real objects using the many tools provided. Bring your own questions, or use those provided in this hands-on science space. This is a drop-in activity from **11am last entry is at 16.30.** For more details visit the website <http://www.nhm.ac.uk/events/investigate-for-families.html>



Where is it and how do you get there? Natural History Museum Cromwell Road, London SW7 5BD. By tube South Kensington (Circle, District & Piccadilly Line) direct access through the walkway. Bus Routes: 14, 49, 70, 74, 345, 360, 414, 430 and C1 stop close to the Museum.

A big day out with Peter Rabbit @ Kew Gardens, Brentford



A fun-filled Peter Rabbit™ themed Easter at Kew Gardens with entertainment for all the family. **30 March to 15 April 2018.** Join Peter Rabbit and his gang of furry friends to celebrate Easter at Kew's beautiful botanical gardens. Kids will be on Cloud Nine with this Beatrix Potter extravaganza, including trips to Mr. McGregor's shed to see how he grows his plants, DIY bunny ear workshops, storytelling sessions and Peter Rabbit fancy dress. But it's not just for kids – adults can join in with monster veggie growing class, explore Kew's kitchen garden and admire the dazzling springtime blooms.

Cost: Admission included in admission ticket, approx. £17 for adults, £5 for children – family tickets available. To book tickets in advance visit <https://www.kew.org/kew-gardens/whats-on/a-big-day-out-with-peter-rabbit>



Where is it and how do you get there? Royal Botanic Gardens, London, TW9 3AB. By tube Kew Gardens station (District Line - 500m to Victoria Gate) By train Kew Bridge station (800m to Elizabeth Gate) By bus 65. Bike racks are available at all gates. Free disabled access parking (for blue badge holders) at Kew's car park on Ferry Lane, TW9 3AF.



FREE Family Cycle Sessions & FREE 1-1 Cycle Training Sessions.



Riding together as a family can be fun and rewarding. A Family Training session helps get everyone in the family riding confidently and you'll pick up really useful tips about riding as a group that will reduce the stress and worry about cycling together. Groups will ride in the park and on the roads depending on their abilities. Soon you'll be riding everywhere as a family!

Family Training sessions are on the following dates & times:

Wednesday 4 April - 10am-12pm (with children over 6) & 1pm-3.30pm (with children over 11) Gunnersbury Park W3
Thursday 5 April - 10am-12pm (with children over 6) & 1pm-3.30pm (with children over 11) Southall Park UB1
Weds 11 April - 10am-12pm (with children over 6) & 1pm-3.30pm (with children over 11) Gunnersbury Park W3
Thursday 12 April - 10am-12pm (with children over 6) & 1pm-3.30pm (with children over 11) Southall Park UB1



Free 1:1 Cycle Training Lessons

Whether you're a first-time rider or a regular cyclist looking to improve your skills, we provide free, tailored courses to suit your individual abilities and goals. You can have up to 2 hours of cycle training if you live, work or study in the borough. Suitable for complete beginners (minimum age 6) to seasoned commuters. Sessions are free for adults and children aged 6 and above. Choose from the following options:

Basic cycle skills - Learn to cycle with a free session tailored to you.

Urban cycle skills - Improve your cycling skills and confidence with a free session tailored to you.

Advanced cycle skills - Perfect your cycling techniques with a one-to-one session from a fully qualified trainer.

Find out more and book any of the training sessions by clicking below

<https://www.cycletraining.co.uk/boroughs/ealing.html>

Ealing Library Service offers a range of FREE activities for families at many libraries across borough.

Visit the website https://www.ealing.gov.uk/downloads/download/4650/what_s_on_ealing_libraries for details of all events taking place at libraries throughout Easter. Below are some highlights:



Easter is almost here. Take part in the FREE workshops and make some special cards and designs for your Easter Table.

Hanwell Library Thursday 29 March 11.00-11.30am
Southall library Saturday 24 March 2.00-3.00pm
Wood End Library Saturday 31 March 2.00-3.00pm
Northolt Leisure Library Saturday 31 March 10.30am-2.30pm



Easter Egg Hunt - Bring along your Easter baskets along to **Northolt Leisure library** to collect a prize!
Admission: Free. No booking required Ages: 4-10 **Saturday 31 March 10.30am-2.30pm**

Forest School Holiday Club @ Lammas Park Orchard Gardens, Ealing W5



9th & 10th April 10.30am – 3pm Children aged 5 – 11 can take part in activities including den building, fire lighting, tool use and safety, natural craft, willow weaving and child-led play.

Cost: £25 per child per day. Children will need to bring water and a packed lunch.

Please contact Alys Hughes with questions or to book your place.

Email: hughesa@ealing.gov.uk Mobile: 07711 391 184



Star Track 2018 @ Perivale Park Athletics Track, Stockdove Way, Perivale UB6 8TJ

Do you think you could run fastest, jump highest or throw the furthest? Then why not come and join us at Perivale Park Athletics Track. Children 8 - 16 years can enjoy taking part in all track and field events along with lots of fun & games!



Dates: 9th -13th April 2018 **Time: 10.30am – 1.30pm Monday – Thursday & 10.30am – 3.30pm Friday**

Cost: £50.50 per child (Leisure Pass £39.30) Details of how to get a Leisure Pass can be found below.

https://www.ealing.gov.uk/info/201137/sports_and_leisure/48/leisure_pass_discounts Book now at Perivale Track Reception or request a booking form from skjemcquigan@everyoneactive.com. Bookings can be made, however, payments cannot be taken until 1st April 2018.