

# Healthy Schools Planner 2023/24

A HALF TERMLY TO-DO-LIST TO HELP PSHE LEADS STAY ON TRACK WITH THE EALING HEALTHY SCHOOLS PROGRAMME.

## Autumn 1

- BOOK YOUR HISV
- BOOK YOUR TRAININGS ON EALING CPD ONLINE
- ATTEND THE FOLLOWING NETWORKS:
  - 11 OCTOBER: PRIMARY PSHE NETWORK
  - 18 OCTOBER: MENTAL HEALTH NETWORK
  - 19 OCTOBER: ECO SCHOOLS NETWORK
  - 7 NOVEMBER: HIGH SCHOOL PSHE NETWORK

## Spring 1



- 23 JANUARY: ECO SCHOOLS NETWORK
- 24 JANUARY: PSHE PRIMARY NETWORK
- 7 FEBRUARY: MENTAL HEALTH NETWORK
- 27 FEBRUARY: ATTEND THE HEALTH IMPROVEMENT CONFERENCE

## Autumn 2

- 1 NOVEMBER: ATTEND ANTI BULLYING TRAINING. ORGANISE ACTIVITIES FOR ANTI-BULLYING WEEK.
- 9 NOVEMBER: NEW PRIMARY PSHE CURRICULUM LAUNCH
- 7 DECEMBER: ATTEND THE HEALTHY SCHOOLS LONDON LIGHTNING TRAINING

## Spring 2



- ACHIEVE YOUR BRONZE, SILVER, GOLD OR PLATINUM HEALTHY SCHOOLS LONDON AWARD
- 5 MARCH: HIGH SCHOOL PSHE NETWORK
- 13 MARCH: JOINT DSL AND PSHE LEAD NETWORK
- 19 MARCH: ECO SCHOOLS NETWORK

## Summer 1



- 13-20 MAY: ORGANISE ACTIVITIES FOR MENTAL HEALTH AWARENESS WEEK.
- 22 MAY: ATTEND THE MENTAL HEALTH NETWORK
- 26 MAY: COMPLETE THE STAFF WELLBEING SURVEY
- RUN PARENT RSHE AND FGM WORKSHOPS

## Summer 2



- 5 JUNE: PRIMARY PSHE NETWORK
- 10-14 JUNE: ORGANISE ACTIVITIES FOR HEALTHY EATING WEEK. SEE THE BRITISH NUTRITION FOUNDATION WEBSITE FOR FREE RESOURCES
- 19 JUNE- HIGH SCHOOL PSHE NETWORK CONFERENCE
- JUNE: COMPLETE THE HEALTH IMPROVEMENT TEAM ANNUAL SURVEY

