# Ealing race equality in education

Guidance for educational settings

September 2023





# Contents

Introduction		3
Acknowledge	ements	4
How to use t	his guidance	5
Race Equality	y Commission: Demands for Education	9
1 Attainmen Governar Data revi Policy rev Transition Aspiration	ice ew view	9 11 12 13 14 15
<ol> <li>Exclusions</li> <li>Curriculum</li> <li>Staff train</li> <li>Parents</li> <li>Accountab</li> <li>Leadership</li> </ol>	n ing ility	19 21 25 27 30 32
ELP support		36
Appendices		40
Appendix 1 Appendix 2	Shared Glossary of Terms Governance Self-Review Tool Race Equity and Diversity	40 45
Appendix 3	Open, Honest and Uncomfortable Conversations about Race	51
Appendix 4	Effective Transition Support for Black Caribbean children	61
Appendix 5	Microaggressions: what are they and what	65
Appendix 6	is their impact? Developing a communication plan for parents/carers	70

# Introduction



The Ealing Race Equality Guidance for Educational Settings aims to provide points for consideration for all colleagues working in educational settings and schools. It is a springboard for developing and implementing antiracist education and leadership in Ealing.

The premise for the spotlight and sharply focused approach on Black Caribbean achievement is two-fold. Firstly, we want to tackle the pervasive and long-term underachievement of Black Caribbean learners in Ealing and secondly, research tells us that 'doing it well and getting it right for one group' can lead to the subsequent application of effective approaches, and to the positive outcomes, for others.

This guidance has been produced against the backdrop of Ealing Council's explicitly communicated commitment to race equality, following George Floyd's murder and the subsequent Black Lives Matter protests globally in summer 2020.

The Ealing Race Equality Commission was established by Ealing Council in 2020 and chaired by Lord Simon Woolley. It was tasked with listening to people who live and work in the borough about their experiences of racism and putting forward proposals to address inequality. The Ealing Race Equality Commission report was published in January 2022 and includes recommendations in a range of areas including education, health, participation and democracy, policing, income and employment, housing and rough sleeping.

The Ealing Race Equality Guidance is intended to support positive action to address the seven education priorities identified by the commission. It will evolve over time as our work develops in this area. We hope that the guidance is helpful in strengthening anti-racist education and leadership.

Julie Lewis Director Learning, Standards and School Partnerships



# **Acknowledgements**

Many thanks to colleagues from the organisations below who have helped to shape this guidance by kindly contributing their advice, expertise and time; and / or by providing permission to use and replicate their material in this guidance:

- Black Caribbean Parents Forum
- Communities Empowerment Network
- Descendants
- Ealing Council Family Information Service
- Ealing Council School Governance Team
- Ealing Council Early Years Team
- Ealing Learning Partnership SEND & Inclusion
- Gifford Primary School
- Northolt High School
- Orlene Badu Consulting
- Oshun Education
- Parents of Ealing Self-Help Training Scheme (PESTS)
- Room 2 Talk
- Soul Family
- Three Bridges Primary School
- Young People Aspire Higher





# How to use this guidance



The guidance highlights key areas for leaders to consider in their journey towards providing anti-racist education. Achieving anti-racist education and leadership is a complex challenge that requires a multi-faceted approach. It involves the careful consideration of many different aspects of educational provision, and it includes pupils, parents, staff, governors and the wider community. During the process, leaders are encouraged to consider the key question:

# *"How do we transform our policies and practice to lead to sustained positive change and outcomes?"*

The Ealing Race Equality Commission identified seven priority areas for immediate action. These areas are included within the guidance, along with additional areas for consideration by education leaders.

Each section includes useful information, questions for consideration and where appropriate, signposting to further reading, resources and information.

Race equality commission demands	Aims of the race equality guidance	
<ol> <li>Attainment Rapidly close the attainment gap for Black Caribbean pupils</li> </ol>	<b>Governance</b> To enable governing boards/ trusts to carry out a systematic review of the schools' policies and processes in regard to eliminating discrimination.	
	<b>Data review</b> To carry out a review of key data sets to identify any areas of disproportionality for Black Caribbean pupils compared to other ethnicity groups that needs further investigation.	
	<b>Policy review</b> To review key policies and consider if any are disproportionately disadvantaging one ethnic group over another.	
	<b>Transition</b> To ensure effective transition for Black Caribbean children so that their time in school starts as well as possible and helps to offset later challenges that impact on their educational progress.	
	<b>Aspirations and progression</b> To ensure that Black Caribbean pupils are able to achieve their future education and career aspirations.	

Race equality commission demands

#### 2. Exclusions

End the disproportionate rate of exclusions

#### 3. Curriculum

Accelerate progress with changes to the curriculum

#### 4. Staff training

Make training for teachers on race equality and unconscious bias part of core training

#### 5. Parents

Empower parents to play an active role in their child's education

#### 6. Accountability

Every school should have a lead for race and diversity who is identified to parents.

#### 7. Leadership

Increase the number of Black teachers in leadership roles

# Aims of the race equality guidance

To ensure that schools have reviewed their policies and practices with an anti-racist lens, including listening to the views and experiences of pupils and parents in relation to the prevention of exclusions.

To ensure that every school has redeveloped their curriculum to reflect the lives, culture and history of the diverse communities in Ealing, with a particular focus on an aspirational representation of Black history and Black contributions in all subject areas.

To ensure staff have the racial literacy to effectively identify and tackle disproportionality within the school or setting and create a truly ant-racist learning environment

To ensure there are positive relationships between staff and Black Caribbean parents as a basis for addressing disproportionality, developing anti-racist education and ensuring pupils achieve their full potential.

To achieve whole-school change there needs to be a senior leader whose responsibility it is to lead this change.

To ensure that the composition of staff holding leadership positions within the school or setting reflects the ethnic composition of the pupil population

There is no prescribed way to take forward anti-racist work within your school or setting as each is unique and will have different starting points and priorities. However, learning from the No Learner Left Behind Black Caribbean Achievement project suggests that providing whole staff training at the beginning of the process enables a shared understanding of the issues and challenges to be addressed and sets the scene for later discussions.

An early review of key data by ethnicity group allows leaders to identify any areas of disproportionality that will guide the focus in relation to future areas of work. The Ealing Learning Partnership is committed to proactively leading and supporting member schools on this journey. The section on ELP Support for Schools sets out the support that is available to schools through the Partnership and this will grow over time.

#### Terminology

This guidance places an emphasis on the achievement of Black Caribbean pupils. This terminology is used as it aligns with the School Census ethnicity terminology. However, it is acknowledged that many Black people of Caribbean heritage may identify themselves as African / African-Caribbean / Black / Black British, as opposed to the term 'Black Caribbean'.

Whilst Black Caribbean pupils are a priority for the reasons highlighted above, the Ealing Learning Partnership has also identified White and Black Caribbean pupils and Somali pupils as priority groups within the race equality in education programme.

Education leaders are therefore encouraged to consider the outcomes of different ethnic pupil groups within their school or setting and, where relevant, apply the advice given within this document to White and Black Caribbean and Somali pupils and families as well.





# Ealing Race Equality Commission: Demands for Education



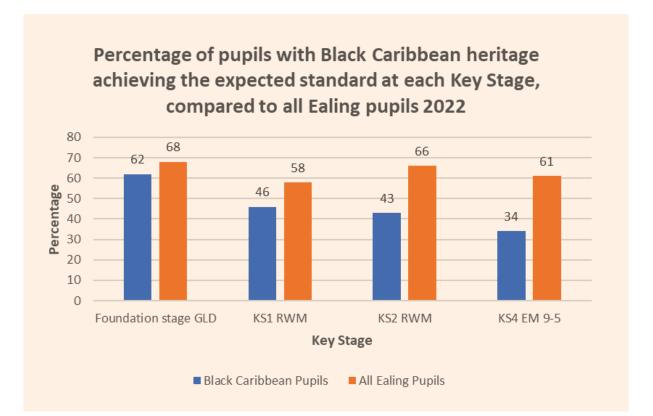
The Ealing Race Equality Commission report sets out seven demands for education:

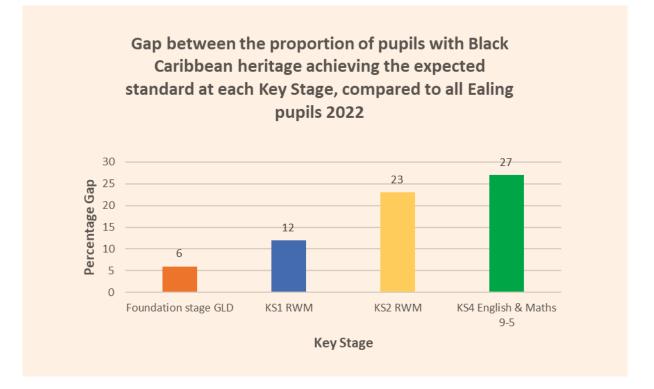
- 1. Rapidly close the attainment gap for Black Caribbean pupils
- 2. End the disproportionate rate of exclusions
- 3. Accelerate progress with changes to the curriculum
- 4. Make training for teachers on race equality and unconscious bias part of core training
- 5. Empower parents to play an active role in their child's education
- 6. Every school should have a lead for race and diversity who is identified to parents
- 7. Increase the number of Black teachers in leadership roles

# 1. Attainment

#### Rapidly close the attainment gap for Black Caribbean pupils

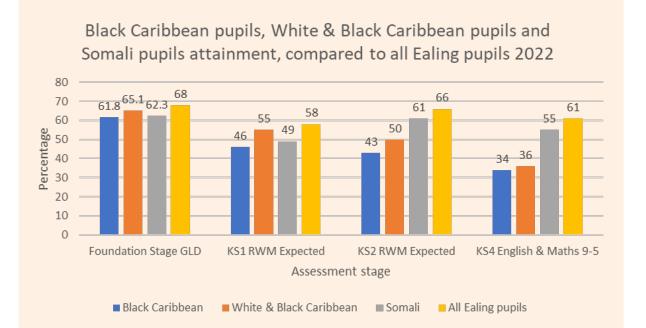
The attainment gap between Black Caribbean pupils and all pupils in Ealing, and nationally, has persisted for many years and the Race Equality Commission has challenged Ealing schools to rapidly close this gap. The two charts below illustrate this attainment gap.





In addition to the focus of the Race Equality Commission on the attainment of our Black Caribbean pupils, within ELP we are also focusing on White and Black Caribbean pupils and Somali pupils. The chart below illustrates the relative attainment of these three groups compared to all Ealing pupils in 2022.

The attainment of our White and Black Caribbean pupils follows a similar downward trajectory from Foundation Stage to GCSEs as our Black Caribbean pupils. And whilst the gap in the attainment of our Somali pupils is not as great, we are committed to ensuring that the attainment of our Somali pupils is also in line with all pupils.





The reasons for this under-achievement are wide ranging and complex. Extensive research has highlighted unconscious bias; low expectations and a lack of concerted leadership for equalities as common issues in schools. Each section of this guidance is designed to contribute towards closing the attainment gap.

At a strategic level, there are five key areas for scrutiny and policy development:

- Governance
- Data review
- Policy review
- Transition
- Aspirations and progression

#### Governance

**Aim**: to enable governing boards/ trusts to carry out a systematic review of the schools' policies and processes in regard to eliminating discrimination

A commitment to equality and diversity should be a visible element of the school/trust culture, rooted in embracing and appreciating our diverse society. This requires deliberate and consistent effort at all levels, starting with the governing board. Boards will need to ensure evidence is in place that demonstrates secure progress and outcomes of all learners but particularly those groups that are less well served. Groups of children who are linked by two or more protected characteristics are of particular significance when reviewing the impacts of both policy and practice.

A self-review tool has been developed for use by governors / trustees – see Appendix 2.

This self-review tool provides guidance and support to governors / trustees, in relation to their duties and responsibilities with a focus on race equity. It is not intended as a checklist but rather as a prompt to begin discussions and monitor impact. It can also be used to help identify priorities, actions, and development needs. Although this self-review is focused on race and ethnicity, the questions and principles can be used and adapted across the wider equalities' duties requirements.

Please note that when sharing data, boards need to be mindful of the General Data Protection Regulation (UK GDPR) and ensuring confidentiality i.e. data should be anonymous and in a format where no one can be adversely identified.

Before completing this self-review, boards should be familiar with the DfE Equality Act: advice for schools' and NGA Equality and diversity: A guide for governing boards. Both give a comprehensive overview of duties and responsibilities in relation to equalities and diversity. The Race Equality Code is also a useful framework for organisations to consider.

## **Data Review**

**Aim**: To carry out a review of key data sets to identify any areas of disproportionality for Black Caribbean pupils compared to other ethnicity groups that needs further investigation

An important first step is for senior leaders to systematically review the full spectrum of data available to your school or setting for your children, young people, parents and staff by ethnicity and by intersectionality especially with deprivation factors and identified additional needs-including trends over time – and consider what the data is telling you, for example:

- Progress and attainment
- Behaviour including rewards/sanctions
- Attendance
- Special educational needs
- Suspensions and exclusions
- For example, how does the data for your Black Caribbean children, young people, parents and staff, compare to the data in your school or setting for:
  - All other ethnic groups?
  - Your highest attaining ethnic groups?
- Do high prior attaining and non-disadvantaged Black Caribbean pupils achieve at the same level as non-disadvantaged pupils of other ethnicities?
- What further questions emerge from the review of the data? Who else do you need to share your data analysis with?
- As a result of the data analysis, what next steps might you take to ensure the sustained positive wellbeing and outcomes for your Black Caribbean children, young people, parents, and staff within your school?

Example data collection sheets are available for school or setting use as listed below:

Please email educationraceequality@ealing.gov.uk for Excel versions of the spreadsheets

- Early Years data collection sheet
- Primary data collection sheet
- Secondary data collection sheet

# **Policy Review**

**Aim**: To review key policies and consider if any are disproportionately disadvantaging one ethnic group over another

Schools and settings are legally required to have a wide range of policies, and these must be reviewed on a regular basis. With regards to race equality, the recommendation is that policies are systematically reviewed to consider if they are disproportionately disadvantaging a particular ethnic group in comparison to others.

Below are examples of ways that policies could be causing racial discrimination and inequality:

- A school uniform policy that prohibits certain types of hairstyles and headwear
- An anti-bullying policy that does not include specific guidance about racist incidents
- A curriculum policy that excludes writers, thinkers and achievements of people from diverse ethnic backgrounds
- An attendance policy that does not make provision for religious observance other than Christian observance
- A behaviour for learning policy that requires that students show their attention and respect in a narrow range of culturally specific ways

The policy review should consider the following, for example,

- What does the application of this policy look like and feel like in practice for our Black Caribbean children, young people, parents and staff?
- Are any of our policies inadvertently having a more negative effect on particular ethnic groups of pupils compared to others?

It is important to include your underserved groups of children, young people, parents and staff in the systematic review of policies as they are the people with lived experiences of the policies. Senior leaders will need to consider how honest feedback is going to be gained from those children, young people, parents and staff.

Our data shows that Black Caribbean parents are:

- the least likely group to say that they feel that their voices and opinions are genuinely heard or sought – and for whom investment in positive relationships and trust may need to be actively established
- the group who might feel that there may be negative repercussions, regarding theirs and / or their children's subsequent experiences within the school or setting, if they open-up and provide honest feedback

#### **Further resources**

In advance of carrying out the policy review, school leaders should consider reviewing the following publications:

- *Reviewing Existing School Policies, Anna Freud Anti-Racism Resource Series:* reviewing-existing-school-policies.pdf (annafreud.org)
- 'The Halo Code' when reviewing your Hair Policy: Halo Code School (halocollective.co.uk)) for Black Caribbean children, young people and staff
- *'Race and Racism in English Secondary Schools' (Runnymede, 2000):* Runnymede Secondary Schools report FINAL.pdf (runnymedetrust.org)
- 'Minority Report: Race and Class in Post-Brexit Britain (Runnymede 2017): Race and Class Post-Brexit Perspectives report v5.pdf (runnymedetrust.org)
- 'The Race Disparity Audit' (Cabinet Office, 2017): Race Disparity Audit - GOV.UK (www.gov.uk)

#### **Transition**

**Aim**: To ensure effective transition for Black Caribbean children so that their time in school starts as well as possible and helps to offset later challenges that impact on their educational progress

#### Starting in reception

Transition to reception class is always a time that requires careful consideration by schools, Private, Voluntary and Independent (PVI) and childminder (CM) settings.

Since the COVID-19 pandemic, we have faced unique challenges, and this requires us to adapt our practice and to work even more closely together to provide highly effective transition arrangements, including with a sharp focus on our Black Caribbean children and their families.

Ealing data for 2023 shows there was an 11% gap between the number of Black Caribbean pupils who achieve a Good Level of Development in reception compared to all other Ealing pupil groups.

This attainment gap for Black Caribbean pupils significantly increases throughout their school career which is why it is so vital to prioritise the early years so that children are set up for future success.

All stakeholders agree that frequent and transparent communication is the key to a smooth transition process, which must be personalised to the needs of our children and circumstances of the receiving school.

A recommended transition process for Black Caribbean children has been produced for use by schools, PVIs and childminders – see Appendix 4.



It should be noted that considerations for transition to Reception included in this guidance are to be used in addition to those outlined for 'all children' in the Ealing Reception Transition Guide: reception\_class\_ transition\_guide\_11052020.pdf (openobjects.com)

## Moving from primary to secondary school

Moving from primary to secondary school is an important milestone. Many children will be anxious about this next step. They will be facing a new environment, bigger building and site, needing to move from class to class, developing more independence and making new relationships with a greater number of children and staff.

Transition from primary school to secondary school is always a time that requires careful consideration by schools. In recent years, there have been *unique* challenges, and this requires us to work even more closely together to support our children and families to ensure that we have consistency across the borough.

Some children may require additional support for successful transition. We encourage Secondary schools to contact their feeder primary schools in the summer term to identify the children who would benefit from a personalised transition plan. This may include an extra day or more of transition, which develops an early bond with the child and the school, where the child and staff get to know each other better.

ELP have produced a Year 6 – 7 transition booklet full of practical ideas and good practice suggestions for schools to consider. We recognise that schools' responses to the transition process must be personalised to the needs of the children and circumstances of the school. However, this document aims to outline the key principles that are recommended to ensure the best quality transition.

Transition to high schools | Ealing Grid for Learning (egfl.org.uk)

# **Aspirations and Progression**

**Aim**: To ensure that Black Caribbean pupils are able to achieve their future education and career aspirations

Whilst raising aspirations for pupils is undoubtedly important, we also need to acknowledge that many Black Caribbean pupils (and their parents) already possess high aspirations from primary school onwards.

Evidence indicates that these high aspirations are sometimes crushed during their academic careers or are sometimes unable to be realised due to low academic outcomes or limited awareness of how to navigate the education system (including into further and higher education).

## Questions for reflection by school leaders

- How do we currently identify, support and promote further the high aspirations that many Black Caribbean students (and their parents) already have from as early as primary school or year 7?
- How do we currently identify and support those specific Black Caribbean students who may benefit from higher aspirations for their future careers? How early is this identified and supported?
- How do we identify and address any current barriers for our Black Caribbean students?
- How might discussions about career aspirations be included within Year 6 to Year 7 transition experiences?

## Improved information for parents and pupils

Schools can support parents and pupils by providing targeted information, starting from primary school, about:

- Pathways available to reach their aspirational goals/careers
- The academic choices and subjects required by the end of KS3 that may inform their later pathways towards their aspirations:
- The GCSE grades and soft skills required by universities for specific careers
- The fact that the career planning, thinking and decision-making required, needs to start early and not just in late KS3, KS4 or beyond
- The wide range of possible careers; providing opportunities for pupils to speak to people, including those who look like them, already employed within a wide range of careers; to enable students to make informed career aspirational decisions

#### Data analysis to support post-16 progression

High schools need to carry out a detailed analysis of data for their Black Caribbean pupils and put in place strategies to address disproportionality, and remove barriers, to ensure that they have every opportunity to achieve their future academic and career aspirations. Below are recommendations for school leaders in regard to year groups and Key Stages:

## All Year Groups

- Review targets for Black Caribbean pupils to ensure that they are aspirational and in line with all students with similar prior attainment
- Review setting and grouping to identify how this may impact on the outcomes, progress and progression of Black Caribbean pupils
- Analyse Black Caribbean pupil outcomes and progress in detail at each internal assessment point



- Follow up on pupils below target, identifying any barriers to progress overall and at subject level including feedback from staff, pupils and parents
- Celebrate the success of pupils on or above target, overall and at subject level, identifying keys to success with staff, pupils and parents

## Key Stage 3

- Review the options system to ensure that Black Caribbean students are encouraged to make aspirational choices
- Put in a place a higher education programme and early careers guidance in Year 7&8 including engaging parents and promoting the sixth form
- Monitor setting and grouping, providing support before moving students to lower sets

## Key Stage 4

- Review the sixth form options system to ensure that Black Caribbean students are encouraged to make aspirational choices
- Provide targeted support to encourage applications to the sixth form or other high-quality destinations
- Monitor setting and grouping, providing academic and pastoral support before moving students to lower sets or removing the option to take a higher-level paper

# Key Stage 5

- Review the UCAS application system to ensure that Black Caribbean students are encouraged to make aspirational choices
- Provide targeted support to ensure applications to higher tariff universities are successful

## **Further Resources**

- Action for Race Equality, Routes to Success mentoring programme ARE
- Education Skills and Development Group (ESDEG) -mentoring support for pupils ESDEG
- With Insight a charity that provides mentoring for Black heritage student to help them successfully apply to top universities and progress into professional careers

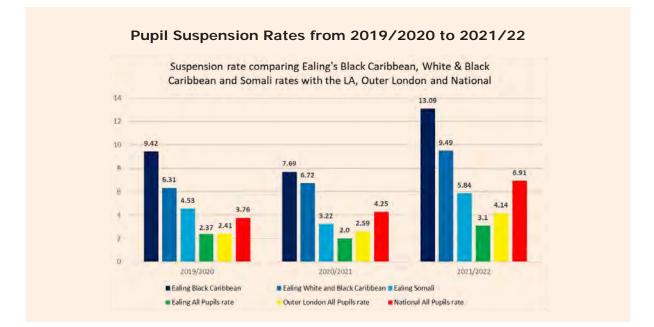


# 2. Exclusions

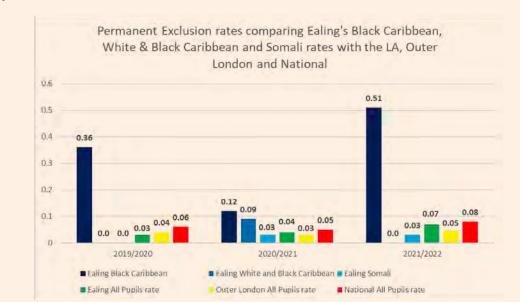


#### End the disproportionate rate of exclusions

Black Caribbean, White and Black Caribbean and Somali pupils had higher suspension rates in 2021/22 compared to the previous two years. Black Caribbean, White and Black Caribbean and Somali pupils were disproportionally suspended at a higher rate than other pupils in Ealing and Outer London in 2021/22.



In 2022/22 Black Caribbean pupils had a higher permanent exclusion rate than the Ealing rate (it was 7 pupils). It was also the highest rate in the last three years, as well as being over 5 times higher than the national permanent exclusion rate. All other pupil groups were roughly in line with Ealing, Outer London and National rates.





#### Strategies for reducing the disproportionate rate of exclusions

Reducing disproportionality in suspensions and exclusions requires concerted focus on behaviour policies and systems of reward and sanctions. Schools that have managed to bring down exclusions have focused their attention on parental engagement systems; staff training; pastoral support and whole school culture for supporting positive behaviour. Some schools have adopted therapeutic thinking models to create stronger relational behaviour support models.

A first step for school leaders is to analyse trends in data over time such as suspensions and permanent exclusions. However, it is also important to consider data in relation to the schools' behaviour policy as this data can provide important insights into disproportionality trends.

Key considerations include:

- Application of the behaviour policy including both rewards and sanctions, for Black Caribbean pupils and Somali pupils compared with the school average.
  - How do they compare? Is there an over/under representation of Black Caribbean pupils or Somali pupils in the data reviewed?
  - What actions are the setting/school taking if disproportionate numbers of Black Caribbean learners or Somali learners are identified?
- Suspensions and permanent exclusion figures for Black Caribbean/ Somali pupils compared to all pupils in the school and local and national data
- If an 'internal inclusion' room is used, then how does the number and percentage of Black Caribbean pupils/Somali pupils compare to all pupils in the school? If the number of Black Caribbean pupils/Somali pupils is disproportionately high, what is the reason for this?

In order to truly understand the reasons behind the disproportionality it is essential to involve and consult with focused groups of pupils, parents and staff.

Possible questions for Black Caribbean and Somali pupils could include:

- Do you know how well you are learning and how to improve more? Do you think you are making good progress in learning?
- What happens if you do some very good work in your subject?
- What is the quality of the relationships and interactions with the range of adults within the school, including form tutors, subject teachers, lunchtime staff, senior leaders? e.g. genuine, warm, respectful?
- How do teachers acknowledge and celebrate your, and other students, positive behaviour? Are there any variations from lesson to lesson? What is behaviour like outside of lessons?

- How and when are the schools' rewards and sanctions applied?
- Do you or any of your friends attend the Inclusion room or an alternative provision for part of the week? If so, why were you/they selected and how it has helped them? What could be improved?

Possible questions for Black Caribbean and Somali parents and staff could include:

- How effective is the school's communication and partnership with Black Caribbean and Somali parents?
- How effective is the schools' behaviour policy in acknowledging and celebrating Black Caribbean and Somali pupils' positive behaviour?
- How effective and fairly applied are the schools' rewards and sanctions system for Black Caribbean and Somali pupils?
- If your child has needed help with their learning, what kind of help and support has been given, and has this made a difference? What could be improved?
- How do the staff communicate their high aspirations for your child's future?
- What is the quality of the relationships and interactions between staff and pupils, and staff and parents? What could be improved?

#### **Further resources**

- Timpson Review of School Exclusions, May 2019 Race Equality Guidance
   exclusions
- Communities Empowerment Network provides bespoke training, arranges mediation, mentoring and workshops for schools as well as advice and support for families

# 3. Curriculum

#### Accelerate progress with changes to the curriculum

**Aim:** that every school has redeveloped their curriculum to reflect the lives, culture and history of the diverse communities in Ealing, with a particular focus on an aspirational representation of Black history and Black contributions in all subject areas

A key message from parents' groups who participated in the Ealing Race Equality Commission was the need for a curriculum that "enhances selfesteem rather than causes harm" for pupils' of Black heritage.

It can be a challenge for school leaders to know where to start when thinking about how to adapt their school curriculum. We strongly recommend that all staff participate in centrally commissioned training that provides staff with the knowledge and skills to review their curriculum and incorporate an aspirational approach to the representation of Black history and Black contributions in all subject areas – see ELP Support section for details of training on offer.

There are some key principles that need to be understood in regard to adapting the curriculum:

- The teaching of Black history is of significant importance for children of all ethnicities growing up and living in a multi-ethnic society – including for mono-cultural schools and settings – as it can help to challenge the often-negative perception of the Black community, that can contribute to conscious and unconscious bias.
- The teaching of Black history and the contributions Black people have made to our society is often presented from a deficit perspective, with a focus on oppression and inferiority, and with few positive references.
- It is therefore essential than any changes to the curriculum are approached from an aspirational perspective. For example, in history, the teaching of the Nok culture; in science the Empire of Mali's pioneering discoveries of the solar system etc.

In order to progress with adapting the curriculum, school leaders should:

- Critically evaluate the approach to the teaching of Black history; and cross-curricular contemporary and historical Black contributions; to ensure alignment to the approaches undertaken for the teaching of European history, and cross-curricular contemporary and historical contributions.
- Ensure all staff have access to subject knowledge relating to Black history, including African civilisations; and cross-curricular Black contemporary and historical contributions.
- Raise whole-school/setting awareness of, and sensitivity to, the emotional and psychological impact on Black Caribbean children, young people, parents and staff, of approaching the teaching of Black history from a deficit/oppression/inferiority perspective.
- Remain sensitive, alert and responsive to the fact that:
  - In early years, children of all ethnicities can already be implicitly aware of the socially constructed racial hierarchies
  - As pupils get older some may explicitly verbalise negative views about their racial identity as a result of the impact of racial stereotypes in wider society, which may be exacerbated by an ethnocentric classroom and a lack of positive representation within the curriculum.
  - Care should be taken to ensure that the approach taken to the teaching of Black history does not exacerbate these above, less-than-positive, notions of racial identity and racial esteem.
- Consider how Black Caribbean parents might be informed, in advance, of the teaching of Black history that tackles racial injustice and the content (in the way in which parents are informed prior to the teaching of sex education):



- To co-construct and inform the school/setting's approach to the teaching of Black history to ensure that teachers have the confidence and ability to teach topics that deal with diversity and confront "difficult" issues, such as Empire, in an age-appropriate way.
- Share with your parents of Black Caribbean children and young people, the importance of their children hearing their own family history and family storytelling being told at home e.g. recounts of real stories from the past about specific family members growing up: parents, uncles, aunts, cousins, grandparents, etc. This, alongside the provision of a diverse curriculum at the school, helps to foster in the child or young person a sense of:
  - Positive self-identity, racial identity and racial esteem
  - Connectedness
  - 'Place' and sense of belonging within the family, community, society and geographically
  - Intergenerational links
  - Cultural heritage

Please see the ELP Support section later in this document for more information regarding training and networks to support schools when adapting their curriculum.

#### **Further resources**

#### Books

- When We Ruled, 2nd Edition, Robin Walker, 2014
- Black and British: A Forgotten History, David Olusoga, new edit, 2021
- Black and British: A Short Essential History, David Olusoga, Jan 2020
- Teaching Resource 30 Black History Icons -500 Years of Global Black Influencers UK, USA, Europe, and Caribbean, and India, 2020
- Before the Slave Trade African World History in Pictures, Robin Walker, Sept 2008
- Black Scientists & Inventors in the UK: Millenniums of Inventions & Innovations (Book 5), Michael Williams and Manyonyi Amalemba, Feb 2015
- 101 Black Women in Science, Technology, Engineering, and Mathematics: Leaders in Black History, L.A. Amber, Jan 2020

#### Websites

- The Black Curriculum
- Black history books for children
- The Black Cultural Archives
- The National Archives National Archives Black History
- Descendants an Ealing based charity



# 4. Staff training

Make training for teachers on race equality and unconscious bias part of core training

**Aim**: to ensure staff have the racial literacy to effectively identify and tackle disproportionality within the school or setting and create a truly anti-racist learning environment

A key foundation of anti-racist education is ensuring the racial literacy of all staff, at all levels within the school or setting. It is strongly recommended that as a first step school leaders access whole-school training around race equality.

Each member of staff has a different lived experience and understanding of race equality and racism. High quality training is therefore needed to develop the racial literacy of all staff so that they have the knowledge, skills and awareness to have positive conversations about race and to move forward together.

The No Learner Left Behind (Black Caribbean Achievement) programme had a significant focus on staff training and as a result the following twophase approach to whole staff training is recommended:

#### Phase 1: Awareness-raising training

Training that raises awareness of unconscious bias, micro-aggressions and racial identity and the impact on the life chances of Black children and young people.

#### Phase 2: Knowledge-gaining training

Training that aims to fill the knowledge gap that many people educated in the UK have in regard to Black history and Black contributions to society, starting with African civilisations through to Modern Britain. This training will begin to address racial biases as well as encourage critical analysis of how to reflect Black history and contributions in the curriculum.

It is important that school leaders consider how all staff and the rest of the school community, including school governors, will be able to receive the training input, and to experience their individual and collective journey of reflection and learning.

It is also recommended that training around racial literacy is repeated on annual basis for all staff and that racial literacy training is part of the induction to the school/setting for all new staff.

Further useful information to develop racial literacy can be found in the Appendices

- Shared Glossary of Terms Appendix 1
- Guidance to Support Open, Honest and Uncomfortable Conversations about Race – Appendix 3

• Microaggressions: what are they and what is their impact? – Appendix 5

Details of training that can be found in the ELP Support section. Alternately, schools and settings may wish to commission their own staff training. There are many providers who offer training around racial literacy, unconscious bias etc. The following providers have delivered training for Ealing schools:

- Orlene Badu, Leadership Consultant
- Young People Aim Higher
- Oshun Education
- Educating for Equality

#### **Further resources**

#### Books to develop racial literacy

- Why I'm No Longer Talking to White People About Race Reni Eddo-Lodge
- Natives: Race & Class in the Ruins of Empire Akala
- How to be an Anti-Racist Ibram X Kendi
- White Fragility Robin DiAngelo
- Brit(ish): On Race, Identity and Belonging Afua Hirsch
- Staying Power: The History of Black People in Britain Peter Fryer
- Black and British: A Forgotten History David Olusoga
- Pushout: The Criminalization of Black Girls in Schools Monique W Morris
- People Like Us Hashi Mohamed

#### Podcasts

- About Race Reni Eddo
- We Need to Talk About the British Empire Afua Hirsch
- Nice White Parents Chana Joffe-Walt
- Becoming Anti-Racist Dr Muna Abdi

#### Programmes

- Black & British: A Forgotten History, David Olusoga BBC
- The School That Tried to End Racism Channel 4
- Subnormal: A British Scandal BBC

# 5. Parents

#### Empower parents to play an active role in their child's education

**Aim**: To ensure there are positive relationships between staff and Black Caribbean parents as a basis for addressing disproportionality, developing anti-racist education and ensuring pupils achieve their full potential.

Positive engagement with Black Caribbean parents is an essential part of developing anti-racist education and leadership in our schools and settings.

Historically, Black Caribbean parents have been ill-served by the education system. In 1960s and 70s Britain, hundreds of black children were labelled as "educationally subnormal", and wrongly sent to schools for pupils who were deemed to have low intelligence. In response, Black communities in the UK came together to create 'supplementary schools' as a way of fighting back against the racism and inequality that their children were facing in mainstream schooling.

Today many, although certainly not all, Black Caribbean parents still feel that the education system discriminates against their children and does not support them to achieve their full potential and many of the statistics included in Ealing Race Equality Commission report would support this view.

However, despite this there has still been a history of pro-active engagement by Black Caribbean families in endeavours, alongside, and also independently of, local authorities and schools, in order to improve the educational experiences and outcomes for their children. For example, the involvement of the Black community in Ealing in the monitoring of Section 11 funded provision, the co-production of the blue handbook: 'Preventing and Addressing Racism in Schools' (2003) and the partnership with the Black community in the Ealing Diane Abbott conference 'Ealing Schools and the Black Child' and the follow-up conference with Professor Gus John (2004).

It is against this back drop that school leaders will be seeking to start the process of engaging positively with their Black Caribbean parents. There are two key aspects to this:

- Relationship building to engender trust
- Pro-actively seeking, listening to and acting upon the views of Black Caribbean parents

Below are some suggestions as to how school leaders can start this process.

#### Relationship building

- Review the quality and type of interactions between staff and parents, for example, in the playground. How could this be enhanced further?
- What actions might be taken to positively and genuinely engage with those parents who are consistently on the periphery?

- What steps might be taken to change the narrative from 'hard-to-reach' parents to consider how the school or setting is going to maximise all opportunities to extend outwards to connect with individual/groups of parents?
- Support staff so that they are able to actively 'listen to seek understanding' (rather than to immediately respond) when communicating with your Black Caribbean parents
- Each staff member (senior leaders, middle leaders, class teachers, Support Staff, SMSAs, Office Staff) to identify those Black Caribbean parents with whom:
  - They have an existing respectful, positive relationship?
  - They have a relationship that could be strengthened further. How might this be achieved?
- Consider how genuine, meaningful and positive relationships with your Black Caribbean parents are going to be actively developed and invested in? Give particular consideration to those individuals who may have previously felt invisible, overlooked, ignored and at the bottom of any unspoken hierarchy within your school or setting

#### **Pro-active Seeking of Parent Views**

The entrenched nature of the attainment gap for Black Caribbean pupils is an indication that we need to do something different to bring about positive change. Schools should invest in developing relationships with parents and seek to set up processes where the views of Black Caribbean parents are genuinely sought and acted upon, over the long term. Some considerations for embarking on this journey are below:

- Actively seek feedback from as many of your Black Caribbean parents as possible
- Whilst doing so, ensure that the views of individuals who do not usually contribute are captured too. Consider the person best placed within school to make contact to gather these views
- Remain mindful that some Black Caribbean parents might not provide open and honest feedback for fear of the potential repercussions for their child – which then impedes the accuracy of the school or settings self-evaluation outcomes
- Conversely, some schools or settings might be taken aback by the type and extent of the feedback received - particularly from those Black Caribbean parents who may have felt 'silenced' previously (not necessarily by the school/setting); and that the recent shift in the public perception and awareness may now empower the provision of more open, honest and sometimes, uncomfortable feedback

- A Toolkit called 'Open, Honest and Uncomfortable Conversations about Race' (Appendix 3) has been developed which may be helpful when planning your engagement with Black Caribbean parents. It can be used:
  - Proactively for example, by initiating meetings with Black Caribbean parents to receive their individual or collective feedback; to foster the climate, and establish ways to work closely together in partnership
  - Reactively in response to any unexpected feedback received whether individually or collectively (e.g., as an outcome of the self-evaluation processes, or via any other means).
- ELP is also providing support for school leaders and school staff to develop their approach to engaging with parents through the Race and Diversity Leads networks, the leadership seminars and bespoke support provided to set up Black parent forums.

#### Concerns about 'Saying or Doing the Wrong Thing'

Staff may have concerns about 'saying or doing the wrong thing' when engaging and building relationships with their Black Caribbean parents and it may be helpful to reflect on the following prior to making contact with parents:

- Am I clear about my reasons, motivations and intentions for wishing to meet and communicate with our Black Caribbean parents?
- Am I only initiating communication because our school needs information from our Black Caribbean parents?
- On a day-to-day basis, do staff normally acknowledge the presence of Black Caribbean parents genuinely, warmly, and respectfully?
- Do I believe in what I am saying and communicating?
- How can I maintain my curious and growth mindset throughout the communication process?

It is important that any communication with Black Caribbean parents is carried out with sincerity, respect, humility and authenticity. It is highly likely that Black Caribbean parents will detect / perceive if the communication it is merely a tick-box exercise.

It is important to communicate as an 'equal' participant, who is open to engaging in a shared learning experience during the process, as opposed to the stance of being 'the expert'.

It may be helpful for school leaders to acknowledge and openly declare the fact that:

"We appreciate that we may not have always got things right in the past and, we acknowledge that moving forward, we may not always say or do the right thing. However, we're willing and keen to receive feedback, and to continuously learn and improve throughout the process"

#### Communicating the school's journey to parents

An important aspect of this work is communicating the journey that the school is on to all parents and carers, and particularly to those parents/carers from the Black community.

Guidance has been produced to help school leaders develop a communication plan that can be used as a basis for communicating the school's race equality journey to parents and carers and the wider school community – Appendix 6.

#### Websites

- Ealing Black Caribbean Parents Forum Black Caribbean Parents Forum
- Parents Action and Resource Centre PARC
- Community Empowerment Network CEN

# 6. Accountability

Every school should have a lead for race and diversity who is identified to parents.

**Aim**: to achieve whole-school change there needs to be a senior leader whose responsibility it is to lead this change.

To bring about sustained change in regard to race equality it is expected that each school / setting nominate a senior leader and a governor/trustee as the leads for race and diversity.

It is important to consider who is best placed to take on these roles within school, who has the skills to effectively lead and champion whole school change? It should not be assumed that the people in these roles must be from a Black heritage or other ethnic minority background. There can be strengths in this work being led by someone who has lived experience of some of the challenges faced, however, equally there can be a benefit of someone of another ethnicity leading this work in recognition that it is the responsibility of all staff, and not just those affected by inequality.

Some schools have found it effective to have a Champion who is then supported by a wider group of staff from across the school, from a range of different ethnic backgrounds.

#### Race and Diversity Champion

Ideally this member of staff should be Assistant Headteacher level or above. The role of the Race and Diversity Champion is to:

- > Be responsible for leading Race Equality work within their school
- > Lead the facilitation of training to improve the racial literacy of staff
- Lead the engagement with parents from key ethnic groups, particularly Black Caribbean parents and community organisations



- Lead the development of an action plan to bring about positive change linked to the Race Equality Commission demands
- Be an active participant in shaping Ealing's response to the Race Equality Commission.

To support Race and Diversity Leads to effectively carry out this role, ELP has commissioned an experienced education leadership and racial literacy expert to provide regular network meetings and leadership seminars. These sessions focus on key aspects of achieving race equality within a school setting and provide an opportunity to share ideas, resources and best practice.

#### **Race and Diversity Governor**

In addition, there is also an expectation that a governor / trustee will be nominated to be the race, equalities and diversity champion / link governor. This role will be to:

- Maintain a strategic overview of the race equality work on behalf of the governing board
- Champion the achievement of ethnic groups of pupils who are not achieving at the same level as their peers, with a particular focus on Black Caribbean pupils, within the school and the governing board structures
- Provide support and challenge to the race, equalities and diversity staff lead, with regards to race equality within the school
- Positively engage with Black Caribbean parents and the wider parent community around race equality
- Participate in training and events with other race, equalities and diversity lead governors from project schools.

#### **Further resources**

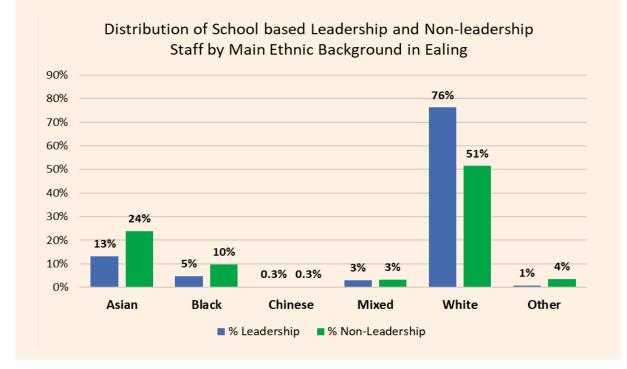
 Governance Self-Review Tool: Focus on Race Equity and Diversity – see Appendix 1

# 7. Leadership roles

#### Increase the number of Black teachers in leadership roles

**Aim**: to ensure that the composition of staff holding leadership positions within the school or setting reflects the ethnic composition of the pupil population

Black teachers are under-represented in leadership positions in Ealing schools. Ealing Workforce data for 2021 identified 5% of leaders as Black compared to 13.5% of the pupil population (Jan 2022)



DfE Workforce Data 2021 (Ealing maintained schools only)

A similar under-representation can be seen for Asian staff with only 13% occupying leadership positions compared to 29.3% of the pupil population being of Asian background. Whilst 76% of leaders in Ealing schools are White compared to just 28.4% of the pupil population.

A priority within Ealing is to address the under-representation of Black and Asian staff and other ethnic minority staff.

At an individual school level, an initial starting point is to carry out a review of the ethnic composition of people in key roles across the school to identify any disproportionality, for example, if 40% of staff are Asian but there are no Asian staff in positions of leadership then this is disproportionality. Another consideration is if the staff team reflects the community they serve.

Consider the full range of staff:

- Senior leadership
- Middle leadership: phase / subject / room leaders
- Class teachers / practitioners

- Teaching assistants
- Pupil / welfare support staff
- Office Staff
- Premises staff
- School Meal Supervisor Assistants (SMSAs).

You should also consider other key roles in your school, for example:

- Governors
- Volunteers.

Children/young people:

- Head boy / head girl
- School Council
- Prefects
- Other leadership opportunities within the school / setting / organisation.

Parents:

- Parent teacher association / parents' forum leadership, membership and participation
- Other leadership opportunities within the school / setting / organisation. Incl. parents, governors / trustees.

If disproportionality has been identified in the ethnic composition of the leadership roles within your school, then the senior leaders and governing boards should:

- Remain aware of, and sensitive to the fact that the onus should not solely be on Black, Asian or ethnic minority background teachers to share their previous experiences of recruitment, retention and progression issues. For example, being asked to provide examples of previously negative experiences there is the possibility of re-traumatisation and / or the emotional and psychological toll that it may place on them.
- Consider the accountability; effectiveness of their previous and subsequent leadership; and the answering of tough, probing and potentially challenging inward-facing questions for example:
  - Why are there disproportionately low numbers of Black, Asian and minoritised background teachers in senior leadership positions?
  - Why has the school not promoted any Black teachers into senior leadership positions for example?
  - Why is there disproportionality regarding recruitment, retention and progression for teachers of colour?

Possible actions the school leaders and governing boards can take to address this disproportionality could include:

• Actively promoting 'leadership' opportunities to your Black Caribbean children, young people, parents and staff.



- Actively promote leadership opportunities to your Black, Asian and other minoritised staff e.g.
  - Middle and Senior Leadership training: NPQML, NPQSL, NPQH; dedicated leadership diversity programmes National professional qualifications (NPQs)
  - The 'Black and Asian Leadership Initiative' The Staff College Programmes for middle leaders working within local authority Children's Services departments.
- Explicitly inform all your Black, Asian and staff from minoritised backgrounds of the:
  - Experience and leadership skills required for each role within the school to support awareness of progression pathways.
  - Steps they can take towards their career progression from e.g. Teaching assistant to headteacher (or the equivalence in another organisational setting).
- Provide regular coaching and mentoring opportunities (individually/peer/ group) for your children, young people, parents and staff to enable progress towards their leadership and career progression and aspirations.

#### Diversity in Leadership Programme

ELP has commissioned a Diversity in Leadership training programme that aims to support teachers from Black, Asian and minoritised ethnicity communities who would like to pursue roles in senior leadership. It is a yearlong programme including assessment, leadership coaching, training, mock recruitment experience and work shadowing. During the first year of the programme, twenty staff from Ealing schools completed the course and at the time of writing three staff had secured new, senior posts. Details below.

#### Further information

 Ealing Diversity in Leadership programme – twenty places available for Ealing staff in 2023-24 Flyer



# **ELP Support**

Additional investment by the Council in ELP has enabled us to provide support to schools to develop and embed their approach to race equality.

#### Aim of ELP's approach

The support that ELP provides for schools aims to empower school leaders and school staff to develop the knowledge, skills and confidence to effectively address race inequality.

The principles of ELP's approach to supporting schools with this agenda are as follows:

- Flexible and responsive; recognising the different starting points of schools
- Facilitating collaboration between schools and also with key partners
- Engaging with parents as equal partners to help shape solutions
- **Building on the learning** from the NLLB Black Caribbean Achievement project
- Engaging external expertise, where necessary, to ensure Ealing's programme of support for schools is high quality

#### Successes in 2022-23

- 70% of schools have a staff lead for race and diversity
- Comprehensive training programme for school leaders and staff 66% of all schools have actively engaged with race equality programme (44 primary schools; 13 high schools; 4 special schools)
- 1000+ staff from schools have participated in the race equality training programme during 2022-23
- Examples of the change process within schools include:
  - adapting curriculum to include aspirational Black history and contributions
  - setting up new parent forums
  - reviewing school systems/data for evidence of bias/unfair treatment
  - reviewing school policies
  - new books and resources that reflect Black community
  - appraisal targets linked to equalities and diversity
  - staff working groups focusing on race equality
  - reviewing setting of Black students
  - mentoring programmes for Black pupils



- 26 Black heritage sixth form students participating in Insight2Uni mentoring
- Therapeutic Thinking programme launched to reduce suspensions and exclusions
- Creation of new Parent Representative Forum to ensure the views of parents are integral to informing the development of the programme
- 79% schools report that they have reviewed their curriculum to make it more inclusive and 88% schools report that they have a curriculum that includes an aspirational representation of the contributions of the Black community
- 20 staff from Ealing primary and high schools completed the Diversity in Leadership programme

#### Support available for Ealing schools

2023-24 is the second year of the ELP race equality in education programme and details of the support available to schools can be found below.

### Leadership

- Access to high quality training programme for senior leaders and all staff within schools Ealing CPD Online
- New Governor training programme now available
- Governance Self-Review Tool for Race Equity and Diversity
- Black Caribbean Achievement Self-Evaluation Audit tools for whole school review – see CPD Online for training in regard to the audit
- Leadership seminars and race and diversity leads network

#### **Engaging Parents and communities**

- Bespoke support for individual schools to establish Black Parent Forums in schools. Place still available for cohort 2 starting in January 2024 – for more details email: educationraceequality@ealing.gov.uk
- Guidance for schools on communicating their race equality journey to parents
- Parent Representative Forum established with key community leaders to ensure that the views and experiences of parents/carers inform the race equality programme

#### Curriculum, progress and inclusion

 Race equality in the curriculum training courses available – primary focus and also secondary subject-specific courses. Details can be found on CPD Online

- Race equality priorities integrated into ELP networks, e.g. SENCO, Curriculum leads, Post 16 Network, Deputy Heads network etc
- Therapeutic Thinking programme expanding to new schools with additional outreach support available
- With Insight Education mentoring programmes to support Black heritage students to progress to top universities With Insight Education

#### Developing cultures and behaviour

- Training to improve the racial literacy of all school staff as a foundation for achieving systemic change within the school.
  - All schools are strongly advised to participate in the *Challenging Disproportionality and Developing Cultural Competence Facilitator training* - two members of school staff will be trained and supported to facilitate the course with the whole school staff, using video resources developed within Ealing.
- New training courses have been added this year and places can be booked via CPD Online:
  - Reviewing school policies through an anti-racist lens
  - Developing your anti-racist policy
  - Dealing effectively with racist incidences
  - Adultification of Black children
- Staff new to Ealing schools can access an online version of the Challenging Disproportionality training – the aim is to ensure that ALL staff in Ealing schools are racially literate and fully equipped to ne antiracist educators in our schools

#### Inclusive recruitment and retention

- Diversity in leadership programme open to teachers from Black, Asian and minoritised ethnicity communities who would like to pursue roles in senior leadership. It is a year-long programme including assessment, leadership coaching, training, mock recruitment experience, work shadowing
- 'Talking Heads' promotional videos representative of leadership roles, phases and ethnicities have been produced to promote Ealing as a great place to work and also to encourage existing staff to stay within Ealing to develop their career



## **Appendices**

- Appendix 1 Shared Glossary of Terms
- Appendix 2 Governance Self-Review Tool for Race Equity and Diversity
- Appendix 3 Open, Honest and Uncomfortable Conversations about Race
- Appendix 4 Effective Transition Support for Black Caribbean children
- Appendix 5 Microaggressions: what are they and what is their impact?
- Appendix 6 Developing a communication plan within school

### **Appendix 1 – Shared Glossary of Terms for Racial Literacy**

A Shared Glossary of Terms for Racial Literacy is provided below kindly shared with us by Orlene Badu. This has been created to support staff, settings and communities when discussing equalities and race in a safe space. A shared language allows all staff to have a clear understanding of the terms we use and the meaning attached. It is to secure understanding and inform discussion. It is not exhaustive, but merely an aide in the journey to achieve open conversations and support the development of our culture of equality and equity.

Term Demands	Description	
Race	For many people, it comes as a surprise that racial categorisation schemes were invented by scientists to support worldviews that viewed some groups of people as superior and some as inferior. There is one important concept linked to this fact: <b>Race is a made-up, social construct, and not an actual biological fact</b> .	
BAME	Black, Asian and Minority Ethnic- A term specific to the UK to describe all who do not ascribe to the label of white. Recently this label and the nature of it have been described as problematic as it does not reflect the nuances of experiences for different groups and conflates the journeys and lives of 80% of the world population into one category. As a minimum, if you must use this term, saying each word to represent the group in its entirety slightly mitigates against silencing groups.	
Global Majority	The aims of this term are similar to the BAME acronym but acknowledges the majority aspect of the world's population and moves away from the minority word.	

Term Demands	Description	
Diaspora	Diaspora is "the voluntary or forcible movement of peoples from their homelands into new regions, a common element in all forms of diaspora; these are people who live outside their natal (or imagined natal) territories and recognise that their traditional homelands are reflected deeply in the languages they speak, religions they adopt, and the cultures they produce".	
Power	Power is unequally distributed globally and in UK society; some individuals or groups wield greater power than others, thereby allowing them greater access and control over resources. Wealth, whiteness, citizenship, patriarchy, heterosexism, and education are a few key social mechanisms through which power operates. Although power is often conceptualised as power over other individuals or groups, other variations are power with (used in the context of building collective strength) and power within (which references an individual's internal strength). Learning to "see" and understand relations of power is vital to organising for progressive social change.	
Oppression	The systematic subjugation of one social group by a more powerful social group for the social, economic, and political benefit of the more powerful social group. Rita Hardiman and Bailey Jackson state that oppression exists when the following conditions are found:	
	<ul> <li>The oppressor group has the power to define reality for themselves and others,</li> </ul>	
	<ul> <li>The target groups take in and internalize the negative messages about them and end up cooperating with the oppressors (thinking and acting like them),</li> </ul>	
	<ul> <li>Genocide, harassment, and discrimination are systematic and institutionalised, so that individuals are not necessary to keep it going, and,</li> </ul>	
	<ul> <li>Members of both the oppressor and target groups are socialised to play their roles as normal and correct.</li> </ul>	
	<ul> <li>Oppression = Power + Prejudice</li> </ul>	
Microaggressions	The everyday verbal, nonverbal, and environmental slights, snubs, or insults, whether intentional or unintentional, which communicate hostile, derogatory, or negative messages to target persons based solely upon their marginalised group membership. They are often at the root of feeling included or excluded. And are often relentless if not broached. The power of individuals has an impact on how/ if they are dealt with.	

Ferm Demands Description	
Multicultural Competency	A process of learning about and becoming allies with people from other cultures, thereby broadening our own understanding and ability to participate in a multicultural process. The key element to becoming more culturally competent is respect for the ways that others live in and organise the world and an openness to learn from them.
Systemic Racism	The normalisation and legitimisation of an array of dynamics – historical, cultural, institutional and interpersonal – that routinely advantage those whom are viewed as White while producing cumulative and chronic adverse outcomes for people of colour. Structural racism encompasses the entire system of White domination, diffused and infused in all aspects of society including its history, culture, politics, economics and entire social fabric. Structural racism is more difficult to locate in a particular institution because it involves the reinforcing effects of multiple institutions and cultural norms, past and present, continually reproducing old and producing new forms of racism. Structural racism is the most profound and pervasive form of racism – all other forms of racism emerge from structural racism.
Institutional Racism	Institutional racism refers specifically to the ways in which institutional policies and practices create different outcomes for different racial groups. The institutional policies may never mention any racial group, but their effect is to create advantages for whites and oppression and disadvantage for people from groups classified as people of colour.
Individual Racism	Individual racism refers to the beliefs, attitudes, and actions of individuals that support or perpetuate racism. Individual racism can be deliberate, or the individual may act to perpetuate or support racism without knowing that is what he or she is doing. Examples:
	<ul> <li>Telling a racist joke, using a racial epithet, or believing in the inherent superiority of whites over other groups;</li> </ul>
	<ul> <li>Avoiding people of colour whom you do not know personally, but not whites whom you do not know personally (e.g., white people crossing the street to avoid a group of Latino/a young people; locking their doors when they see Black families sitting on their doorsteps in a city neighbourhood; or not hiring a person of colour because "something doesn't feel right");</li> </ul>
	<ul> <li>Accepting things as they are (a form of collusion). Racism and Power are inextricably linked and therefore is based on the superiority of one race over another.</li> </ul>

Term Demands Description	
Racist policies	A racist policy is any measure that produces or sustains racial inequity between or among racial groups. Policies are written and unwritten laws, rules, procedures, processes, regulations and guidelines that govern people. There is no such thing as a nonracist or race- neutral policy. Every policy in every institution in every community in every nation is producing or sustaining either racial inequity or equity between racial groups. Racist policies are also express through other terms such as "structural racism" or "systemic racism". Racism itself is institutional, structural, and systemic.
White Supremacy	The idea (ideology) that white people and the ideas, thoughts, beliefs, and actions of white people are superior to People of Colour and their ideas, thoughts, beliefs, and actions. While most people associate white supremacy with extremist far-right groups, white supremacy is ever present in our institutional and cultural assumptions that assign value, morality, goodness, and humanity to the white group while casting people and communities of colour as worthless (worth less), immoral, bad, and inhuman and "undeserving." Drawing from critical race theory, the term "white supremacy" also refers to a political or socio-economic system where white people enjoy structural advantage and rights that other racial and ethnic groups do not, both at a collective and an individual level.
Prejudice	A pre-judgment or unjustifiable, and usually negative, attitude of one type of individual or groups toward another group and its members. Such negative attitudes are typically based on unsupported generalisations (or stereotypes) that deny the right of individual members of certain groups to be recognised and treated as individuals with individual characteristics.
White Privilege	This refers to the concept that people have both rights and benefits simply because they are white. Those benefits and rights have nothing to do with how hard they have worked or what they individually have done. Those rights and benefits and rights are simply because they are white. A pupil from a Hackney school said; "Privilege is thinking something isn't a problem if it isn't happening to you." Robin DiAngelo, author said, "We don't need white people to carry the burden of their privilege. We need them to acknowledge it and use their privilege, promote good and to fight oppression." **See \$100 dollar race on YouTube

Term Demands	Description	
Ally	Someone who makes the commitment and effort to recognise their privilege (based on gender, class, race, sexual identity, etc.) and work in solidarity with oppressed groups in the struggle for justice. Allies understand that it is in their own interest to end all forms of oppression, even those from which they may benefit in concrete ways.	
Intersectionality	Exposing [one's] multiple identities can help clarify the ways in which a person can simultaneously experience privilege and oppression. For example, a Black woman in the UK does not experience gender inequalities in exactly the same way as a white woman, nor is racial oppression identical to that experienced by a Black man. Each race and gender intersection produces a qualitatively distinct life. It may be very difficult to understand the impact of oppression for different identities and requires great effort.	
Racial Equity	Racial equity is the condition that would be achieved if one's racial identity no longer predicted, in a statistical sense, how one fares. When we use the term, we are thinking about racial equity as one part of racial justice, and thus we also include work to address root causes of inequities, not just their manifestation. This includes elimination of policies, practices, attitudes and cultural messages that reinforce differential outcomes by race or fail to eliminate them.	
Racial Healing	To restore to health or soundness; to repair or set right; to restore to spiritual Wholeness.	
Black Lives Matter	Black Lives Matter protests are not racist. They are focussed on tackling the inequalities black people and people of colour have faced for centuries and on a daily basis. This does not take away from the fact that we hope for equality for all. When Black Lives Matter in an equitable way then we are closer to achieving equality for all.	
Race-based trauma	This refers to the mental and physical effects and consequences that a person experiences after being on the receiving end of racism. Race-based trauma is real and the effects are felt as strongly as with any trauma.	
Anti-Racist	An anti-racist is someone who is supporting an anti- racist policy through their actions or expressing anti- racist ideas. This includes the expression or ideas that racial groups are equals and do not need developing and supporting policies that reduce racial inequity.	

Term Demands	Description
Racial Identity theory	Racial Identity Theory discusses how people in various racial groups and with multiracial identities form their particular self-concept. It also describes some typical phases in remaking that identity based on learning and awareness of systems of privilege and structural racism, cultural and historical meanings attached to racial categories, and factors operating in the larger socio-historical level (e.g., globalization, technology, immigration, and increasing multiracial population).
Racial and Ethnic Identity	An individual's awareness and experience of being a member of a racial and ethnic group; the racial and ethnic categories that an individual chooses to describe him or herself based on such factors as biological heritage, physical appearance, cultural affiliation, early socialization, and personal experience.

## Appendix 2 – Governance Self-Review Tool: Focus on Race Equity and Diversity

A commitment to race equity and diversity should be a visible element of school/trust culture, rooted in embracing and appreciating the diverse society we live in. Creating a culture that promotes equality, inclusion and embraces diversity requires deliberate and consistent effort at all levels, starting with the board.

This self-review tool, developed for governors / trustees, whilst not exhaustive, provides support in relation to governors/ trustees' duties and responsibilities regarding race equity and diversity. It will also help identify priorities, actions, and development needs. Whilst this self-review tool is focused on race and ethnicity, the questions/ principles can be used and adapted across the wider equalities' duties requirement. This is not intended as a checklist but rather as a prompt to begin discussions, action planning and monitoring impact.

NB. When sharing data, boards need to be mindful of the General Data Protection Regulation (UK GDPR) and ensuring confidentiality i.e., data should be anonymous and, in a format, where no one can be adversely identified.

Before completing this self-review boards should be familiar with the DfE Equality Act: advice for schools' and National Governance Association (NGA) Equality and diversity: A guide for governing boards Both give a comprehensive overview of the boards / trustees duties and responsibilities in relation to equalities and diversity. The Race Code is also a useful framework for organisations to consider. In addition to ELP support (see previous section) and governance training, Black governors can join the NBGN – National Black Governors Network.

## How do we change policy and practice to lead to sustained positive change in our school?

#### **Review of data**

When analysing or requesting data, it should be clear not only what data is required but also for what purpose / how you will use. How (or not) do you currently receive this data? Is the format easy to understand? How will the board use it to develop strategies, priorities and monitor impact? How will the board monitor / evaluate progress link to this on an ongoing basis?

For all data areas below governors / trustees should compare by ethnicity in relation to:

- Ethnic groups with the highest outcomes
- Ethnic groups with lowest outcomes
- All pupils and in comparison, to local / national data (as appropriate) and school data over time.

**Pupil performance and outcomes** – compare for all pupils broken down into specific ethnic groups:

- Pupil numbers on roll and languages spoken
- Profile of pupil groups ethnicity, gender, year groups, key stages etc
- Progress and achievement data: EYFS, KS1, KS2, KS4, KS5
- Special education needs/ disabilities (SEND) what is the percentage of learners on the SEND register overall. Send support? Educational, health and care plan (EHCP)?

**Attendance** – compare for all pupils broken down into specific ethnic groups:

- Punctuality arriving at school
- Overall absence and persistent absence rates.

Behaviour – compare for all pupils broken down into specific ethnic groups:

- Rewards/sanctions
- Bullying incidents
- Racist incidents
- Progress towards behaviour targets
- Exclusion (fixed term and permanent) and 'internal exclusion' figures.

**Stakeholders** – compare for all parents/carers broken down into specific ethnic groups:

 Parental, staff, pupils' views, and surveys – types, response rates from who and how results are communicated / used? • Attendance at parental events and the reasons for any absences (e.g., childcare, parents work commitments, etc.)

**Staffing / governance** – compare for all staff/ governors / trustees broken down into specific ethnic groups:

- Profile of staff groups percentage of all staff broken down by ethnicity
- Breakdown of employee groups by ethnicity and pay bands roles e.g., senior, middle leadership/ teaching/categories of support staff
- Diversity of the governing board / trust.

### Specific areas of focus – examples of questions to ask

The questions below are categorised using the Ofsted framework judgement areas. These can be used to help governors / trustees ask deeper questions of race, equity and diversity leaders linked to areas of development / need. They are not designed to be used all in one go! But rather to help governors/trustees to ask relevant questions as part of their holding leaders to account and monitoring role. We recommend all boards have a dedicated governor /trustee to champion race equity and diversity and meet with the staff lead regularly.

#### Quality of education

- Progress and achievement data how well does the attainment of learners of different ethnicities compare with all pupils; highest attaining groups; locally; nationally and over time in the school?
- What are the strategies for support and intervention for those performing below expectations? How do we monitor?
- Is our curriculum fit for purpose (across all subject areas) and fully inclusive in meeting the needs of:
  - Learners from Black, Asian, and minoritised backgrounds?
  - The diverse groups within our school, local community and society? Children and adults of ethnicities growing up and living in a multiethnic society – including for mono-cultural schools?
  - Does the curriculum include aspects of Ealing's rich cultural history and anti-racism?
  - For all the above how do we know?
- When making changes who is involved in the decision-making process? How do we ensure involvement of all key stakeholders from a range of ethnicities, reflective of our pupil population and the community that we serve?
  - Including those groups for whom we need to strengthen our connections and relationships with
  - To ensure effective representation and to avoid narrow representation / sample.

- What progress do our learners with SEND / SEND support/ ECHP learners, from different ethnicities, make in relation to all pupils? How does this compare to learners with SEND from different ethnicities? What strategies are used for those below expectations in relation to their plan?
- How do our resources, including displays and books, reflect learners from Black, Asian, minoritised groups and promote positive identity?
- Do we have trips/experiences that incorporate an understanding and first-hand experience of other cultures?
- How do we ensure assemblies / celebratory events celebrating diversity are not one-off events?

#### Behaviour and attitudes

Compare for all pupils, broken down into specific ethnic groups. Key questions:

- Do we have a breakdown of this information by ethnicity, gender, etc.
- Are there any identifiable trends? How does the school address this?
- How do we monitor this on an ongoing basis?
- Are our school policies fit for purpose? How do we know?
- How do we know that the school policy / process is being fairly and consistently applied to all pupils and staff?
- Do our policies (as appropriate) provide for emotional support and promote wellbeing?
- What action is taken by senior leaders to address if standards are not being met as expected including addressing unconscious bias?
- What training has there been for our school staff and governors / trustees understanding these areas?
  - Rewards/sanctions
  - Bullying incidents
  - Racist incidents Does the school have a specific process to follow that all staff are trained in and consistently use? Is it clear how we determine if an incident is racist? Who determines this? What do we record? How and when do we share with the families? What do we share with governors / trustees? What support do we give to pupils/ staff involved in any racist incident/s?
  - Attendance / persistent absence
  - Rate of exclusions (fixed term and permanent) and 'internal exclusions'
- How do we know that our school policies /processes regarding sexual violence, sexual harassment and peer on peer abuse are being fairly and consistently applied to all pupils and staff?

• How well do staff model expected behaviours?

#### Personal development

Compare for all pupils broken down into specific ethnic groups

- What support for well-being and emotional health is provided to learners, families, and staff? What is provision based on / what are our processes for identification? How do we know they are working effectively for all children? Is there any disproportionality identified for any ethnicities? How does this compare to all children?
- Do our policies/ training take into consideration the impact of emotional and/or psychological loads that may be caried by learners, parents, and staff as a result of racial trauma and / or micro aggressions experienced?
- What is the quality and range of spiritual, moral, social, and cultural (SMSC) opportunities learners? Is equality of opportunity and recognition of diversity promoted and celebrated?
- How are we preparing our learners with age-appropriate understanding of healthy relationships - through appropriate relationships and sex education? How do we know? Do we offer anything beyond PSHCE? Is there consideration of equalities in the materials used? Is there a difference in incidents for any groups? What are we doing about if yes?
- Destination data do we collect? How do we use it to measure impact? How do we use it to address any gaps in priorities? Is there a difference for any groups in terms of expectations/ aspirations? How is it addressed?
- How does the school prepare all learners for transition / the next stage of education, employment, or training? How do we know it meets needs?
- From the evidence, what changes do we need to make / are making to improve the experience for our most vulnerable learners transition to and from our school? How will we monitor impact?
- Extra-curricular activities attendance, monitoring of impact, promotion of, external staff mirror behaviours expected of school staff.

#### Leadership and management

- What is the vision and strategic goals for our learners from Black, Asian and minoritised backgrounds?
- How well are the needs of our Black, Asian and minoritised learners addressed in the school improvement plan? Are there measurable outcomes/realistic success criteria?
- What role do governors / trustees play in monitoring, supporting, and challenging this?
- Are the school's safeguarding policies and processes reflective of the needs of our pupils and staff who are Black, Asian or from minoritised backgrounds?

- When reviewing policies do, we the board ensure that we are routinely assessing for impact on equality obligations, race and diversity? (e.g., Curriculum; behaviour; physical intervention; anti bullying; PSHCE; mental health; equalities; uniform). When policies are reviewed is this taken specifically into consideration? And do we consider what the policy might look like in practice for pupils, staff, and families (as appropriate) in terms of race, ethnicity, and equality?
- What training has there been for school staff /governors/ trustees in relation to equalities, race, and diversity? Is there a programme of annual refresher training for all?
- Is the school meeting its equalities duties as per the Equalities Act, 2010? How do we know?
- Does the school website clearly state the equalities duty statement and current equalities objectives? Are these relevant to our pupil and staff population and regularly reviewed and monitored?
- Where there are allegations of unfair treatment due to race (or any of the protected characteristics) does the school have clear processes in place? Are these clear to all stakeholders? Are they fair and equitable?
- How do school leaders address unconscious bias as part of training and support for staff?
- Do we actively seek feedback from our staff, pupils, and parents who are Black, Asian and minoritised backgrounds? By what means and is it truly effective? Do we communicate changes made as a result of input?
- Do our parents evening and events attendance reflect the cultural diversity of our school community? If not, how does the school address this?
- Is representation on our school council / parents' forums, representative of our school community?
- What is the ethnic composition of the 'leadership' positions for pupils and parents within our school? How are they recruited to? How do we monitor?

## As part of leadership and management - staff professional growth and career progression \*

- What is the ethnic composition of our staff?
- Do we have any / a range of Black, Asian, minoritised backgrounds staff occupying senior leadership positions? Middle leadership positions? Other leadership positions?
- What steps have been taken to improve staff diversity within the school / be more reflective of our pupil population? What has been the impact of any initiatives taken? How do we monitor/track progress? How is this reported to the board?
- Do we make explicit, information on progression pathways and steps for career aspirations and progression for all staff? Do we make these explicit specifically for staff who are Black, Asian and from minorized backgrounds? If not, why not?

- Do we provide regular coaching and mentoring opportunities (individually/peer/group) for our staff who are Black, Asian or from minoritised backgrounds as part of their role/ career aspirations path?
- Does the school actively promote leadership opportunities to staff who are Black, Asian or from a minoritised background?

\*See also the 'Leadership' section of the Ealing Race Equality Guidance for Educational Settings.

#### Governance

- Does our governing board membership reflect our pupil/ community population? If not, why not? What more could be done to diversity the board?
- Do we have a link governor / champion for equalities / race and diversity? Do they meet regularly with the staff lead for equalities / race equity in our school?
- What are the training and development needs for governors / trustees to ensure the interests of all Black, Asian and minoritised pupils, parents, staff are fully understood and considered as part of a truly inclusive school? This includes curriculum choices.
- Have all governors / trustees had race equity training? Is there annual refresher training for all?

#### Other

 Has the school taken part in any aspects of the Ealing Learning Partnership's (ELPs) Race Equality in Education programme? If yes, what difference has it made to staff and pupils? Has this been shared with all stakeholders? For more details contact educationraceequality@ealing.gov.uk

### Appendix 3 – Open, Honest and Uncomfortable Conversations Guidance

#### **Open, honest and Uncomfortable Conversations About Race Reflections Table – for Individuals, Teams and Communities**

Key Question: How might we engage in open, honest and uncomfortable conversations about race in order to lead towards healing and thriving?

#### Background

This document has been produced as a tool to support staff within schools and early years settings to have conversations about race in a way that is supportive, honest and ultimately leads to a more positive relationship going forward whether that is between staff, or with pupils or parents. It is designed as a tool to aid reflection and encourage all parties to be able to have conversations about race and the impact of racism in a way that is supportive and allows all parties to move forward, positively together.

**Purpose:** This document can be used:

- To strengthen the existing relationship between parties (whether or not one or more party has stated a need for change / improvement)
- In circumstances whereby there has been a breakdown in a current and / or historical relationship between two or more parties
- To support the genuine, open, honest and often uncomfortable conversations required in regard to race to lead towards well-informed and well-considered effective actions for change of policy, practice and experiences.
- As a tool towards developing and ensuring positive, sustained long-term change to occur leading to the improved and sustained (long-term) daily lived experiences, positive outcomes and life chances for Black Caribbean people in Ealing and beyond
- To begin to create a paradigm shift in the way in which we communicate with each other in Ealing about race, in a deeper and more meaningful way, in order to affect long-lasting positive change

**Definition of healing:** the process of making or becoming sound or healthy again

**Definition of thriving:** to progress toward or realise a goal despite, or because of, circumstances; to flourish

**Rationale:** The process of healing truly begins by 'placing everything on the table' (the factors/issues) to **embrace truth** to enable each party to:

- 'See' and know **all** the factors and issues that exist or are at play
- View **all** the factors/ issues from all different angles and perspectives
- View all the factors / issues through the different lens of each party
- Explore the individual and collective motivations and intentions for change
- Explore the repositioning / moving the factors around 'on the table' to imagine and re-conceptualise (individually and collectively) a different / new realm of possibility
- Co-construct: a shared vision and the intended outcomes
- Agree actions for change of policy and practice towards that vision; and consider who else might need to be involved?
- Agree checking-in, monitoring and evaluation points to ensure remaining on track towards the shared vision and intended outcomes. Agree whether all parties able to be part of that process to enable a shared and holistic perspective?

#### Contents

- Reasons
- Shared Planning of our Conversations
- Psychologically Contracting our Conversations
- Communication Styles
- Physical Environment
- Having our conversation
- Supportive Tools

#### **Ethnicity Terminology**

 Please note, that the term 'Black Caribbean', aligns with School Census ethnicity terminology. It is acknowledged that many Black people of Caribbean heritage may identify themselves as African / African-Caribbean / Black / Black British, as opposed to the term 'Black Caribbean'.



Areas for consideration	Personal reflections / ideas to add
Reasons	
<ul> <li>Why might we wish to consider (in regard to race) moving towards a place of:</li> </ul>	
<ul><li>Healing?</li><li>Thriving?</li></ul>	
<ul> <li>How might we genuinely move forward towards a place of healing with:</li> </ul>	
<ul> <li>Ourselves (our own healing)?</li> <li>Individuals?</li> <li>Teams?</li> <li>Communities?</li> <li>Organisations?</li> </ul>	
<ul> <li>What are the pros and cons of working towards healing?</li> </ul>	
<ul> <li>What are the pros and cons of working towards thriving?</li> </ul>	
<ul> <li>What are the pros and cons (including the repercussions) of engaging in open, honest and uncomfortable conversations about race – including sharing the things that often go unsaid and remain 'under the surface'?</li> </ul>	
<ul> <li>If we do decide to engage in open, honest and uncomfortable conversations:</li> </ul>	
<ul> <li>To what extent is that, and what might that look like, and why?</li> </ul>	
<ul> <li>How much might we be prepared to openly share ('place on the table') and why?</li> </ul>	
• How much might we withhold, and why?	
Shared Planning of our Conversations	
<ul> <li>How do we request to meet with an individual / team / community / organisation including for those with whom there might be a breakdown in the relationship (whether currently and / or historically)?</li> </ul>	
<ul> <li>How do we forewarn them about the intended conversation in terms of the:</li> </ul>	
<ul> <li>Aims: to move towards our individual and collective healing and subsequent thriving for all parties</li> </ul>	
<ul> <li>Nature: open, honest and uncomfortable conversation</li> </ul>	
<ul> <li>Focus of the Conversation: the nature of what will be discussed</li> </ul>	

Areas for consideration	Personal reflections / ideas to add
<ul> <li>How might we feel and respond if the other party does not wish to or does not have the capacity (time, emotions, head-space, etc.) to meet or have a conversation?</li> </ul>	
<ul> <li>How will the individual / team / community or organisation be made aware of this document / approach?</li> </ul>	
<ul> <li>How might agreement be gained regarding the document / alternative approach to be taken before, during, after the conversation?</li> </ul>	
<ul> <li>What are the pros and cons of having a suitable and neutral person to facilitate the conversation?</li> </ul>	
<ul> <li>For each party, how might you decide upon a mutually convenient day of week and time of day for the meeting to take place? For example:</li> </ul>	
<ul> <li>In the morning - whilst the emotional reserves of each party might be relatively high</li> </ul>	
<ul> <li>In the late afternoon - so that there are no other professional meetings or commitments thereafter</li> </ul>	
<ul> <li>What length of time might each party commit to the conversation? Who will be the timekeeper?</li> </ul>	
<ul> <li>Consider how honest feedback is going to be gained from those people or parties</li> </ul>	
<ul> <li>Who are reserved or introverted</li> </ul>	
<ul> <li>For whom they may feel that their voices and opinions were not genuinely heard or sought previously – and for whom positive relationships and trust may need to be actively established and invested upon first</li> </ul>	
<ul> <li>Who might feel that there may be negative and serious repercussions, if they open- up and provide open, honest and uncomfortable feedback.</li> </ul>	
• How might recognition be given to the fact that for some individuals / communities, they may need the time and space to be heard, off-load and to communicate (and sometimes repeatedly) before being able to engage in discussions pertaining to practical solutions and next steps?	
<ul> <li>How might we keep each other 'intact' and emotionally safe during the process?</li> </ul>	

Areas for consideration	Personal reflections / ideas to add
<ul> <li>How might we use our knowledge of the 'Stages of Grief' (or any other image below) to reflect upon and communicate how we are feeling currently and / or the range of emotions that we may have experienced previously?</li> </ul>	
<ul> <li>How might we use our knowledge of 'The Drama Triangle', 'Ladders of Inference', Iceberg Model, etc. to reflect upon and communicate our perceptions of each other, interactions, actions, motivations, intentions, impact etc.</li> </ul>	
<ul> <li>What is the maximum number of conversations that each party is committed to engaging in?</li> </ul>	
<ul> <li>How many people will be representing each party during the meeting? Will some parties be outnumbered?</li> </ul>	
Psychologically Contracting our Conversations	
<ul> <li>How might each party 'contract' with each other (perhaps ahead of time) to develop a shared understanding and approach? For example:</li> </ul>	
<ul> <li>What is the purpose of having the shared conversation?</li> </ul>	
<ul> <li>To what extent is each party prepared to be open, honest, uncomfortable (including sharing the things that often go unsaid and remain 'under the surface') and why?</li> </ul>	
• What might that look like?	
<ul> <li>What might that feel like?</li> </ul>	
• What are the power dynamics between each party? (e.g. levels of seniority; individual vs organisation; public, private or voluntary sectors; gender; position on the socially-constructed racial hierarchy; the power to affect the outcomes for a particular party; number of people representing each party, etc.)	
<ul> <li>Which party will chair the meeting? How might that affect the power dynamics?</li> </ul>	
<ul> <li>How will the power dynamics be monitored and addressed during the meeting, and by who?</li> </ul>	
<ul> <li>What is each party's view of the likelihood for the potential repercussions? For example:</li> </ul>	
<ul> <li>Breakdown in relationship</li> </ul>	

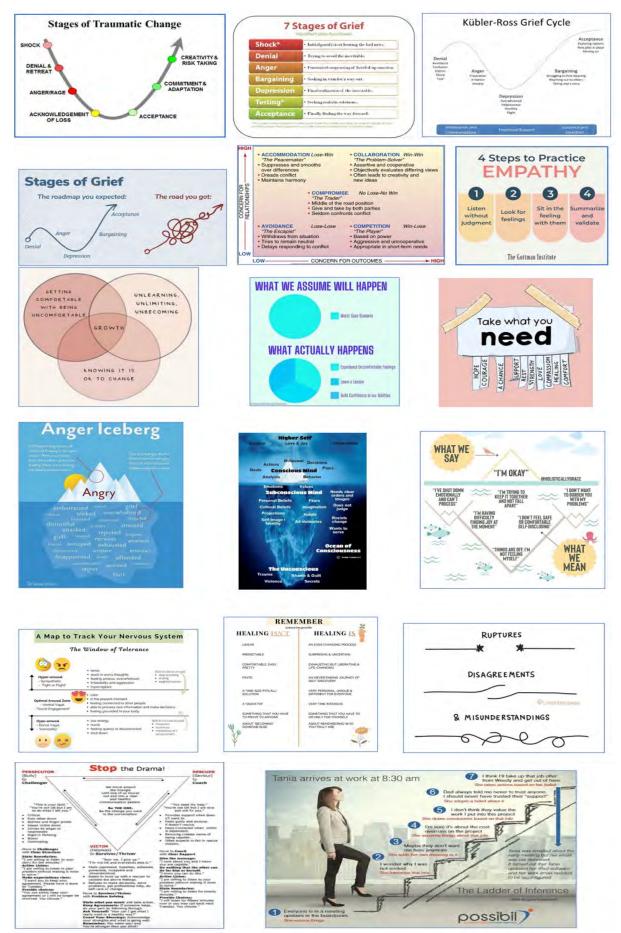
Areas for consideration	Personal reflections / ideas to add
<ul> <li>Negative feelings could develop towards each party (that remain unsaid and under- the-surface)</li> </ul>	
<ul> <li>Future opportunities could be denied</li> </ul>	
<ul> <li>Barriers could be put in place</li> </ul>	
Avoidance	
<ul> <li>What would help, and is needed by each party to feel and remain emotionally-safe during the conversation?</li> </ul>	
<ul> <li>How might the conversation be managed if both parties are at different stages on the grief cycle and have different conflict resolution strategies?</li> </ul>	
<ul> <li>How might both parties respond to differences of perspectives and versions of events?</li> </ul>	
<ul> <li>How might each party minimise the use of jargon, abbreviations and / or sector-specific language?</li> </ul>	
<ul> <li>How will the ground rules be established, recorded and shared?</li> </ul>	
<ul> <li>How and when will each party be given the opportunity to speak / be heard?</li> </ul>	
<ul> <li>What does each party want the outcome of the conversation to be?</li> </ul>	
<ul> <li>What are the different/new realms of possibility?</li> </ul>	
<ul> <li>What is the vision and the intended outcomes for the future, and by when?</li> </ul>	
Communication Styles	
<ul> <li>What are our own styles of communication and approaches to responding to conflict as individuals, teams, communities organisations (refer to '5 Styles of Conflict Resolution')</li> </ul>	
<ul> <li>And what might our communication style and approaches to responding to conflict look like in the context of open, honest and uncomfortable conversations?</li> </ul>	
<ul> <li>How might each party declare their styles of communication including:</li> </ul>	

- Tone of voice
- Volume of voice

Areas for consideration	Personal reflections / ideas to add	
Gesticulations		
<ul> <li>Body language</li> </ul>		
Facial expressions		
Physical Environment		
<ul> <li>What considerations might be made to ensure the physical environment is conducive to collaboration and healing? For example:</li> </ul>		
<ul> <li>Location – what opportunity would there be for the conversation to take place at a neutral location?</li> </ul>		
<ul> <li>Meeting type: will the conversation be face-to- face or virtual, etc; and why?</li> </ul>		
<ul> <li>Positioning: How will the positioning of the chairs minimise an 'us-and-them' perception? Where will the individuals representing each of the parties be seated? How will it be ensured that all parties enter into the meeting room / space simultaneously, and are seated at the same time (to avoid one party 'claiming' the space first)?</li> </ul>		
<ul> <li>Chairs - Will all the chairs be of the same size and same level of repair?</li> </ul>		
<ul> <li>Barriers: how might physical barriers be removed / minimised between the parties (e.g. tables)?</li> </ul>		
<ul> <li>Refreshments: what refreshments will be made available during the meeting and by whom?</li> </ul>		
<ul> <li>Tissues: where might a box of tissues be located so that they are easily accessible to all?</li> </ul>		
Having our Conversations		
<ul> <li>For both parties to share:</li> </ul>		
• What are you hoping to gain from the conversation?		
<ul> <li>What are the points that you wish to raise during the conversation?</li> </ul>		
<ul> <li>What are <b>all</b> the current and/or historical issues pertaining to the situation?</li> </ul>		

Areas for consideration	Personal reflections / ideas to add
<ul> <li>In regard to the situation, what are your current and / or past:</li> </ul>	
• Feelings and emotions?	
Thoughts?	
• Triggers?	
<ul> <li>Things that often go un-said, and remain 'below the surface'?</li> </ul>	
• Perspectives?	
Judgements made?	
• What has been the impact for you and / or others?	
<ul> <li>What change are you seeking, by whom, and by when?</li> </ul>	
• What is your vision for the future?	
<ul> <li>What might healing and thriving look like for you and / or the situation?</li> </ul>	
<ul> <li>What are your expectations of the issues / situation / individual / team / community / organisations?</li> </ul>	
<ul> <li>What are the individual and collective motivations and intentions for change?</li> </ul>	
<ul> <li>What are your expectations of me / community / team / our organisation?</li> </ul>	
<ul> <li>How can we work together to find a way forward? Who else might need to be involved?</li> </ul>	
• What creative solutions do you have?	
<ul> <li>What are our agreed actions and timescales for change of policy, practice and lived experiences towards the vision?</li> </ul>	
<ul> <li>How, who and when will we monitor our progress, and evaluate the impact? How will all parties be able to be part of that process to enable a shared and holistic perspective?</li> </ul>	
<ul> <li>How will we know when we have been successful?</li> </ul>	

#### **Supportive Tools**



NB: The above is not an exhaustive list but rather starting points for consideration Should you have any queries, please feel free to contact either Samira John-Bailey (sjohnbailey@ealing.gov.uk) or Sarah Thompson (sthompson@ealing.gov.uk)

## Appendix 4 – Effective Transition Support for Black Caribbean children

Transition to Reception class is always a time that requires careful consideration by schools, Private, Voluntary and Independent (PVI) and childminder (CM) settings.

Since the COVID-19 pandemic, we have faced unique challenges, and this requires us to adapt our practice and to work even more closely together to provide highly effective transition arrangements, including with a sharp focus on our Black Caribbean children and their families.

Ealing data for 2023 shows that there was an 11% gap between the number of Black Caribbean pupils who achieve a Good Level of Development in reception compared to all other Ealing pupil groups. This attainment gap for Black Caribbean pupils significantly increases throughout their school career which is why it is so vital to prioritise the early years so that children are set up for future success.

All stakeholders agree that frequent and transparent communication is the key to a smooth transition process, which must be personalised to the needs of our children and circumstances of the receiving school.

Below is the recommended transition process that has been produced for use by schools, PVIs and childminders

It should be noted that considerations for transition to Reception included in this guidance are to be used in addition to those outlined for 'all children' in the Ealing Reception Transition Guide

#### Transition – All Ages

- Ensure a sharp focus on the provision of highly effective transition arrangements for our Black Caribbean children, young people and families
  - To your school / setting / organisation
  - Within your school / setting / organisation
  - From your school/ setting / organisation

#### Transition to Reception Class: Holistic and Collaborative Approach

• Ensure a holistic and collaborative approach between our Black Caribbean child, parents, previous setting and new school

#### First Meeting - Before child starts Reception

- Who: Child, parents, current key person and the new keyperson/class teacher
- When: One academic term prior to the child's transition to the new school

- **How:** Face to face or via a virtual meeting (if COVID risk assessments are in place)
- Why: To co-construct a transition plan.
- Devise a transition plan for the child to be shared with the school that focuses on developing a strong emotional attachment with the new key person / class teacher and agree:
  - Who will do what, by when and the desired outcomes. For example:
    - Personable information provided about the key person/class teacher alongside their photographs. For example, hobbies and interests, favourite food, favourite story or book, favourite smell, what helps me to relax or feel happy
  - Ways in which the child may express themselves generally and during times of heightened stress. E.g., during major transitions such as transitioning to school.
  - Strategies that will support or enable the child to self-regulate.
  - Successful strategies an adult can use to provide co-regulation. For example:
    - Getting down to child's level and emotionally connecting with them (child knowing and feeling the adult is tuned in and has their best interest at heart)
    - Acknowledging and naming emotions
    - Using a soothing tone
    - Comfort toy, object, or photograph
    - Calming environment or area
  - Any special interests/strengths the child has that can be planned into the child's first day to reduce any anxieties.

Consider keyperson of feeder nursery/school being present at the receiver school on the child's first day to support the emotional wellbeing of the child

#### Second Meeting – After child starts Reception

- Who: Child, parents, current key person / class teacher, and the previous keyperson
- When: 2 to 3 weeks after the child has started their new school.
- How: Face to face or via a virtual meeting
- Why:
  - To check in and collaboratively review the child's early transition experiences in relation to the previously agreed and co-constructed transition plan.
  - To make any necessary collaboratively agreed adjustments to the transition plan.

#### Third Meeting – After child starts Reception

- Who: Child, parents, current key person / class teacher, and the previous keyperson
- When: 5 to 6 weeks after the child has started their new school.
- How: Face to face or via a virtual meeting
- Why:
  - To check in and collaboratively review the child's early transition experiences in relation to the previously agreed and co-constructed transition plan.
  - To decide whether another review meeting is needed and, if so, to schedule a date together accordingly

## Transition to Reception Class: PVI / CM Communication with Parents

- Invite parents to visit the school's website and look with child at photos of classroom, staff, etc.
- Invite parents to walk by the new school often and talk to child about it on daily walk (if local)
- Encourage parents to prepare child for new start in advance, through use of books /photos of school / choosing and trying on the school uniform / through role play at home.
- In early July / September arrange group meetings with parents and key staff.

#### Transition to Reception Class: PVI / CM Communication with Child

- Schedule a 5–10 minute video call conversation with child and their new key-person/class teacher (in the parents' presence) to begin to develop a rapport and an emotional connection.
- Consider using the personable information about the key-person and the child to support meaningful conversations and emotional connections.

## Transition to Reception Class: Primary School Communication with Parents

- Consider sharing tip sheets with parents on getting ready for school (what to expect), who will support their child etc.
- Consider developing a new tab on the website to show a virtual tour of the school /class /teachers, etc.
- In early July / September arrange group meetings with parents and key staff. Emphasis on getting to know the Black Caribbean parents and developing a positive and strong emotional connection with them.
  - Find out and address parents by their names with correct pronunciation

- Ensure parents feel genuinely and positively 'seen' and 'heard'. Thus, ensuring all school staff remain highly self-reflective and self-aware of how they are being perceived by others, and of any deep level feelings that they may have, positive or otherwise, pertaining to any particular parents (which may be inadvertently communicated, verbally and/or non-verbally, to the parents).
- Recognise that parents and staff alike may exhibit certain behaviours when feeling nervous or uncomfortable; and be able to see beyond those behaviours in order to wholeheartedly develop a positive and emotional connection with our Black Caribbean parents.

## Transition to Reception Class: Primary School Communication with Child

- Provide an example of a daily visual timetable of what a school day could look like
- Provide a photo book with 'People I will meet at my new school'.
- Engage in a video call before start of school to get to know child (see previous sections)
- In early July / September, invite child and parents in for a tour while the school is empty
- Ask child what might help them to settle on their first day at school e.g., a quiet corner to go to, if needed; see sibling across the playground to wave to
- Learn what interests the child has (e.g., trains, cars, etc.), and talk about these together during the video call
- During the tour, subsequently show the child the resources you have at school linked to the child's interest e.g., trains/ cars, etc.



### **Appendix 5 – Examples of Racial Microaggressions**

The following real examples of micro-aggressions are shared in an attempt to shine a light on some of the contexts (there are of course many others) in which painful and traumatic racial micro-aggressions can be experienced on a daily basis.

Racial Microaggressions	Impact	
Customer / Client-Facing Situations		
You are followed around in shops by staff and/ or security guards – regardless of your:	Feelings of pain, hurt, humiliation.	
<ul> <li>Attire</li> <li>Age (young person, middle aged or elderly e.g. an 87-year-old grandmother!).</li> </ul>	It implies that Black people are: Thieves Not trustworthy.	
You experience a 'cold' manner being demonstrated towards you during client- facing interactions (e.g. shop staff, receptionists (GPs, schools, etc.), healthcare professionals, etc.) but in comparison, a noticeably 'warm' manner being demonstrated towards others.	<ul> <li>It implies:</li> <li>Your presence is a hindrance whereas for others, their presence is welcome.</li> <li>You do not belong.</li> </ul>	
Shop staff or receptionists willingly offering support to other customers first - even though, you may have been waiting in the queue the longest.	<ul> <li>It implies:</li> <li>Others are more worthy and entitled than you.</li> <li>You do not belong.</li> </ul>	
Queue-jumping by other customers, who position themselves ahead of you, despite it being obvious that you were queuing up longer than they were.	It implies others deem themselves as being entitled; and more worthy or more important than you.	
Being looked at with suspicion, and addressed in a curt manner when returning goods to a store – even with the receipt and within the store's specified time period (adhering to the returns policy).	Feelings of discomfort and humiliation It implies that Black people are: • Thieves • Not trustworthy.	
In Public / On Public Transport		
Passengers on public transport (or pedestrians walking along the road) clutch their bags / rucksacks in response to your presence, regardless of your age, gender or your attire.	It implies that Black people are: Thieves Not trustworthy Not safe.	

Racial Microaggressions	Impact
In Public / On Public Transport	
Others explicitly avoid you, cross over the road or tense-up when they see you approaching.	It implies that Black people are: Thieves Not trustworthy Not safe.
Higher Education	
In your undergraduate studies, you notice that there is a harsher application of sanctions levied against your fellow Black university students by the academics and / or during their professional placements. As a result, some students are unable to proceed with their studies and / or be awarded with their professional qualifications.	<ul> <li>It implies:</li> <li>Your academic capabilities as a Black person are usually considered to be less than your peers</li> <li>Others have low expectations of you</li> <li>The margin for error is far smaller for Black people compared to their peers.</li> </ul>
Professionally: Work and Studies	
During your appraisal meeting, without warning, your manager says to you: "I'm handing over the project [that you were leading] to your teammate as she'll do a damn good job at it!"	<ul> <li>It implies:</li> <li>You are incompetent and incapable</li> <li>Your manager has low expectations of you.</li> </ul>
When tasks are being distributed, by your manager, within your team, you and another Black colleague are assigned the tasks that are deemed by others to be less-sought- after. Whereas your White counterparts are assigned the tasks that are considered to be highly favourable. An unfamiliar colleague speaks over you or takes over a situation that you are leading.	<ul> <li>It implies:</li> <li>You are incompetent and incapable</li> <li>Your manager has low expectations of you</li> <li>Your manager has a high regard for your peers' capabilities and competence.</li> <li>It implies:</li> <li>You are incompetent and incapable. You are not capable and</li> </ul>
	<ul> <li>You are not capable and competent to lead</li> <li>Others have low expectations of you</li> <li>Others view themselves as being more able /capable, competent and entitled.</li> </ul>

Racial Microaggressions	Impact
You are responsible for leading a statutory meeting in another establishment and your team's administrator is accompanying you to shadow the process.	It implies you are not capable and competent to lead
A senior leader of the establishment enters the room, shakes the hand of your colleague and proceeds to address her as if she were the person leading the process.	
As part of your academic studies, you attend a university symposium with discussions that are led by professors and PhD students who are unfamiliar to you. When you make significant contributions to the discussions, the academics look at you in a state of shock (which was perceived to be due to cognitive dissonance).	<ul> <li>It implies:</li> <li>Your academic capabilities as a Black person are usually considered to be less than your peers</li> <li>Others have low expectations of you.</li> </ul>
You are leading a training session and ask the delegates to conclude their group discussions in order to resume the whole-group training. A newly qualified professional, gives you eye- contact, and then turns her back to you, in a defiant manner, to resume her conversation with her 'talk-partner'.	<ul> <li>It implies that:</li> <li>She is more entitled than you are despite her junior position / stage within her professional career</li> <li>You are not worthy of the same degree of regard as any other professional / human being</li> <li>You are less than.</li> </ul>
At Your Child's School	
At school, your child experiences being sanctioned harshly and / or is treated as if they are much older than their chronological age.	<ul> <li>It implies that your:</li> <li>Child's sense of childhood is not worthy of preserving.</li> <li>Child does not have the same feelings and developmental processes as other children of their same age</li> <li>The margin for error is far smaller for your child compared to their peers</li> </ul>
You attend your child's Year 10 French Exchange information evening. In an attempt to safeguard your own child, you ask the teacher if the parents will have some sort of DBS or vetting process. The teacher responds by asking: "why, do you have a conviction?"	<ul> <li>It implies that:</li> <li>Black people are criminals.</li> <li>Your concerns are not the same as other parents who are entrusting their children in the care of other families for whom they know nothing about.</li> </ul>

Racial Microaggressions	Impact	
At Your Child's School		
You attend an ICT workshop for parents at your child's high school. The teacher facilitating asks parents to describe their own experiences at school. When you contribute to the discussions and state that you experienced a 'laissez-faire approach', all the parents (mainly white middle class parents in attendance) swivel around towards you a state of shock (which was perceived to be due to cognitive dissonance).	<ul> <li>It implies:</li> <li>Your linguistic capabilities as a Black person are usually considered to be less than your peers</li> <li>Other's low expectations of you.</li> </ul>	
In Your Neighbourhood		
At a residents' association meeting, you mention experiences of vandalism levied against you and a disabled family member. The Chair of the Residents' Association suggests that the culprit could be "the friends of your 20-year-old son who might have a vendetta against him" (despite there never having been any prior reasons for this suggestion)	<ul> <li>It implies that Black people:</li> <li>Are vandals and criminals</li> <li>Are not trustworthy</li> <li>Have relationships that are based on feuds and vendettas.</li> </ul>	
In Times of Emergency / Need		
When you call the ambulance in the middle of the night for a chronically and gravely sick family member, on most occasions, you are treated by paramedics who, when they enter into your home, are 'cold', curt and talk down to you in a demeaning way.	<ul> <li>It implies that you and your sick family member:</li> <li>Are a hindrance.</li> <li>You have no feelings.</li> <li>You are not worthy of the same degree of regard and empathy that others may experience during emotionally challenging times.</li> </ul>	
Whilst your gravely sick family member is in an A&E resuscitation room, experiencing dangerous cardiac difficulties, a consultant cardiologist talks down to you and your unwell family member in a demeaning way.	<ul> <li>It implies that you and your sick family member:</li> <li>Are a hindrance.</li> <li>Have no feelings.</li> <li>Are not worthy of the same degree of empathy that others may experience during emotionally challenging times</li> </ul>	

Racial Microaggressions	Impact
In Times of Emergency / Need	
You call 999 when you notice an elderly White woman, who demonstrates observable signs of dementia and agitation, wandering outside her home, on a busy road, on a very cold and wintery day; and she refuses to re-enter her home when you ask. You wait outside with the elderly woman for the emergency services to arrive (whilst standing at a distance away from her, to avoid suspicion from passers-by). On arrival, the police respond to you in a very cold, curt and dismissive manner when you present the chronology of events to them, upon their request.	<ul><li>It implies that:</li><li>You are not worthy of the same degree of regard as any other citizen</li><li>You do not belong.</li></ul>
I	CEEQUAL
	Second -
	FOUCATION I
	POLICATION
	FOLCATION OF
<image/>	
<image/>	

# Appendix 6 – Race Equality in Education: Developing a Communication Plan within School

#### Background

The Race Equality Commission was set up in January 2021 to listen to people in Ealing and to come up with proposals to address the impact of inequality on their wellbeing and life chances. The commission was made up of 12 independent commissioners, from diverse backgrounds that broadly reflected the diversity of Ealing. The commission published a report with its findings in January 2022 which set out a series of demands for change in key areas of public life. The demands for education were as follows:

- 1. Rapidly close the attainment gap for Black Caribbean pupils
- 2. End the disproportionate rate of exclusions
- 3. Accelerate progress with changes to the curriculum
- 4. Make training for teachers on race equality and unconscious bias part of core training
- 5. Empower parents to play an active role in their child's education
- 6. Every school should have a lead for race and diversity who is identified to parents
- 7. Increase the number of Black teachers in leadership roles

In June 2022, ELP launched its race equality in education programme which set out an ambitious strategy for working with all Ealing schools to achieve the demands set out by the Commission with a focus on three key groups of pupils:

- Black Caribbean
- White and Black Caribbean
- Somali

Since the launch, more than two-thirds of schools have been actively involved in the Ealing race equality programme by accessing training, attending seminars, engaging with parents and pupils, developing their curriculum and reviewing systems and processes within school.

#### An important aspect of this work is communicating the journey that the school is on to all parents and carers, and particularly to those parents/carers from the Black community.

The aim of this document is to provide prompts to help school leaders develop a communication plan that can be used as a basis for communicating the school's race equality journey to parents and carers and the wider school community.

### Developing your communication plan

There are a number of steps that school leaders should consider when developing their plan:

St	eps	Things to consider
1.	Clear explanation of the current situation and challenges	Borough level – Ealing Race Equality Commission and their demands for education Report – Do Something Good. The Ealing Race Equality in Education Guidance is a useful source of information and guidance to support schools to respond to the Race Equality Commission demands. School level – does your data for pupils from the
		three key groups reflect the borough data? What other data / information do you have about what needs to change? Reminder: every school has been issued with an 'Inclusion on a Page' document that compares the school data with borough averages – access via private EGFL page.
2.	What do you want to accomplish / change?	In regard to achieving the Race Equality Commission's demands for education, what are you aiming to change at school level and why? What are the key messages you want to communicate about your race equality journey? If you have race equality objectives within your School Development Plan, or your school has an anti-racist action plan, then it will be important to let parents know about this as it indicates a commitment to long-term, systemic change. Schools may also wish to explain to parents that priorities and areas of focus will be reviewed each year as part of the longer-term commitment to achieving genuine change.
3.	Who is your audience?	Is your audience all parents/carers? And/or do you want to communicate specifically with your Black heritage parents/carers? Do you also want to include communication with pupils and Governors in your plan?

St	eps	Things to consider
4.	What is your core message?	What is the message you want to convey to your audience (or audiences)?
		For example, your message may be to:
		<ul> <li>inform parents/carers about your school's commitment to achieving the Race Equality Commission demands,</li> </ul>
		<ul> <li>explain why it is important to your school,</li> </ul>
		<ul> <li>outline what you would like to change in your school,</li> </ul>
		<ul> <li>set out the steps you are taking to achieve change / the journey your school is on</li> </ul>
		<ul> <li>highlight how parents/carers can be involved.</li> </ul>
		It will be important to ensure that all staff are also aware of these key messages as they may be the first point of contact for parents/carers with comments or queries.
5.	How will you communicate your message?	Think about the main communication tools that you school uses and how you can incorporate your key messages into these:
		Newsletter
		Class dojo
		• Emails
		Parent workshops
		Class assemblies with parents present
		• Website
		Others?
		Website In regard to highlighting your race equality work on the school website, some things to consider are:
		<ul> <li>Is the race equality page easy to find – available on homepage from main tool bar?</li> </ul>
		Suggested areas to include:
		<ul> <li>Introduction / ethos/ statement</li> </ul>
		<ul> <li>Curriculum progress and inclusion</li> </ul>
		<ul> <li>Main contacts in the school e.g. Race &amp; Diversity Lead (staff/ governors). Explanation of what are these roles and what do they do?</li> </ul>
		<ul> <li>Parent engagement opportunities – coffee morning, forum, events, surveys, feedback, ideas</li> </ul>

St	eps	Things to consider
		<ul> <li>Developing cultures and behaviours, information on training and CPD provided for staff and any opportunities for parents</li> <li>Resources, e.g. book lists, podcast etc</li> <li>Upcoming events.</li> <li>An example of good practice –</li> </ul>
		Mayfield Primary & Nursery School - Diversity, Equality and Inclusion.
		It is important to view your race equality work as a journey that will happen overtime and not a one-off activity that parents need to be informed about.
		Consider all of the different aspects to the work you have already started, such as staff attending training, making changes to the curriculum, changing your recruitment policy, reviewing the key policies with an anti-racist lens etc and then think about how you can communicate this to parents.
		It may be that a 'drip-feed' approach is preferable so that parents are aware there is ongoing work happening.
6.	When will you communicate your message?	It is recommended that schools create a race equality communications calendar that outlines what will be communicated, how and when and who is responsible for ensuring it happens.
7.	How will you measure the success of your communication plan?	There are several ways in which schools can measure the success of their communication plan. At a simple level, parents being aware of the race equality work could be measured through existing parent surveys, additional surveys etc.
		However, if one of the objectives of the communication plan is to improve the relationship between the school and parents/carers from the Black Caribbean or Somali communities then you may wish to track levels of engagement, attendance at key events, responses to surveys etc.

For further information please contact Sarah Thompson, School Partnerships Lead sthompson@ealing.gov.uk



Ealing Learning Partnership Perceval House 14-16 Uxbridge Road Ealing W5 2HL elp@ealing.gov.uk www.egfl.org.uk/ELP



