

Parent Support Groups

Network and feel supported, share experiences and get good advice and guidance by joining a parent support group.

Ealing Parent & Carer Forum (EPCF)
info@epcf.org.uk
www.epcf.org.uk

Representative group of over 1000 parents/carers of children and young people with SEND in Ealing.

- Regular information events such as coffee mornings to keep you updated.
- Have a local voice that's heard by the Council and other key organisations.
- FREE membership (no need to be a member to access workshops).

P.E.S.T.S (Parents of Ealing Self Help Training Scheme)
info@pestscharity.org.uk
www.pestscharity.org.uk
020 8571 9954

A space for parents/carers of children 0-5 with SEND (diagnosis not required).

- Weekly Play / Support & Music Therapy Sessions.
- Parent training workshops (e.g. visiting professionals from Occupational Therapy, Speech & Language Team, plus advice and support).
- Multi-lingual play workers to help with communication.

Key independent organisations working in Ealing

Ealing Mencap
Enterprise Lodge
Stockdove Way
Greenford
Middlesex UB6 8TJ
www.ealingmencap.org.uk
020 8566 9575

Ealing Mencap is one of the largest charities in the borough supporting people with learning and other disabilities and their families and carers; giving them every opportunity to achieve their potential.

We offer a broad range of activities to help build young people's skills and confidence, form friendships and lead active, healthy lives.

These include:

- After school and Saturday activity clubs.
- Holiday schemes.
- Employment training support (for young people aged 14-25 years).
- Ealing Advice Service (all ages).

Contact Ealing
Dormers Wells Children's Centre
Dormers Wells Lane
Middlesex UB1 3HX
ealing@contact.org.uk
www.contact.org.uk
www.facebook.com/contact-ealing
07908 826 948

Contact is a leading UK charity, providing advice, information and support to families caring for children and young people aged 0-25, with any disability or additional need, regardless of diagnosis.

Contact supports with:

- Information on a child's condition
- Benefit entitlements
- Signposting to other organisations that can help.
- Guidance and support with filling out forms such as PIP and DLA.
- Regular workshops and classes on topics that can benefit parents as well as parent support group meetings and condition-specific groups.
- Family events and activities such as day trips during the summer and half terms at a discounted price for the whole family.
- Regular newsletters covering support available, upcoming events, benefits and other topics of interest.
- Publications on subjects such as toilet training, bullying, behaviour and sleep management.

Impartial Support, Advice & Information on Disability & Special Educational Needs (ISAID)
1 Sycamore Lodge
Edgecote Close, London W3 8PH
www.ealing-isaid.org.uk
isaidealing@family-action.org.uk
020 3978 8989

ISAID is part of national charity Family Action which has for over 150 years transformed lives by providing practical, emotional and financial support to those who are experiencing poverty, disadvantage and social isolation. Ealing ISAID works with children and young people 0-25 with SEND and also with their parents and carers.

ISAID supports with:

- EHCP process, annual reviews, transport appeals.
- School transition and SEN support
- Help with tribunals and other legal processes.
- Support and advice for young people.
- Caseworker support as part of the Ealing Advice Service for children and young people with complex education, health and social care needs.
- Sessions to help parents, carers and professionals understand SEND procedures and the law.

Services and Support in Ealing

For Children and Young People with Additional Needs



www.ealinglocaloffer.org.uk

This website offers information, advice and guidance on Special Educational Needs and Disability (SEND) services and support within the London Borough of Ealing as well as some key national organisations.

Accessibility: the site uses Google Translate (button top right of screen) to switch all content into over **100 different languages**; as well as switching colour schemes and print sizes to suit different vision impairments.

You will find helpful information and support on:



Family Support Services

Information on groups and organisations such as Ealing Mencap,

ISAID, Contact Ealing, Ealing Carers Centre, Ealing Young Carers Project, Ealing children's centres and more. As well as parenting programmes and workshops including: Speech & Language Therapy sessions and the Early Start Ealing SEND inclusion teams based in children's centres.



Childcare & Short Breaks

Find the right childcare provider for your child's needs (e.g. nurseries, childminders, breakfast and afterschool clubs); as well as information on short breaks (day, evening, overnight or weekend activities away from home) offering support to children and their primary carers. Plus information on childcare funding.



Education, Health & Care (EHC) Plans

How to apply, the process, timescales and support available. Plus the special schools, schools with Additionally Resourced Provisions (ARPS) and staff showing their SEND areas of specialism.



Health & Wellbeing & Specific Conditions

Advice and guidance on issues such as toileting, speech and language, sleeping difficulties, mental health etc and where to go if you have concerns. Plus information on conditions such as ADHD, Asthma, Down's Syndrome, Autism.



Things to Do

Leisure activities, clubs and groups, events calendar and more.



Support in Education

Find out how your child's needs are assessed and then supported in early education and in school.



Preparing for Adulthood (for ages 14-25)

Information on 16+ education options, routes to work and training (supported internships and apprenticeships), health and wellbeing, independent living support (e.g. housing and adaptations, being safe, managing finances) and getting around.



Travel Assistance

Apply for travel training and financial support. Find out about travel schemes (e.g. Disabled Persons Pass, Taxi Card scheme) as well as driving and parking concessions and discounts (e.g. Blue Badge).



Money & Benefits

Find out about benefits, grants and funding that may be available such as Disability Living Allowance (DLA) for ages 0-16, Personal Independence Payments (PIP) for ages 16-64, Personal Budgets and Direct Payments, Housing Benefit and Council Tax Support, help with childcare costs, form filling; and information on special discounts.



Sign up to our **SEND Local Offer newsletter** for up to date information, news and events in the world of SEND.



Visit and follow our **Ealing Local Offer Facebook page**
www.facebook.com/ealinglocaloffer

Local Offer Consultations

We are continually seeking ways to improve the Local Offer as a resource to ensure it remains relevant and useful for families. Within this process, there are opportunities for children / young people and families to 'co-produce' the site. And at any time leave feedback. Go to www.ealinglocaloffer.org.uk and select the 'Feedback' tab along the top.

For more information:
children@ealing.gov.uk
020 8825 5588

Family Information Service (FIS)

The Family Information Service provides information, advice and guidance for children, young people aged 0-19 (up to 25 years old with additional needs) and their families; with expertise on SEND services and support.



Izra Bernard
Designated Special Educational Needs and Disability (SEND) Officer
Family Information Service
020 8825 5588
bernardi@ealing.gov.uk

Izra offers advice and support, assisting with access to Ealing's SEND and family support services. You can talk to Izra if you have any questions, especially if your child has complex needs and you need help finding the right services.

Help through schools and childcare settings



If you're concerned about your child's development or believe your child may have additional needs, you can speak to your child's school teacher, nursery teacher, SENCO (Special Educational Needs Coordinator) or Headteacher.

If your child is not yet in nursery or at school – talk to your health visitor. The health visiting service is now part of Early Start Ealing, based at children's centres.