

7

STEPS FOR SUPPORTING THE TRANSITION BACK TO SCHOOL

CHECK-IN

1



- Talk through any concerns and problem-solve for any anxieties in advance.
- Identify children who are at risk or may need extra pastoral or learning support.
- Speak to parents about their own and their child's concerns.

2



COMMUNICATE CHANGES

- Provide a step-by-step guide for any new processes, e.g. entering and leaving the school and queuing up for class.
- Share images or videos of the new school layout so families are prepared.
- Provide a summary of any amended or new policies.



3

CONTINUE WITH ONLINE LEARNING

Use online learning platforms to ease children back into school work, especially those who are not in school full-time.



ROUTINE

4



- Establish a routine, and settle into consistency and boundaries. Talk about which routines are different and which are the same.
- Create a visual timetable for pupils to see what's happening that day. You can even ask (older) pupils to take it turns writing it up on the board.

CREATE SPACE FOR SHARING



5

- Explore what home learning experiences were like through circle time or activities like writing or arts and crafts.
- Identify allocated time for questions each day and think about using a 'questions box' so that all pupils are heard.



6



MONITOR WELLBEING

- Use a mood chart to monitor how pupils are feeling each morning.
- Run smaller group sessions for pupils to talk about how they're feeling, and normalise talking about emotions throughout the day.
- Identify key adults and safe spaces for children to go if they are feeling anxious or overwhelmed.



7

SETTLING IN

- Create roles and responsibilities for pupils to help them build confidence and feel a sense of belonging.
- Prioritise activities that allow pupils to get to know new friends.
- Offer optional after school groups for children to catch-up on learning (and socialising).

