

Analysing your HRBS



Health Improvement Team

Meet the Health Improvement team



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Improvement
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Our services to schools



Universal



**Healthy Schools
Awards & Training
package**



**4 Day Bespoke
package**

What we do?



**Safeguarding
Prevention**



RSE



**Nutrition &
exercise**



PSHE



**Mental health &
emotional
wellbeing**

What you come away with today!



Increased understanding on your school's HRBS results



Increased knowledge of how to analyse your school's HRBS results



Created an action plan based on your results.



Health Related Behaviour Survey 2017

Year 4, 6, 8 and 10 pupils

How is the HRBS presented?



**Spine
Chart**

Full report

**Short
report**

Full report

Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Ravenor PS		Ealing	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	38	40	1859	1835
Girls	45	45	1889	1772

Please note that 0 (0) pupil(s) didn't specify whether they are a boy or a girl and 0 (0) didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

How many pupils completed the survey in your school (**broken into year groups and gender and then compared to Ealing**)

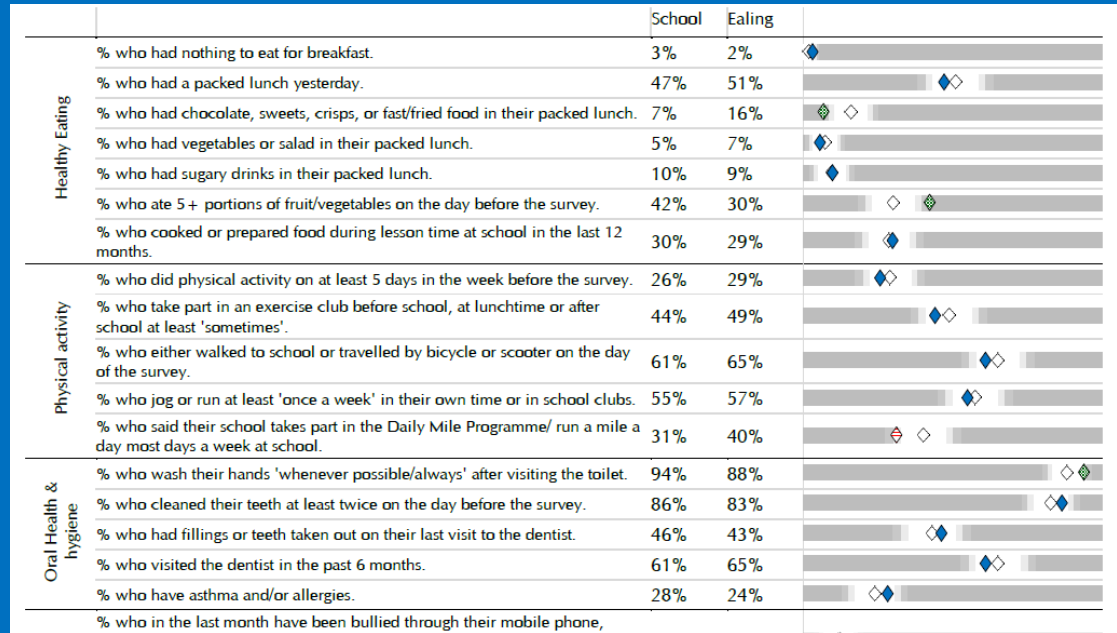
Page 5 of full report

Action plan:

From **page 4** of your full report, please fill in the number of Year 4 children, Year 4 boys and girls, Year 6 children and Year 6 boys and girls.

Then add a total number of pupils.

Full report – Spine Charts



Compares your results to the Ealing average.

The questions in the spine chart were chosen by the HI Team as we feel they are important questions.

Page 9-10 in full report

Action plan:

From your long report fill in the areas of strength and areas for development based on your spine chart.

Full report – Headlines

- ❑ 3% (1%) of Year 6 pupils responded that smokers can smoke anywhere.

ILLEGAL DRUGS

- ❑ 84% (56%) of Year 6 pupils responded that teachers have talked with them in school lessons about alcohol, tobacco or drugs; 59% (52%) said their parents/carers have talked with them.
- ❑ 7% (8%) of Year 6 pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (e.g. cannabis, heroin etc.).

Enjoying & Achieving

AT SCHOOL

- ❑ 78% (77%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 4% (3%) of pupils responded that they enjoy 'hardly any' of their lessons at school.
- ❑ 43% (47%) of pupils responded that they worry about SATs/tests 'quite a lot' or 'a lot' and 34% (29%) said the same about school-work/homework.

SCHOOL LESSONS

- ❑ 51% (41%) of pupils responded that they have found school lessons about managing money 'quite' or 'very' useful.
- ❑ 12% (9%) of pupils responded that they have found school lessons about puberty and growing up 'not at all' useful.

LEISURE

- ❑ 33% (25%) of boys and 21% (18%) of girls responded that they play in a school team at least

'once a week', while 58% (54%) of boys and 53% (54%) of girls said they go for walks and 63% (62%) of boys and 48% (53%) of girls said they run or jog.

YEAR 6 ONLY: MOVING TO HIGH SCHOOL

- ❑ 44% (26%) of Year 6 pupils responded that they are 'not at all' worried about moving to High School, while 31% (41%) said they are 'a little' worried.
- ❑ 22% (29%) of Year 6 pupils responded that they are 'quite' or 'very' worried about moving to High School.
- ❑ 11% (11%) of Year 6 pupils responded that they are most worried about bullying when they move to High School, while 12% (17%) said they are most worried about making friends and 8% (17%) said the same about homework.

EVERY CHILD MATTERS

- ❑ 47% (65%) of pupils agreed that the school cares whether they are happy or not; 57% (60%) said that in their school, people with different backgrounds are valued.

VIEWS & OPINIONS

- ❑ 67% (68%) of pupils responded that they would like to voice their views and opinions through their teacher, while 43% (46%) said they would like to voice theirs through questionnaires/surveys.

BELONGING

- ❑ 71% (78%) of pupils responded that they feel 'fairly' or 'very' strongly that they belong to their school; 54% (58%) said the same of their neighbourhood.

Pulls out the most important data for your school. Information is split into health areas.

Information in brackets compares to Ealing average.

Full report – List of significant differences

Highlights where your school data differs the most from Ealing average, these differences are graded buy *.

These can be positive and negative differences.

It is worth going through this list and highlighting the key areas for focus.

Primary.			
Sig	School	Ealing	Question
***	84%	56%	of Year 6 pupils responded that teachers have talked with them in school lessons about alcohol, tobacco or drugs.
***	81%	91%	of pupils responded that they are able to get water at school during break time.
***	47%	65%	of pupils agreed that the school cares whether they are happy or not.
***	75%	87%	of pupils responded that they feel happy talking to other children at school.
***	41%	56%	of pupils responded that they are able to get water at school during class time.
***	12%	5%	of pupils responded that they are able to get water at school during break time, but 'not easily'.
***	44%	26%	of Year 6 pupils responded that they are 'not at all' worried about moving to High School.
***	42%	30%	of pupils responded that they ate at least five portions of fruit and vegetables on the day before the survey.
***	49%	36%	of pupils responded that they have been to see their school counsellor at least 'sometimes'.
***	41%	30%	of pupils responded that they have blocked someone because of something upsetting that happened online.
***	49%	39%	of pupils responded that they use Snapchat, WhatsApp or Instagram.
**	7%	2%	of Year 6 pupils responded that they got 'less than 4 hours' sleep the night before the survey.
**	43%	33%	of pupils responded that they are able to get water at school during class time, but 'not easily'.
**	21%	31%	of pupils responded that they worry 'quite a lot' or 'a lot' about moving to secondary school.
**	3%	9%	of pupils responded that their school doesn't have a school counsellor.
**	51%	41%	of pupils responded that they have found school lessons about managing money 'quite' or 'very useful'.

Action plan:

From your long report identify the significant differences between your school and Ealing.

Full report – 2015/2017 comparisons

- ❑ 50% (46%) of pupils responded that they walked to school on the day of the survey.

Health & Hygiene

HAND-WASHING

- ❑ 94% (88%) wash their hands 'whenever possible/always' after visiting the toilet.

DENTAL HEALTH

- ❑ 86% (86%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- ❑ 1% (1%) of pupils responded that they didn't clean their teeth at all on the day before the survey.
- ❑ 38% (40%) of pupils responded that they had fillings on their last visit to the dentist.
- ❑ 5% (4%) of pupils responded that they have never visited a dentist.
- ❑ 61% (61%) of pupils responded that they visited a dentist in the 6 months before the survey, while 76% (80%) said that they did so in the year before the survey.

ALLERGIES & HEALTH ISSUES

- ❑ 13% (10%) of pupils reported that they have asthma

- ❑ 5% (7%) of Year 6 pupils responded that someone smokes in a car when they are in it too.
- ❑ 72% (70%) of Year 6 pupils responded that no-one ever smokes at home.
- ❑ 20% (23%) of Year 6 pupils responded that smoking happens only outside; 5% (6%) said that smoking happens only in certain rooms.
- ❑ 3% (2%) of Year 6 pupils responded that smokers can smoke anywhere.

ILLEGAL DRUGS

- ❑ 7% (15%) of Year 6 pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (e.g. cannabis, heroin etc.).

Enjoying & Achieving

AT SCHOOL

- ❑ 78% (82%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 4% (0%) of pupils responded that they enjoy 'hardly any' of their lessons at school.
- ❑ 43% (46%) of pupils responded that they worry about SATs/tests 'quite a lot' or 'a lot' and 34% (28%) said the same about school-work/homework.

Compares your 2017 results with your 2015 results.

2015 results are in brackets.

Full report – Significant differences between 2017 and 2015 data

Sig	2017	2015	Question
***	30%	79%	of pupils responded that they cooked or prepared food at school during lesson time in the last 12 months.
***	64%	19%	of pupils responded that they did not cook or prepare food at school in the last 12 months.
***	34%	11%	of pupils responded that they worry about health problems 'quite a lot' or 'a lot'.
***	73%	47%	of pupils responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey.
***	52%	77%	of pupils responded that their school deals with bullying 'quite' or 'very' well, or that bullying is not a problem in their school.
***	36%	16%	of pupils responded that they experienced at least one of the negative behaviours listed 'often' or 'every day' in the month before the survey.
***	55%	33%	of pupils responded that they run or jog at least 'once a week'.

Very useful for directly comparing results from 2015 and 2017.

Again ranked by *

Worth going though highlighting where there are significant differences (positive or negative in your data)

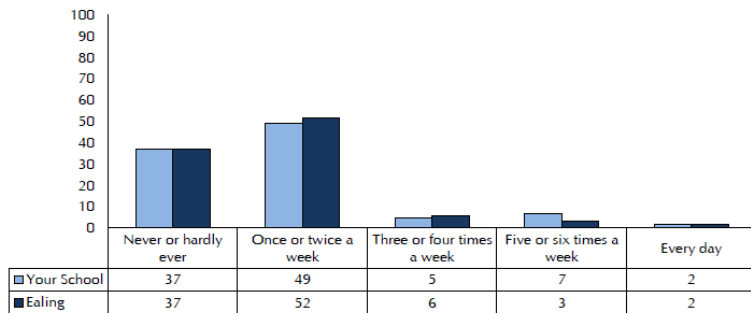
Action plan:

From your long report identify the significant differences between your 2015 and 2017 data.

Full report – Graph and in depth analysis

Take-away

Q7. How often do you and your family get a take-away meal in a week?



37% (37%) of pupils responded that they 'never or hardly ever' get a take-away meal in a week.

Q7. Percentage answering that they 'never or hardly ever' get a take-away meal in a week.

	Ravenor PS		Ealing	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	34	40	32	39
Girls	28	47	34	43

Helps you to contextualise data.
Shows year group and gender responses as well as combined.

This data can be used for targeted priority for Silver Award.

Anything in brackets is Ealing average.

Full report – List of questions

Q15. Percentage of pupils responding that they think they have been bullied for the following reasons:.....	28
Q16a. Percentage of pupils responding that if they have been bullied, they told the following people about it (top 5 – Ealing Primary data in brackets):	29
Q16b. Percentage answering that they've been bullied, but telling someone about it made the situation better.	29
Q16b. Percentage answering that they've been bullied and telling someone about it made the situation worse,	29
Q19a. Have you ever been to see your school counsellor?	30
Q19a. Percentage answering that their school doesn't have a school counsellor.	30
Q19a. Percentage answering that they have been to see their school counsellor at least 'sometimes'.	30
Q19b. Percentage of those who have been to see the counsellor answering that they found seeing them helpful.	30
Q20. Percentage answering that they have their own mobile phone.	31
Q21. Percentage of mobile phone users responding that their mobile phone does the following (Ealing Primary data in brackets):	31
Q22. Has there been any shouting and arguing between adults at home in the last month that frightened you?	31
Q22. Percentage answering that there was shouting and arguing between adults at home at least 'once or twice' in the month before the survey that frightened them.	31
Q22. Percentage answering that there was shouting and arguing that frightened them between adults at home 'every day/almost every day' in the month before the survey.	31
Q23. Has there been any violence between adults (e.g. hitting, punching, slapping) at home in the last month?	32

Useful for locating questions within the report.

Short report



**Short
report**

A more concise analysis of the results.

Includes some useful analysis.

20 pages long.

Short report – What's the same?

- **Spine chart** same as the one in the full report.
- **Highlights** same as the one in the full report.
- **Significant differences** between schools and Ealing same as the one in the full report.
- **2015/2017 comparisons** same as the one in the full report.
- **Significant differences between 2017 and 2015 data** same as the one in the full report.

Short report – Ofsted framework

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
0% – 24% true	5%	7%	0%	0%	3%
25% – 49% true	26%	16%	8%	16%	16%
50% – 74% true	55%	69%	63%	42%	57%
75% – 100% true	13%	9%	30%	42%	24%

This table provides a summary PDBW score which reflects the percentage of positive responses a pupil gave throughout the questionnaire; a higher percentage of 'true' responses indicates good personal development, behaviour and welfare.

Shows a Personal development, behaviour and welfare' (PDBW) score.

This table provides a summary PDBW score which reflects the percentage of positive responses a pupil gave throughout the questionnaire; a higher percentage of 'true' responses indicates good personal development, behaviour and welfare.

Short report

Self-confidence, self-awareness and understanding of how to be a successful learner:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils with a med-high or high self-esteem score (based on Lawrence, 1981)	80%	64%	75%	71%	72%
Pupils who do not usually feel shy when they want to say something to an adult in school	56%	41%	60%	53%	52%
Pupils who can 'usually or always' say no when a friend wants them to do something that they don't want to do (i.e. resist peer pressure)	32%	53%	69%	67%	56%
Pupils who 'usually or always' know what to say when they want a friend to do something	54%	62%	62%	58%	59%
Year 6 pupils who are no more than 'a little worried' about moving on to high school	-	-	83%	67%	74%

This section pull out key questions relating to safeguarding and Ofsted and shows pupil responses by gender and year group.

Allows you to identify any areas/genders/year groups of concern.

Short report – indicators of concern

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
0 – 30% (0-5)	76%	73%	85%	82%	79%
30 – 65% (6-11)	24%	27%	15%	18%	21%
65 – 99% (12-16)	0%	0%	0%	0%	0%
100% (17)	0%	0%	0%	0%	0%

This table provides an overall IOC score which reflects the number of negative responses (or indicators of concern) a pupil gave in the questionnaire; a lower percentage is better as it indicates less cause for concern.

Overall IOC Score for Ealing Primary:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
0 – 30% (0-5)	78%	81%	85%	86%	82%
30 – 65% (6-11)	22%	19%	15%	14%	17%
65 – 99% (12-16)	0%	0%	0%	0%	0%
100% (17)	0%	0%	0%	0%	0%

This table provides an overall IOC score which reflects the number of negative responses (or indicators of concern) a pupil gave in the questionnaire; a lower percentage is better as it indicates less cause for concern.

Short report – Individual Indicators of Concern:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who enjoy 'less than half' or 'hardly any' of their lessons at school	8%	16%	3%	2%	7%
Pupils who are at least 'sometimes' afraid of going to school because of bullying	32%	49%	18%	38%	35%
Pupils who have been bullied at or near school in the last 12 months	16%	11%	8%	16%	13%
Pupils who said that at least one of the negative behaviours listed in Q12 happened to them in the last month	83%	77%	73%	62%	73%
Pupils who have been bullied and kept the problem to themselves	17%	80%	67%	14%	38%
Pupils who said that there has been shouting/arguing between adults at home in the last month that frightened them	33%	42%	10%	16%	25%
Pupils who said that there has been violence between adults at home in the last month	28%	9%	10%	0%	11%
Pupils with low or med-low self-esteem	20%	36%	25%	29%	28%
Pupils who can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do	35%	20%	10%	7%	17%
Year 6 pupils who got no more than 6 hours' sleep the night before the survey	-	-	20%	13%	16%
Pupils who worry 'quite a lot' or 'a lot' about 4 or more different issues	55%	49%	28%	40%	43%
Pupils who don't chat to just friends/family they know in real life OR chat to friends of friends OR chat to other people they don't know in real life	22%	5%	10%	4%	10%
Pupils who have received a scary/upsetting message OR have sent personal information and regretted it	31%	20%	18%	16%	21%
Pupils who haven't been told how to stay safe online OR don't always follow the advice they've been given	36%	14%	26%	18%	23%
Year 6 pupils who have at least tried smoking cigarettes	-	-	3%	5%	4%
Year 6 pupils who are 'fairly sure' or 'certain' that they know a drug user	-	-	3%	11%	7%
Pupils who do 'not very strongly' or 'not at all strongly' feel that they belong to at least 2 items in Q57	42%	48%	50%	36%	44%

Highlights key questions that may raise concern for staff.

Splits response by gender, year groups.

Action plan:

Identify which cohort/genders are below your school average.

How do I analyse all this data?

**Spine
chart**

**Significant
differences**

**2015/2017
differences**

How do I analyse all this data?

- What areas are you above the average? Why do you think you are above average?
- Where are you below average? Is this across all year groups/genders? It is year group specific?
- Why do you think you are below average?
- Which are the most pressing areas for development? How will you address these?

ACTION PLAN

Area/question	School data	Ealing data	RAG (RED, AMBER, GREEN)	Action/reasons for success
		1		

BEING HEALTHY	2007/2008	2009/2010	2011/2012	2013/2014
Nothing for breakfast	2%	5%	2%	1%
Ate no fruit & veg yesterday	11%	10%	12%	8%
Ate at least 5 portions fruit & veg	24%	25%	32%	32%
Have a take away once a week or more	N/A	N/A	80%	73%
Drank no water yesterday	2%	2%	9%	4%
Wash hands after visiting the toilet whenever possible	82%	82%	80%	90%
Brushed teeth at least twice yesterday	78%	78%	87%	86%
Had a filling last time they visited the dentist	37%	40%	24%	29%
Visited Dentist in last year	85%	85%	81%	94%
Had an alcoholic drink in last 7 days	7%	7%	9%	NA
Parents do not know they drank	2%	14%	2%	NA
Tried smoking	11%	12%	10%	2%
Smoked in last 7 days	2%	2%	3%	0%
Will smoke when they are older	3%	3%	3%	16% Phrased as yes or maybe in 2013.
Fairly sure/certain they know someone who used drugs not as medicines	13%	13%	16%	20%
Thought they were fit or very fit	56%	56%	54%	79% Phrased as healthy or unhealthy in 2013.
Exercised to breathe faster and harder for 3 hours or more a week	30%	31%	69%	NA

Tips

- Highlight red and green
- **DON'T** focus on **ALL** the areas for development – is there a common theme? What **ONE** action will address numerous areas?
- Think **WHY** these might be areas for development? Can you **ALONE** improve this?
- What needs to be communicated back? Good and areas for development?
- What will you share with pupils? How?
- What will you share with parents? How?

<https://www.surveymonkey.co.uk/r/HITev>



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www.egfl.org.uk



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