**Recovery curriculum planning**

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| **Year group:** Key Stage 1 | **Key skills of activity:** * Children to identify how they are feeling and who they can share these feelings with
* Children to partake in activities that practice social resilience e.g. social interaction, falling out with friends, feeling lonely

**Key vocabulary:** |  |
| **Theme:**Transparent Curriculum – Resilience | **All activities below relate to the additional resources saved in the Key Stage 1 resource pack****Getting on and Falling out*** PPT and story and activities

**Understanding our emotions*** Beano Lesson plan 1, PPT and activities – completing a sentence I feel ….. when…., guess the emotion through mime & match emotions to faces.

**Being brave and resilient*** Beano lesson plan 2, PPT and activity - brave superhero poster

**Managing difficult emotions*** Beano lesson plan 3, PPT and activities – how to feel better in different scenarios & match faces with feelings and behaviour.

**Understanding stress*** Beano lesson plan 4, PPT and activities – Kim’s Game with emotions cards & dealing with my worries worksheet

**Understanding change (feelings associated with it)*** Beano lesson plan 5, PPT and activities – guess the emotion linked to a scenario & choose a scenario that involves change and use the emotions they have learnt to label

**The Most Magnificent Thing by Ashley Spires**A picture book/story about resilience <https://www.youtube.com/watch?v=UM8oN4yzJqw> | **Next steps/evaluation of activities:** |
| **Week: 3 of 5** | **Guidance for teacher:**All of our children will feel like they have lost time in learning and we must show them how we are addressing these gaps, consulting and co-constructing with our students to heal this sense of loss. | **Additional support needed:**If you notice any pupils may need extra support with transition back to school, please make note here and speak to your Designated Safeguarding Lead/Pastoral Lead. |