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| I am inspired when others do well |
| I don’t want to try new or difficult things |
| I keep trying until I can do it |
| I avoid challenges |
| I love a challenge |
| I am jealous if others do well |
| I like to try new things |
| I give up easily |
| I believe effort can help me learn |
| I am awesome at this |
| This is good enough |
| I’ll use some of the strategies I have learnt |
| Mistakes help me improve |
| Is this really my best work |
| This is going to take some time and effort |
| I learn from feedback |