

Anti Bullying Week 2020



Introductions

Who we are





Introductions

Your name

Your School

Housekeeping

What you will come away with today

- Increased confidence in developing a whole school approach to Anti-bullying week.
- Increased knowledge of the resources available to support ABW
- Looked through resources and compiled a list of what is suitable for your school.

Anti-bullying Week 16 – 20 November 2020



Definition of 'united'

Anti-Bullying
Alliance



The Cambridge English Dictionary definition of 'united':

UNITED

1

Joined together as a group

"Factions previously at war with one another are now united against the common enemy."

2

If people are united, they all agree about something: "On that issue, we're united."

Film slide

<https://youtu.be/e8e7NRik4AA>

**[Anti-Bullying
Alliance]**

**UNITED
AGAINST
BULLYING**



Monday 16th: Odd Socks Day

Anti Bullying Week aims

- To provide pupils with a clear understanding on the definition of bullying.
- To discuss different types of bullying young people may experience.
- To encourage pupils' participation in collective responsibility against bullying

Developing a whole school approach to Anti-Bullying

Step 1:

Whole
School
Anti
Bullying
survey

Whole
School
Assembly

Whole
school
display

Ensure
policy is
shared
and up to
date

Anti Bullying Week Survey:

Needs to
be done
before any
activities

Hands up
survey in
each
class

Feedback
initial
results to
staff

Repeat at
the end
for
impact




Step 2: Define bullying



Physical



Verbal



Face to
face or
online



Emotional

Activities for definition and types

Pictures
What is
happening?

Rude,
mean,
bullying

Draw and
write

Drama
activities



Pictures
What is
happening?

Rude

If someone says or does something that is unintentionally hurtful, and they only do it once, they are being RUDE.

Mean

If someone says or does something that is intentionally hurtful, and they only do it once, they are being MEAN.

Bullying

If someone says or does something that is intentionally hurtful, and they keep on doing it, even if you ask them to stop, that is BULLYING.



Image © Shutterstock.com/Daniela Barreto

Rude,
mean,
bullying

Example

Nursery & Reception	<p>Design an Anti-Bullying Superhero!</p> <p>Plan: Create a plan for your hero, including the following:</p> <ul style="list-style-type: none"> • Hero name • Costume colour • Logo or symbol • Their powers and how they got them • Who they protect or stand up for and why <p>Design: Draw the costume and label each part</p> <p>Assess: Share Superhero ideas with the class and assess what has been done well and how the design could be supercharged even more! You will end up with your own Anti-Bullying Superhero Squad!</p>	Year 3 & 4	<p>Creative writing</p> <p>Students could create a short poem based on what they could do to stand united against bullying. Each child could write 4 lines (you could add rhyming as a challenge) and then they could be joined together to create a class poem! You could also create anti-bullying Haiku poems or acrostic poems using UNITED or ANTI-BULLYING as the starting point.</p>
Year 1 & 2	<p>Create 'United' posters. Look at creatures from the animal kingdom that work together to survive.</p> <ul style="list-style-type: none"> • Penguins – A large group of penguins is called a 'rookery'. They hunt, swim and nest together in the same place. Penguins huddle together in the cold to keep each other warm and rotate so that every penguin gets a chance to be in the middle, which is the warmest part of the huddle! • Wolves – These animals hunt in packs to catch large prey that would be too big for one wolf to catch alone. This means they have more food, therefore a better chance of survival in the wild. <p>Students could create a short presentation on their chosen animal and share with the class.</p>	Year 5 & 6	<p>Art/ PSHE</p> <p>This activity is called 'Colour, Symbol, Image' and can be used in any area of the curriculum. Ask the students to think about the idea of standing united against bullying.</p> <p>Underneath, students can write a few sentences to show the reasons for their choices. Could create a handout to go with this similar to this</p> <ul style="list-style-type: none"> -If the idea <u>was</u> a colour, what colour would it be? -If it were a symbol, what symbol would it be? -Draw an image to represent what it may look like.

Step 3:

PSHE lessons

Anti-bullying week in the PSHE scheme of work.

YEAR GROUP	LESSON NUMBER	LEARNING OBJECTIVE
Nursery	Lesson 7 – 9	To play with other children.
Reception	Lesson 7 – 9	To explain how to be kind to others .

Anti-bullying week in the PSHE scheme of work.

YEAR GROUP	LESSON NUMBER	LEARNING OBJECTIVE
Year 1	Lesson 8	To be able to identify different behaviours which might be bullying?
	Lesson 9	ABW specific
Year 2	Lesson 8	To identify what bullying is and how it makes people feel.
	Lesson 9	ABW specific

Anti-bullying week in the PSHE scheme of work.

YEAR GROUP	LESSON NUMBER	LEARNING OBJECTIVE
Year 3	Lesson 8	To developing an awareness and definition of bullying and unkindness. ABW specific
	Lesson 9	
Year 4	Lesson 8	To develop an awareness of the role of victims, bullies and bystanders. ABW specific
	Lesson 9	

Anti-bullying week in the PSHE scheme of work.

YEAR GROUP	LESSON NUMBER	LEARNING OBJECTIVE
Year 5	Lesson 8	To explore how and why people are excluded.
	Lesson 9	ABW specific
Year 6	Lesson 8	To explore ways in which human beings are similar and different.
	Lesson 9	ABW specific

Step 4:

Activities for Anti

Bullying Week



EYFS

Making
school safe
for all

Celebrating
differences

Being a
good
friend



Key Stage 1

Compliment
wall

Choose
kindness
cards

Helping
hands
mural

Elmer the
Elephant



KS2

Debate or
pledges

Comic
strips

Recognising
and
celebrating
differences



High school



Debate



Run virtual
assemblies
/Virtual
workshops



Recognising
and
celebrating
differences

Step 5: Engaging parents

Define
bullying

Discuss
types of
bullying

Share
schools
procedure
for
bullying

Share
policy

Step 6: Post Anti-Bullying Week - Evaluate

Post hands
up survey

Collect
examples
of work

Take
pictures of
display
and
assemblies

Feedback
from
teachers/
pupils

Resources for Anti-bullying week

- Anti-Bullying Primary pack (includes Activities, Assembly and Lesson PowerPoints).
- Anti-Bullying High school pack (includes Activities, Assembly and Lesson PowerPoints).
- Anti-Bullying resources – links to external agencies and support for delivering Anti-Bullying lessons



Healthy Schools
EALING



Twitter



Email



EGFL



In this Issue:

- Online safety survey for pupils
- SUTH newsletter
- Healthy lifestyles learning walk
- PSHE learning walk
- Upcoming trainings
- Newsletter snippets



Stepping up to health



Features

- Our survey results
- The Daily Mile in Ealing
- The Felix Project Schools Programme
- St Augustine's Priory focuses on mental health
- Mental health ambassadors
- Parents supporting parents
- FGM awareness at Downe Manor
- Southall primary transforms RSE

Health education becomes compulsory

Draft guidance published to ensure all pupils are taught the skills to prepare them for life in the modern world

Teaching health education will become compulsory from September 2020. Under the new guidance, all children will be taught about physical and mental health, healthy relationships and how to stay safe on and offline under the new proposals published on 19 July 2018. The current guidance was last updated in 2000.

Building on existing best practice, materials to assist teaching about a range of topics including the benefits of a healthy lifestyle and how to recognise when you or a friend may be struggling with mental health will be available from September 2019.

Following the Childhood Obesity Plan and the Children and Young People's Mental Health Green Paper, these proposals come at a crucial time to ensure that health promotion is part of a whole school approach.

Education secretary Damian Hinds said:

"Good physical and mental health is at the heart of ensuring young people are ready for the adult world. By making health education compulsory we are giving young people the tools they need to be ready to thrive when they leave school."

This is exciting news for Ealing with over 90% of primary schools already using the Ealing PSHE scheme of work every week and many high schools delivering lessons on important topics such as healthy relationships, mental health and online safety.

For information about resources and support to deliver relationships and health education to your pupils, sign up to the PSHE and mental health network meetings or contact the health improvement team on healthimprovement@ealing.gov.uk

Healthy Schools London Ealing award tally



Book your school visit



To receive your school's health data, PSHE resources and contact lists, book your one-hour Health in School Visit here: hiv.acultyscheduling.com

Health Improvement in Schools



Please complete workshops evaluation

<https://www.surveymonkey.co.uk/r/hittraining1920>

A photograph of three children running happily in a grassy field. The child on the left is a boy in a striped shirt and blue overalls. The child in the middle is a girl in a pink tank top and blue shorts. The child on the right is a boy in a green t-shirt and patterned shorts. They are all holding hands and running towards the left. The background is a blurred green field with trees.

**Thank
you for
attending!**