One of the main reasons children feel frightened to go to school is bullying. Through the safeguarding agenda we have a duty to ensure that no child is afraid to go to school because of bullies. Below are a range of resources to help support you in delivering these lessons in school.

* [Policy](https://www.egfl.org.uk/services-children/safeguarding-and-child-protection/types-abuse/bullying#policy)
* [Staff](https://www.egfl.org.uk/services-children/safeguarding-and-child-protection/types-abuse/bullying#staff)
* [Parents](https://www.egfl.org.uk/services-children/safeguarding-and-child-protection/types-abuse/bullying#parents)
* [Audit tools](https://www.egfl.org.uk/services-children/safeguarding-and-child-protection/types-abuse/bullying#audit)
* [Curriculum](https://www.egfl.org.uk/services-children/safeguarding-and-child-protection/types-abuse/bullying#curriculum)

**Policy**

* Update your anti-bullying policy using [anti-bullying policy template (link is external)](https://www.egfl.org.uk/sites/default/files/School_effectiveness/Health-improvement/bullying/Anti%20bullying%20policy%20template.doc) (word)
* [Bullying – a charter for action (link is external)](http://sthelenslscb.org.uk/media/368/bullyingcharter.pdf) (pdf) useful when reviewing and updating your current anti-bullying policy.
* [Child friendly anti bullying policy (link is external)](https://www.egfl.org.uk/sites/default/files/Services_for_children/Safeguarding/Child%20friendly%20anti%20bullying%20policy%20JK.pdf) (pdf): A useful child friendly anti-bullying policy which was developed by Blair Peach Primary School.

**Staff**

[Staff questionnaire (link is external)](https://www.egfl.org.uk/sites/default/files/School_effectiveness/Health-improvement/bullying/Staff%20questionnaire.docx) (word)– assess staffs’ confidence in delivering anti-bullying lessons and allows schools to identify gaps in training.

**Parents**

[Parent questionnaire (link is external)](https://www.egfl.org.uk/sites/default/files/School_effectiveness/Health-improvement/bullying/parent%20questionnaire.doc) (word)– allows schools to get feedback from parents about the anti-bullying strategies the school has implemented. It is a great starting point when reviewing an anti-bullying policy

**Audit tools**

The [audit tool (link is external)](https://www.egfl.org.uk/sites/default/files/School_effectiveness/Health-improvement/bullying/AB%20audit%202016.docx) allows schools to audit their current provision for anti-bullying and friendship education. This tool allows schools to identify areas of strength and areas for development in their current provision

**General bullying resources**

* [Anti-bullying Alliance website (link is external)](http://www.anti-bullyingalliance.org.uk/) - resources from coalition of organisations and individuals working together to stop bullying and create safe environments in which children and young people can live, grow, play and learn
* [Anti-bullying week website (link is external)](http://www.antibullyingweek.co.uk/)– resources and lesson plans
* [Bullying UK website (link is external)](http://www.bullying.co.uk/) - wide range of resources to support schools
* [Kidscape website (link is external)](https://www.kidscape.org.uk/what-we-do/resources/) - range of free anti-bullying classroom resources

**Homophobic bullying**

* [Reach website (link is external)](http://www.each.education/resources/) - resources for each working with young people aged 13 to 21 to create resources for both schools and youth settings to challenge homophobic, sexist and cyberbullying
* [Diversity role models website (link is external)](https://www.diversityrolemodels.org/schools) offers workshop and teacher training on homophobic bullying.

**Gender stereotyping**

[NUT – stereotypes stop you doing stuff booklet (link is external)](http://www.teachers.org.uk/files/stereotypes-stop.pdf) (pdf)
Overview of how the different schools looked at the impact of gender stereotypes on young people and considered how they could begin to unsettle some of the established assumptions about what girls and boys might like or do.

**Racism**

[Show racism the red card website (link is external)](http://www.theredcard.org/) - a range of resources and materials to help tackle racism in schools.

Schools are supported in understanding their obligations under the Equality Act by the government in the document found through this link:

[https://www.gov.uk/government/publications/equality-act-2010-advice-for-schools (link is external)](https://www.gov.uk/government/publications/equality-act-2010-advice-for-schools)

**Assertiveness**

[Saying no poster (link is external)](https://www.egfl.org.uk/sites/default/files/School_effectiveness/Health-improvement/bullying/saying%20no%20poster%20KS1.doc) (word)– Use the saying no poster as a prompt with children to develop assertiveness.

**Contacts**

If you require any advice or support with bullying in schools, contact [Claire Vaughan](https://www.egfl.org.uk/elp-services/healthy-schools/health-improvement-team-contacts#clairev)