

R - Respect

O – Openness

C – Confidential



K - Kind



R – Respect (showing respect to everyone in the room)

O – Openness (being open to hearing other people's ideas and being open yourself)

C – Confidentiality (Not sharing what people say outside the classroom but if someone says something worrying/upsetting it will be shared with someone who can help)

K – Kindness – (Being kind to everyone in the room)



The ROCK rules are a simple safeguarding technique which helps the children understand how to keep everyone safe.

It is best to introduce this while school e.g. in an assembly and then have teacher display slide 1 from PP in the classrooms to refer to as needed.

As you go through the meaning of each letter explain clearly to the children putting the work into context if possible.

