

Healthy Schools London

Bronze award

Health Improvement Team

Meet the team

The Health Improvement experts



Karen Gibson
Team Manager &
safeguarding
prevention



Nicole McGregor
Nutrition & exercise
Officer



Claire Meade
RSE & PSHE
Officer



Mubina Asaria
Prevent specialist
Officer



Stacey Payne
Mental health &
emotional wellbeing
Officer

Aims of the workshop

By the end of this workshop you will have:



Increased confidence to complete your Bronze award



Increased knowledge about the HSL process



Completed sections of your Bronze award

Leading Change



*If you do what you
have always done,
you will get what you
have always got!*

Activity

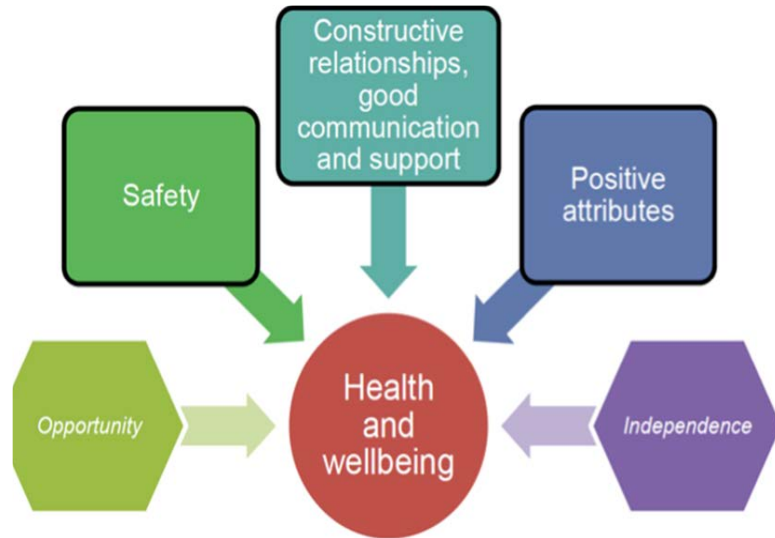
In pairs brainstorm all the key characteristics of a successful learner:

Why do some pupils exhibit these characteristics and others do not?

What are some of the health barriers to learning & what affect do they have on learning?



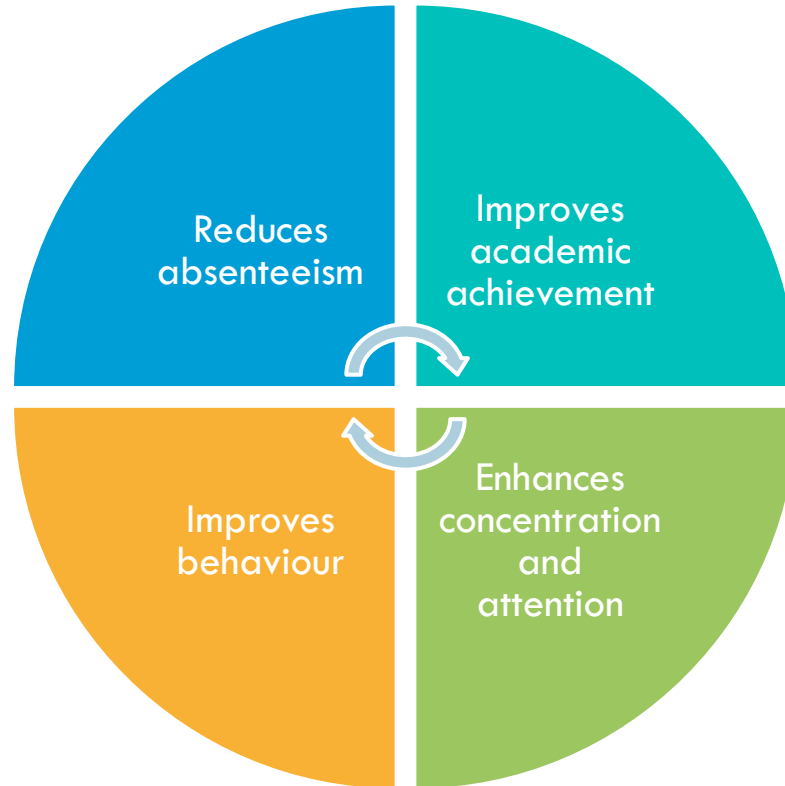
Protective Health Assets model for young people



“Promoting physical and mental health in schools creates a virtuous circle reinforcing children’s attainment and achievement that in turn improves their wellbeing, enabling children to thrive and achieve their full potential.”
Brooks 201

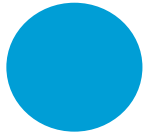
Research linking health and achievement

Research has found a link between health and attainment, absenteeism, behaviour and attention*.



* Public Health England, The link between pupil health and wellbeing and attainment, November 2014

What is Healthy Schools London?



Awards programme

Awards for schools



Recognition of achievement

For supporting pupil health



Whole school approach

Involving the whole school



Includes five theme

PSHE, healthy eating, PA,
EW&W and environment



”

*This awards
programme will
reach every
child in London*



Healthy Schools London awards

The process and how to get each award

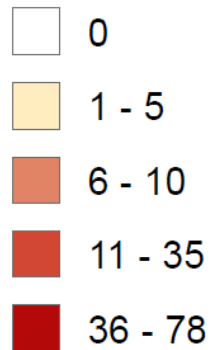
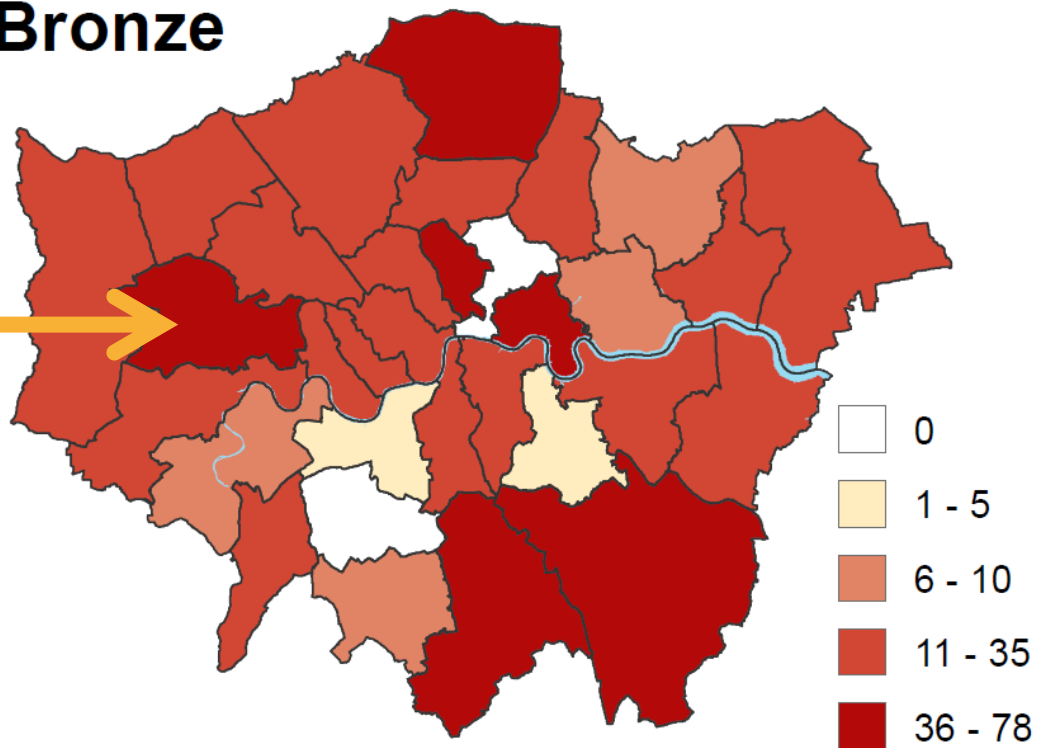


HSL Bronze awards in Ealing

Schools in Ealing who have their HSL bronze award

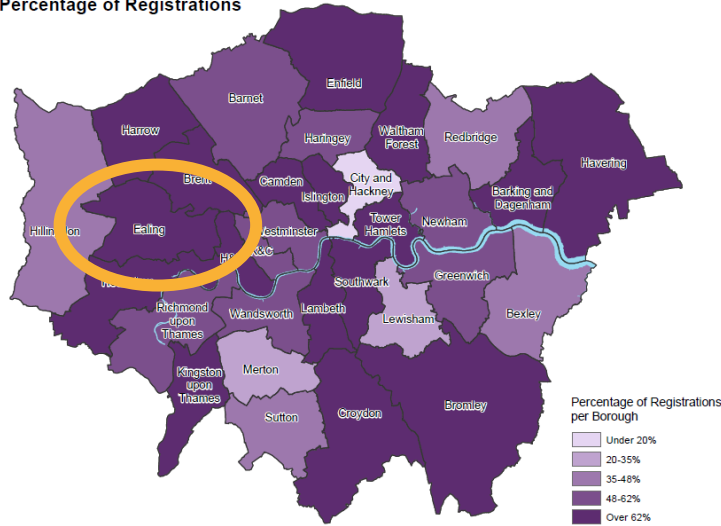
Bronze

53 schools

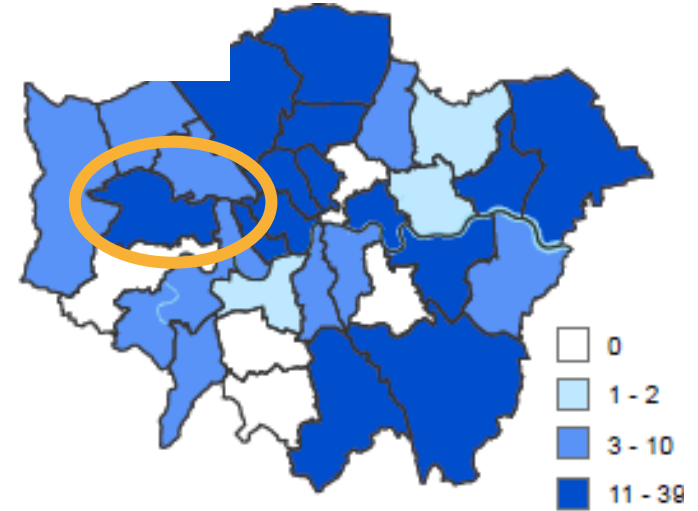


Ealing HSL registrations and Silver/Gold

Percentage of Registrations



85% registered



32 Silver



Bronze Benefits for schools

What schools get from achieving HSL Bronze awards

Ofsted evidence

Reduced pupil absenteeism

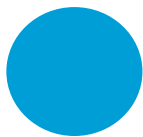
Improved behaviour, fewer bullying incidents

Improved attainment scores

Increase in school meal uptake, healthier packed lunches

New Ofsted judgement – Bronze as evidence

Personal Development, Behaviour & Welfare



Employability

'I have the skills for the next stage'



Safety

'I feel, and know how to keep safe'



Healthy

'I know how to be, and stay healthy'



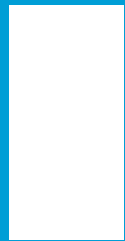
Personal development

'I respect others and contribute'



”

What is it
like to be a
pupil at this
school?



How to achieve HSL Bronze award



How to achieve your HSL Bronze awards

The HSL Bronze process

1. Register on the HSL website

2. Download the HSL Bronze review tool

3. Complete your Bronze tool

4. Email Bronze tool to HI team for feedback

5. Submit final Bronze on the HSL website

1: How to register on the HSL website

The screenshot shows the homepage of the Healthy Schools London website. At the top left is the logo for Healthy Schools London. To its right is the text 'HEALTHY SCHOOLS LONDON'. Further right is the text 'MAYOR OF LONDON'. Below these are navigation links: 'About', 'Get an Award', 'Resources', 'Contacts', and 'Sign Up'. In the top right corner, there are two buttons: 'Register' and 'Login', both of which are circled in yellow. The main content area has a purple background and features the heading 'About Healthy Schools London' followed by the text: 'Healthy Schools London is an Awards Programme that will reach out to every London child, working with schools to improve children and young people's well-being.' Below this text are three video thumbnails, each with a 'Play' button. The first thumbnail shows two boys in school uniforms working in a kitchen. The second shows a boy and a girl eating together. The third shows two girls in school uniforms walking. At the bottom of the page is a navigation bar with icons and text: a home icon for 'About', a location pin for 'Map of Healthy Schools London', a trophy for 'Get an Award', a checkmark for 'How healthy is your school?', and a folder icon for 'Resources'.

2: HSL website – where to download tools

HEALTHY SCHOOLS LONDON

MAYOR OF LC

About | Get an Award | Resources | Contacts | Sign Up

Register

Get an Award

- > Steps for achievement
- > **Apply For Bronze**
- > Apply For Silver
- > Apply For Gold
- > Review Tools
- > Awards process
- > Schools Taking part
- > Example Silver Plans
- > Appeals process
- > Example Gold Reports

✔ You do not have permission to view this form.

Apply For Bronze

Please complete the Apply for Bronze Form and submit a Review Tool. Only registered schools are able to access this form.

To achieve a Bronze award, a school will need to review its practice in promoting health and wellbeing. There are several ways in which the school can show it has done so (i.e., any one of the following is sufficient):

- School has current Local/Enhanced Healthy Schools Status
- School has completed a Local Healthy Schools Review or the Healthy Schools London Review Tool (Bronze Award) in the past 2 years and achieved minimum requirements

In order to apply and receive the Bronze award, the school will need to register with Healthy Schools London through this website. The school can then either complete the Healthy Schools London Review Tool (Bronze Award), or upload the local tool of the award they already hold.

HEALTHY SCHOOLS LONDON
BRONZE AWARD

3: How to complete your HSL Bronze tool

1. Leadership, management and managing change			
Criteria	Minimum Evidence		School Evidence
	Yes	Developing	
<p>The school provides clear leadership to create and manage a positive environment, which enhances emotional and physical health and well-being in school.</p>	<p>The school has:</p> <ol style="list-style-type: none"> 1. A member of the senior leadership team who has a strategic lead for, and (if different) 2. A member of staff responsible for: <ul style="list-style-type: none"> • PSHE education including sex and relationships education (SRE) and drug, alcohol and tobacco education • Healthy eating including school food-based standards, catering and curriculum • Physical activity • Emotional health and well-being (EHWB) including anti-bullying 		<p>Leadership information:</p> <p>PSHE education (names and job titles)</p> <p>SLT Lead:</p> <p>Staff member responsible:</p> <hr/> <p>Healthy eating (names and job titles)</p> <p>SLT Lead:</p> <p>Staff member responsible:</p> <hr/> <p>Physical activity (names and job titles)</p> <p>SLT Lead:</p> <p>Staff member responsible:</p> <hr/> <p>Emotional health and well-being (names and job titles)</p> <p>SLT Lead:</p> <p>Staff member responsible:</p>
	<p>Notes/additional evidence:</p>		

Bronze criteria


ACTIVITY:

What do you do in your school under each criteria to support pupil & staff health & well-being?




4: Email your Bronze draft to your HI officer


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Prevent specialist Officer



Stacey Payne
Mental health & emotional wellbeing Officer

5: Submit your final HSL Bronze.

Log in to the HSL website and then upload your Bronze tool for approval.

HEALTHY SCHOOLS LONDON

MAYOR OF LONDON

About | Get an Award | Resources | Contacts | Sign Up

Register Login

About Healthy Schools London

Healthy Schools London is an Awards Programme that will reach out to every London child, working with schools to improve children and young people's well-being.

Play ▶

Play ▶

Play ▶

About

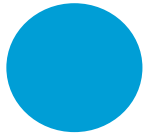
Map of Healthy Schools London

Get an Award

How healthy is your school?

Resources

What happens next?



Approve award

This can take between 2 and 4 weeks



You will receive your Bronze award

Your certificate will arrive by post



You can now apply for your HSL Silver

But first attend our Silver training at the EEC – next session 14/11



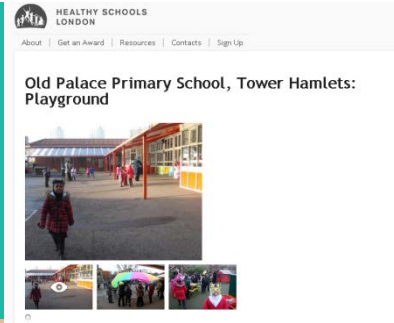
You will be notified when your Bronze is up for renewal

Your Bronze is valid for 2 years and you will get an email you when your bronze is about to expire.

Recognition for achieving HSL awards



Ceremonies
HSL ceremony &
HIT conference
for achieving
Silver & Gold.



Case studies
Get your case
study featured
on HSL website
and in SUTH.

Certificates
Receive a
certificate for
achieving each
award.



SUTH
Be acknowledged
in our SUTH
quarterly
newsletter.

Healthy School London – Ealing awards
The Healthy School London awards are a London wide awards based system that recognises schools health and wellbeing achievements.

We would like to congratulate all schools in Ealing that have worked hard to achieve their Healthy School London award. We see, the following schools achieved their Bronze award. Contact your Health Improvement Officer for more information on how to achieve the HSL awards.

Bronze	Silver	Gold
School Name	School Name	School Name
School Name	School Name	School Name
School Name	School Name	School Name
School Name	School Name	School Name

Before starting these awards, we strongly suggest you attend our Healthy Schools London training workshops and ask your Health Improvement Officer for example templates.

Health Improvement CPD
Take a look at the table below to see if there are any workshops this half term that interest you or would help you in your role in school. Register on the courses by going to www.ealinggpd.org.uk

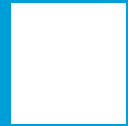
Workshops	Dates	Location

Events and important dates



Bronze submission deadline:

30th November 2016



Activity:

Start completing the sections on your HSL Bronze tool

Thank you



Karen.gibson@ealing.gov.uk



www.egfl.org.uk



020 8825 7707