

**Health Improvement Team** 





#### Meet the team

#### **The Health Improvement Experts**



Karen Gibson Health Improvement Team Manager

Safeguarding



Nicole McGregor Health Improvement Officer

**Nutrition & Exercise** 



Claire Meade Health Improvement Officer

RSE & PSHE



Stacey Edmead Health Improvement Officer

Mental Health & Emotional Wellbeing



Mubina Asasia Health Improvement Advisor

Preventing Extremism in schools

#### Our services to schools

The Health Improvement team's three services



**Universal** 

All schools receive this service for free.



**Health Partnership** 

Workshops, resources and training.



**Bespoke** 

Four day customised service.





#### What we do

We provide support and training in five areas:







### Aims of the workshop



#### **Increased Confidence**

Increased confidence in monitoring and evidencing PSHE



#### **Increased knowledge**

Increased knowledge of how PSHE appears in the new framework



#### Increased understanding....

Increased understand of how descriptors link to PSHE



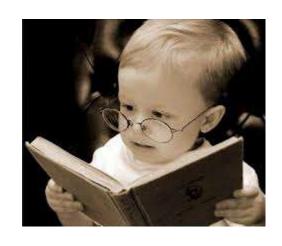


## **Activity**

In pairs brainstorm all the key characteristics of a successful learner:

Why do some pupils exhibit these characteristics and others do not?

What are some of the health barriers to learning & what affect do they have on learning?







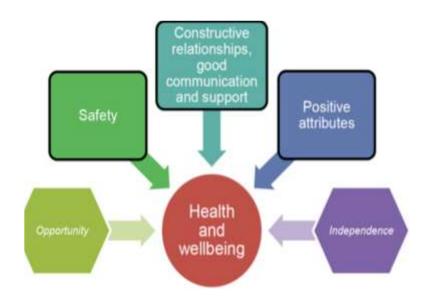
## **PSHE**







# Protective Health Assets model for young people



"Promoting physical and mental health in schools creates a virtuous circle reinforcing children's attainment and achievement that in turn improves their wellbeing, enabling children to thrive and achieve their full potential."

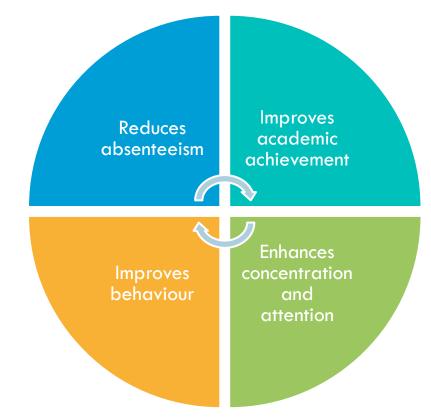
Brooks 2001





#### Whole school health and achievement

Research has found a link between health and attainment, absenteeism, behaviour and attention\*.





<sup>\*</sup> Public Health England, The link between pupil health and wellbeing and attainment, November 2014

#### **Ofsted**

Ofsted grade descriptors for PSHE Education







## Ofsted grade descriptors for PSHE Education

Achievement of pupils in PSHE

Quality of teaching in PSHE

Quality of PSHE curriculum

Quality of leadership in PSHE





### Why are these useful?

- Provide useful guidance on what Ofsted considers good practice in PSHE
- Allows you to audit where your provision is currently
- Allows you to identify gaps and begin to gather evidence





#### The overall effectiveness of PSHE Education



You need to be able to provide evidence

### Ofsted inspection framework

• Emphasis on impact across all key judgements

Impact of the culture of the school

• Importance of safeguarding as a golden thread throughout all judgements





#### Four key judgement areas

Effectiveness of leadership and management

Outcomes for pupils

Quality of teaching, learning and assessment

Personal development, behaviour and welfare

Before making the final judgement on overall effectiveness, inspectors must evaluate the effectiveness and impact of the provision for pupils' SMSC development





## Personal development, behaviour and welfare

- **Employability skills** so that they are well prepared for the next stage of their education, employment, self-employment or training
- •Understanding of how to keep themselves safe from relevant risks such as abuse, sexual exploitation and extremism, including when using the internet and social media
- •Knowledge of how to keep themselves healthy, both emotionally and physically, including through exercising and healthy eating
- •Personal development, so that they are well prepared to respect others and contribute to wider society and life in Britain.



### Ofsted's briefing on welfare

- Physical and emotional well-being, including healthy eating, fitness and mental health awareness
- Staying safe online
- Safe from all forms of bullying





# Quality of teaching, learning and assessment

- Teachers and other staff have a secure understanding of the age group they are working with and have relevant subject knowledge that is detailed and communicated well to pupils
- Assessment information is gathered from looking at what pupils already know, understand and can do, and is informed by their parents/previous providers as appropriate in the early years
- Assessment information is used to plan appropriate teaching and learning strategies, including to identify pupils who are falling behind in their learning or who need additional support, enabling pupils to make good progress and achieve well



### Leadership and management

- Has breadth, depth and relevance -meets the needs and interests of children, learners and employers
- Actively promotes equality and diversity, tackles bullying and discrimination
- Actively promotes British values
- Makes sure that safeguarding arrangements ...promote pupils' welfare and prevent radicalisation and extremism.
- Raises awareness and keeps pupils safe from the dangers of abuse, sexual exploitation, radicalisation and extremism





#### **Consider:**







#### How can we evidence?







## Ofsted mapping tool

## Activity

In groups look at one judgement for Ofsted.

Look at the grade descriptor as well as what the children should be able to do.

How would you provide evidence for this? What would you show an inspector? What would the children say?

#### What next?

#### 3 actions you will do in the next 3 weeks

#### Needs to be:

- Achievable
- Measurable
- Whole school
- Evidence led













