

## **Ealing Parenting Service**

Email: parentingserviceadmin@ealing.gov.uk

Tel: 0208 825 8422

# New Parenting Courses from Jan - July 2019

Ways to make a referral for a parenting course:

- 1. Return the referral form to Parenting Service, parentingserviceadmin@ealing.gov.uk
- 2. Refer via the Frameworki database (see instructions below) or
- 3. Post referrals to 'New Referral' *Ealing Parenting Services, Perceval House 2<sup>nd</sup> Floor, 14-16 Uxbridge Road, Ealing, London, W5 2HL.*

For more information please call the Parenting Service on 020 8825 6152

(NB: Referrals must be sent to parentingserviceadmin, not to individual staff in the parenting service. The panel is held every Thursday and if the referral is not received before Thursday, your parent may miss out on joining the next up coming group)

#### FAMILY LINKS

This 10 session weekly course helps parents of children 2-12 years olds by offering many positive, practical and fun ways of guiding children so they can manage their feelings and behaviour. Based on the four core principles of self-reflection, positive discipline, empathy and appropriate expectations, the course help parents reflect on their own experience as a child and being parented and how this affects your parenting now. There is a focus on looking after yourself and understanding you and your own child's emotional needs and build good communication and practical strategies to manage behaviour.

## January 2019-July 2019

Family Links - 10	Information:		
Date	End Jan	- April 2019 TBC	• 10 x 2 hour
Time	Tuesday	s 9:30am-11:30am	weekly sessions
Venue	Central J	Jamia Mosque Southall	With Islamic Values
Crèche facility	No	Facilitators: Munaza and Hanna Ali commissioned	
		programme Parenting U	

Family Links - 10	Information:		
Date	End Jan	-April 2019 TBC	10 x 2 hour weekly
Time	TBC		sessions
Venue	TBC aim	ing for Acton	
Crèche facility	No	Facilitators: Munaza and Nasseren commissioned	Additional needs
		programme Parenting U	

Family Links - 10	Information:		
Date	April -J	uly 2019 TBC	10 x 2 hour weekly
Time	TBC		sessions
Venue	TBC aimi	ng for Acton	Additional needs
Crèche facility	No Facilitators: Munaza and Nasseren commissioned		
		programme Parenting U	

Family Links - 10	Information:		
Date	April- J	uly 2019 TBC	10 x 2 hour weekly
Time	TBC		sessions
Venue	TBC aimi	ng for Southall	Languages
Crèche facility	No	Facilitators: Munaza and Nasseren commissioned	Urdu , Hindi ,
		programme Parenting U	Punjabi

Family Links - 10	Information:		
Date	8 <sup>th</sup> May	- 17 July 2019 Weds	10 x 2 hour weekly
Time	6:30pm-9	9pm	sessions
Venue	Perceval	House	ADHD , ASD and
Crèche facility	No	Facilitators: Barbara Borghetto and Rachel Hands	conduct disorders

## Strengthening Families, Strengthening communities

This is a  $13 \times 3$  hour weekly programme for parents of children 3-19 years old. This course explores the way families communicate and the influence of wider culture and community have on your family. This course promotes positive relationships for you and your children, teaching effective discipline methods to give you confidence and skills to make home life more manageable.

Strengthening families, Strengthening communities – Weds			Information:	
Evening				
Date	30 <sup>th</sup> Jan 2019 - 1 <sup>st</sup> May 2	2019 term time only		
Time	6pm-9pm	6pm-9pm		
Venue	Perceval House-14/16 Uxbri	dge Road, Ealing W5 2HL	sessions ADHD, ASD, Conduct Disorders targeted	
Crèche facility?		cilitators: rbara Borghetto and TBC		

evenings			
Date	31 <sup>st</sup> Jan 20:	* 13 x 3hr weekly	
Time	6pm-9pm		sessions
Venue	Perceval Ho	use -14/16 Uxbridge Road , Ealing W5 2HL	
Crèche	No	Facilitators: Barbara Borghetto and Shamin Din	Generic
facility?			

Strengtheni days	Information:	
Date	17 <sup>th</sup> Jan 2	* 13 × 3hr weekly
Time	10am - 1pm	sessions
Venue	Everyone Ac	
Crèche facility?	No	Generic

Strengthe	Information:		
days			
Date	2 <sup>nd</sup> May - 25	<sup>th</sup> July 2019	* 13 x 3hr weekly
Time	10am-1pm		sessions
Venue	Everyone Ad	ctive Acton	
Crèche	No Facilitators: Rachel Hands and TBC		
facility?			

# Webster Stratton INCREDIBLE YEARS® ASD , ADHD , ODD and challenging behaviours.

This 14-16session 2.5 hr weekly course for parents of 2 - 6 year olds and 6-11yrs old aims to help parents to build positive and close relationships with their children, whilst at the same time teaching strategies to manage un acceptable behaviour. Topics include playing with your child, giving effective praise and rewards, setting clear and consistent limits and boundaries, choices and consequences and supporting your child's education.

## Webster Stratton INCREDIBLE YEARS® 6-11 years School age

Date	5 <sup>th</sup> March 2019- 18 <sup>th</sup>	<sup>th</sup> June 2019	14 x 2.5 hour weekly
Time	10am -12.30 pm Tuesdays		sessions.
Venue	Perceval House - 14/16 Uxbridge Road, Ealing W5 2HL		(Not incl. half term)
Crèche facility?	No <b>Facilitators</b> : Barbara Borghetto		(1401 mer. narr Term)
		and Rachel Hands	

#### Webster Stratton INCREDIBLE YEARS® ASD and language delays

This 14–16 session program is offered to parents of young children (aged 2-8) on the Autism spectrum or with language delays in order to promote children's emotional regulation, social competence, language skills, school readiness, and relationships with others.

Date	TBC			14 x 2.5 hour weekly
Time	6:30pm-9:00 pm			sessions.
Venue	Perceval House - 14/16 Uxbridge Road, Ealing W5 2HL			(Not incl. half term)
Crèche facility?	No Facilitators: Barbara Borghetto			(1401 mer. herr renin)
		and Rachel Hands		

### How to make a Mosaic Referral -via the database system.

A referral can be made to the Parenting Service via Mosaic as follows.

- 1. From the Personal Details screen of a child's record, NOT an adult's record, click on the 'People' drop-down menu and select 'New Episode'
- 2. Click on the episode link 'CH Parenting Service Referral'
- 3. On page 1 of 3 of the episode, click on the 'Create Document' icon for the 'Parenting Service Referral'
- 4. Complete the referral document as appropriate
- 5. Click on document 'Save and Close'
- 6. Click on episode 'Next>>' page
- 7. On page 2 of 3 of the episode, click on the task link 'CH Notify Parenting Service of Referral'
- 8. Click on the drop-down field 'Pass to Worker' and select the worker to whom the referral should be passed, i.e. Bavoray Stevens
- 9. Click on task 'OK'
- 10. Click on episode 'Save and Close'

No further action is required. The episode 'CH Parenting Service Referral' will be completed (finished) by the Parenting Service."