

## Workshops and Groups: September – December 2023

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

**SPEECH & LANGUAGE THERAPY AWARENESS MONTH 18<sup>TH</sup> SEPT – 18<sup>TH</sup> OCT 2023**

### Ealing Speech & Language Therapy Awareness Month

18<sup>th</sup> Sept – 18<sup>th</sup> Oct 2023



Scan the QR code to see all the activities, workshops and events on offer!

### Ealing Early Start SEND Inclusion Team



#### What we do:

Early Start SEND Inclusion Team are based within Early Start and offer targeted and specialist support to families of children with additional needs including children with Social and Communication Differences, Speech and Language Delay, Autism, Down's Syndrome, Hearing and Visual Impairments as well as Complex Health/Medical Needs.

#### Our aims:

We provide advice and practical strategies to parents/carers as well as childcare providers to encourage children's development and support with areas such as communication, attention & listening, toileting, eating, sleep, behaviour and sensory differences.

#### To contact our team:

**Tel:** 020 8102 5888 (Early Start main hub)

**Email:** [earlystartsendworkshops@ealing.gov.uk](mailto:earlystartsendworkshops@ealing.gov.uk)

### Ealing Early Start Speech and Language Therapy Team

Hannah Howell-Day      Georgia Maurice      Marwa Sediq      Farina Nazimi

We provide a Universal Speech and Language Therapy service for children under 5.  
We empower families and practitioners to best support their child's communication.

A child might need some support if:

They are **18 months old** or over and not yet using any words

They are **2 years old** and have less than 50 words

They are over **3 years old** and a half and it is difficult to understand what they are saying

They are **2 and a half years old** and not yet putting 2 words together e.g. 'want juice' or 'go park'.

They have been in a **new setting for 6 weeks or longer** and are still not speaking in that setting

**Get in touch with us!**

**07512 716478**  
Monday - Friday 1-4pm  
(we can call back with an interpreter)

[ealing.sltheadvice@nhs.net](mailto:ealing.sltheadvice@nhs.net)

Facebook SLTEaling

YouTube Ealing Children's Services

Carmelita House  
21-22 The Mall, W5 2PJ

## Workshops and Groups: September – December 2023

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

### Successful Toileting Workshop



Online workshop for parents/carers of children aged 0-5.

To understand why children may have difficulties in toilet training and learn practical strategies to support your child.

### Successful Sleep Workshop



Online workshop for parents/carers of children aged 0-5.

To explore reasons behind difficult sleep times, learn strategies to minimise problems and how you can support your child.

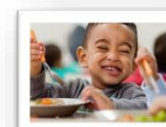
### Understand Sensory Differences Workshop



Online workshop for parents/carers of children aged 0-5.

To explore and identify Sensory Differences. Understand and learn how to support your child.

### Successful Eating Workshop



Online workshop for parents/carers of children aged 0-5.

To explore reasons behind difficult mealtimes, learn strategies to minimise problems and how you can support your child to develop a more varied diet.

**Please note: The date and times for these workshops are to be confirmed.**

**For more information, please contact the Early Start SEND team via email: [earlystartsendworkshops@ealing.gov.uk](mailto:earlystartsendworkshops@ealing.gov.uk)**

## Workshops and Groups: September – December 2023

### Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

#### Visually Supported Communication



Online workshop for parents/carers of children aged 0-5.

To explore benefits and reasons why we use visual support, understand and learn how to use visuals to support and enhance your child's communication.

#### When

Friday 10<sup>th</sup> November 2023  
9.30-11.00am  
Online

#### Promoting Positive Behaviours



Online workshop for parents/carers of children aged 0-5.

To gain awareness of what behaviours are communicating, sensory impacts on behaviour and learn practical strategies to support towards promoting positive behaviours.

#### When

Monday 16<sup>th</sup> October 2023  
9.30-11.30am  
Online

#### Understanding Autism and social communication differences



Online workshop for parents/carers of a child aged 0-5 with social communication differences.

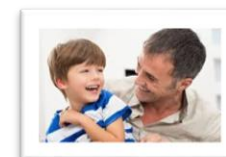
Your child might be waiting for assessment from Speech and Language Therapy, the Child Development Team or may have been recently diagnosed with Autism.

*We recommend parents book onto this workshop and 'Supporting Autistic children and children with social communication differences' as a package.*

#### When

Tuesday 7<sup>th</sup> November 2023  
9.30-11.30am  
Online

#### Supporting Autistic children and children with social communication differences



Online workshop for parents/carers of a child aged 0-5 with social communication differences.

You will learn practical strategies to support communication, using visuals, sleep-times, toileting and eating/drinking.

*We recommend parents book onto this workshop and 'Understanding Autism and social communication differences' as a package.*

#### When

Tuesday 14<sup>th</sup> November 2023  
9.30-11.30am  
Online

#### How to Book

Parents/carers – email [earlystartsendworkshops@ealing.gov.uk](mailto:earlystartsendworkshops@ealing.gov.uk)

Parents/carers – email [wlm-tr.sltuniversalservices@nhs.net](mailto:wlm-tr.sltuniversalservices@nhs.net)

## Workshops and Groups: September – December 2023

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

### Introduction to Makaton Signing



Workshop for parent/carers or practitioners of a child aged 0-5.

Learn 30 Makaton signs and symbols in our 1 ½ hour training session. Training will be provided by an official Makaton Tutor.

#### When

Thursday 12<sup>th</sup> October 2023

9.30am – 11am

**Online**

#### OR

Thursday 23<sup>rd</sup> November 2023

1pm – 2.30pm

**Location:** Dormers Wells Children's Centre, UB1 3HX

### How to Book

Parents/carers – email [wlm-tr.sltuniversalservices@nhs.net](mailto:wlm-tr.sltuniversalservices@nhs.net)

Practitioners - via Ealing CPD online [www.ealingcpd.org.uk](http://www.ealingcpd.org.uk)

## Workshops and Groups: September – December 2023

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

**SPEECH & LANGUAGE THERAPY AWARENESS MONTH 18<sup>TH</sup> SEPT – 18<sup>TH</sup> OCT 2023**

### How can I help my child's speech and language development?

Online/ Face-to-Face workshop for parents/carers of children aged 0-5.

Find out our top tips to support your child's speech and language development!

#### **When**

Thursday 21<sup>st</sup> September

19.00 – 20.30pm

**Online via Zoom**

#### **OR**

Wednesday 27<sup>th</sup> September

9.30 – 11.30am

**Location:** The Rickyard,  
Pitzhangor Manor, Ealing Broadway

### Will speaking more than one language confuse my child?

Face-to-Face workshop for parents/carers of children aged 0-5.

Come along & out more about how speaking more than one language supports your child's speech, language and communication development.

#### **When**

Tuesday 10<sup>th</sup> October

10am - 12pm

**Location:** The Hub,  
Pitzhangor Manor, Ealing  
Broadway

### How can I support my child's social communication?

**contact** For families with disabled children

Online workshop for parents/carers of children aged 0-5.

We will share and demonstrate practical ideas and strategies that you can use to support your child's social communication!

#### **When**

Friday 6<sup>th</sup> October

10.30 – 12.30pm

**Online via Zoom**

### How can I toilet train my child if they are not talking?

**EALING  
ANCHOR  
FOUNDATION**  
Supporting Parents & Carers in Ealing

Face-to-Face workshop for parents/carers of children aged 0-5

We will share and demonstrate practical ideas and strategies that you can use to support your child's toileting journey!

#### **When**

Monday 9<sup>th</sup> October

10am – 12pm

**Location:** Windmill Children's  
Centre, UB6 9DZ

### How to Book:

Email:

[wlm-tr.sltuniversalservices@nhs.net](mailto:wlm-tr.sltuniversalservices@nhs.net)

Fill out booking  
form:  
**scan QR code**



**scan QR code**



## Workshops and Groups: September – December 2023

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

**How to support children with  
Selective Mutism, shy, quiet or  
anxious talkers**

**contact** For families  
with disabled children

Face-to-Face workshop for parents/carers of  
children aged 0-5.

Are you worried that your child is shy or  
anxious to talk in certain situations? Come  
along and find out more about selective  
mutism, shy, quiet or anxious talkers.

**When**

Thursday 12<sup>th</sup> October  
10.30 – 12pm

**Location:** Greenfields Children's Centre,  
UB2 5PF

**How to Book:**

Fill out booking form:  
scan QR code



**An introduction to the Speech and  
Language therapy service:**

**What is it and how can we help  
you?**



Online workshop for parents/carers of  
children aged 0-5.

Find out more about what speech and  
language therapy is, how we work with you  
and your child and how services work in  
Ealing.

**When**

Tuesday 17<sup>th</sup> October  
10 – 12pm

**Online via MS Teams**

Email:

[parentingserviceadmin@ealing.gov.uk](mailto:parentingserviceadmin@ealing.gov.uk)

## Ealing Speech & Language Therapy Awareness Month

**18<sup>th</sup> Sept – 18<sup>th</sup> Oct 2023**

**Welcome to our first SLT Awareness Month  
for under 5's in Ealing!**

Ealing SLT team, parent representatives, children's  
centres, Early Start teams & local charity  
organisations have been working together to create  
a **whole month of activities** aimed at raising  
**awareness of Speech and Language Therapy for  
families with children under 5.**

We have a range of workshops &  
activities planned – **scan the QR code**  
& have a look at our brochure!



**NHS**  
Ealing Community  
Partners



**EALING  
ANCHOR  
FOUNDATION**  
Supporting Parents & Carers in Ealing



**contact** For families  
with disabled children



## Workshops and Groups: September – December 2023

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

Groups open to all parents and children –  
no referral needed!



### MAKATON SIGN TIME

Run by a Makaton Signing for Babies & Families Trainer

5 week course for parents/carers & their babies or children.

Open to all babies & children. Everyone is welcome!

Learn approx. 100 signs and symbols.

Games, songs, activities & play!

Optional £10 for 'Makaton pocket book of signs and symbols'



Makaton signing can  
reduce frustration  
when communication  
breaks down

Makaton signing  
helps children to  
communicate and  
supports talking

Makaton signing  
helps children's  
understanding and  
memory of words

Hanwell Children's  
Centre (W7 3JG)



Wednesday afternoons

Virtual Group on  
Zoom



Monday afternoons

To book, please email:

[wlm-tr.sltuniversalsservices@nhs.net](mailto:wlm-tr.sltuniversalsservices@nhs.net)

South Acton Children's Centre  
(W3 8RX)



Wednesday afternoons

To book, please email:

[sallycarlton@southactoncc.com](mailto:sallycarlton@southactoncc.com)

# Workshops and Groups: September – December 2023

## Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team



### TALK & PLAY



Worried about your child's talking? Book a place at Talk & Play!

Run by Ealing Children's Centres and Speech & Language Therapy

Play sessions  
for children  
under 5 & their  
parent/carer

Supports you to  
develop your  
child's talking  
at home

5 week course  
- you need to  
come to all 5  
sessions!

Choose your preferred Children's Centre - then call/email to book a place

#### Southall



**Havelock**  
UB2 4XW

Fridays 11:00-12:00pm  
Tel: 0208 5711219

**Windmill Park**  
UB2 4UZ

Wednesdays 1.00-2:00pm  
Tel: 020 8574 5310  
or 0208 571 0878



#### Ealing

**Grange or Log Cabin**

W5 4HN or W5 4UA  
Thursdays 1:00-2:00pm  
Tel: 0208 825 5906



**South Acton**

W3 8RX

Tuesday 9.45-10.45am  
Email: sallycarlton@southactoncc.com



#### Northolt



**Islip Manor**  
UB5 5RG

Mondays 9:45-10:45am  
Tel: 020 8845 0601

**Perivale**

UB6 7AF

Tuesdays 1:30-2:30pm  
Tel: 020 8825 5380



Summer term 2023



### FUN & LEARN



Worried about your child's social interaction and talking? Book a place at Fun & Learn!

Run by Ealing Children's Centres and Speech & Language Therapy

Play sessions  
for children  
under 5 & their  
parent/carer

Supports you to  
develop your  
child's interaction  
and talking at  
home

5 week course  
- you need to  
come to all 5  
sessions!

Choose your preferred Children's Centre - then call to book a place

#### Southall



**Havelock**  
UB2 4XW

Fridays 9:30 – 10:30  
Tel: 0208 5711219

#### Ealing

**Jubilee**

W13 0JF

Thursdays 1:30 – 2:30  
Tel: 020 8997 2338



#### Northolt

**Horsenden**

UB6 0PB

Wednesdays 1:30-2:30  
Tel: 020 8422 3854



**Limetrees**

UB5 5LA

Tuesdays 2:00 – 3:00  
Tel: 020 8845 3807



Summer term 2023



# Workshops and Groups: September – December 2023

## Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team



### Ealing Speech and Language Therapy Parent Drop-In & Advice Sessions

- Have a question about your child's communication development?
- Feeling a bit worried about your child's communication but not sure who to talk to?
- Keen to speak to a speech and language therapist for some advice or reassurance?

**Come along to one of our drop-in sessions!**

**Bookings may be required so please contact the Children's Centre/ setting directly:**

Southall and West Ealing Drop in/advice sessions			
Date	Time	Location	Contact Details
Thursday 9 <sup>th</sup> November	10-11.30am	Dormers Wells Children's Centre	07719988113 Postcode: UB1 3HX
Tuesday 5 <sup>th</sup> December	9.15-11.30am	Havelock Children's Centre	020 8843 0548 Postcode: UB2 4XW
Northolt and Greenford Drop in/advice sessions			
Wednesday 20 <sup>th</sup> September	9.45-11.30am	Horsenden Children's Centre	0208 422 3854 Postcode: UB6 0PB
Tuesday 17 <sup>th</sup> October	9.30-11.00am	Limetrees Children's centre	020 8845 3807 Postcode: UB5 5LA
Ealing and Acton Drop in/advice sessions			
Tuesday 17 <sup>th</sup> October	11-1pm	West London Islamic Centre	Phone Sister Aisha to book on: 07988687111 Postcode: W13 0SQ
Wednesday 18 <sup>th</sup> October	10-11.30am	Acton Park Children's Centre	020 8743 6133 Postcode: W3 7LJ
Monday 4 <sup>th</sup> December	10-11.30am	Jubilee Children's Centre	020 8997 2338 Postcode: W13 0JF

The drop in sessions are for parents of children who do not yet have a referral to the Speech and Language Therapy service, but who would like to speak to a speech and language therapist. We will be able to access telephone interpreters.

You can also get in touch with us via our advice line on 07512 716 478 or [ealing.sltadvice@nhs.net](mailto:ealing.sltadvice@nhs.net). We will call you back with an interpreter if needed.



## Workshops and Groups: September – December 2023

### Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

#### Online resources

**Ealing Speech and Language Therapy Facebook page:** [www.facebook.com/SLTEaling](https://www.facebook.com/SLTEaling) - contains lots of tips to support communication, storytime videos and more!

**Ealing Children's Services YouTube channel:** [Ealing Children's Services - YouTube](https://www.youtube.com/channel/UC8w8w8w8w8w8w8w8w8w8w8w) – contains bitesize tips and online workshops on Autism, language development, speech sounds and more!

**Ealing Speech and Language Therapy website:** <https://www.westlondon.nhs.uk/slt>

**BBC Tiny Happy People:** [Activities for babies, toddlers and children - BBC Tiny Happy People](https://www.bbc.com/tv-and-radio/tiny-happy-people) – they also have a brilliant Instagram page!

#### Other useful local organizations

**The Early Start SEND Inclusion team:** Early Start SEND Inclusion Team offer targeted and specialist support to families of children with additional needs including social communication differences, speech and language difficulties, Autism, Down's Syndrome, hearing loss, vision difficulties and complex health and medical needs. Telephone: 020 8102 5888  
Email: [earlystartsendworkshops@ealing.gov.uk](mailto:earlystartsendworkshops@ealing.gov.uk)

**The Health Visiting team:** 020 8102 5888 for main hub.

**Contact:** charity supporting families with children with disabilities in Ealing. They offer information and guidance for parents, parenting support groups and more: <https://www.facebook.com/Contact-Ealing-104164327892227/>

**Ealing Anchor Foundation:** supporting families of children with disabilities in Ealing. They offer outings for families, workshops, play and support sessions and parent/carer evenings for adults.  
<https://www.facebook.com/profile.php?id=100064496000485>