

## Workshops and Groups: April-July 2025

### Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

#### Ealing Early Start SEND Inclusion Team



##### What we do:

Early Start SEND Inclusion Team are based within Early Start and offer targeted and specialist support to families of children with additional needs including children with Social and Communication Differences, Speech and Language Delay, Autism, Down's Syndrome, Hearing and Visual Impairments as well as Complex Health/Medical Needs.

##### Our aims:

We provide advice and practical strategies to parents/carers as well as childcare providers to encourage children's development and support with areas such as communication, attention & listening, toileting, eating, sleep, behaviour and sensory differences.

##### To contact our team:

**Tel:** 020 8102 5888 (Early Start main hub)

**Email:** [earlystartsendworkshops@ealing.gov.uk](mailto:earlystartsendworkshops@ealing.gov.uk)

#### Ealing Early Start

#### Speech and Language Therapy Team



Hannah Howell-Day (SLT)



Celia Hervé (SLT)



Rosie Cooper (SLT)



Zayna Halling (SLT)



Lisa Augustine (SLTA)



Amanda Dickerson (Nursery Officer)

We provide a Universal Speech and Language Therapy service for children under 5.  
We empower families and practitioners to best support their child's communication.

A child might need some support if:

They are **18 months old** or over and not yet using any words

They are **2 years old** and have less than 50 words

They are over **3 years old** and a half and it is difficult to understand what they are saying

They are **2 and a half years old** and not yet putting 2 words together e.g. 'want juice' or 'go park'.

They have been in a **new setting for 6 weeks or longer** and are still not speaking in that setting

**Get in touch with us!**



[wlm-tr.ealing.sltadvice@nhs.net](mailto:wlm-tr.ealing.sltadvice@nhs.net)  
Monday - Friday 1-4pm  
(we can call back with an interpreter)



Carmelita House  
21-22 The Mall, W5 2PJ



Facebook SLTEaling



YouTube Ealing Children's Services



## Workshops and Groups: April-July 2025

### Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

#### Successful Eating Workshop



Free online workshop for parents/carers of children aged 0-5.

To explore reasons behind difficult mealtimes, learn strategies to minimise problems and how you can support your child to develop a more varied diet.

##### When

Wednesday 14th May 2025  
10am-11:30am

##### How to book

Book your free place:  
<https://forms.office.com/e/erNpRqhb91>



#### Successful Sleep Workshop



Free online workshop for parents/carers of children aged 0-5.

To explore reasons behind difficult sleep times, learn strategies to minimise problems and how you can support your child.

##### When

Wednesday 18th May 2025  
10am-11:30am

##### How to book

Book your free place:  
<https://forms.office.com/e/1MtAVXbXEu>



#### Promoting Positive Behaviours



Free online workshop for parents/carers of children aged 0-5.

To gain awareness of what behaviours are communicating, sensory impacts on behaviour and learn practical strategies to support towards promoting positive behaviours.

##### When

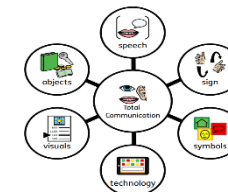
Wednesday 21<sup>st</sup> May 2025  
10am-12pm

##### How to book

Book your free place:  
<https://forms.office.com/e/cmcUG405X5>



#### Understanding Children with Social Communication Differences



Free online workshop for parents/carers of children aged 0-5.

Your child might be waiting for assessment from Speech and Language Therapy, the Child Development Team or may have been recently diagnosed with Autism.

*We recommend parents book onto this workshop and 'Supporting children with social communication differences' as a package.*

##### When

Thursday 4<sup>th</sup> June 2025  
10am-11:30am

##### How to book

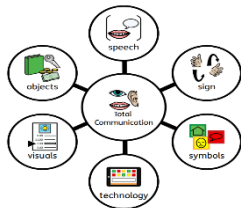
Book your free place:  
<https://forms.office.com/e/1GKR1fJZPJ>



## Workshops and Groups: April-July 2025

### Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

#### Supporting Children with Social Communication Differences



Free online workshop for parents/carers of children aged 0-5.

You will learn practical strategies to support communication, using visuals, sleep-times, toileting and eating/drinking.

*We recommend parents book onto this workshop and 'Understanding children with social communication differences' as a package.*

#### **When**

Wednesday 11<sup>th</sup> June 2025  
10am-12pm

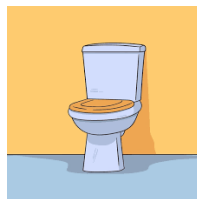
#### **How to book**

Book your free place:

<https://forms.office.com/e/1GKR1fJZPJ>



#### Successful Toileting Workshop



Free online workshop for parents/carers of children aged 0-5.

To understand why children may have difficulties in toilet training and learn practical strategies to support your child.

#### **When**

Thursday 26<sup>th</sup> June 2025  
10am-11:30am

#### **How to book**

Book your free place:

<https://forms.office.com/e/urHbgaaj9S>



#### Understand Sensory Differences Workshop



Free online workshop for parents/carers of children aged 0-5.

To explore and identify Sensory Differences. Understand and learn how to support your child.

#### **When**

Thursday 2<sup>nd</sup> July 2025  
10am-11:30am

#### **How to book**

Book your free place:

<https://forms.office.com/e/gajpYjC12h>



## Workshops and Groups: April-July 2025

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

### Introduction to Makaton Signing



Workshop for parent/carers or practitioners of a child aged 0-5.

Learn 30 Makaton signs and symbols in our 1 ½ hour training session. Training will be provided by an official Makaton Tutor.

#### **When**

Tuesday 10th June  
9.30-11.00am  
Online

#### **How to Book**



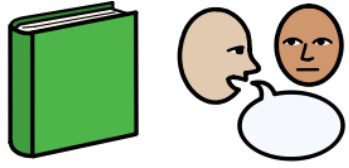

Parents/carers – email [wlm-tr.sltuniversalservices@nhs.net](mailto:wlm-tr.sltuniversalservices@nhs.net)

Practitioners – via Ealing CPD online [www.ealingcpd.org.uk](http://www.ealingcpd.org.uk)

## Workshops and Groups: April-July 2025

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

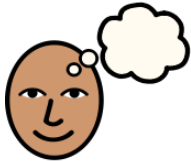
Pre-recorded workshops on the Ealing SLT  **YouTube** channel:

Talking: What to Expect When and How to Help	Using Visuals to Support Communication	Using Stories to Support Talking
 <p>This workshop 'Talking: What to Expect When and How to Help' is for parents and any professional working with children under 5.</p> <p>On this bitesized workshop, you will learn:</p> <ul style="list-style-type: none"> <li>• How communication develops</li> <li>• How learning more than one language affects language development</li> <li>• What difficulties you should look how for in children</li> <li>• What parents and practitioners can do to support children's language</li> <li>• What support is available</li> </ul> <p><b>YouTube recording:</b> Please scan QR code</p> 	 <p>This workshop 'Using visuals to support communication' is for parents and any professional working with any aged child.</p> <p>On this bitesized workshop, you will learn:</p> <ul style="list-style-type: none"> <li>• What visuals are</li> <li>• What the benefits of visuals are</li> <li>• How to use visuals at home</li> <li>• What support is available</li> </ul> <p><b>YouTube recording:</b> Please scan QR code</p> 	 <p>This workshop is for parents/carers and any professional working with children under 5.</p> <p>On this bitesized workshop, you will learn:</p> <ul style="list-style-type: none"> <li>• How stories support communication</li> <li>• Choosing stories</li> <li>• Choosing stories</li> <li>• What to do if you do not have storybooks available</li> </ul> <p><b>YouTube recording:</b> Please scan QR code</p> 

## Workshops and Groups: April-July 2025

### Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

#### Understanding Autism and Social Communication Differences



Online workshop for parents/carers of a child aged 0-5 with social communication differences.

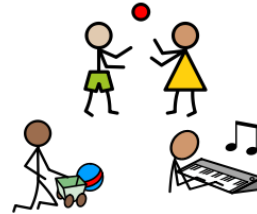
Your child might be waiting for assessment from Speech and Language Therapy, the Child Development Team or may have been recently diagnosed with Autism.

*We recommend parents book onto this workshop and 'Supporting Autistic children and children with social communication differences' as a package.*

**YouTube recording:**  
Please scan QR code



#### Supporting Autistic Children and Children with Social Communication Differences



Online workshop for parents/carers of a child aged 0-5 with social communication differences.

You will learn practical strategies to support communication, using visuals, sleep-times, toileting and eating/drinking.

*We recommend parents book onto this workshop and 'Understanding Autism and social communication differences' as a package.*

**YouTube recording:**  
Please scan QR code



#### Supporting Children who are Learning more than One Language



This workshop is for parents and any professional working with children aged 0-18.

On this bite-sized workshop, you will learn:

- How learning another language affects children's language development
- The benefits of speaking more than one language
- How parents and practitioners can support children who are learning more than one language.

**YouTube recording:**  
Please scan QR code





## Workshops and Groups: April-July 2025

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team



### MAKATON SIGN TIME

Run by a Makaton Signing for Babies & Families Trainer

5 week course for parents/carers & their babies or children.

Open to all babies & children. Everyone is welcome!

Learn approx. 100 signs and symbols.

Games, songs, activities & play!

Optional £10 for 'Makaton pocket book of signs and symbols'



**Groups open to all parents and children  
– no referral needed!**

Makaton signing can  
reduce frustration  
when communication  
breaks down

Makaton signing  
helps children to  
communicate and  
supports talking

Makaton signing  
helps children's  
understanding and  
memory of words

South Acton Children's Centre  
(W3 8RX)



Wednesday afternoons

To book, please email:  
[sallycarton@southactoncc.com](mailto:sallycarton@southactoncc.com)

Greenfields Children's Centre  
(UB2 5PF)



Friday afternoons

To book, please email:  
[paula.england@greenfieldschildren.com](mailto:paula.england@greenfieldschildren.com)

# Workshops and Groups: April-July 2025

## Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team



### TALK & PLAY



Worried about your child's talking? Book a place at Talk & Play!

Run by Ealing Children's Centres and Speech & Language Therapy

Play sessions  
for children  
under 5 & their  
parent/carer

Supports you to  
develop your  
child's talking  
at home

5 week course  
- you need to  
come to all 5  
sessions!

Choose your preferred Children's Centre - then call/email to book a place

#### Southall



**Havelock**  
UB2 4XW

Fridays 11 - 12pm  
Tel: 020 8571 1219

**Windmill Park**  
UB2 4UZ

Wednesdays 1 - 2pm  
Tel: 020 8574 5310  
or 0208 571 0878



#### Ealing

**Grange or Hathaway**  
W5 4HN or W13 0DH  
Thursdays 1 - 2pm  
Tel: 020 8998 8903



**South Acton: W3 8RX**  
Tuesdays 9.45- 10.45am  
Email:  
sallycarlton@southactoncc.com



**John Perryn**  
W3 7PD  
Wednesdays 10 - 11am  
Tel: 020 8272 6399



#### Northolt



**Islip Manor**  
UB5 5RG

Mondays 9:45-  
10:45am  
Tel: 020 8845 0601

**Horsenden/Perivale**  
UB6 7AF

Wednesdays 1:30-  
2:30pm  
Tel: 020 8825 5380



Summer 2025



### FUN & LEARN



Worried about your child's social interaction and talking? Book a place at Fun & Learn!

Run by Ealing Children's Centres and Speech & Language Therapy

Play sessions  
for children  
under 5 & their  
parent/carer

Supports you to  
develop your  
child's interaction  
and talking at  
home

5 week course  
- you need to  
come to all 5  
sessions!

Choose your preferred Children's Centre - then call to book a place

#### Southall

**Havelock**  
UB2 4XW

Fridays 9:30 - 10:30  
Tel: 020 8571 1219



**Southall Park**  
UB1 3AY

Thursdays 10:00 - 11:00  
Tel: 020 8813 8275



#### Ealing

**Jubilee**  
W13 0JF

Thursdays 1:15 - 2:15  
Tel: 020 8958 8903



#### Northolt

**Horsenden/Perivale**  
UB6 0PB

Wednesdays 1:30-  
2:30  
Tel: 020 8422 3854



**Limetrees**  
UB5 5LA

Tuesdays 2:00 - 3:00  
Tel: 020 8845 3807



Summer 2025



## Workshops and Groups: April-July 2025

### Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team



#### Ealing Speech and Language Therapy Parent/Carer Drop-In & Advice Sessions

- Have a question about your child's communication development?
- Feeling a bit worried about your child's communication but not sure who to talk to?
- Keen to speak to a speech and language therapist for some advice or reassurance?

**Come along to one of our drop-in sessions!**

**Bookings may be required so please contact the Children's Centre/ setting directly**

Southall and West Ealing			
Date	Time	Location	Contact Details
Tuesday 13th May	9.30-11.30am	Gurdwara Sri Guru Singh Sabha Southall (with Urdu & Punjabi Coworker Samreen)	Guru Nanak Road, Southall, UB2 4NP
Tuesday 3 <sup>rd</sup> June	9:15-10:45am	Grove House Children's Centre	77a North Road Southall Middlesex 020 8571 0878
Friday 4 <sup>th</sup> July	1-2:30pm	Southall Park Children's Centre	Green Drive Southall UB1 3AY 0208 813 8275
Northolt and Greenford			
Thurs 22 <sup>nd</sup> May	9:30-10:45am	Petts Hill Children's Centre	Newmarket Avenue UB5 4HB 020 8864 9215
Weds 25 <sup>th</sup> June	10-11:30am	Horsenden Children's Centre	Horsenden Lane North UB6 0PB 0208 422 3854
Weds 2 <sup>nd</sup> July	11:15-12:45am	Islip Manor Children's Centre	Eastcote Lane Northolt 020 8845 0601
Ealing and Acton			
Thurs 22 <sup>nd</sup> May	10-11:30am	John Perry Children's Centre (with Arabic Coworker Mervem)	Long Drive, Acton W3 7PD 020 8222 6399
Friday 23 <sup>rd</sup> May	9:30-11am	South Acton Children's Centre	Castle Close Acton W3 8RX 020 8992 0724
Weds 18 <sup>th</sup> June	10-11:30am	Log Cabin Children's Centre	259 Northfield Avenue W5 4UA 020 8825 5906

The drop in sessions are for parents/carers of children who do not yet have a referral to the service, and who would like to speak to a therapist. We can use telephone interpreters.

You can also email our advice line on [wlm-tr.ealing.sltadvice@nhs.net](mailto:wlm-tr.ealing.sltadvice@nhs.net). We can call you back (with an interpreter if needed).

## Workshops and Groups: April-July 2025

## Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

## Online resources

**Ealing Speech and Language Therapy Facebook page:** [www.facebook.com/SLTEaling](https://www.facebook.com/SLTEaling) - contains lots of tips to support communication, storytime videos and more!

**Ealing Children's Services YouTube channel:** [Ealing Children's Services - YouTube](#) – contains bitesize tips and online workshops on Autism, language development, speech sounds and more!

**Ealing Speech and Language Therapy website:** <https://www.westlondon.nhs.uk/slt>

**BBC Tiny Happy People:** [Activities for babies, toddlers and children - BBC Tiny Happy People](#) – they also have a brilliant Instagram page!

**ERIC: The Children's Bowel and Bladder Charity:** <https://eric.org.uk/> - support for potty training



## Other useful local organizations

**The Early Start SEND Inclusion team:** Early Start SEND Inclusion Team offer targeted and specialist support to families of children with additional needs including social communication differences, speech and language difficulties, Autism, Down's Syndrome, hearing loss, vision difficulties and complex health and medical needs. Telephone: 020 8102 5888 Email: [earlystartsendworkshops@ealing.gov.uk](mailto:earlystartsendworkshops@ealing.gov.uk)

**The Health Visiting team: 020 8102 5888 for main hub.**

**Contact:** charity supporting families with children with disabilities in Ealing. They offer information and guidance for parents, parenting support groups and more: <https://www.facebook.com/Contact-Ealing-104164327892227/>

**Ealing Anchor Foundation:** supporting families of children with disabilities in Ealing. They offer outings for families, workshops, play and support sessions and parent/carer evenings for adults. <https://www.facebook.com/profile.php?id=100064496000485>

**Home-Start Ealing:** supporting families of children in Ealing <https://homestartealing.org/>