

Springhallow Outreach Training for Professionals

2022-2023





Springhallow Autism Outreach Training for Professionals

What we do:

We deliver a comprehensive autism training package to teachers, support staff and school leaders. This includes the promotion of the Autism Education Trust (AET) including their training modules which we deliver with our respective partners in Early Years, Schools and Post 16. We are a service for schools who work in partnership with families and colleagues to strive for the best possible outcomes for our youngsters.

The Autism Education Trust (AET) is a partnership between Ambitious about Autism, the Autism Alliance and the National Autistic Society (NAS).

We support individual schools through bespoke training packages and offer personalised advice to support individuals with social communication needs including autism in their setting.

We also deliver whole school inset or twilight training which is charged at £75 per hour for twilight sessions.

Please contact us to discuss your requirements: outreach@springhallow.ealing.sch.uk 020 8998 2700 option 2 then 4.

To book a place on any of our training events please use the links at the end of this booklet. Our courses are not chargeable to Ealing mainstream schools including academies. Other boroughs and independent schools: £30 per person

Who we are:

Dawn Clegg - Assistant Head Teacher Outreach Lead



My background and qualifications are in special education, where I have worked with children, young people and adults in a variety of settings including schools, colleges and residential settings. I have worked at Springhallow school since 2004 and since 2008 I have worked in our local authority commissioned autism outreach department. I am an Assistant Head Teacher and lead a small team whose remit is to support staff who work in mainstream schools. Our aim is to promote the inclusion of children with social communication difficulties, including autism.

Zuza Nowak - Assistant Head Teacher for Secondary Department



I am passionate about working with autistic children and young people. My background and qualifications reflect this as they are in primary, secondary and special education both here in England and abroad. I have worked at Springhallow since 2005 when I started as a primary teacher and am now the secondary school Assistant Head Teacher. I am responsible for assessment and curriculum in my current role. I also provide training for parents via the Cygnet programme and have done so over the past ten years. I support transitions from primary to secondary within our school as well as from secondary to college/further education settings supporting families to strive for the best possible outcomes.

Maria Heyns - Assistant Head Teacher for Primary Department



My background and qualifications are in Primary Foundation Stage and Special Education. I started my teaching career in a SEN unit which sparked my interest in autism, leading to my role at Springhallow 11 years ago, where I began as a primary teacher. In 2016 I became the Primary Phase Assistant Head Teacher, responsible for assessments and curriculum. I have continued to learn and gain insights through my own professional development and from multi agency teams (SaLT, OT and clinical psychologists). There is always more to learn as current research and development continues. I deliver the Early Bird Plus courses to parents and the AET Schools and Early Years programs. I support the teachers, teaching assistants, pupils and parents in the primary department with my knowledge, experience and passion about all things autism.

Overview of Springhallow Outreach Training 2022-2023

Training Event	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Understanding Pupils on the Autism Spectrum in your setting	08.09.22		12.01.23		25.04.23	
Understanding and Managing Behaviour of Pupils on the Autism Spectrum	13.10.22		26.01.23		11.05.23	
Writing Social Stories™ Workshop		17.11.22			08.06.23	
Resources and Strategies						22.06.23
Transition to Secondary School				09.03.23		
Emotional Based School Avoidance (EBSA)	22.09.22					
Outreach Autism Conference 2023			10.02.23			
AET Early Year's Good Autism Practice (2 sessions)		01.11.22 & 08.11.22		28.02.23 & 07.03.23		06.06.23 & 13.06.23
AET Early Year's Anxiety Module		15.11.22				
AET School's Good Autism Practice (2 sessions)	04.10.22 & 11.10.22		17.01.23 & 24.01.23		02.05.23 & 09.05.23	
AET School's Anxiety Module						27.06.23
AET School's Understanding Good Autism Practice and the AET Frameworks for Leaders		08.12.22			16.05.23	
AET School's Exclusions Module				14.03.23		
AET Post 16 Good Autism Practice		24.11.22		16.03.23		29.06.23
AET Post 16 Leadership, Inclusion and Structural Reasonable Adjustments				23.02.23		

Understanding Pupils on the Autism Spectrum in your Setting

Target Audience

SENCOs/Teachers/Teaching Assistants working
in mainstream schools

Course Aims & Objectives

To increase awareness and understanding of
autism and how individuals can be affected.
To consider some supportive strategies.

Thursday 8th September 2022
9.30 am - 12.00 pm

Thursday 12th January 2023
9.30 am – 12.00 pm

Tuesday 28th April 2023
9.30 am – 12.00 pm





Understanding & Supporting the Behaviour of Pupils on the Autism Spectrum

Target Audience

SENCOs/Teachers/Teaching Assistants. Follow on training for mainstream school staff who have previously attended 'Understanding pupils on the autism spectrum in your setting' or AET Training and working with autistic pupils.

Course Aims & Objectives

To consider how functional analysis can help staff to understand behaviour and help their pupils to find ways to regulate themselves.

Thursday 13th October 2022
9.30.am -12.00 pm

Thursday 26th January 2023
9.30.am -12.00 pm

Thursday 11th May 2023
9.30.am -12.00 pm

Writing Social Stories™ Workshop

Target Audience

SENCOs/Teachers/Teaching Assistants

Follow on training for mainstream school staff previously attended 'Understanding pupils on the autism spectrum in your setting' or AET Training and working with autistic pupils.

Course Aims & Objectives

To understand how Social Stories™ can be an effective tool to increase understanding of social contexts. To create a personalised Social Story™ for the pupil they support.

17th November 2022 9.30am – 12pm

8th June 2023 9.30am – 12pm



Resources & Strategies

Target Audience

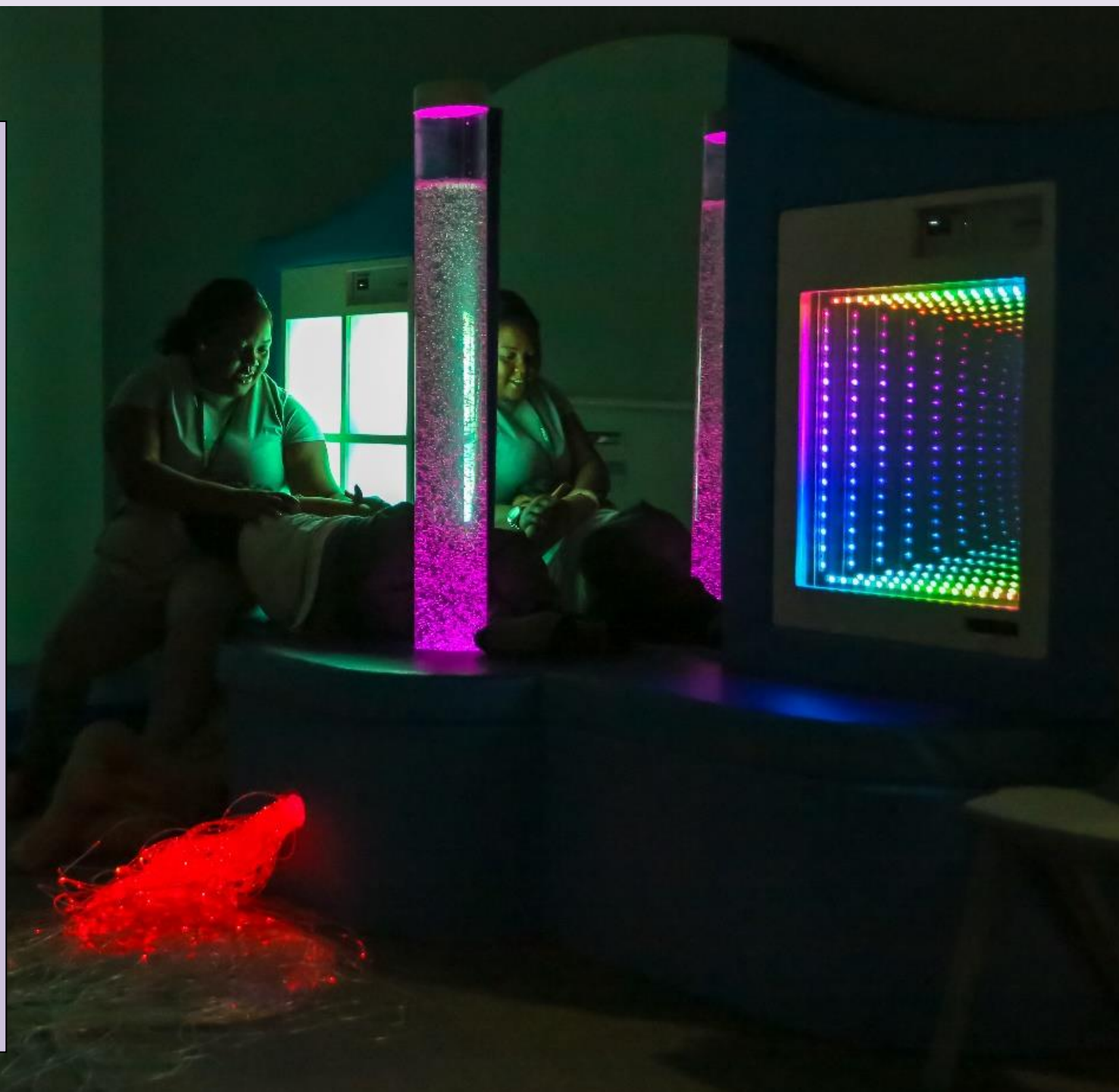
**SENCOs/Teachers/Teaching
Assistants**

Follow on training for mainstream school staff who have previously attended 'Understanding pupils on the autism spectrum in your setting' or AET Training and are working with autistic pupils.

Course Aims & Objectives

To examine a variety of strategies and resources in detail and consider how they could be used to support individual pupils

**22nd June 2023
9.30am – 12.00pm**



The image shows the exterior of Springhallow School, a brick building with large glass windows and a glass entrance door. The school's name is displayed in large, light-colored letters above the entrance. The foreground features a paved area with several silver metal bollards.

Springhallow School

Transition (to Secondary School)

Target Audience

**Staff/SENCOs/Teaching Assistants
working with autistic pupils in
mainstream schools**

Invited parents of Yr 5/6 pupils.

Staff from mainstream primary and
secondary schools to meet to discuss
year 5/6 pupils due to transition.

Consider specific issues and resources.

Also a valuable networking
opportunity.

**9th March 2023
9.30am – 1.00pm**



Emotional Based School Avoidance (EBSA)

Target Audience

SENCO's, Inclusion managers, Deputy Head teachers. Senior leaders, Local Authority

Emotional Based School Avoidance (EBSA) is a term used to describe a group of children and young people who experience severe difficulty in attending school due to emotional factors, such as anxiety, which results in reduced attendance and prolonged absences from school.

Aims & Objectives

In this session we will discuss what EBSA might look like for individuals, how different support packages can address the underlying issues and examine some of the resources currently available.

22nd September 2022 9.30 -12pm

AET Early Years programme

Good Autism Practice

Target Audience

Practitioners working with children on the autism spectrum in Nurseries and Children's Centres.

Aims & Objectives

The Good Autism Practice module has been designed to support practitioners working directly with children either on the autism spectrum or on the pathway to a diagnosis in Early Year's settings.

1st & 8th November 2022 2.30 -6.pm

28th February & 7th March 2023 2.30 -6.pm

6th & 13th June 2023 2.30 -6.pm



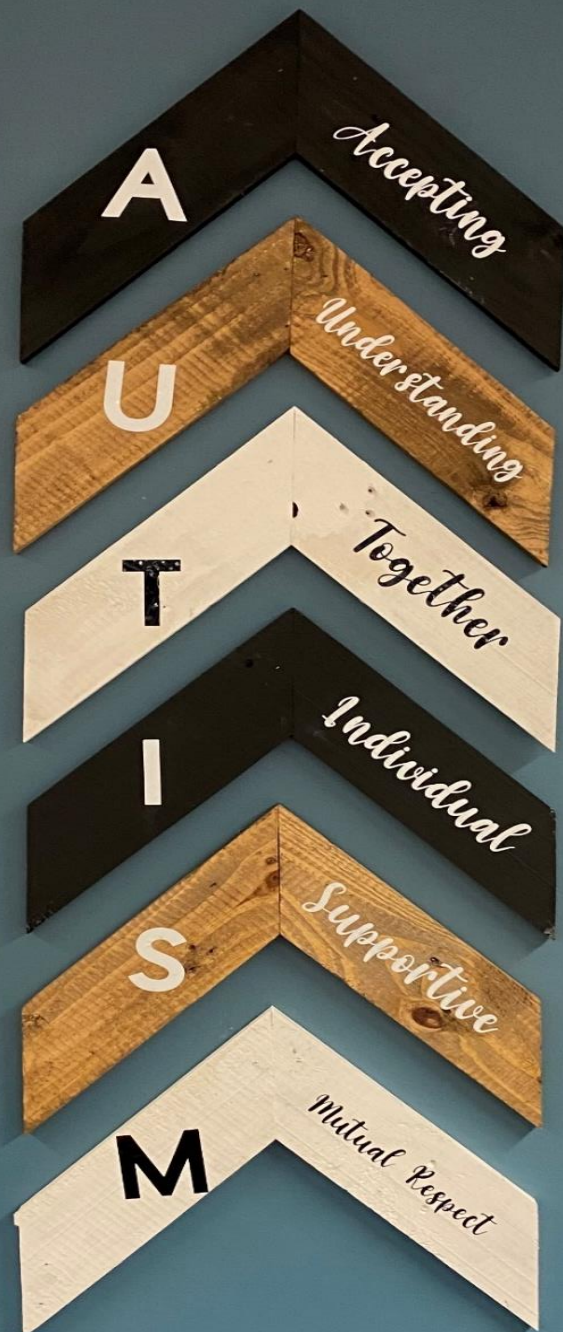


Springhallow Outreach Autism Conference 2023

Full day conference with keynote speakers with opportunities to network and discuss specific issues.

Further information and details TBC

Friday 10th February 2023 9.30 am – 3.30pm



AET Early Years Anxiety Programme

Target Audience

The session is suitable for staff/practitioners working with children in the Early Years setting in both mainstream and specialist services.

You will be encouraged to reflect on your own experiences with anxiety, what you have found useful in reducing your own anxiety, and what has worked for you in practice when looking to address anxious thoughts and feelings in young children.

The aims

After completing this module, you will be able to understand:

How autistic children might express anxiety.

What can cause anxiety in autistic young children.

What you can do to prevent and reduce anxiety in autistic young children.

Learning objectives

After completing 'Autism and anxiety', participants will be able:

To have greater knowledge about how prevalent and impactful anxiety can be on autistic young children.

To learn that anxiety can be transactional and we all have a role in reducing anxiety in Early Years settings.

To understand that there is a toolbox of approaches that can be used to reduce anxiety and the first step is to learn about the individual's triggers and preferred means of support

To understand that by reducing anxiety we can significantly improve a child's ability to engage with school life and their peers, as well as improve general well-being.

15th November 2022 9.30am – 12.30pm

The background image shows a school garden with a brick building in the background. Several people, including children and adults, are working in the garden. There are raised garden beds with various plants, including yellow flowers and green leafy plants. A black fence is visible behind the garden.

AET Schools Programme Good Autism Practice

Target Audience

This Module is for Senior Leaders, Teachers, Teaching Assistants, Practitioners working directly with pupils in the 5 -16 age group on the autism spectrum.

This training module enables participants to develop their knowledge and understanding of good autism practice and build positive relationships within school-age educational mainstream and specialist settings. Supported by the AET competency framework it enables practitioners to evaluate and develop their own practice.

4th & 11th October 2022 2.30-6.pm

17th & 24th January 2023 2.30-6.pm

2nd & 9th May 2023 2.30-6.pm

AET School's Anxiety Programme

Target Audience

The session is suitable for staff/practitioners working with children and young people in schools in both mainstream and specialist schools.

You will be encouraged to reflect on your own experiences with anxiety, what you have found useful in reducing your own anxiety, and what has worked for you in practice when looking to address anxious thoughts and feelings in children and young people.

The aims

After completing this module, you will be able to understand:
How autistic children and young people might express anxiety.

What can cause anxiety in autistic children and young people.

What you can do to prevent and reduce anxiety in autistic children and young people

Learning objectives

After completing 'Autism and anxiety', participants will be able:

To have greater knowledge about how prevalent and impactful anxiety can be on autistic children and young people

To learn that anxiety can be transactional and we all have a role in reducing anxiety in school

To understand that there is a toolbox of approaches that can be used to reduce anxiety and the first step is to learn about the individual's triggers and preferred means of support

To understand that by reducing anxiety we can significantly improve children and young people's ability to engage with school life and their peers, as well as improve general well-being.

27th June 2023 9.30am – 12.30pm



AET Schools Understanding Good Autism Practice and the AET Framework for Leaders

The Understanding Good Autism Practice and the AET Frameworks for Leaders module is part of the Suite of Resources for Leaders.

Target Audience

This module has been compiled for leaders and leadership teams within education settings to embed culture change across their provision and support them on their journey to become an outstanding and inclusive setting. The resources will support leaders to fully embed the 8 principles of good autism practice as outlined in the Good Autism Practice Report.

Learning objectives - for leaders:

To understand the importance of the Good Autism Practice Principles and Inclusion Promises.

To consider how your provision can embed the principles and promises to ensure autistic children and young people receive a positive education.

To understand how to embed the AET Frameworks across your provision to improve good autism practice.

This module introduces leadership teams to the Good Autism Practice (GAP) Report to help them understand how the 8 principles of GAP emerged. This module has the option to use case studies to illustrate how settings have implemented the principles through adapting their practice. This will help leaders/leadership teams to plan the best way to embed the principles and meet the needs of their autistic children and young people.

The module also introduces the Autism Competency Framework, the Autism Standards Framework and the Progression Framework and helps leaders to consider how they could use these across their provision to improve good autism practice. The module looks at using the frameworks to implement good autism practice through gaining pupil voice, setting suitable learning intentions, making reasonable adjustments and measuring progress.

8th December 2022 9.30-4.30pm

16th May 2023 9.30-4.30pm





AET School's Exclusion Module

Target Audience

This module on exclusion and autism will support delegates to consider the key causes of autistic children and young people being excluded from school, and how staff can prevent exclusion occurring or, when it does occur, provide support for the children and young people's successful return or transition on to their next placement.

Much of what is presented in this module is based on a research study conducted by the University of Birmingham's Autism Centre for Education and Research (ACER). The report from this study is available for all delegates as their main reference.

The aim of this module is to enable delegates to:

- Understand the legal context of autism and exclusion
- Understand the risk of illegal exclusion and how to avoid it occurring
- Better understand the triggers and ways of managing distressed behaviours

Learning objectives

- After completing this module delegates will be able to:
 - Demonstrate better knowledge of what is expected of settings in terms of the rights of CYP and families in relation to exclusion
 - See the exclusion experience through the eyes of the autistic CYP
 - Consider how they can make reasonable adjustments to reduce the risk of exclusion occurring
- Understand how exclusion can significantly negatively impact an autistic child and young person's experiences and outcomes
- Recognise how the whole setting has a role to play in helping autistic pupils avoid exclusion

14th March 2023 9.30am – 12.30pm



AET Post 16 Good Autism Practice

Target Audience

This module is for practitioners and staff working in a range of Post-16 settings, including General Colleges of Further Education, Independent Specialist Providers, Mainstream and Special Schools with Post-16 provision, Sixth Form Colleges, Work Based Learning Providers and Adult and Community Learning Providers.

The aims of this module are to enable delegates to:

Appreciate the strengths and learning needs of autistic learners.

Improve the ways you support the autistic learner to communicate their future aspirations.

Equip you to work in partnership with the autistic learner to co-create goals for their education.

Improve your practice in supporting the autistic learner.

Learning objectives

After completing this module delegates will be able to:

Reflect on, develop and improve your own knowledge, understanding and practice in working with autistic learners.

Consider some approaches, strategies, and adaptations you can implement to remove barriers to participation and learning for autistic learners you work with.

24th November 2022 9.30 am to 4pm

16th March 2023 9.30 am to 4pm

29th June 2023 9.30 am to 4pm



AET Post 16 Leadership, Inclusion and structural Reasonable Adjustments

This Module is part of the Suite of Resources for Leaders.

It has been compiled for leaders and leadership teams within education settings to embed culture change across their provision and support them on their journey to become an outstanding and inclusive setting. The resources will support leaders to fully embed the 8 principles of good autism practice as outlined in the Good Autism Practice Report.

This module will help leaders to understand what is needed to fully embed an inclusive culture. It looks at education legislation and guidance surrounding inclusion, the steps required to lead culture change and the importance of considering structural reasonable adjustments and AET resources to support leaders with this.

The aim of this module is to enable delegates:

- To look at how inclusive provision and structural reasonable adjustments can help a setting to be outstanding.
- To consider what is needed to lead culture change in a setting.
- To know about AET resources and guidance that can support leaders to provide inclusive environments through structural reasonable adjustments.
- To consider different ways of making structural reasonable adjustments to ensure autistic children and young people are fully supported.

Learning objectives

- To be able to develop a culture where autistic children and young people feel listened to, supported and included.
- To have the skills, tools and confidence to lead change in their setting.
- To have a good understanding of educational legislation related to inclusion.
- To reflect on and plan next steps for what is required
- To lead change and fully embed an inclusive culture.
- To understand how to embed the Autism Standards Framework to improve good autism practice.

23rd February 2023 9.30 -4.pm

2022/2023 TRAINING COURSES and BOOKING LINKS

To reserve a place on any of our courses please use the links below which will take you directly to Ealing CPD online.

Course Title	Dates	Booking Link
Understanding pupils on the autism spectrum in your setting	8th September 2022 9.30 am - 12pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21029
	12th January 2023 9.30 am – 12pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21030
	25th April 2023 9.30 am – 12pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21031
Understanding & Supporting Behaviour of Pupils on the Autism Spectrum	13 th October 2022 9.30am – 12pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21032
	26th January 2023 9.30am – 12pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21033
	11th May 2023 9.30am – 12pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21034
Writing Social Stories™ Workshop	17 th November 2022 9.30am – 12pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21035
	8th June 2023 9.30am – 12pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21036
Resources & Strategies	22 nd June 2023 9.30am – 12pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21037
Transition (to Secondary School)	9th March 2023 9.30am – 1pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21038
Emotional Based School Avoidance (EBSA)	22 nd September 2022 9.30 -12pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21065
AET Early Years programme Good Autism Practice	1 st November & 8 th November 2022 2.30 -6.pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21040
	28th February & 7th March 2023 2.30 -6.pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21041
	6th June & 13th June 2023 2.30 -6.pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21042

AET Early Years Anxiety Programme	15 th November 2022 9.30am – 12.30pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21045
AET Schools programme Good Autism Practice	4 th October & 11 th October 2022 2.30-6. Pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21046
	17 th January & 24 th January 2023 2.30-6. Pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21047
	2nd May & 9th May 2023 2.30-6. Pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21048
AET School's Anxiety Programme	27 th June 2023 9.30am – 12.30pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21049
AET Schools Understanding Good Autism Practice & the AET Framework for Leaders	8 th December 2022 2.30am – 6.pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21050
	16th May 2023 2.30am – 6.pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21051
AET School's Exclusion Module	14 th March 2023 9.30am – 12.30pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21052
AET Post 16 Good Autism Practice	24 th November 2022 9.30am – 4.30pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21054
	16th March 2023 9.30am – 4.30pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21055
	29th June 2023 9.30am – 4.30pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21057
AET Post 16 Leadership, Inclusion and structural Reasonable Adjustments	23 rd February 2023 9.30 -4.pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21061
Outreach Autism Conference 2023	10 th February 2023 9.30am – 3.30pm	https://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=21039

For enquiries or further information please contact:

outreach@springhallow.ealing.sch.uk

Compton Close | off Cavendish Avenue | W13 0JG

020 8998 2700 when directed press option 2 then option 4 for the outreach service