

- Empowering Change  
Through Education



# Overview

The Think Equal programme has been created by global thought leaders in the fields of education, psychology, human rights and neuroscience, and comprises three age-appropriate levels, each containing 22 to 24 original narrative picture books, 90 lesson plans and accompanying resources. It has been designed and scaffolded based upon evidence gathered over the past six decades about what constitutes high-quality, powerful intervention with lifetime effects.



# Think Equal Summary

- Think Equal is a global initiative which calls for a system change in education, to end the discriminatory mindset and the cycle of violence across our world and ensure positive life outcomes for our children.
- Together with world experts, Think Equal has designed a programme to teach social and emotional learning to children 3 - 6-year-olds.
- The think Equal charity asks governments, policymakers and school networks to adopt, and ideally mandate, this programme as a new subject from the age of 3: the optimal window to modify attitudes, values and behaviours, based on evidence from neuroscientists.

- We ask those who have a duty of care to our children:

***....'How can it be deemed compulsory for a child to learn mathematics, but it is optional for that child to learn how to value another human being or to lead healthy relationships?'***



# The Curriculum Framework

- The Curriculum Framework outlines the pedagogical theories that underpin the Think Equal Programme, its theory of change, and the core components of the programme.
- 1. Included in it are the **core tenets**, which are the foundations upon which the programme is built: the belief in the child as an autonomous, empowered being; the active, constructive learning environment; positive, factual language; the concept of Ubuntu; (*respect for human dignity, compassion and justice*), the process of narrative; and social cognition.
- The document also outlines the six 'I Am' precepts, and the 36 topic areas through which children participating in the programme will develop.

# These topic areas are:

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- I Have A Strong Sense of Who I Am
- I Am Able to Look After Myself
- I Am Able to Look After Others
- I Am Able to Communicate
- I Am Able to Contribute and Create
- I Am A Critical Thinker.



## **School Programme**

- The school programme is designed to be taught over 30 weeks of the school year.
- Each week of learning begins with a narrative picture book, followed by 3 x 30-minute lesson plans, with resources, per week.

# Three Levels

- LEVEL 1 comprises 22 narrative books and accompanying activities for children aged 3-4. The level also includes material curated in partnership with the Center for Healthy Minds from the University of Wisconsin-Madison, **which focuses on kindness and mindfulness.**
- LEVEL 2 comprises 24 narrative books and accompanying activities for children aged 4-5. This level also includes material curated in partnership with SEE Learning from Emory University, **which focuses on attention to the breath, body and trauma-informed teaching.**
- LEVEL 3 comprises 24 narrative books and accompanying activities for children aged 5-6. This level also includes material curated in partnership with SEE Learning from Emory University, **which focuses on attention to the breath, body and trauma-informed teaching.**



# Online Teacher Training

- Think Equal has a number of training modules designed for diverse settings: the online self-directed training platform (5 hours comprising 20 minute modules); a Zoom training with a Think Equal Master Trainer; and where no online connectivity is possible an in-person training.
- Think Equal has also partnered with a number of teacher-training providers, who complement our training with additional modules, aimed at the teacher's personal development, wellbeing and resilience.



# THINK EQUAL



A global education charity that is both a movement and a concrete programme, to **lay the positive foundations for individuals and wider societies.**

## WELLBEING & MENTAL HEALTH

A COVID response

## PSYCHOSOCIAL COMPETENCIES

Self-esteem; empathy...

## SOCIAL JUSTICE

Inclusion, gender, race & other equality, environmental stewardship...



**Includes three of the best practice examples in the field...**

- ▶ Kindness Curriculum from the Center for Healthy Minds (co-created Professor Richard Davidson)
- ▶ SEE Learning Curriculum from Emory University
- ▶ RULER Programme from the Yale Center for Emotional Intelligence.

Center for  
**healthy minds**  
UNIVERSITY OF WISCONSIN-MADISON

 **SEE Learning**  
Social, Emotional, and  
Ethical Learning

 **RULER**

## ***Our Child-Centered Holistic Approach***



### **TEACHER TRAINING**

In order to equip teachers to effectively deliver this programme, we offer 5 hours of digital self-paced teacher training modules. 15 x 20 minute break the training into easy chunks.

We are also in the process of developing additional modules on early years mental health first aid - watch this space!



### **HOME ITERATIONS**

In order to reach children at home, and to facilitate parental engagement in the learning process, we have created home kit activities to compliment the classroom programme, further cementing the learning. Through the teachers, parents are sent 5 x 10 minute activities per week to enhance the classroom learning, and engage the parents in it.



### **CLASSROOM PROGRAMME**

Reaching the children in the classroom, with 30 weeks of evidence-based Social and Emotional Learning for mental health, wellbeing and social justice. We have also developed, with mental health specialists, a further Think Equal classroom programme which is trauma informed for refugee/IDP/conflict affected communities.

# Think Equal in the UK Overview

So far we have reached:

**Classrooms: 1,200+**

**Children: 36,000 +**

## **Greater Manchester 2022/3:**

### **Every Reception Classroom –**

- ★ Target 1,239 classrooms (33,000+ children).
- ★ Funded through the School Readiness & NHS Mental Health in Schools Programmes.

### **700+ Nurseries**

- ★ Funded through GMCA streams (including the Violence Reduction Unit of the Police) alongside Local Authority buy in for specific localities.

## **South-West Wales 2022/3:**

- ★ 150 Reception classrooms in Y1.
- ★ Expanding to a further 80+ classrooms in Y2.
- ★ Funded and translated by Partneriaeth.

## **Royal Borough of Kensington and Chelsea:**

Classrooms: 33  
Reach: 948 children

### **Tower Hamlets:**

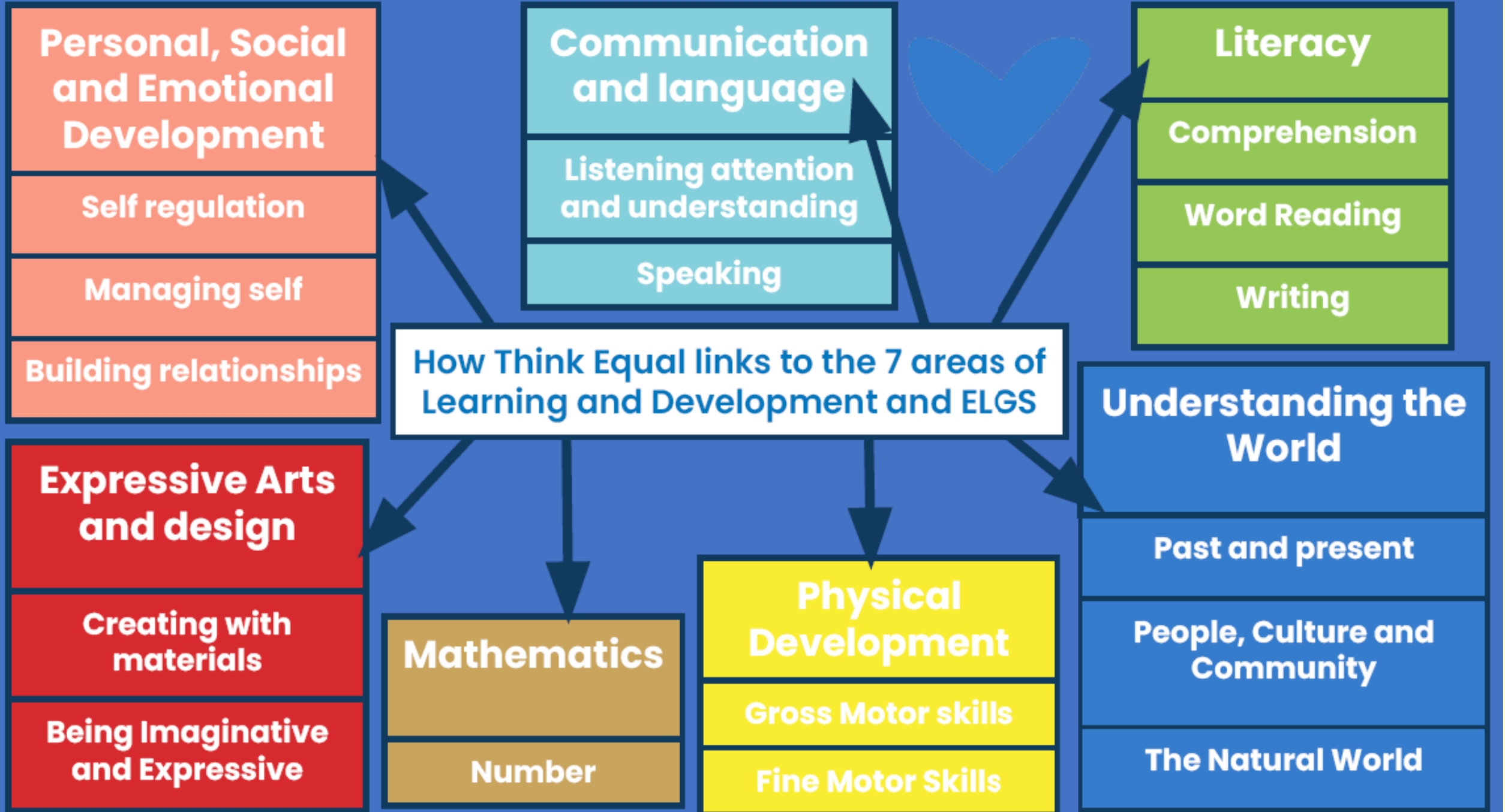
Classrooms: 111  
Reach to date: 5,355 children

### **Additional projects:**

- **Whole Education Project:**  
Classrooms: 100  
Reach 2,500 children (approx.)
- **Bounce Forward**  
Classrooms: 57  
Reach: 1,425 children

**We are also currently in exciting conversations with further areas including Plymouth, Devon, the Wirral, Sutton, Hertfordshire and more!**





# Think Equal's fulfillment of Ofsted Requirements

Key Areas of Inspection	Think Equal's Contribution to this Criteria
<b>Quality of education</b>  (Intent, implementation and impact)	The Think Equal programme has been created by global experts in the field of education, psychology, neuroscience and human rights. The detailed, instructional nature of our lesson plans ensures equity of provision of high quality learning across all classrooms.
<b>Behaviour and attitudes</b>	Our programme supports the fostering of a positive, safe, inclusive and respectful relationships and school culture.
<b>Personal development</b>	Our programme supports young children in becoming responsible, respectful and active citizens.
<b>Leadership and Management</b>	Think Equal supports school leadership in sustaining high expectations, Teacher CPD, workload and wellbeing and in engagement of parents and communities

***"[These areas of inspection] give pupils the qualities they need to flourish in our society, develops pupils' confidence, resilience and knowledge so that they can keep themselves mentally healthy."*** OFSTED Guidance for School Inspection Handbook (2022)



# THINK EQUAL PROGRAMME

Consists of 3 age-appropriate levels:



**LEVEL 1**  
Ages 3-4



**LEVEL 2**  
Ages 4-5



**LEVEL 3**  
Ages 5-6

Each level comprises:

**5hs**

**DIGITAL  
TRAINING**

**24**

**NARRATIVE PICTURE  
BOOKS**

**90**

**LESSON PLANS**

**50+**

**RESOURCES**

**30** WEEKS OF  
TERM TIME

**30** MINUTE  
LESSONS

**3** LESSONS  
PER WEEK

Interested in  
developing the  
Think Equal  
Curriculum and  
would like Virtual  
School support in  
this?

Please indicate  
interest by  
contacting the  
virtual school  
teacher Sian Hender  
[henders@ealing.gov.uk](mailto:henders@ealing.gov.uk)

**Criteria – to have a  
CLA on roll who will  
benefit from the  
programme along  
with his/her peers.**

\*Materials are reused year after year with new child cohorts no further funding required after

Please indicate interest by contacting the virtual school education officer teacher Sian Hender [henders@ealing.gov.uk](mailto:henders@ealing.gov.uk)

[Think Equal – Empowering Change Through Education](#)

[Books \(thinkequal.org\)](#)