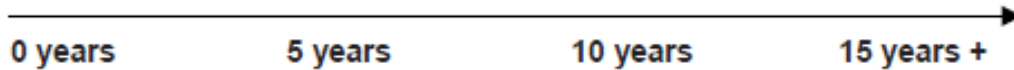


Timeline Activity (fpa)

The timeline activity offers learners the opportunity to consider at what age they would discuss certain words with their children and why.

Creating your timeline



Create a timeline on A3 paper by writing the age categories (above) in a line, alternatively write the age categories on cards and place them along the floor in order. If you want to be more creative, use a washing line spanning one side of the room to the other and use clothes pegs to attach the issues/subjects.

Creating your word cards

Use the 'items of factual knowledge' to create timeline word cards for your group. If the group is large, split the learners into small groups to work together. Alternatively you could write the words onto post-it notes.

The timeline activity in your groups

Remember that the aim of the activity is for learners to identify/describe the needs of children in relation to sexuality at different stages in their lives. Learners need to consider how their children grow and develop sexually, and what words they will need to know about.

Use the questions below to guide your groups in their activity in relation to each word or topic raised. Ask them to place their word on the timeline accordingly. Invite others present to either agree, move up or move down the timeline.

- At what age might you discuss the topic with your child?
- Why at this age?
- Why might you need to discuss this topic earlier/later?

In small groups ask them to identify:

- a) High schools - the 3 most important topics/issues
- b) Primary schools – which do your children need to know about before leaving *this* school?

It is important to explain to parents that this activity is intended to provide the school with information in the form of priorities identified by parents. It does not guarantee that everything everyone wants can be fulfilled.

Remember this is an opportunity to remind parents of the misinformation many children and young people receive about these words and issues whether through the media, their peers, older siblings etc.

Timeline Items of Factual Knowledge for Word Cards:

Periods

Vagina

Penis

Foreplay

Oral sex

Civil partnership

Sexual intercourse

Anal sex

Where babies come from

Marriage

Masturbation

Contraception

Gay relationships

Clitoris

Sexually transmitted infections

Pubic hair

Abortion

Wet dreams

Puberty

Sanitary products

Erections

Orgasms

Foreskin

Sexual abuse

Pregnancy

Personal hygiene

Keeping safe from harm

HIV and AIDS