

Fitness Equipment

Quad Centre



A four children piece of equipment that encourages healthy social interaction.

Leg Stretcher: Excellent work-out for thighs and hips.

Scissors: Gives the legs a different kind of workout.

Lumbar & Coxal: Lower back and hips exercise.

Rotator: Upper body exercise

It provides workouts for arms, legs, wrists and the cardiovascular system.

Tri Centre



Three children can use this item at the same time.

Tai Chi Spinner: Promote flexibility and co-ordination in wrists arms and shoulders as well as improving circulation.

Stepper: Provides the unique benefits of climbing stairs

Air Walker: Improves leg flexibility and strength, without any impact or stress to joints and back

Exercises arms, legs, shoulders and cardiovascular system.

Skier



A fun, full body cardiovascular workout that the children will love. The skier can be used by 2 children, who will need to work as a team, building on their social skills as well as balance and co-ordination

Exercises upper and lower legs and cardiovascular system.

Fitness Equipment

Rotators



A great starting point to gently warm up, promotes greater balance and flexibility in the hips and waist, toning obliques. Four children can exercise together, and the less strenuous nature of this exercise allows for social interaction.

Bicycle



A fantastic piece of equipment for building core strength, improves strength and tone of limbs building core stability and balance.

Warranty Information

5 year warranty: major structural faults or failure of steel posts, bolts, bars, welds, or structural steel components

1 year warranty: failure of any bearings, clamps or plastic or rubber parts

Excluded from the warranty: defects which do not affect the material and safe performance of the equipment including scratches, dents, colour fading, weathering, instructional labels, powder coating or normal wear and tear