



## **Ealing Schools Counselling Partnership**

### **Training Programme 2016/17**

#### **ATTACHMENT: THEORY & PRACTICAL STRATEGIES FOR SCHOOL STAFF (2 PART COURSE)**

**Training dates: 6<sup>th</sup> December 2016 & 10<sup>th</sup> January 2017**

**Booking Link:**

[http://schools.ealingcpd.org.uk/courses/bookings/c\\_detail.asp?cid=11503](http://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=11503)

This two part training is aimed at staff in schools who would like to gain an understanding into attachment in children, including:

- \* Knowledge of the different attachment styles and why they may develop
- \* Understanding how to identify an attachment need in the classroom
- \* Start to recognise the behaviour of children with an insecure attachment
- \* Learning strategies to support children with an attachment need
- \* Receiving resources to implement strategies back in school

Participants will:

- \* Have a greater understanding of the different attachment styles, how they may develop and how they might present in the classroom
- \* Feel more confident to identify an attachment need in a child
- \* Have a greater understanding of the behaviour of children with an insecure attachment
- \* Learn strategies to support children with an attachment need in the classroom
- \* Receive resources to support them to implement strategies back in school

More information can be found on CPD online via this link:

[http://schools.ealingcpd.org.uk/courses/bookings/c\\_detail.asp?cid=11503](http://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=11503)

alternatively please contact us.

#### **ACTIVE LISTENING: LISTENING & TALKING EFFECTIVELY TO CHILDREN (2 PART COURSE)**

**Training Dates: 4<sup>th</sup> October & 8<sup>th</sup> November 2016 @ EEC**

**Booking Link:**

[http://schools.ealingcpd.org.uk/courses/bookings/c\\_detail.asp?cid=10711](http://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=10711)

The course is relevant for all staff working in schools wanting to gain more information and practice in this area. The course will also give participants all the resources necessary to enable them to set up and run a listening service for pupils - for example a lunchtime self-referral drop-in.

The 2-part experiential active listening course for school staff will give participants: a basic understanding of neuroscience and what happens to a child's brain when they are angry; teach them how to help children regulate their emotions; share

ways we can listen more effectively and as a result have children listen to us; give the opportunity to practice techniques in a course environment and back in school.

Feedback from previous attendees: **100% of attendees** would **recommend the training** to others!

"Really useful. Explanation of how the brain reacts and works together was clear and logical. Definitely something that needs to be disseminated across the school"

"Very useful in terms of understanding the 'triggers' and how to overcome 'outbursts' or emotional behaviours"

"I thought it was informative, practical and easy to understand. I think it is something I can implement straightaway"

"Learning about the downstairs brain and the upstairs brain. Also ideas to help calm children down. Learning how to reflect"

"The training is very useful! I find it very interesting and have already been implementing after 1st session"

### **PLANNING & DELIVERING FRIENDSHIP GROUPS IN PRIMARY SCHOOLS (2 PART COURSE)**

Training Dates: 24<sup>th</sup> January & 7<sup>th</sup> March 2017 @ EEC

Booking Link:

[http://schools.ealingcpd.org.uk/courses/bookings/c\\_detail.asp?cid=11507](http://schools.ealingcpd.org.uk/courses/bookings/c_detail.asp?cid=11507)

This is a two part course, during which participants will be provided with all the resources and materials necessary to deliver Friendship Groups in schools as well as having the opportunity to practice facilitation skills and build confidence to deliver this intervention with pupils.

The small group intervention (4-6 children) is designed to be delivered over a 6 week period and covers:

- Who are our friends?
- What do we look for in a friend?
- Accepting difference
- How do we talk to our friends?
- How do we listen to our friends?
- What is conflict and how to deal with it
- What is peer pressure and how to deal with negative peer pressure

Feedback from previous attendees: **100%** said the training was **BRILLIANT** or **GOOD** & **2 thirds** had started their **first group within 2 weeks** of attending the first session!

"The Friendship Group training was the best thing I have been to since my time working in schools. The sessions are going very well and the children love it"

"Having set activities that I could refer back to. Having a structure / resources which were also flexible and allows us to talk around the issues that arise. Having an instructor / someone to feedback any issues to"

"The actual content of the course / friendship group. Good interesting thought provoking activities"

"I liked that it gives the child a better understanding of what a good friend is and that is ok to have a different opinion"