

## PE School Sport and Physical Activity

Helping schools and pupils to recover socially and emotionally

## **WILLOW TREE**

SCHOOL SPORTS PARTNERSHIP



Hosted by Willow Tree Primary School

2021-2022 SLA

### **About Us**

The Willow Tree School Sport Partnership is a not for profit educational organisation. We are firmly committed to providing young people with the very best education in physical literacy and schools with the best support to provide all young people with the opportunities to:

- 1. Develop lifelong participation and lead an active, healthy lifestyle
- 2. Realise their full potential and be the best they can be
- 3. Develop holistic life and learning skills which can be transferred to everything they do Willow Tree SSP provides:
  - Delivery of all PE, school sport and physical activity programmes led by qualified teachers
  - Expertise in SEND as the YST West London lead school for inclusion
  - Delivery and interventions that have received national and regional awards
  - Quality assurance and line management of all staff by qualified teachers and senior leaders
  - Access to FA Girls Football School Partnership programmes and resources

## Responding to the effects of lockdowns on children's physical, social and emotional well-being

Data gathered from Sport England, the Youth Sport Trust and Public Health England has confirmed there has been a decrease in activity levels and increased mental health concerns compared to pre-COVID 19 levels. This includes the following headline data:

- Across London 41.9% of young people are active for 60 minutes or more per day in line with Chief Medical Officer guidelines (significant decrease compared to previous year)
- 34.1% are active for an average of less than 30 minutes a day (significant increase)
- Significant drop in physical literacy of young people made up by their confidence, competence, motivation plus knowledge & understanding to take part
- The decrease in young people's activity levels during lockdowns has contributed to some of the issues they are now facing – from mental health difficulties and low levels of physical fitness to developmental delays

Medical experts, campaigners and bosses of the biggest mental health and youth charities in the UK have issued a warning that we face "the worst" mental health crisis for children and adolescents in our lifetimes.

It is widely recognised that a child's emotional health and wellbeing influences their cognitive development and learning as well as their physical and social health and their mental wellbeing in adulthood. This is also emphasised in the OFSTED Inspection framework in the quality of teaching judgement, where 'The inspection criteria states that the role of teaching is to promote learning and the acquisition of knowledge by pupils and to raise achievement, but also to promote the pupils' spiritual, moral, social and cultural development.'

The 2021-2022 Willow Tree SSP SLA has been re-aligned to support *young people's recovery socially* and emotionally through the delivery of high quality PE, school sport and physical activity.

We are also able to offer schools that commit with additional bolt-on services (see attached document.)

Schools not committing to the School Sport Partnership still have the opportunity to access School Games only events at point of entry with a charge of £50 per team. The School Games core offer service information has been included with this communication and is available on request.



For further information and to discuss the level of commitment that meets your school needs, please do not hesitate to contact Mark Needham on 07786 175053 or email <a href="mailto:mneedham4.307@lgflmail.org">mneedham4.307@lgflmail.org</a>

### Recommendations

'Thank you very much. Loads of ideas for all key stages. Good professional development, really appreciated the specific ideas for reception. Really clear explanation of how it all works but found the hands on approach invaluable.'

**Ealing NQT** 

'I cannot recommend the Willow Tree Sports Partnership highly enough. The support they continually provide schools with gives PE leaders and teachers the knowledge and confidence to provide children with a high quality of PE provision and a wide range of competitive and inclusive opportunities.'

**PE Coordinator** 

'I've learned a huge amount from you in the last 6 weeks and going forward I feel much more confident and comfortable teaching Real PE to the kids.'

Ealing class teacher

### New for 2021 - 2022

- Platinum service SSP team member in school for ½ a day each week (Equivalent to an additional c. 70 hours of in-school)
- Planning and in-school delivery of 'recovery' lessons physically
- Sport and physical activity sessions supporting mental health
- Dedicated website/portal for PE coordinators
- Children's website to encourage physical activity while at home and out of school hours

### **Our Partners**















# PLATINUM (New) PHYSICAL EDUCATION, SCHOOL SPORT AND PHYSICAL ACTIVITY

	Products and services	Breakdown
<b>1.</b>	FREE Access to PE recovery lesson plans supporting Personal development, social and mental well-being  Activity areas to include traditional and non-traditional sports	FREE access to Willow Tree SSP lesson plans
<b>2.</b> -	Physical activity sessions supporting mental health Targeted intervention to support groups of pupils whose mental well-being has been most negatively impacted by COVID-19 Activity focuses dependent on the target group and need. Examples include:	Included as part of in- school support days and/or additional bolt-on days available
	Boxercise to support anxiety, anger issues; morning clubs to support concentration; soccercise to support re-engagement and sense of belonging; Mindfulness and relaxation through yoga/pilates activities	
3. - - - -	Access to Willow Tree SSP 'Dan the skipping man' activity programme Progressive skipping skills and challenge videos for KS1 and 2 Intra and virtual inter-school competitions In-school 'Introduction to skipping' taster sessions for year group bubble Access to 'Dan the skipping man' in-school festival days (additional cost)	Access to resources, challenges and competitions plus 1 in-school SSP visit
A) A) B) C) D) E)	**Half a day per week bespoke PE Teacher/SSCo support and PE delivery based on school needs. Examples include:  i. PE and school sport strategic planning  ii. Creation and monitoring of PE Development plan  iii. Creation and monitoring of PE and sports premium plan  Playground/Sports Leadership training day  Extra-curricular club delivery – After-school allocation available fo first block  3-6 lesson blocks of 1-2-1 PE Curriculum support/mentoring  Intra-school competition development and delivery  In-school CPD planning and delivery  PE PPA Cover	**½ day per week of bespoke in-school support from WTSSP qualified PE teacher with QTS **This represents an additional 70 hours in- school compared to Gold
<b>5.</b> -	Access to <u>ALL</u> school sport competitions and physical activity festivals Entry of two teams at each competition, 'c' team entries subject to availability	Over 30 competition and festival days
-	Schools with special facilities and ARP's have additional free access to Ealing special schools competition/festival programme and vice versa  (Full list of sports and activities available on request)	Entry for up to 2 teams per sport format
<b>6.</b>	Willow Tree SSP will facilitate localised competitions and festivals with small cluster groups of schools or an intra-school competition on school site  SSP team will plan and deliver a localised cluster competitions targeting a groups of young people that would not normally access school sport competitions	1 festival day offered for each school as an inter- school event with local schools or intra-school event on school site

<b>7.</b>	Developing the role of the PE subject leader in line with curriculum development and OFSTED  6 PE leader CPD modules available delivered bespokely in-school including Learning walks/observations; Inclusion; Curriculum mapping/Progression maps; Health & Safety/Policy writing; Assessment; Preparation for OFSTED/PE deep dive	A series of 6 CPD modules across the academic year	
8. - - -	Raising the profile of PE and school sport across the school for whole school improvement  Access to Willow Tree SSP PE, school sport and physical activity conference Two Bronze Young Ambassadors meetings (Minimum of 2 pupil places) Support and coaching to empower pupils in school to 'lead the way' to encourage more young people to be more active, more often	1 Conference day for PE coordinator  2 Young Ambassador meetings plus bespoke support  Unlimited access to PE coordinator portal for 2021/2022 academic year	
<b>9.</b> -	FREE unlimited access to WTSSP PE coordinator portal  One stop shop for all the CPD, resources and useful documents to support the PE coordinator to maximise the impact of their role in school		
<b>10</b>	. FREE unlimited access to WTSSP 'Ways to stay active at Home' website Regularly updated website with engaging ways for young people and families to stay active at home	Unlimited access to website for 2021/2022 academic year	
-	<ul> <li>Membership and access to FA Girls Football School Partnership programme         FA Shooting Stars 'Inspired by Disney' physical activity programme         i.) Active Play through storytelling 'inspired by Disney'</li></ul>	2 CPD days 1 festival day	
-	Access to the following Inclusive CPD for school staff:  Inclusive PE workshop – to support <u>all</u> young people to engage and make progress (3 hour workshop)  Top Sportsability – Introduction to disability sport (3 hour workshop)	2 CPD workshops days	
-	PE and School Sport Premium reporting support in line with Government guidelines  Access to Primary PE and sports premium on-line self-assessment tool with monitoring and reporting of impact against the expected outcomes of the Primary PE and sports premium funding	Log-in and access to Create PE and sports premium wheel	
ADDIT	FREE loan of school Sport Partnership equipment Annual Willow Tree SSP calendar of PE and School Sport events School to club link pathways with Ealing Community Sport clubs Strategic Links with local, regional and national PE & Sport organisations Half termly electronic SSP and community news updates Young Ambassadors website for family/parental engagement	Total commitment for sign-up by 31st March: £9,995	





## GOLD

## PHYSICAL EDUCATION, SCHOOL SPORT AND PHYSICAL ACTIVITY

Products and services	Breakdown
<ol> <li>FREE Access to PE recovery lesson plans supporting Personal development, social and mental well-being</li> <li>Activity areas to include traditional and non-traditional sports</li> </ol>	FREE access to Willow Tree SSP lesson plans
<ul> <li>Physical activity sessions supporting mental health</li> <li>Targeted intervention to support groups of pupils whose mental well-being has been most negatively impacted by COVID-19</li> <li>Activity focus dependent on target group and need. Examples include:         <ul> <li>Boxercise to support anxiety, anger issues; morning clubs to support concentration; soccercise to support re-engagement and sense of belonging; Mindfulness and relaxation through yoga/pilates activities</li> </ul> </li> </ul>	Included as part of inschool support days and/or additional bolt-odays available
3. Access to Willow Tree SSP 'Dan the skipping man' activity programme  - Progressive skipping skills and challenge videos for KS1 and 2  - Intra and virtual inter-school competitions  - In-school 'Introduction to skipping' taster sessions for year group bubble  - Access to 'Dan the skipping man' in-school festival days (additional cost)	Access to resources, challenges and competitions plus 1 in-school SSP visit
<ul> <li>7.5 days of bespoke PE Teacher/SSCo support and PE delivery based on school needs. Examples include:         <ol> <li>i. PE and school sport strategic planning (0.5 days)</li> <li>ii. Creation and monitoring of PE Development plan (0.5 days)</li> <li>iii. Creation and monitoring of PE and sports premium plan (0.5 days)</li> </ol> </li> <li>B) Playground/Sports Leadership training day</li> <li>C) Extra-curricular club delivery – After-school allocation available fo first block</li> <li>D) 3-6 lesson blocks of 1-2-1 PE Curriculum support/mentoring</li> <li>E) Intra-school competition development and delivery</li> <li>F) In-school CPD planning and delivery</li> </ul>	7.5 days of bespoke inschools support from WTSSP qualified PE teache with QTS
<ul> <li>5. Access to <u>ALL</u> school sport competitions and physical activity festivals</li> <li>Entry for two teams at each competition, 'c' team competitions also available and subject to availability at 'a' and 'b' team events</li> </ul>	Over 30 competition and festival days
<ul> <li>Schools with special facilities and ARP's have additional free access to Ealing special schools competition/festival programme and vice versa         (Full list of sports and activities available on request)     </li> </ul>	Entry for up to 2 teams per sport format
6. Willow Tree SSP will facilitate localised competitions and festivals with small cluster groups of schools or an intra-school competition on school site  - SSP team will plan and deliver a localised cluster competitions targeting a groups of young people that would not normally access school sport competitions	1 festival day offered for each school as an inter- school event with local schools or intra-school event on school site

- -	eveloping the role of the PE subject leader in line with curriculum evelopment and OFSTED  6 PE leader CPD modules available delivered bespoke in-school including Learning walks/observations; Inclusion; Curriculum mapping/Progression maps; Health & Safety/Policy writing; Assessment; Preparation for OFSTED/PE deep dive	A series of 6 CPD modules across the academic year
8. Ra ir - - - 9. FR	ising the profile of PE and school sport across the school for whole school inprovement  Access to Willow Tree SSP PE, school sport and physical activity conference Two Bronze Young Ambassadors meetings (Minimum of 2 pupil places)  Support and coaching to empower pupils in school to 'lead the way' to encourage more young people to be more active, more often  EE unlimited access to WTSSP PE coordinator portal  One stop shop for all the CPD, resources and useful documents to support the PE coordinator to maximise the impact of their role in school	1 Conference day for PE coordinator  2 Young Ambassador meetings plus bespoke support  Unlimited access to PE coordinator portal for 2021/2022 academic year
-	Regularly updated website with engaging ways for young people and families to stay active at home	Unlimited access to website for 2021/2022 academic year
	Membership and access to FA Girls Football School Partnership programme  FA Shooting Stars 'Inspired by Disney' physical activity programme  v.) Active Play through storytelling 'inspired by Disney'  (Aladdin, Incredibles 2 and Frozen 2) CPD and resources  vi.) FA girls After-school club 'inspired by Disney'  (Guardians of the Galaxy) CPD and resources  vii.) Invite for girls teams to attend the annual Women's Euro 2021  Celebration festival.	2 CPD days 1 festival day
-	Access to the following Inclusive CPD for school staff:  Inclusive PE workshop – to support <u>all</u> young people to engage and make progress (3 hour workshop)  Top Sportsability – Introduction to disability sport (3 hour workshop)	2 CPD workshops days
-	PE and School Sport Premium reporting support in line with Government guidelines  Access to Primary PE and sports premium on-line self-assessment tool with monitoring and reporting of impact against the expected outcomes of the Primary PE and sports premium funding	Log-in and access to CreatePE and sports premium wheel
- - - -	PNAL SERVICES FREE loan of school Sport Partnership equipment Annual Willow Tree SSP calendar of PE and School Sport events School to club link pathways with Ealing Community Sport clubs Strategic Links with local, regional and national PE/Sport organisations Half termly electronic SSP and community news updates Young Ambassadors website for family/parental engagement	Total commitment for sign-up by 31st March: £6,500





## **SILVER**

## PHYSICAL EDUCATION, SCHOOL SPORT AND PHYSICAL ACTIVITY

	Products and services	Breakdown
1.	Access to PE recovery lesson plans supporting Personal development, social and mental well-being	Available for a commitment of £50 pe
-	Activity areas to include traditional and non-traditional sports  Available for a commitment of £50 per unit of work	unit of work
2.	Access to Willow Tree SSP 'Dan the skipping man' activity programme	Access to resources,
<b>-</b> -	Progressive skipping skills and challenge videos for KS1 and 2	challenges and
_	Intra and virtual inter-school competitions	competitions
-	Access to 'Dan the skipping man' in-school festival days (additional cost)	55 <b>,</b> 555
3.	4.5 days of bespoke PE Teacher/SSCo support and PE delivery based on	
	school needs. Examples include:	
A)	i. PE and school sport strategic planning (0.5 days)	
	ii. Creation and monitoring of PE Development plan (0.5 days)	4.5 days of bespoke in-
	iii. Creation and monitoring of PE and sports premium plan (0.5 days)	schools support from
B)	Playground/Sports Leadership training day	WTSSP qualified PE teach
C)	Extra-curricular club delivery – After-school allocation available fo first block	with QTS
D)	3-6 lesson blocks of 1-2-1 PE Curriculum support/mentoring	
E)	Intra-school competition development and delivery	
F)	In-school CPD planning and delivery	
4. /	Access to ALL school sport competitions and physical activity festivals	
-	Entry for two teams at each competition, 'c' team competitions also available and subject to availability at 'a' and 'b' team events	Over 30 competition ar festival days
-	Schools with special facilities and ARP's have additional free access to Ealing special schools competition/festival programme and vice versa	Entry for up to 2 team per sport format
	(Full list of sports and activities available on request)	por sport some
5. \	Nillow Tree SSP will facilitate localised competitions and festivals with small	1 festival day offered fo
clu	ster groups of schools or an intra-school competition on school site	each school as an inte school event with loca
-	SSP team will plan and deliver a localised cluster competitions targeting a groups of young people that would not normally access school sport competitions	school event with loca schools or intra-school event on school site
6. I	Raising the profile of PE and school sport across the school for whole school	
i	improvement	1 Conference day for F coordinator
-	Access to Willow Tree SSP PE, school sport and physical activity conference	
-	Two Bronze Young Ambassadors meetings (Minimum of 2 pupil places)	2 Young Ambassador
-	Support and coaching to empower pupils in school to 'lead the way' to encourage more young people to be more active, more often	meetings plus bespok support
7. I	REE unlimited access to WTSSP 'Ways to stay active at Home' website	
-	Regularly updated website with engaging ways for young people and families to stay active at home	Unlimited access to website for 2021/202: academic year

8.	Membershi	ip and access to FA Girls Football School Partnership programme	
-	FA Shootii viii.)	ng Stars 'Inspired by Disney' physical activity programme Active Play through storytelling 'inspired by Disney'	
		(Aladdin, Incredibles 2 and Frozen 2) CPD and resources	2 CPD days
	ix.)	FA girls After-school club 'inspired by Disney'	1 festival day
		(Guardians of the Galaxy) CPD and resources	
	x.)	Invite for girls teams to attend the annual Women's Euro 2021 Celebration festival.	
9.	Access to th	ne following Inclusive CPD for school staff:	
-	progress (	PE workshop – to support <u>all</u> young people to engage and make 3 hour workshop) sability – Introduction to disability sport (3 hour workshop)	2 CPD workshops days
-	guidelines Access to monitorin	Primary PE and sports premium on-line self-assessment tool with g and reporting of impact against the expected outcomes of the E and sports premium funding	Log-in and access to CreatePE and sports premium wheel
ADDIT	TIONAL SERV	VICES	
- - - -	Annual W School to Strategic I Half termi	of school Sport Partnership equipment illow Tree SSP calendar of PE and School Sport events club link pathways with Ealing Community Sport clubs Links with local, regional and national PE/Sport organisations ly electronic SSP and community news updates abassadors website for family/parental engagement	Total commitment for sign-up by 31st March: £4,000





# BRONZE PHYSICAL EDUCATION, SCHOOL SPORT AND PHYSICAL ACTIVITY

		Products and services	Breakdown
1.	and ment	PE recovery lesson plans supporting Personal development, social al well-being eas to include traditional and non-traditional sports	Available for a commitment of £100 p unit of work
-	Available 1		
<b>2.</b>	Progressiv Intra and v	Willow Tree SSP 'Dan the skipping man' activity programme re skipping skills and challenge videos for KS1 and 2 virtual inter-school competitions 'Dan the skipping man' in-school festival days (additional cost)	Access to resources, challenges and competitions
3	Access to	ALL school sport competitions and physical activity festivals	
-	Entry for t	wo teams at each competition, 'c' team competitions also and subject to availability at 'a' and 'b' team events	Over 30 competition ar festival days
-	Schools with special facilities and ARP's have additional free access to Ealing special schools competition/festival programme and vice versa		Entry for up to 2 team per sport format
		per sport format	
<b>4.</b>	small clus site SSP team	ee SSP will facilitate localised competitions and festivals with ter groups of schools or an intra-school competition on school will plan and deliver a localised cluster competitions targeting a young people that would not normally access school sport	1 festival day offered for each school as an inte school event with local schools or intra-school event on school site
	competition		
5. -	FREE unlimited access to WTSSP 'Ways to stay active at Home' website Regularly updated website with engaging ways for young people and families to stay active at home		Unlimited access to website for 2021/202 academic year
6.	Membership and access to FA Girls Football School Partnership programme		
-	FA Shootir xi.)	ng Stars 'Inspired by Disney' physical activity programme Active Play through storytelling 'inspired by Disney'	2 CPD days
		(Aladdin, Incredibles 2 and Frozen 2) CPD and resources	1 festival day
	xii.)	FA girls After-school club 'inspired by Disney'	
		(Guardians of the Galaxy, Avengers and Toy Story 4)	
		CPD and resources	
	xiii.)	Invite for girls teams to attend the annual Women's Euro 2021 Celebration festival.	
7. /	Access to th	ne following Inclusive CPD for school staff:	
-	progress (	PE workshop – to support <u>all</u> young people to engage and make 3 hour workshop) sability – Introduction to disability sport (3 hour workshop)	2 CPD workshops day

8. PE and School Sport Premium reporting support in line with Government guidelines  - Access to Primary PE and sports premium on-line self-assessment tool with monitoring and reporting of impact against the expected outcomes of the Primary PE and sports premium funding	Log-in and access to CreatePE and sports premium wheel			
ADDITIONAL SERVICES				
- FREE loan of school Sport Partnership equipment	Total commitment for			
- Annual Willow Tree SSP calendar of PE and School Sport events	sign-up by 31st March:			
- School to club link pathways with Ealing Community Sport clubs				
- Strategic Links with local, regional and national PE/Sport organisations	£2,650			
- Half termly electronic SSP and community news updates				
<ul> <li>Young Ambassadors website for family/parental engagement</li> </ul>				



## **SLA Overview 2021/2022**

PRODUCTS AND SERVICES	BRONZE	SILVER	GOLD	PLATINUM
Access to PE recovery units of work	£100 ea.	£50 ea.	FREE	FREE
Skipping video's challenges and comps				
School sport competitions and festivals				
Localised cluster festivals/in-school events				
'Ways to stay active at home' website				
Two Inclusive CPD workshops for school staff				
PE & sports premium self-assessment tool				
FA Girls Football School Partnership access				
Access to FREE loan of School Sport Partnership equipment				
Calendar of PE and school sport events				
School-club links and pathways				
Links with regional and national organisations				
SGO support for School Games mark				
Half termly electronic SSP and community news updates				
PE, sport and physical activity conference				
Enhanced support to complete application for School Games mark				
Young Ambassador programme and access to virtual portal				
Delivery of bespoke in-school support		4.5 days	7.5 days	0.5 days per week
PE and school sport strategic planning				
Creation and monitoring of PE Development plan				
Playground/Sports Leadership training day				
Extra-curricular club delivery				
3-6 lesson blocks of 1 on 1 PE Curriculum support/mentoring				
Half day school inset or two twilights				
Option to purchase additional Bolt-On services				
Skipping in-school taster sessions				
Physical activity session supporting mental health				
PE and sport premium report support				
PE lead CPD module 1: Learning walks/Lesson observations				
PE lead CPD module 2: Inclusion in PE and sport				
PE lead CPD module 3: Curriculum/progression map				
PE lead CPD module 4: Health & Safety/Policy writing				
PE lead CPD module 5: Assessment				
PE lead CPD module 6: OFSTED/PE deep dive				
PE Coordinator CPD and resources portal				
COMMITMENT	£2,650	£4,000	£6,500	£9,995