

## Activity planning Support sheet

Use the key concepts discussed to locate good resources and linked activities for children  
– record ideas/suggestions

Themes	Hinduism
Stories that guide	<p>Hindu Dharma uses stories as a key wisdom learning aid. The most well-known are linked to the festivals such as Diwali and Navratri or linked to the lives of the most revered Avatars, Rama and Krishna. Choose those that clarify concepts for children.</p> <p><b>Resources and linked Activities:</b></p>
Answering life questions	<p>No institutional authority that will provide definitive answers to the big questions since Hinduism is more of an enquiry/evolution system than a belief system. The objective is to identify how your own dispositions and talents enable you to contribute through daily life choices to the flourishing of yourself, your family and society as a whole. Identify concepts, resources and activities that could teach this.</p> <p><b>Resources and linked Activities:</b></p>
Identity, diversity and belonging	<p>There are Vedic mantras used in some Hindu marriage, funeral and infancy ceremonies but huge diversity in cultural traditions. Also useful to identify the range of festivals which are linked to living well such as honouring seasons and family relationships. Note that many of these are part of belonging and do not represent a theistic allegiance.</p> <p><b>Resources and linked Activities:</b></p>
Acting ethically	<p>Recognise the key way in which Hindu Dharma is based on principles more than rules. Sanatan Dharma is benign, fluid and responsive. Whilst the principles are named, the rules may need to be broken or changed to honour the principles. The Bhagavad Gita is a textbook for guiding this kind of principled 'Rule-breaking'. This underpins the notion that Hindus say wisdom is current and context-centred.</p> <p><b>Resources and linked Activities</b></p>

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Humankind and the environment	Begin to explore the Dharmic sense of Universal 'one-ness'. 'Nature is Us' Hindu philosophy sees the natural world as one interconnected unit, like parts of the same body can't be healthy independently. Understand how relating to Earth as Mother rather than a resource to be cultivated, might impact our everyday choices.
	<b>Resources and linked Activities:</b>
Human experience and belief	Develop an understanding of the pluralism built into Hindu philosophy. How the range of aims, paths and deities, as well as atheistic traditions supports both common and individual experiences of human belief and aspiration.
	<b>Resources and linked Activities:</b>
Sources of inspiration	Begin to understand the range of sources of inspiration and the diversity of ways that Hindus can become inspired, e.g stories, role models, active sense of relationship with an intelligence beyond one's own mind or imagining capability.
	<b>Resources and linked Activities:</b>
Human experience and spiritual expression	Finding time for the development and understanding of one's inner life; learning that there are many traditional methods that can help individuals find balance and inner peace.
	<b>Resources and linked Activities:</b>