



Help protect school age children and their families from flu this winter

06 Oct 2021

Schools are asked to share information from the NHS about flu this winter and how we can help protect school age children and their families.

Action required: Please display the attached posters and share the information in your school bulletins.

Flu posters for schools attached

There are two posters for primary school age children and two for high school.

Text for schools bulletins:

This winter it is really important for children to have the flu vaccine (nasal spray)

Here are five good reasons why:

1. Protect your child

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia.

2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family.

3. No injection needed

The nasal spray is painless and easy to have.

4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record.

5. Avoid costs

If your child gets flu, you may have to take time off work or arrange alternative childcare.

The flu vaccine is offered free to:

- children aged 2 or 3 years old
- all primary school-aged children
- all year 7 to year 11 secondary school-aged young people
- children with a health condition that puts them at greater risk from flu

We would like to encourage children to have the flu nasal spray this winter, when they are invited to come forward for it.

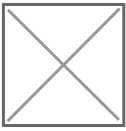
More information about the flu and information for children (including translations) can be found here: [Flu resources and myth busters : North West London ICS \(nwlondonics.nhs.uk\)](#)

You can also find out more about which services will be able to help you and your family this winter here: [Winter vaccinations and services : North West London ICS \(nwlondonics.nhs.uk\)](#)

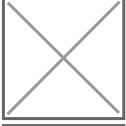


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Primary school - flight the flu poster.png (png)



[Primary school - 5 reasons to get the flu vaccine.png \(png\)](#)



[High school - winter is coming poster.png \(png\)](#)



[High school - 5 reasons to get the flu vaccine.png \(png\)](#)

Related content

[School age immunisation programme](#)

Was this page useful?

- [Yes](#)
- [Neutral](#)
- [No](#)

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