

**This service is available for Academies and Maintained schools**

**Description:**

The Ealing health improvement team are a trusted and qualified team of experts, providing support and training in **nutrition and exercise, mental health and emotional wellbeing, PSHE, relationship and sex education (RSE) and safeguarding prevention**, to help you improve your pupils' mental health, personal development and achievement.



**Year**

Academic year 2020/21

**Benefits**

Purchase one of our support packages to address specific health areas and we will:

- Give you tangible results that will help showcase your school
- Directly assist you in achieving your Healthy Schools London Bronze, Silver, Gold and Platinum awards.
- Save you valuable preparation and thinking time
- Drive consistent whole school health and wellbeing improvement
- Give you access to a wide range of resources, trainings and expert support

**Main packages on offer:**

- Healthy schools awards and training package £997 (price the same as last year)
- Four day bespoke package £1879

**What impact have we had?**

One of our Ealing schools saw a **22% reduction** in childhood obesity after buying back obesity support for the last four years, whereas the majority of Ealing schools saw a **58% increase**. We are proud to help schools achieve lasting impact and help showcase their success.

**Schools save time and benefit from:**

- Support in achieving Healthy Schools London (HSL) award(s)
- Practical help for new, or experienced PSHE co-ordinator
- Expert guidance from a health improvement officer to stay on track and have impact
- Improvements in pupils' and parents' health behaviours and choices
- Monitoring and evaluation initiatives implemented from start to finish
- Access to a wide range of pre-prepared assembly presentations, parent letters, policies and baseline surveys.

**Additional / buy back services**

Summary of the Health Improvement Team packages for ELP subscribers:

- Healthy schools awards and training package £997 (price the same as last year)
- Four day bespoke package £1879
- Mental health and emotional wellbeing package £1599
- Reducing obesity package £1599
- Relationship and sex education package £1599

**Office hours:**

- Monday to Friday, 8.30am to 5pm
- Twilight sessions and out of office hours work by negotiation.

**Planned improvements:**

Your feedback is important to us, and each year we read and reflect on what you tell us to make improvements.

We wanted to improve the way we communicate with you following your feedback in the 2017/18 survey. We started by actively reducing the number of emails we send. For example eNews is now sent monthly, rather than weekly, and all training resources are accessible via EGL.

In this year's survey 80% of you rated the way we communicate with you as 'outstanding', up from 43%.

We will continue to make improvements to our service based on your comments, feedback and survey results.

**Service directors:**

Julie Lewis

**More detailed information:**

**Health Improvement Support Packages**

**Healthy Schools Awards and training package: £997 (price the same as last year)**

- 30 trainings on key health areas available to all your school staff
- Six practical sessions to increase staff knowledge, skills and confidence
- Two drop-in days to support completion of the HSL award/s

**4 day bespoke package £1879**

- 28 hours of activities
- Pre and post activity surveys, to measure impact
- An annual impact report
- Full guidance, support and resources for your school.

Select image to view the HIT brochure 2020/21:



**Related content:**

[Health improvement in schools](#)

**Provider:**

Health improvement team, Children and families, Ealing Learning Partnership

**Contact:**

- **Karen Gibson**, Health improvement: [karen.gibson@ealing.gov.uk](mailto:karen.gibson@ealing.gov.uk) 020 8825 7707

**Further details:**

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